

The Good Darkness

Wisdom of the Womb Blood

Natural Womb Technologies

The Feminine Path To Superconsciousness and The Recovery Of Parthenogenesis

by Maureen Walton O'Brien

Editor Karen Holmes

A Resource Manual To Explore Inca-Inspired Pre-Contact

Womb Blood Masteries

2022

ISBN 978-1-7781718-0-2

For 500 years the Q'ero Elders of the Inca Nation preserved a sacred prophecy of a great change, or "Pachacuti", in which the world would be turned right-side-up, harmony and collaboration would be restored, and domination and control would disappear.

Remembering and reclaiming our past.

The ancient pyramids, dolmens and other stone generator-stations seen worldwide were built in accord with the inner creation technologies of the Womb. The Dark Womb is the generative source of Life that holds the Cosmic Soul Nature. It's time to remember.

www.thegooddarkness.com

Gajejahawey (Katsi'tsénhawe) She carries the flower
(Womb in Mohawk- researched by Marilyn M Turtle Clan)

Foreword

Karen Holmes

Before the European Scientific Revolution of the 16th-17th centuries, science, art and spirituality were considered one discipline. The stars, the planets, the phenomena of Earth and the human body all worked together in harmony to reveal a sacred order and a divine presence underpinning all creation. Organic and alchemical practices of medicine and healing -- as well as, what we term today, physics, chemistry and biology -- all had their origins in such encompassing worldviews. Practitioners of this ancient unity of art-science-and-spirit were led as much by vision and prayer as they were by observation and inductive thinking; music and sacred geometry informed heart, mind and body about the wonders of the world.

Twentieth-century historian, Hugh Kearney, explained how, in the years 1500-1700, the mysterious alchemical and traditional organic views of the cosmos were jettisoned in favour of a light-filled mechanical universe. Most of the world didn't (at least initially) go along with it. But we are all globally living with the consequences of that fateful shift to mechanical-mind in Europe all those centuries ago: global elites think they can efficiently control human and bio-populations with nanotechnology; they claim they can predict our every (pre-determined and mechanistic) move. These deadening powers aim to rob us of wonder, joy, spontaneity and the amazingly complex dance of life. Or so they think. We are not going to let them do that: we are taking our sovereignty back.

This book you hold in your hands is a part of that reclamation: and it contains indigenous wisdom that considers the mechanistic universe but a broken theory doomed to fail. Maureen Walton O'Brien's investigation into the sacred darkness, cosmic soul and the spiritual physiology of the womb is in the ancient tradition of the unity of art, science and spirituality. In this book, you will find the research of medical doctors alongside artistic visions of a living universe that interfaces with our own bodies. You will hear of indigenous Wisdom Keepers along with contemporary free-energy technology research. Above all, you will sense an investigative mind-heart-being weaving the threads of her experience into a lively tapestry that reveals the Womb Wisdom that has for too long been forgotten.

I first met Maureen fifteen years ago. We worked together providing women's spirituality gatherings and retreats at her artist's studio and home, Wyldwood Sojourn, in Lonsdale Ontario. We came from very different backgrounds: I, a Christian disaffected with the institutional Church and seeking Christ-Sophia in the dark-light cycle of the Earth-year; Maureen, an artist and forest-dweller, a seeker of the shamanic path working to vindicate the Darkness.

Somehow, we worked very well together. We actually found, despite outward appearances, that there was much resonance and similarity between each of our quests. I would show up at Maureen's retreat centre with a box of props and paraphernalia vaguely connected to the retreat we were about to lead. Together, we would create full-scale environmental art-installations which invited women into the sensations and qualities of the Earth-season. I, too, saw the gift of the Darkness – and every retreat included a nocturnal visit to Maureen's Dark Lodge. Here we sat in silence (or with some spoken word or music) to receive the Wisdom of the Cosmos in the generative darkness.

I see now that it was Cosmic Wisdom herself – She who brings beings into Unity for the greatest Good of All -- who made Maureen and my collaboration possible: For this, and so much more, I am deeply grateful.

I remember Maureen first telling me about the Blood Masteries and the wisdom-lore of the Peruvian Q'ero (of which you will hear much about in this book) in 2008. We worked together to bring Dr. Cindy Lindsay, a Western psychologist and expert in Q'ero practices, to Wyldwood Sojourn for a four-day workshop/retreat in 2010. Cindy showed us many of the practices she experienced in Peru, and we practiced them.

But that was only the beginning. When Cindy said she could no longer teach these mysteries, Maureen tirelessly and open-mindedly continued her quest. Maureen was on a mission to reclaim something essential – something that had been cast aside by our electric-light and nuclear-powered world. No stone was left unexamined (quite literally as you will find out in this text); no cultural thread left to dangle. She was open to perceiving an emerging, yet ancient, pattern that held together Womb, Darkness, Life-Energy and Wisdom.

What Maureen has uncovered is big. She's figured out how an organic electro-magnetic universe interfaces with human biology – with both men and women, but even more specifically with women's wombs. Her skill as a visual artist has permitted her to envision, understand and identify these stunning connections. She's found the Fountain of Life in our midst – something which ancient religions and systems of belief took so very seriously and, for the sake of their power over us, tried to make rare. In contrast, Maureen's understanding of horizontal energies and the work of the mighty torus (tori, in plural) moving continually in and around us offers us a vision of freely and abundantly-given Life-energy. Women's wombs are the receivers and holders of this energy which can be used for healing, wholeness and for the betterment of all living beings: a Holy Grail.

We can all have access to this elixir-energy if we are willing to let go of some of the Western-mechanical culture's most deeply-held assumptions about good and bad,

social order and gender-roles. This is, of course, easier said than done: but it is by no means impossible, for what is being offered to us is nothing less than the truth of who we – men and women -- are.

Found in these pages are the sacred practices which women once knew: the practices of ensoulment and parthenogenesis. Although they are not the same as they were in the past, these practices can now be revisioned and applied to our contemporary lives. Maureen does this: she provides a complete Q'ero Luminous Structure meditation practice for contemporary women to re-engage these forgotten aspects of self and cosmos. Men are called to be a support and collaborators in this work. We are collectively called to step into the truth and leave behind the partial truths and lies that we have been told for so very long.

As but one example of this, after living for centuries in a world that rejects and/or demonizes Darkness, we need to rethink and refeel the Dark. Maureen's book reclaims the Good Darkness. She offers us practical practices to meet the sacred Dark both within and without. The book also reclaims a social order (i.e., the true Matriarchy) that nurtures life. To feed our imaginations with this new and hopeful vision, Maureen, long a story-teller, shares with us modern narratives and ancient myths that give us the dark- and womb-honouring images that we need to re-inform and change our current cultural ways. Maureen honours the indigenous cultures that continue to carry these truths. These are but a few of the significant teachings that you will find in this book.

It all sounds so idyllic. And, no doubt, global controllers would love to get their hands on this energy and, again, try to make it rare – to somehow sell it back to us. But that's not how Cosmic Wisdom works. For those who love one another and honour the integrity of organic creation, the path to this wisdom will be made smooth. For those who wish to fragment and profit from it, the road will indeed be very rough and stony. She will see to it.

I invite you, with great joy in my heart, to dive into this book. Come together with others to share and study it (as artists, as scientists, as spiritual practitioners). Women, reclaim the wisdom that is available to you! The time has come to form communities of men and women to reclaim the Good Darkness and the Womb's Wisdom.

Karen Holmes, MRE, MTS, DMin (cand)

Feast Day of the Sacred Heart, 2022

Preface & Introduction

Maureen Walton Obrien

This is disclosure material. My small community and I have realized, through our research, that women were not losing more than a few hours of their wombs' blood each month, until approximately two hundred years ago globally. The womb's blood contains cosmic soul Wisdom nature and carries great inner strength not to mention it's health benefits. The level of trauma, ever increasing in the world, may not be consciously felt by all women but the womb bloods sensitive nature, feels it and sheds in response! This loss not only weakens the woman but her future offspring as well. Over time humanity is diminished in wisdom, inner strength, soulfulness, physical health and in physical size. As the Mexican Shaman Don Juan says' when the womb is taken out of its reproductive cycle its primary function returns'. He claims the womb is an organ of evolution.

This reference book offers many levels to re- member and activate our lost natural inner womb technologies. The key piece is by redirecting our wombs' blood to the heart. In this way we nurture and feed the heart with such deep cosmic power that we restore our natural sovereign state of full enlightenment very quickly. This ability women with wombs have, of connecting directly to the realm beyond the solar system, could be the window of opportunity humanity seeks at this time of another "re-set".

I offer thanks to the Q'ero Indians of Peru for holding this system intact from pre-contact until 1949. At that time, upon exposure to the westernized city of Cusco, it rapidly began to disappear and become mixed with other belief systems. I have done my best to reclaim and restore many levels of its workings since 2008. Though this was once a global system we are grateful to the Q'ero for being one of the last cultures to maintain the full practice, while in hiding. In other traditions the Blood Masteries have been lost or turned completely upside down.

The Vibrant Dark Cosmic Realm

Stepping into the work ...

An introduction to some of the big concepts this subject contains

The interior space of the womb is full of the energy of the vibrant Soulful Darkness of outer space! It holds the Wisdom principle! How did it get there? Join me in exploring this fascinating pre-contact practice that makes it all so clear and natural. The Good Darkness, as the feminine generative Cosmic Wisdom Source, was once known globally by all peoples. The source of this Wisdom in part, comes from the ancient Inca who knew the Good Darkness as the Wirracocha* (Rainbow Woman). In the West, Europeans knew her as Sophia. We once all openly honoured the Darkness as the Life Source.

**Currently the popular culture has renamed the Wiracocha as a fierce Inca warrior god!*

This manual is created to support women to reclaim their lost Womb Wisdom Arts (the Blood Masteries) for their own awakening and for the sake of anchoring the Cosmic Soul nature more deeply into the family, the social structure, and into the Earth.

The Womb seems to be the greatest design ever- an organic creation station that was first intended for much more than creating babies. *It is the organ of evolution.* How can we be led to bypass its sacred ensouling cosmic power and not see that we can use its systems for our own awakening and transcendence?

It is as important as the heart and brain and I suspect may have a purpose to aid us to step beyond the limitations of the earthly realm.

Could our apathy be why we remain in a dominator patriarchal world? Could womb activation prevent A.I. from moving in to seize control of our lives? We do not need to enhance the systems and functions of the body with outer artificial “improvements” when we are not even using the inner organic systems we already have to their full capacity! Womb technology is but one example.

There is an intentional distraction from and silencing of the inner human potential that we once embodied more fully in former times. We can name telepathy, psychic powers, intuition and parthenogenesis as but a few examples. *I propose that remembering and activating the womb's potential is the first step to re-open these doors.*

Land of Virgin Birth

My original source of womb-wisdom inspiration comes from living on the Land Of Virgin Birth myself!

Right here on the north shore of Lake Ontario, the Huron/Wendat Peacekeeper Mission of the Six Nations Confederacy began with the two self-conceiving women who lived here 900 years ago. It was a double parthenogenetic birth. (I'll explain more later in the book!)

The practice I share here, of how women reach superconsciousness (what has often been termed enlightenment) and also how they achieve parthenogenesis, comes from my discovery of the Inca/Q'ero tradition. These arts are a global tradition with minor differences on each continent.

The practice's first level teaches women how to access the cosmic energy that we import and magnetize into the womb's blood via the three horizontal tori systems. We then gestate it and redirect it to our hearts so that it is not wasted. This process awakens women.(because we are not shedding)

This was a common custom in matriarchal times and its practice also meant the woman could not become pregnant without explicit intention. This was the natural form of birth control. (There were no overpopulation issues in matriarchal cultures!)

When a woman achieved this first level, she was then able to move into the second level of the practice through which she was able to conceive parthenogenetically. This is a process of bringing fully enlightened souls to Earth in one incarnation. A fast track!

Over the last fifteen years I have cross-referenced these practices in other indigenous sources and in world mythologies to affirm these truths. It's time for women to step back into these once widely accepted and honoured practices. Surprisingly, through my research, I found the practices were known globally until approximately two hundred years ago.

These are massive subjects that I will relate to (and with) you – and I feel I am late in getting this down on paper. We don't have much time. I am very excited to share and I know that this is only the beginning of the Womb disclosure! It leads very quickly to stepping back into our sovereign state and thus overcoming tyrannical dominator systems.



Maureen's drawing of the double virgin birth on north shore of lake Ontario -Wendat Mother Gaheliogaha (phonetics) who self conceived her daughter Gahedosug, who self conceived her son Dagonawida, together with his enlightened teacher Jagonsaseh, from Niagara Falls..

(on an island now called Prince Edward.) 900 years ago. Art by Maureen Walton Obrien 2018

Feminine And Female Path To Superconsciousness

The womb has the potential to feed our heart daily. We can intentionally increase the power of this exchange and bring ourselves to an expansive awareness on a level of full consciousness. I pray this book will prompt other women to bring more levels of this sacred work forward. Through this writing, I bring the reader most details of the techniques needed to achieve Parthenogenesis (the second level) but one must first use the Blood Mastery techniques (the first level) to achieve superconsciousness in order to be successful.

This book is aimed to support those of us who feel, deep down, that we have not stepped into our full potential as women for eons and sense that we have been steered away from truths that would allow us to achieve that. We have especially been steered away from remembering the Darkness as the place where all the 'sacred designs of the universe' live— this is the Wisdom principle itself and the Source of life.

The Amazing Truth of the Womb's purity

The Womb (as separate from the birth canal) seems *not* to have been affected by global oppression! It has *not* become weakened and traumatized as most of the body and mind has over hundreds of years of wars and controlling factors (and by the destructive aspects of A.I.). It is so pure that an incarnating soul from the cosmos can still locate it by the call of the mother, descend and make itself feel safe and comfortable in that dark nurturing space. Mother and soul form a child in that pristine sanctuary! The process seems beyond the mere human. But this is only one level of the womb's sacred profound workings.

According to the precontact Andean traditions, the womb – and its sacred elixirs – are the only home for Cosmic Soul energy to concentrate in significant quantities, on earth! (the plant processes also carry this)

This precious organ, therefore, first and foremost provides the woman with renewable and divinely inspired nourishment throughout her life and can bring her to ensoulment/enlightenment. Today a woman uses a fraction of its potential! Because of this we cannot reach the fullness of our former galactic selves. When reclaimed the next generation receives its mother's wisdom and so the healing begins .Not to mention parthenogenetic births.

An Intuitive Remembrance

Please suspend disbelief for a moment to enjoy and consider this possibility: During the 16 years that I have been intensely drawn to pursue the Womb Mysteries – inspired by the Q'ero Indians of Peru and the Haudenosaunee Peacekeepers of Turtle Island – I have come to understand that until approximately four or five hundred years ago in places, there were small circles of realized (enlightened) women around the world whose work was to call in fully-enlightened souls via the practice of parthenogenesis. This Q'ero womb-to-heart practice is the same process I believe – and more! These women 'magnetized' the power of the Earth's torus (the ethers) to themselves via their horizontal pathways and concentrated these energies into their womb's watery powerhouse. Self-conceiving, a frequently practiced art in those times, allowed high numbers of avatars to reach the earth as already enlightened souls and in one incarnation!

Mind you, we have to accept that women were very different and behaved differently with a different sense of place and worth in those cultures and times. These women and men were then telepathic and clairvoyant. The system was known and supported. A woman could not work this art solo but only with a like minded community supporting and working with her. The men had a role to play in shifting the self conceiving process to the material world as inspired healing chambers, using the same electromagnetic inner soft technology of the female.

Therefore, self-conceiving was relied on as the *only* way for enlightened beings to reach the earth in one step! There were enough enlightened souls on earth at one time, in many places, to set a high standard and to maintain peace and harmony in the region. This was the goal of these groups of men and women in those times. It was not always appropriate – or desirable – to create new life through sexual intercourse as the sperm brought the karma and ancestral bloodline into the process, thus producing children burdened with karma. However we must consider that “earth born” children were more grounded and their practical nature complimented their ethereal friends in important ways. So we are not assuming that one is superior to the other. Both methods of bringing souls to earth must be good. The point is we need a balance.

There are as yet many unanswered questions about relationships between men and women in these matriarchal times. What was the role of men in supporting parthenogenesis? How/Was the masculine soul-presence somehow part of the process? *These are some of the questions that we can consider together as we undertake the study of this material in-depth together.*

The men played a huge role, as I have mentioned, in recreating the womb technology in the outer world via the building of free-energy chambers, (dolmens etc.) thus providing an outer “gestating sanctuary” that attracted the cosmic tori forces found in the ethers.

The primary purpose I feel of the womb, was/is to bring the woman herself to enlightenment or ‘ensoulment’. What I write here is but a brief overview that we will discuss more deeply in this book.

This primary level is a process of redirecting the energy of the womb’s Sacred Elixir upward from the womb to the heart, thus flushing the arteries of all karma-laden heart-blood! This means the woman is not losing her precious blood each month and is instead using it to awaken herself! This tradition involves working horizontal and vertical inner tori fields that arise in the interplay between cosmic and solar forces and includes sounding and telepathic technologies.

- Awakening, generally speaking, for a woman is a deep ensouling process that descends and anchors her natural ‘airy spiritual’ nature into the earth-realm. Its activation brought the women in those natural landscapes very quickly to enlightenment – and thus anchored whole communities. You can imagine that this increased inner strength began in time to express itself as outer strength as well . Their large outer form would be the reason children of large stature were born to them. (The 8’ to 12’ skeletons unearthed recently world over can only have been born from women who were themselves of great stature.) Women have these abilities because we carry 10 X more cosmic soul energy than a man. The reason we carry more soul is because we have a pure undefiled space to store it and brew it in -- the womb! This is a system that engages our logical and practical skills as well as advanced telepathic wisdom. *I’m not speaking here of only a very few rare enlightened souls, but a practice well-known and supported and activated by many to various degrees.*
- Even if the woman was not fully enlightened, her womb – as a separate system within her – was; and so a few were still capable of self-conceiving an avatar! This meant there were many different levels of parthenogenesis practiced. The path that provided the most success was where mother and daughter were both practicing. This “Virgin Birth x 2” meant that the daughter was born already enlightened which allowed her to gestate an even more super-charged soul. This cosmic soul came to Earth with the inner will and wisdom of the feminine together with the outer strength and order of the masculine. (This configuration is at work in Leonardo da Vinci’s famous drawing, *The Virgin and Child With St. Anne.*)



Da Vinci's drawing of the double Virgin Birth in Bethlehem - St. Ann the mother who self conceived her daughter Mary who self conceived her son Jesus (the second boy may be John, self conceived by Elizabeth.)

Men and Women: Long Live the Opposite Complements

I dream this book will inspire you to remember that things were not meant to be the way they currently are! The wholeness of life has been intentionally divided.

Originally, I believe women and men were designed to be enlightened from birth and live as complementing partners. To repeat: The women set the primary example with their inner, direct cosmic link and self-conceiving arts; the men evolved their own version of these technologies using the same principles but creating generating stations in the outer world, such as dolmens, standing stone circles and finally great temples and pyramids. (We can add some contemporary anti-gravity devices to this list as well; however, they are mere 3D shadows of the wisdom centered devices of ancient times.)

The men referred back to the feminine cosmic soul qualities, to anchor will, tenacity, inner strength, telepathy, compassion, and wisdom.

The women referred back to the masculine solar spirit qualities of ascension, order, outer strength, great aspirations and love!

We inspired each other and these practices held the balance.

The inner sanctum of the womb, brimming with divine potential, is a mirror of the quality of the inner sanctum of the dolmen or pyramid that also holds creative power. In some pyramids and temple interiors the queen's chamber was beneath the king's chamber. This aligned with the masculine heart in the chest and the feminine womb in the hips. *The men thus learned from the women how to reimagine these sacred technologies in the outer world.*

The world's current obsession with the masculine "light and ascension" principle is rapidly weakening us because it's only half the picture! The work shared in this manual centers on the feminine "dark and descending" principle (i.e., ensouling and anchoring).

This is the feminine creation complement and is what is so desperately needed today. It is called to balance with the light and ascension principles and to melt away controlling and deadening forces that *threaten to separate us from our Soul Nature.*

Negative and high-order programming has confused us to think the dark and descending is anti-life or evil or lesser than the light. In fact, this is not true. (What I share about the quadrant (see Image 4) in this book will explain this.)

Outer Free Energy Technology – The Stone Boat

As mentioned above, the workings of the sacred inner organic creation-technologies of the womb were once understood and duplicated by men and women in the outer world to create magnetic power structures. (I imagine the quality of the inner chambers of the dolmens are very womb-like, which means they too attract the Cosmic Soul potential from the tori systems.) Both of these systems draw power from the earth's ethers- which are the natural electromagnetic horizontal currents of the Earth, Sun and Cosmos combined.

My inspiration for this radical suggestion comes from the example given in the famous Wendat Peacemaker story of the “stone boat” – built here on my home-ground at Tyendinaga (Kenhtè:ke) 1000 years ago by the Peacemaker group (three of whom were born via parthenogenesis). “The stone boat skimmed across the water at lightning speed” says the storyteller.

In our contemporary language, we can see the stone boat as a natural generator station. A free energy device.

The three female players in the story, the Mother of Nations and the two parthenogenetic Mothers, were the ones who taught their son Dagonawida (Tekanawì:ta) all they knew of their sacred inner-alchemy of self-conceiving, thus providing him with the building blocks – or ‘vortexes’ – for the creation of the “stone boat” project. Deganawida ‘traveled’ in this stone boat to share his message of peace with the nations. The boat was a sign of his Wisdom – he knew the ancient technologies.

Only 30 years ago, a granite and magnet anti-gravity device (“stone boat”) was built an hour north of Tyendinaga, in Madoc, Ontario by David Hamel. I was given a book about David's work (Thomas, R. (2004) *The Word Made Manifest Through Sacred Geometry*) This book includes his anti-gravity device blueprints. I still have both of these.

Today an electromagnetic healing-chamber made with magnets and crushed crystal is also being built in the same area by Greg Dwyer, a student of David.. Is this just a fluke? Is the location of their projects just down the road from Dagonawida's (Tekanawì:ta's) stone boat project, of 900 years ago, merely a coincidence? What about me and my passion to restore womb technologies? (I guess Greg and I are just following our noses!)

There are enough of us awake and ready to shift the planetary energy and so restore a strong balance. Working on these projects together will ensure they have the inner feminine depth of wisdom and tenacity to succeed. We have only to emulate the Wendat Peacemaker group!

Let's acknowledge that ancient man, living in an egalitarian society, referenced the woman's inner technology in order to re-create "stone wombs" in the outer world (such as the pyramids). Both imported the cosmic wisdom energies to earth on an intense life changing level. Today's free energy devices are created for convenience only. They speak of "harvesting" free energy".

I'm not imposing gender-specific tasks. Women can most certainly be involved in the development of anti-gravity devices and men can practice the Luminous Structure meditation of joining torus, heart and womb (naval for men).

The man simply centers his attention on his own navel and imagines his connection to the tori systems and the Cosmic Mother. The difference, of course, is that the man has nowhere to store what he gathers and his magnetism is weaker than the female's. The female, because of the womb magnetism, carries a stronger attraction energy to absorb, gather and gestate those Cosmic Soul energies.

It is so important for women to offer collaboration with those working on the organic free- energy devices that are being created. Today's men seem to have forgotten that women, and their inner feminine Womb Technology, even exist. As the author, Ned Burwell says, "In a boat the man rows and the woman steers." Again we hear the importance of referring to the male and female principles with in each of us.

It's time once more, for the men, while building their devices, to listen to their sisters' wisdom concerning the inner creation technology! We have already witnessed the 'patriarchy's' brilliant ideas crumble over and over prematurely because of this lack of connection to the soulful Womb Wisdom anchor of tenacity, will and deep feeling. There is a severe lack of knowledge about the significance of the womb's creative powers in relation to not only ensouling humanity, but also in relation to these devices. This ignorance exists because of unhealthy programming.

I trust this book will help those building such devices to open and receive this Womb Wisdom as a missing key in their work.

There is a lot of evidence in history that points to the reality of this collaboration between women and men as we uncover the mysterious methods used to build the

great monumental structures the world over! They employ cymatics, sacred geometry, harmonics and vibration etc.(Tartaria).

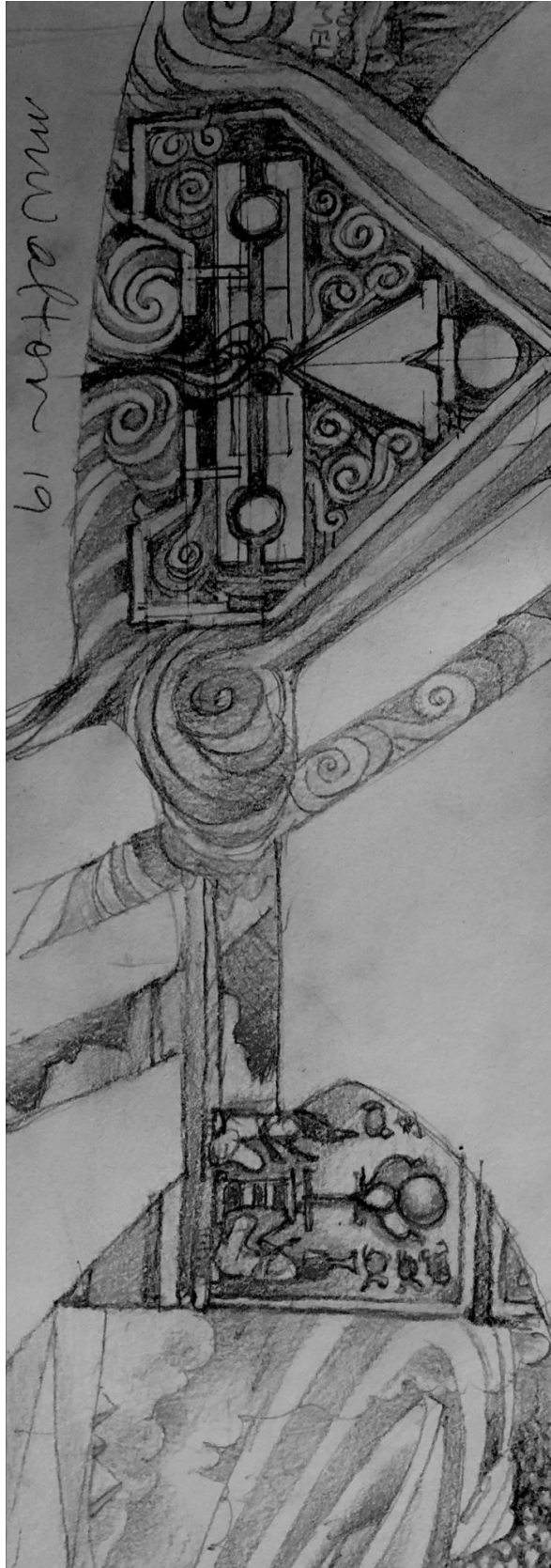


Image 1: Impression of free energy devices through time. Artist: Maureen Walton.

Our Path Forward As Women: Reclamation and Collaboration

Exploring the sacred potential of our inner system in a “nuts and bolts” way is most effective. By delving into the workings and relations between the womb and heart, with a scientific mind, we can understand how the increased strength is generated, as we engage the feminine energies.

This dark and descending practice is a necessary complement to the masculine “light and ascension” approach that is so widely advocated by many mainstream spiritual guides today- as if nothing else were important!

Both ascending and descending energies are essential to gain wholeness. As you will find out in this book, the horizontal energy of the torus is 10x more powerful than both of those vertical dimensions!

When our inner female body systems are restored to their full potential once more, through this global ‘womb-to-heart’ blood redirection practice, we will cease losing our womb’s blood and reach an enlightened level immediately! This also means that we will not be fertile unless we choose! These details are described in the following chapters. This is disclosure material. Much has been hidden from us.

We need men and women to recognize this gift of the feminine principle in all – to anchor the cosmic soul nature into everything on the planet! *This quality is being lost as pharmaceutical medicines continue to separate and loosen the soul nature within us!*

In this research I have collaborated with a small group of seekers. We have inspired and challenged each other to ensure the information shared is well-rounded and holistic. Some of us have also worked with plant medicines in ceremony to open us to this wisdom (specifically ayahuasca, cacao and psychedelic mushrooms). We feel, as a whole, that the Earth’s surface populations have devolved and evolved in many ways over time. Like waves we break through – and are then crushed again and again. We need only look to the world’s myths to understand this pattern.

I have included nine myths to illustrate and affirm the Womb Mystery claims I present. We can only trust our tenacity, and the Universe, to support us this time round.

With complementing forces joined, great wisdom will rise, as if out of the land, and dispel the corruption that now attempts to reign over us. As Buckminster Fuller said,

“We will never change things by fighting the existing reality, rather we are building a new model to make the existing one obsolete.”

This action will disempower those artificial technologies that threaten our wombs’ natural powers to restore great inner and outer strength to humanity.

Currently women are so disconnected from the wisdom within their wombs, that they are not capable of guiding and leading as they did in bygone days. In those times, on Turtle Island for example, they were given the respected title of “Clanmothers”. This title lets us know that female leadership was at one time real. Real in a sense of a shared role of community guidance among a group of elected Mothers, not in the dominator model of a solitary queen whose word was law.

Attention given to the wise power of our inner Creation Station will lead us back to hold a more responsible, attuned and reverent relationship with our bodies and all of our organs. It will also result in the awakening of latent psychic and telepathic powers. The Cosmic Soul energies (Sophia) consolidate in the nexus point, or bindu, of the womb. It seems to be the only resting place for that Sacred Power on earth!

Please be part of a respectful disclosure! This manual presents the full meditation sourced from the Q’ero Indian practices. It is to be respected and protected – to be held as a whole and not to be culturally appropriated, cut-and-pasted or abused.

We invite the awakened men to protect those of us working this technology as we know they did in the past. They contribute with their heart and spiritual energies as a complement. I am trusting that the time is right to reactivate this sacred technology. Why otherwise would this information have come to me in such a persistent way over so many years?

May we come together in circle once more to activate the female ‘Blood Masteries’

Acknowledgements

I have been gifted to meet with and be inspired by many women pioneers over the last twenty years of my life. Each woman's wisdom and teaching have gone into the crafting of this book.

In 2008, I connected with Dr. Cindy Lindsay, to whom I give credit. She studied in Peru for seven years, during the 1990s, with the first generation of Q'ero Indians who descended the mountains after 500 years. She learned profound and central pieces of feminine spiritual practices directly. They came from pre-contact. She was given the meditation to join heart and womb, called the Luminous Structure, from Louis Huberto, Dona Bernadina and Dona Flora and others from the Q'ero Nation. She also developed her own related work, which she called the Blood Masteries, inspired from her stay with them and from her time using the Andean Sacred Plant medicines in circle with these Q'ero teachers. Her teachers have now passed on. I have since learned that the *system as she received it, was just a shell of the complete version! It came to me in skeleton-form. Even at that it was enough to start the process to restore it back to wholeness.*

In 2007, I also met and worked with Karen Holmes, MRE, MTS and D. of Min, who studies the Hibernian Mysteries, early Feminine Christianity, the Foster-Mothering Path of the Irish and more. (She has kindly written the foreword to this book as well as providing a testimony and an excerpt on the Heart-to-Womb Mystery in Chapter 10. She has guided me in the editing of this book.)

How amazing to find such pioneers! It was in hosting these women at Wyldwood Sojourn that I attracted other spiritual feminists such as Helen Patton, Yogini, Marcine Quenser, artist and expert on the Haudenosaunee Peacemaker teachings, and Tara Greene, astrologer and psychic. I also offer thanks to Marilyn Maracle, an expert seamstress and designer of traditional First Nations' clothing and regalia, who has been a steadfast friend over the years.

These women have been advisors and supporters, and some have offered their wisdom in these pages. They come from highly varied backgrounds: this speaks to the unifying Wisdom which we are reclaiming together. I am grateful for their presence in my life!

In 2023 a few men began to see the significance of this work. I am grateful to Felipe Martinez, a Mayan Fire Keeper, who has become a colleague and collaborator. Also to Greg Dwyer and John Coxon, two local free energy engineers and to Steve Darlington a professional energy worker.

I am also grateful to the new seekers who reached out to me since the first publishing and have become valuable sisters in researching more levels of the wombs mysteries. They have committed to learn the womb to heart meditation and work towards opening their own Dark Lodges, in their own communities. We work as a collaborative group engaging bi- monthly zoom classes and participating in an annual in-person, five day retreat at Wyldwood Sojourn! I am excited to see this new community growing!

I send gratitude to the Q'ero Indians who inspired this book and who kept the essence of these sacred teachings safe from tyrannical invaders, by hiding high up in the Andes mountains for 500 years (since 1450). After they reunited with their Inca family in Cusco in 1949, they began to lose their unique traditions through western influence and by the encroachment of other shamanic systems already existing within south america. I was fortunate to receive the skeletal remains in 2007 from Dr. Lindsay. In 2019 they decided to return to their tiny mountain village, high above the tree line in harsh conditions. Here in isolation again, they hope to restore what remains of their traditions. They admit they have lost the feminine half of the teachings and are open to guidance from afar. The Q'ero know their traditions are global in nature.

I also thank the Wendat Nation, the Mohawks of Tyendinaga Ontario, and the Seneca and Oneida of the Niagara area for inspiring aspects of this book. They too have diligently kept their sacred stories alive from pre-contact. They are keepers of a Sacred Flame that honours the Cosmic Soul, Earth and Woman. The Good Black Path. As but one example of this...

In the 1700s, many European men reported that "Indian men", who took white women captive in the wars, never raped them. Women thus captured often did not want to return to their own people. This is evidence of how original people felt about women! This was the norm only three or four hundred years ago here on Turtle Island (and I'm sure in other original places, too!).

I send profound thanks and respect to the entire global indigenous world. I will include here the Druid world, as that is my own indigenous background. I did indeed find old symbolic Druid engravings of a womb to heart diagram, similar to cuneiform, that reveal the same system. During that time I had visited the dolmens and standing stones of Beara Peninsula in Ireland and so was called to reclaim my ancestral link by receiving, in ceremony, a spiritual Druid name, by the English Dowser and historian, Maria Wheatley (who has endorsed this book)

A Word On Indigenous Teachings

In traditional land-spirit-based cultures, the womb technology practices were developed and worked while the people were still immersed in the matriarchal ways. This was the case until not so long ago! (In some places, matriarchies were still the norm only one hundred years ago.) Most importantly we found the practices were still thriving in their original form until foreign invaders committed cultural genocide and wiped out most traces of these ways that were different from their own. The traces that remain may be found within the indigenous world globally hidden in their art forms.

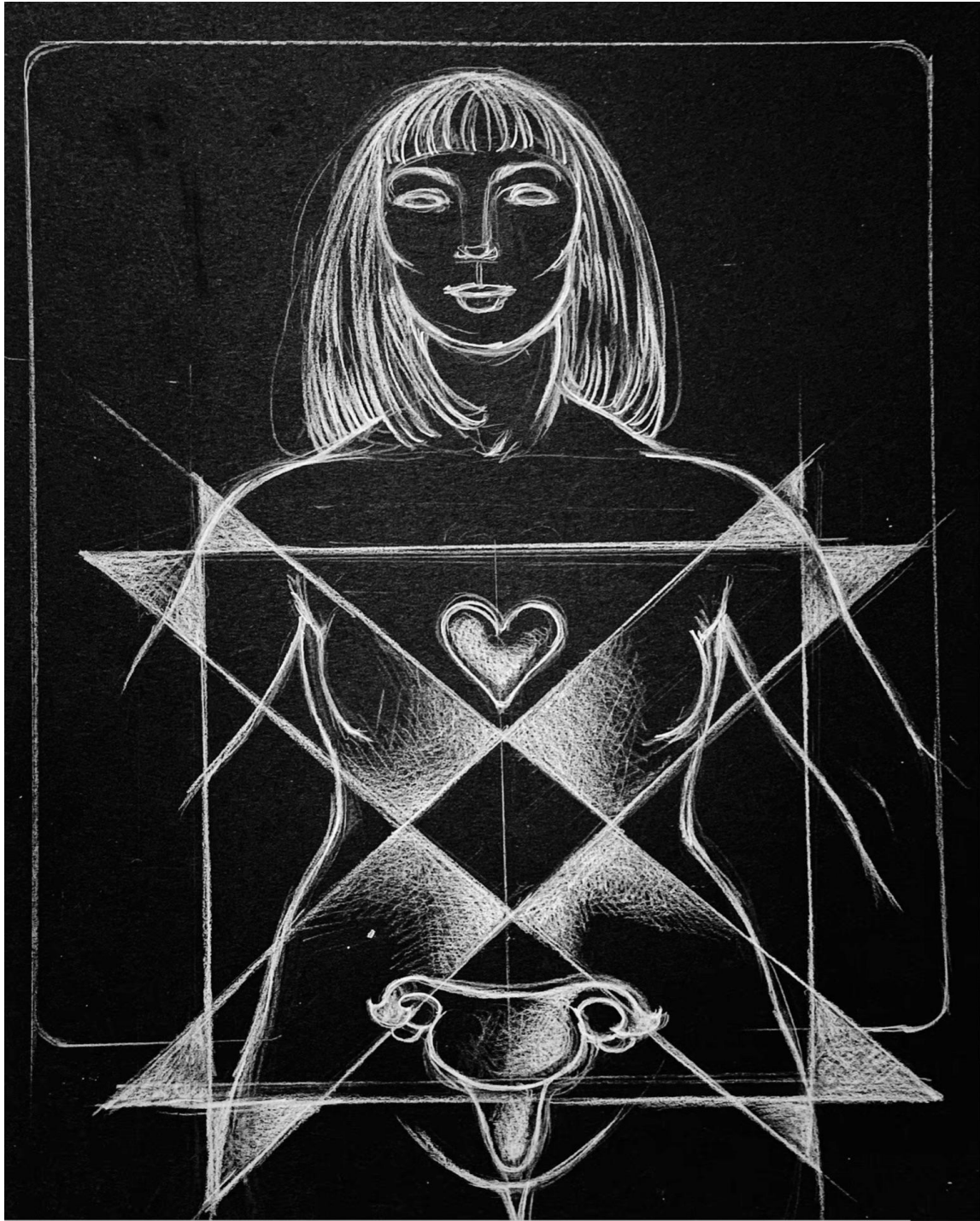
Here on Turtle Island, one can feel the balanced way still permeating the land very subtly – if we can slow and let it speak to us. By spending time on the land in contemplation we can begin to remember and absorb its wisdom once more.

Surely the recovery of matriarchal ways will be much easier for the Turtle Island First Nations and Inuit who were removed from living close to the land much more recently than settlers, who are not indigenous to this land. I trust they can and will access the truth and recall them all in a direct way. They have experienced fewer generations of programming and domination than others from areas such as Europe and the Middle East.

I have avoided studying feminine spirituality via the Greek and Roman Pantheon. I also avoided studying the feminine path in the East Indian world. There were too many thousands of years of corruption and patriarchy to weed through to find the original truth of the female spiritual practices. (After all, the word religion, in part, means binding and the word yoga means, in part, yoking.) I feel that the Greek priestess practices that we are now aware of in the 21st-century were, in all likelihood, altered to serve the patriarchy. They may even have been forced to practice in designated temples for safety rather than in the forests and caves and villages as they formerly did. All of this control, I imagine, greatly changed the effectiveness of their work.

I turn to the indigenous world for the truth and the living memory of woman-affirming practices. I do so out of respect for the indigenous teachers and friends with whom I have consulted. To Trina Lenonhsaka'en:ions, Marilyn Maracle (Haudenosaunee) and Marcine Quesner (adopted Seneca), I offer deep thanks. I aim to honour their teachings by keeping them in their original context and setting – a part of a Living Tradition.

We are all indigenous from somewhere! Personally I am reconnecting with my Druid Ancestry. All women with wombs are sisters. This is a global system for us to come together with.



The schematic of the Heart to Womb technology

The Good Darkness

Wisdom of the Womb Blood Contents

| | |
|------------------------------|-----------|
| List of Diagrams | 29 |
| List of Illustrations | 31 |
| List of Images | 32 |

| | |
|---|-----------|
| Chapter 1 - My Story: Womb Technology of The Andes | 35 |
|---|-----------|

My own story: Finding My Mission, Calling and Tribe - 2023 update of new findings

How I was led to the Andean Womb-To-Heart Tradition

| | |
|--|-----------|
| Chapter 2 - The Luminous Structure (Bare Bones): The Q'ero Heart-To-Womb Meditation | 74 |
|--|-----------|

The Andean Torus To Womb-To-Heart Meditation (in brief)

Diagrams and Illustrations of the Andean Womb-To-Heart Meditation System

Incan Cosmology

Description of Diagrams and Illustrations

The Luminous Structure In Other Cultures: Mexico & Norway

Chapter 3 - The Essential Quadrant and The Power of the Good Darkness

121

The True Nature of Light and Dark

Complements, not duality: The Essential Quadrant

The Quadrant in the Sky Woman Story

Dark of the Womb: Its Gifts, Poem of the Waters of Life

Original Plan: Holy Technology

The Hibernian Creation Story

The Womb and the Stone Boat

The Good Darkness' Power Held in the Womb

Chapter 4 - Revealing Lost Womb Wisdom: Living on the Land of Virgin Birth

139

On The Path of the Six Nations' Peacemaker Story: Murals in Schools

The Q'ero Sources: Forging my own direction

The Q'ero Lineage: Mosoq – the Time to Come

The Quiet Inner Strength: Pulling the Strands Together

Chapter 5 - The Lost Feminine Keys to Ensouling Life

147

The Foster-Mothering Tradition in History: First Nations, Inner Earth, Other Global Sources

Land-Based Wisdom

Sacred Geometry Within

Gendered Lineages: Honouring the Differences between Men and Women

A Purging: White Women's Holocaust -Only Recently Lost

Chapter 6 - Global Matriarchies

155

Matriarchal Wisdom: What is a Matriarchy?

Insights of Dr. Heidi Goettner, matriarchal expert

Traces of Matriarchy in European Fairy-Tales

Addressing Problems in Matriarchies and Patriarchies

The Forest as an Example of Matriarchy

Chapter 7 - The Magnetic Darkness

165

The Good Dark: Examples from the Arctic

Darkness Within and Without

The Wyldwood Sojourn Dark Lodge: Restoring Sacred-Dark Awareness

Lore of the Dark Lodge: Comparing Dark Lodge and Sweat Lodge

Maori Teachings of the Darkness

Concentrating the Dark: The Central Diamond Nexus

Commemoration of and Pledge to the Q'ero Elders

Chapter 8 - Cosmic Soul: The Depth of Wisdom

175

The Cosmic Soul Nature

How Cosmic Soul Differs from Personal Soul

Princess Diana as Soulful Archetype

Paths to Cosmic Soul Liberation: Telepathy, Torus Momentum, Womb's Golden Essence

Womb-Blood; Heart-Blood

Applications to the Dark Lodge: Soulful Colour

Chapter 9 - The Global Dark Lodge: A Soulful Practice

183

An Intention for Soul

Preparation for the Lodge: Water and Cleansing Ceremonies

Men as Supporters

A Sample Dark Lodge Evening: created by Maureen

Activities and Setting the Space

An Affirmation: Setting Our Dark Lodge Intentions

Chapter 10 - The Blood Masteries and Redirection Practices

193

Womb Blood: Free from Trauma, A Divine Elixir to Have and to Hold

The Dangers of Womb-Blood Loss

Our Bones!: Why osteoporosis?

Holding the Wise Blood Within: Testimonies

Two separate systems: Womb and Heart Energies

The Andean Redirection Process: Drawing Womb-Blood Energies Upwards (like sap in a tree)

A Visualization: Womb-Blood Redirection Practice

Reconfiguring Our Relationship to the Moon

Chapter 11 Immaculate Conception: The Womb's Birth-right

211

Acknowledging the Descending and Horizontal Powers

A Fast Track to Superconsciousness

The Phi Within the Womb – a Doubling Technology

Chapter 12 - Spiritual Physiology: The Womb and Heart Relationship **217**

Spiritual Physiology: The Generative Polarity of Womb and Heart – by Karen Holmes

Chapter 13 - Torus Times Three (T X 3): Sun, Earth and Human **223**

Horizontal Energies

Fed by Sun and Earth Magic (Tori)

The X-Point Within

Sister Symbol from the Virgin of Guadalupe

Shifting the System At Will

Chapter 14 - Current Practitioners of Parthenogenesis & Testimonials **235**

Ammachi, The Hugging Saint

Other Witnesses: Eight men supporting our work

Parthenogenesis: without support or knowledge

Testimonials of Success with the Andean Redirection Process

Chapter 15 - Recapping The Three Steps of the Blood Masteries – and their Significance **247**

The Three Steps

An Implications' Overview: The True Meaning of Virgin, Reclaiming the Right Brain, Womb's Super Stem Cell, Bringing In Superconsciousness

Parthenogenesis: Why Pursue this practice?

Indira Gandhi's Example

Musical sound chambers: European and Indigenous

Chapter 16 - Global myths of Feminine Womb Creation **259**

An Introduction to the Stories

Marcine Quesner's Research About Sky Woman

Nine ancient world myths of female creation mysteries

1-Mohawk Creation Story, Sky Woman - Tyendinaga, Ontario

2-Inca Creation Story x 2 – The Peruvian Andes

3-The Peacemakers (The Jigonsaseh Story) + Commentary - Haudenosaunee

4-Sedna of the Deep; Sedna the Provider - Inuit

5-Celtic Wonder Tale of Ethain - Ireland

6- Seal Skin Woman- Inuit and Irish, Inuit version from the Netsilingmiut

7- Shambala- China

8 -Salome, Foster Mother of Jesus - Coptic/Egyptian

9- Lilith, Creation Story - Middle East/Hebrew

10- *Rainbow Woman* - Peru

Chapter 17 - The Dark Goddesses of Ancient City Temples **299**

Dark Goddesses – by Tara Greene

Decoding Ancient Symbols

Minerva and Lilith

The Role of Eclipses in Gathering Good Darkness Power

Chapter 18 - The Original Trinity: Mother, Daughter, Son **303**

Remembering the Miracle

How Avatars Reach Earth

A New Wave of a Return to 'Nature'?

Chapter 19 - The Complete Meditation of the Q'ero Luminous Structure: The Womb-To-Heart Meditation **311**

Includes - the Womb Nature In Brief: Summary Points for Quick Reference

Endorsements **335**

List of Diagrams

Diagrams to express the Q'ero Womb-To-Heart Meditation

The following diagrams in 2-dimensions and in 3-dimensions show various ways of visualizing the Q'ero Luminous Structure so that all functions are described. *These diagrams appear in Chapter 2 of this book.*

I began my process of discovery by creating these drawings – as a way to process and figure out what was really happening. In the beginning, when the flat 2-D Luminous Structure system was presented to me by Dr. Cindy Lindsay, she did not translate the triangles as multi-dimensional vortexes nor that the vortexes were depicting the channel of the human torus. These diagrams bring the 2-D Luminous Structure alive!

Diagram 1 - The Complete Luminous Structure:
The Four Cones as Triangles (Horizontal and Vertical) Form the X-Pattern

Diagram 2 - The Complete Luminous Structure
How the system rests within a woman's body.

Diagram 3 - The Feminine Vertical: descending cone of energy.

Diagram 4 - The Masculine Vertical: ascending cone of energy.

Diagram 5 - Vertical triangles shown as the inner channel of Vertical Torus Dimension.

Diagram 6 - Horizontal triangles shown as the inner channel of the
Horizontal Torus Dimension.

Diagram 7 - Complete structure in 3-D forming a Central Diamond Nexus.

Diagram 8 - Shifting the complete system over the womb.

Diagram 9 - Shifting the complete system over the heart.

Diagram 10 - Complete horizontal torus surrounding the vertices masculine torus.

Diagram 11 - A cosmic perspective showing the Sun's Torus feeding the Earth's Torus.

Diagram 12 - The Vertical and Horizontal Tori of the Woman's Body.

Diagram 13 - Expressing the upwards redirect as a steamy, vapourous ascent of cosmic womb blood to the heart.

Diagram 14 - The redirection of combined heart and womb blood downward to the womb to divide the egg.

Diagram 15 - Another visual interpretation of the process of redirecting the womb's elixir to the heart by engaging the ascending masculine vortex.

Diagram 16 - Visual expression of engaging the brain.

List of Illustrations

These illustrations depict images of the flows and energies of the Luminous Structure in art, sacred imagery and mythology throughout the world. *These appear in Chapter 2 of this book.*

- Illust 1 - Parvati's Copper Yantra, Indian Heart-to-Womb Technology. Photo: Maureen Walton.
- Illust 2 - The original Mexican version of the Virgin of Tonansin (Guadalupe). Artist: Maureen Walton
- Illust 3 - A Detail of The Virgin of Tonantzin or Guadalupe: The four-petalled flower can be seen below her black-belt. Photo: Maureen Walton.
- Illust 4 - The Norse 'Sculled Net' Womb Technology. Artist: Maureen Walton.
- Illust 5 - Woven Andean carpet with the X-geometry of the Womb Technology. Photo: Maureen Walton.
- Illust 6 - Ascending Fire and Descending water in nature. Photo: Maureen Walton.
- Illust 7 - Queen Maya calling in and conceiving the Soul of Buddha. Artist: Maureen Walton.
- Illust 8 - Impression of how the womb is protected within the bony bowl of the pelvis. Artist: Maureen Walton.
- Illust 9 - Celtic cross images (revealing Parthenogenesis)
- Illust 10-11 Remnant of Q'ero system
- Illust 12 - Abya Yala
- Illust 13 - Chakana

List of Images

These are images which appear throughout the book to provide visual aid to the text of this book-manual.

| | | |
|-------------------|---|--------|
| Image 1 | Impression of free energy devices through time. Artist: Maureen Walton. | p. 15 |
| Image 2 | Dark Lodge (Mongolian Yurt, Wyldwood Sojourn), Tyendinaga Township, Ontario. | p. 60 |
| Image 3 p. 102 | Stylized representations of the Greek letter, Phi. Aspects of self conceiving. Artist: Maureen Walton. | |
| Image 4 | The Essential Quadrant: Sacred Complements of Dark and Light. Artist: Maureen Walton. | p. 114 |
| Image 5 | The Central Diamond Nexus of the Luminous Structure (also shown as Diagram #2, Ch.2). | p. 173 |
| Image 6 | The Doubling Technology of the Phi in the Womb (see also Diagram #15, Ch.2). | p. 225 |
| Image 7 | Four-Petaled Flower and Phi, Sacred Energy Patterns of the Luminous Structure. Artist: Maureen Walton. | p. 226 |
| Image 8 | Yin-Yang Symbol: An Image of Generative Polarity And Not Falling Into Duality. Artist: Maureen Walton. | p. 229 |

| | | |
|----------|---|--------|
| Image 9 | Woman's Horizontal Torus with Earth's Torus (see also Diagram #12, Ch. 2). | p. 235 |
| Image 10 | The Four Converging Cones of the Structure (see also Diagram #1, Ch. 2) | p. 236 |
| Image 11 | Queen Maya Conceiving the Buddha (see also Illustration 7, Ch. 2). | p. 237 |
| Image 12 | Parvati's Yantra (see also Illus. 1, Ch. 2) | p. 238 |
| Image 13 | Relationship between Sun and Earth (see also Diagram #11, Ch. 2). | p. 239 |
| Image 14 | Interior of 'Cello'. Photo: Adrian Borda. | p. 271 |
| Image 15 | A depiction of the Mohawk Water Drum. Artist: Maureen Walton. | p. 273 |
| Image 16 | Sky Woman's Path. Artist: Maureen Walton. | p. 278 |
| Image 17 | Andean Creation Story, 16th-century gold relief engraving. Photo: Maureen Walton. | p. 282 |
| Image 18 | Two of the Six Nations Peacemaker Group: Gahelioga and her virgin-born daughter, Gahedosug. Artist: Maureen Walton. | p. 286 |
| Image 19 | Dolmen (Stone Boat) of Beara Peninsula, Co. Kerry, Ireland. Photo: Maureen Walton | p. 297 |

| | | |
|----------|--|--------|
| Image 20 | Soapstone carving from Kugaaruik of the Netsilingmint clan, 1950s. Photo: Maureen Walton. | p. 308 |
| Image 21 | Peach Tree, 20th-century Chinese brush painting. Source: public domain. | p. 312 |
| Image 22 | Salome, midwife and foster mother, bathing Infant Jesus, 12th-century Cappadocian fresco. Source: Wikipedia. | p. 316 |
| Image 23 | Lilith as Queen of the Night, 19th-18th century Babylonian stone relief. Source: Wikipedia. | p. 322 |
| Image 24 | Central Diamond Nexus Point of the Luminous Structure (see also Diagram #1 Ch. 2). | p.337 |
| Image 25 | Queen Maya and Buddha (see also Illustration 7, Ch. 2) Artist: Maureen Walton. | p. 340 |
| Image 26 | The Triskele (or Three-Armed Spinning Cross): The Cosmic Fullness in Microcosm Artist: Maureen Walton | p. 344 |
| Image 27 | The Phi-Power: Aspect of Parthenogenesis (see also Diagram #15, Ch. 2). | p. 365 |

Chapter 1-

My Her-Story: The Path to Remembering Womb Technology from the Andes

My Calling, My Tribe

I have been a visual artist pursuing my own path since the 1970s. As many of us do, I came face to face with obstacles and blocks to freedom of choice, on many levels, including the programming that shut down a feminine way of being in the world. I was not able to find my tribe or learn the true reason for the oppression of the feminine principle within women and men, until my later years. I now enjoy living solo and have the time to devote myself to research this calling via drafting, painting, storytelling, leading retreats and writing.

Rediscovering these keys; to help unlock the inner feminine soft technologies, are key to restoring harmony on earth. There are a lot of women with wombs on the planet! It's high time we collaborated as we once did. This journey of awakening involves learning about who we really are inside as women – as polar opposite compliments to men.

The recent globalist agenda being imposed on us is that we don't need genders at all! This is a real danger signal if we want to keep our souls intact.

It's important to learn about this material in order to *emphasize* the differences! I feel this is where the true power lies in restoring the balance and stepping back into our natural sovereign state!

In matriarchal times we sometimes lost touch with our natural masculine individuation, identity, structure and order. Now in this dominator system, we are losing touch with our natural feminine foundation of expansive intuitive knowing and deep wisdom. Long live the knowledge of the masculine and feminine life-giving compliments.

It is here in my little woods that I set up the Dark Moon Lodge sanctuary so we could make a start to reclaim our lost global feminine traditions. This tiny sanctuary is on Tyendinaga's former hunting grounds. It is the territory of the Wendat Peacemakers and the home of the Wendat Virgin Birth Mothers of a thousand years ago.

I may be an Irish woman, but I have this magical womb same as my Mohawk and Wendat sisters. I too, am beginning to feel the energy of these ancestors here on this small piece of old-growth forest on the Salmon River watershed. It has never been clear cut. I sense this pristine energy somehow holds the integrity of this work! It has also been made clear to me by other local artists that we live within a famous “triangle” of land that has attracted a flood of artists and seekers over many years. I am honoured to open my sanctuary to serious seekers of the Womb Mysteries and am grateful to my Mohawk neighbors for sharing with me directly and personally the rich stories of their heritage for the good of all.

Who do I think I am to propose that this Andean’ womb to heart’ Luminous Structure’ tradition is a valid practice for reaching a superconscious level in the feminine way? That it may even be the groundwork for the art of self conceiving? I am proposing these ideas in the best way I can and I am following the prompts and the guidance that have been nudging me for years. My recent ancestral lineage is Irish/Druid, yet deep down I am called to this Andean tradition. Obviously it is a global system for all womb wise women to activate.

I leave it for you the reader to consider the validity of my claims. Do your own cross-referencing to confirm it. I feel there is truth here and I certainly do feel that I have been and am being, guided. The womb’s profound soft technology after all lives in all global traditions and all women with wombs may be called to awaken this process at this time, as the current systems are naturally crumbling.

Personal Story

I realize in hindsight how I was being left clues from a young age (as we all are in our different callings). As a girl, I experienced two extremes at home and at school. My father connected me to nature which kept my sense of freedom and wonder alive and my creative nature open. Swimming, canoeing, hiking and sailing were exciting and dramatic experiences that gave me a deep sense of independence and freedom and a connection to nature that was much more than mere observation! My father also taught me how to handle tools and to explore how things work mechanically. He encouraged my love for drafting and making diagrams as he was a draftsman and technical engineer professionally and he noticed my flare for this. My mother, too, often praised me for my drawing and observation abilities and supported me when I was young.

In contrast, I felt oppressed and limited in the public school system. It seemed a soulless place. I remember crying at 6 and 7 as my mother shooed me out the door in the morning. She did not realize the greater forces of the oppression I was beginning to

experience. I numbed out through most of it, celebrating as soon as I graduated. I remember in Kindergarten I was labeled gifted when the focus was on artistic expression and hand work, and in Grade 1, and thereafter, I was labeled slow because my 3R skills were not as good as my artistic skills. I was discouraged from using my left hand! No one questioned that!

I remember saying to myself upon my Grade 12 graduation, "Now the sky's the limit!" I pulled together my own portfolio of commercial art pieces and knocked on art studio doors. Soon I was a fashion illustrator-in-training in a cool art studio in downtown Toronto. I bought a 1964 Volkswagen 'beetle bug' and shared a funky little apartment beside Maple Leaf Gardens stadium on College Street. Life was good. It was 1969.

I was planning to travel, but first I took on another adventure. I was dared to go skydiving by a friend. In those days, the small club used army chutes with a "dope rope" for the first three jumps. Supposedly an expert packed the chute for me as I was a novice. I successfully exited, spread eagled and the chute unfurled fine but when I looked up I saw it had not opened as a canopy. I had become what was called a roman candle. I was plunging to my death.

Time slows down in these moments and it was as if in a dream. I calmly assessed the situation. The lines were not tangled but simply twisted. If I had the strength to pull the lines apart, it would unfurl and open. I tried that and - boom! - the chute opened. It spun me around and I lost my bearings. I was in for another surprise, as I looked down I saw I had blown over trees and was already just above their canopy. I crossed my legs and went crashing through. Luckily I ended up swinging between two huge tree trunks, while my chute was nicely spread over the tree canopy. I had somehow not smashed into any branches. I swung myself over to grasp a trunk, unhooked my chute and shimmied down to the ground.

Shaken and bewildered, I saw the club's truck approaching. They had no idea what had happened and didn't believe my story. They were very angry that I had damaged their chute. The true story remained unknown to them. I felt grateful to be alive. I didn't have a scratch. I did 2 more jumps where everything went well and I landed on target.

In 1971 a year later, I bought a one way cruise-ship ticket to Australia via Africa and the Indian Ocean. I began this journey on a ship called *The Oronsay*, boarding from the Canary Islands. I had spent the six months prior to that hitch-hiking around Europe. I remember leaving behind my white suitcase containing miniskirts, high heels and make-up in a Paris hotel. I then donned bell bottom jeans, braided my hair and slung a backpack on. I was proud of my new identity! My education had begun.

I was 21 years old. I had joined the hippie movement – a little late but grateful. We were a very small minority desperately wanting to connect back to nature and find freedom in a truthful and peaceful way. An early anti-establishment movement. (This was an early wave of what is resurfacing today.) We knew there were lies being told and truths were being turned upside down. This was misunderstood by the mainstream and of course within a few years the movement had been hijacked by unhealthy agendas. But the original mark had been made. We realized our spirits held boundless freedom and that some unknown force was trying to shut humanity down. That is the foundation of why I'm inspired to write this for you now 50 years later!

While in Australia, I worked for two and a half years as an illustrator and magazine designer in Perth and later with the Education Department of the NSW government in Sydney.

This was before my life-changing trip to Papua New Guinea, and Indonesia, where I savoured the experience of living in places where I could find nothing that was familiar! This is what I craved! I knew it was the only way to de-program myself.

That was such a free time. I immersed myself in the culture as there was little tourism in 1974. I traveled inland to yam festivals and developed friendships with the locals. Here in Papua New Guinea, I had my first experiences with indigenous spirituality. I had traveled to the highlands to visit the spirit houses. I watched as the shaman carved a mask for the dancer to wear in ceremony, to call down the spirits as the drumming and chanting filled the night air. I was an eager student. I felt very lucky and could feel my whole life perspective change overnight.

Once, in the north in Wewak, I was able to travel down the Sepik to a small village with an anthropologist where I was invited to sit with the women in their beautiful thatched shelter as they wove *bilum* bags and cooked. In hindsight, I realize it was their spirit house. A huge fully-leafed breadfruit tree was before us. Softly at first, I heard young chanting voices coming from that tree. But I could not see anyone. Then another harmony began in another part of the tree. Soon there was a symphony as if the whole tree itself was singing. As I looked closer I saw a row of little feet in the leaves, hanging from one mighty horizontal branch. And another row of tiny feet higher up. Each part of the tree was designated to a different frequency of tone. I became emotional then! These people whose language I didn't know were blowing my mind. Such integrated creativity on a deep soulful level. This was a crash course in waking up and to me what education meant!

Then I got a phone call from my friend Maingu who was training as an airline pilot in Port Moresby. He was joining a Papua New Guinean (PNG) independence celebration being designed in the form of an air race across Torres Strait to Brisbane in Australia

in a little three-seater Cessna. They needed more ballast! Was I able to join them? Was I! Wow what an opportunity.

Maingu and his friend, the co-pilot Leo, were so kind to me. We went through some fun exciting situations and a few scary ones. Since we had no instruments, we had to fly below the clouds, which was not an issue until a storm blew up as we were in the middle of the channel between Oz and PNG. At one point we were flying just above the waves.

After crossing safely, we mistakenly added drift rather than subtract it – and so did not make our scheduled landing before nightfall. Magically, we found a deserted landing strip in the middle of the outback beside an isolated ranch. I remember two lights of a tractor suddenly shining down a runway to guide us in. That night we were well-fed and had a good sleep thanks to the ranchers. “I knew someone was coming to visit because the kookaburras were making a fuss,” said our kind hosts. “No one has used that landing strip for 35 years: we were very surprised to see you!”

There was no hint of racism that night but, when we later arrived in Cairns for the celebration, I found there were no other Papuans competing. Everyone shunned me, even more than they did Maingu and Leo. I was so ashamed of my “white race”. To make it more crazy and to expose the contrast, our next checkpoint on the return trip was in the western highlands of PNG: we were greeted by a tribe called the Korwai who sang and danced and fed us traditional food. They were very welcoming to me as a white woman. (I learned later that the men practiced cannibalism in a ceremonial context to honour a fallen warrior, to attain his good qualities.)

Only after such immersion in that world, so deeply meshed in the spiritual and soulful ways of the earth, did I feel strong enough to return to the dysfunctional disconnected world of the West, which was, as far as I was concerned as a now-27-year-old, an arrogant culture that had lost touch with its matriarchal origins. I was excited to share my adventures and tell everyone how these indigenous people were way more evolved than we in the West were. Ha! - What a rude awakening I had! I was so naive! I re-entered a Western mainstream life with great difficulty after those five intense years of complete freedom as a solo artist with no restrictions or responsibilities. As I touched down on Canadian soil in 1976, the message came via the cold blue runway lights – life was about to show its challenging side.

I returned to Ontario Canada in 1976 just as the labels “First World and Third World countries” were being popularized in North America. My traveling experiences had shown me that the opposite was true! This was yet another clue (one of many) that taught me how the world had been turned “upside down” – that truths were hidden in

their opposites intentionally by unseen forces! By who and why? That took a long time to answer.

I bought a two-acre piece of land east of Toronto on a small river that had an old-growth hickory and oak forest. Here I hoped to build a small studio where I could develop as an artist and process what I had experienced in my five years of traveling. It was around this time that I began to have dreams that were clues and keys to things that would come clear to me later – like the dream of the iron sculpture, in the form of an X, so enormous and heavy it was sinking through the floor. It was the sacred geometry symbol of the Andean heart-to-womb ensouling system I was to receive 30 years later! I also did not know that the land I bought was beside Mohawk territory and on the land of the Haudenosaunee Peacemakers and the home of Virgin Birth!

I was apprenticing as an animator at that time at Rainbow Animation Studio in Toronto with Al Guest and Jean Matheson. My natural drafting skills were perfect for this work and I was planning to make it a career. I was excited about their creations that were focused on environmental awareness for children. I became their layout artist and was later invited by them to California where they were starting up a new company called Magic Shadows. It was 1979.

But first I'll share that in that summer of 1977, after I had bought my land, I attended the Banff School Of Fine Arts in Alberta. One morning, a group of artists decided to do a serious hike to a high alpine meadow on the side of Mt. Rundle. Reaching our goal, we rested after our strenuous climb. I rested in a seated position near the others on a rock outcrop facing away from the group and exposed to the valley. The last thing I remembered was looking over the valley below. In the next moment, my body seemed to jerk – and when I turned my head I saw the group was gone! I was alone on the mountain nearing twilight!

I scanned the valley below me and I caught a glimpse of a red jacket in the far distance. It took me half-an-hour to reach him. He had hung back from the rest of the group to take one last look for me. He was very angry that "I had wandered off from the group." I protested that I had not moved from my spot close by. He did not believe me saying the group had searched for a whole hour for me before giving up, believing that I was lost. I had been apparently "gone" for two hours in earth time. I had no recall.

Where had I gone? Had my mind been wiped clean and by who? I later realized that this fellow artist in the red jacket had saved my life. Could I have been abducted? I had no physical marks or injuries and no disturbing dreams, so I trust it was a positive experience. After that, I returned east. I have had no clues or insights over the many years as to what happened except that life got very difficult after that.

I enjoyed designing my studio and created blueprints for a local contractor to follow my instructions to build a small passive solar house. I was building a good career in animation in Toronto. My parents and I were to split the cost of the country studio and cottage. Life was good. It was a 24' square studio with one sleeping loft, a 80ft well and its own septic system. It was nestled in my wooded two-acre lot with a little seasonal waterfall.

It was in 1979 that I met my lesson. I connected with a man who was a skilled and inspiring visual artist. I mistakenly thought he was also inspired by my art making as well. I invited him to share my land and new cottage. It took me many years to realize he had no interest in my art or who I was at all! He was instead attracted to my very naive, trusting and vulnerable nature. With this in mind he knew I was the perfect host to provide him with the energy he needed to survive! He was, I later realized, very insecure and held a fear of life because of a difficult childhood in the middle east. His values and view of a wife's role was very different to mine as you can imagine. I had no idea of this and he never discussed it.

I only knew that all my sense of freedom and confidence evaporated very quickly. Within a few years my dreams and visions became clouded and I struggled day to day, without direction, to get by. With two small children and no income or friends, my world shrank. I was treated as the school system had treated me. Not too bright. My life now felt as if a heavy spell was cast over me. My saving grace was having two years free to homeschool my much loved children and give them a solid grounding via mythology, art, and hands-on projects in nature. It was then that I developed my storytelling skills.

I also want to acknowledge a good friend here who appeared on my doorstep in 1990 like a magical apparition. She was a practicing shamanic guide from the Mohawk nation. She was looking for support and help in organizing her many contracts in various healing centers that introduced ceremonial teachings and Native spirituality to settlers. She said I had something I needed to bring out to the world. Me? I was in a very disconnected state at that time as if watching from outside of myself. I accepted her invite much to the anger of my ex. "You are just her slave," he said. Better, I thought, than being your slave.

My new friend's name was Keyendres and she could be very blunt and truthful. Exactly what I needed to snap out of my disconnect! I gratefully followed and listened and learned. She was my bridge. Her presence in my life validated my worth and that I needed to reclaim my own path. I credit her and another friend, Pla Grayman, who I met during my homeschooling days, for getting me out of the toxic relationship I was in. Pla planted in me the realization that I needed to leave this unnatural marriage: She did so by organizing for me an art exhibit of my work with a formal opening. She invited

people from her circles and I was shocked at the good turnout and that everyone bought my art! I was stunned- This was a big turning point for me. I was remembering who I used to be.

Both these women are no longer in my life for which I am sad. It was not until years passed and my path became clear that I realized how they had followed their inner knowing to help me with no thought for themselves and with no clear picture of what I may have to offer them in return.

It was during those painful years one night, when my ex was away, that I sat up in bed suddenly wide awake.

I felt as though a cord had been ripped from my belly. Like a plug being pulled from a socket. I felt in shock and disorientated yet at the same time released from "bondage" I learned that during that time he had been seeing another woman and apparently the invisible cord of energy had been transferred to her.

In the months following I quickly felt my strength and power begin to return. I was no longer being drained of my energy, quite literally! Soon I had rented my country home and found a Toronto house to rent and settle my family into. My daughter found an alternative highschool all by herself that suited her passions. I then began a search for my own place to live. I was now 45 years old. I found an apartment to share in a beautiful old home in High Park with a kind gentle young woman named Rose. We lived together for 3 years. I rebuilt my life and established a business as a mural artist.

I'll acknowledge here a Toronto mural artist Ian Leventhal, who took me on as an assistant at that time.. It worked out well as we both had a natural flair for free hand painting. (Old school-no projection or technology used - house paint, brushes and ladders) After a year he gently told me I was competition. That was the greatest compliment. I did indeed begin my own path as a professional mural artist. I never looked back after that.

I can sigh in relief with the realization that no one can confuse me and steal my power anymore! I have since learned about cords of attachment and the power of it!

The next miracle that manifested was that a few years later, I was able to reclaim my house that I had been renting and move back to the country. One strong letter from a lawyer seemed to be enough for my ex-partner to back away.

The first morning I woke there, I had a vision of Amma lighting my gas stove. The next week, a dream voice kept telling me I was to learn a whole new stream of knowledge and would be a student again. I resisted! I was fifty-two already and I was overwhelmed with getting my mural business off the ground – as well as spending more time with my 90-year old mother and upgrading my home that had never been finished inside!

As an effective and inexpensive start to finish my home, I began to paint the walls with my newly-learned skills of faux-finishing. I eventually created a full-on mural that extended from the floor to the attic ceiling. I next painted a morphic figure in the living room. This inspiration came from a dream. As I was waking in the morning I heard a heavy loud thump and saw in my mind's eye the enormous soft paws of some benevolent anthropomorphic creature land in the living room. Straight away I set up my paints and what emerged as I painted was a sphynx-like deity with crown and wings and with a lion's torso – whose great paws I painted front and center. She also continued across the wall and up the stairs with a dragon's tail. Another feature was her hair flowing horizontally on each side. (I would later recognize these as the horizontal energies of the torus.)

My Introduction to the Wendat Peacemakers

It was in the first year, when I was reclaiming my house in Tyendinaga Township in 2004, that everything began to consolidate and come together. That was the year the local Mohawk school hired me to 'muralize' their traditions on the walls. What an amazing honour that was!

The feminine path was shown to me through them. One of the stories contained the Virgin Birth Mothers and a Mother of Nations. All my antennae went out! I began a search and found that virgin birth (or the art of self-conceiving) actually existed. It wasn't long before I found clues to its existence in the myths of every continent. I later learned it was the only method by which fully enlightened beings could reach the planet directly! *An enlightened soul cannot reach earth through the womb of an unenlightened woman except in very rare circumstances.*

I also began to see that the womb had much more purpose than creating babies. That it was an organ as important as the heart and brain and that we could be working with it daily! I was smitten. I needed to know more.

I continued my search online and among the indigenous communities, for those who knew about this mystery. The inspiration of the Peacemaker virgin birth women became central to this path of discovery, as the work of painting murals in the public schools continued. I began to understand how I was being led to be a student again – as my early dreams had predicted. (I will share more of this story later.)

My Introduction to the Q'ero Heart-to-Womb Technology

In 2008 I met Dr. Cindy Lindsay while searching online for the womb mysteries. She had studied for ten years with the Inca (specifically the Q'ero tribe) in the late 1980s and into

the 1990s. The teaching she received was of the Luminous Structure meditation system – a system of joining the heart and the womb. The word ‘womb’ captured my attention. I studied with her for 2 years. I will share more of how that story evolved later.

After my connection with her ended, it took me 14 more years to unravel other hidden layers through my own independent searching, which included engaging the Andean plant medicines, note taking and drafting. (I found nothing online or in books.) In the process, I discovered that the information Cindy had brought me was incomplete! I then discovered that the next generation of Q’ero teachers were already losing the key elements of the Womb Mysteries. As a result, I did not feel called to work with them.

My life became full with all I had dreamed of and more that I had not dreamed of! I was now supporting myself as a mural artist in the schools and redesigning my studio home to accommodate small groups of women seekers of this feminine spiritual path.

I began hosting weekend retreats to introduce the “Dark Lodge”(as in dark of the womb). Karen Holmes, co-designed Dark Lodge gatherings with me, starting in 2008. They were created around the turning-points in the Cycle of the Year. Life was good again! I felt as though I was linking back to where I had left off when I returned from traveling at twenty-seven.

It was in 2009 that I asked my mother to name my studio home turned retreat centre. She named it Wyldwood Sojourn and she transitioned a few months later.

Interference

I feel I should share a mishap that happened in 2016 that really changed my life. I was hired by a friend to paint a mural in her healing space in her beautiful century stone home. I spent the night there and in the morning was literally pushed violently, with a few tries, down a long flight of stairs by an invisible force! My friend said this force was the ghost of the house. I was left with two fractured vertebrae, a partially prolapsed womb and bladder, as well as a torn ligament in my left painting arm when I had tried to hang on to the handrail. I found myself one inch shorter! I retired from mural-painting the next year as I found climbing scaffold and ladders and lugging bins of paint now too difficult.

Retreats

I continued with hosting about three retreats a year from 2010 until 2019. This was an awesome experience. Essential were the amazing vegan chefs who provided energizing feasts so we could focus on our work. Edgar Tumak and Chris Bryne – thank you!

I had a lovely outdoor dining hall built by a friend Terry Freek. I had two Mongolian yurts as ceremony spaces. Everyone loved my facility and felt at home and relaxed, but were the teachings getting through? I still had a lot to learn in being a facilitator and I dreamed of working with women who realized the significance of this disclosure and were ready to develop this tradition with me. There were so many fundamental concepts to clarify beforehand with the students, such as the story of the quadrant and the acceptance of the Darkness as the divine life source, and the truth that our monthly blood loss was weakening us.

I became frustrated with the lack of progress. The women were coming for entertainment and as a get away. The womb teachings were falling on deaf ears! I knew I wanted to make faster progress to complete and share this global womb-technology system. I stopped the retreats and began to write this manual to record the work.

I planned to restart the retreats after 2023 with the printed manual as a guide and as the centerpiece for a course to be offered at Wyldwood Sojourn. I know that it takes a while to integrate ideas like parthenogenesis! – especially if you are new to women's mysteries.

However, what unfolded was much better! With the guidance of friends, I realized that to charge for spiritual work and make a business of it was counterproductive and not appropriate. I was now supporting myself with Airbnb guests, in my big Cosmic Yurt and together with some senior govt assistance I was able to offer this next step at no charge. The next wonderful evolution was that a more serious and committed level of women and men gathered, after the book was printed and sold! The book certainly gave me the credibility I needed to take this to the next level. This edition is the second printing with a new chapter added of all that unfolded after 2022. I was amazed and grateful the first edition sold out.

My plan was inspired by Amma to “stop talking” and work quietly from within (as I shared earlier) so I began a zoom series with only those who have taken the time to read the book and begin the practice. The project was to - “start your own dark lodge”. This is working very well so far and seems the best way to let this work blossom from within like the mushrooms did! There are many things to consider -the soundings and harmonics -

the water drum, the magnets and meteorites - all things relevant to support and enhance.

This gives each woman an opportunity to create their own sacred space however they can, even if temporary to begin -by wearing a black velvet mask, by hanging black velvet curtains in a room, or by erecting a tent in the garden. It is a beginning and an immediate way to start. The revised meditation is also offered in each bi monthly zoom so that the women can slowly feel into its complex levels and learn to offer it in their own Dark Lodge. I have designed a “certificate” to endorse their opening of their own Dark Lodge. Thus we are working quietly from the inside out rather than getting on a soap box and possibly being shut down.

Everyone has engaged in their own research, and we continue to collaboratively discover the system in other parts of the world. It's also very exciting to finally be developing a closer connection with the engineers of the local “free energy” devices. I am learning their technologies and I am sharing the womb system with them, in hopes we can clarify and open more levels of understanding between the two systems. (inner world and outer world)

Colleagues

I have collaborated with Karen Holmes on and off for over 15 years. She has always inspired me. We have attended each other's retreats and supported each other's work. I speak of her in the intro to her chapter in this manual. She is very eclectic in her areas of study: Hybernian, Shamanism, Mystery Schools, Anthroposophy, Christianity and Creative Speech. I'm very grateful for her assistance and support in the editing of this manual.

Helen Patton became a solid sister-seeker and has put the Q'ero system to the test. She achieved results in redirecting womb energies to the heart (as her testimony shared in this manual shows). She also has an extensive history working with healing via yoni eggs. Helen was raised within the Anthroposophy tradition and with Madame Blavatsky's wisdom. Recently she suffered interference while exploring the Q'ero womb mysteries – as did Karen and I (as explained above). But we have overcome these attempts at interference.

Certainly the controlling powers that have infiltrated human society globally are very nervous that creative souls are awakening – discovering and remembering all that has been hidden. This awakening will cause profound change globally when activated – as was predicted for many years by intuitives and empaths.

Apparently none of this Womb Wisdom information is revealed in any university or religion. Few, if any, books are written on the process of the two paths of women's Blood Masteries, namely parthenogenesis and enlightenment.

My next discovery was Dr. Delbert Blair of Chicago. In the 1990s, he raised previously unheard of topics revealing many hidden facts about the womb – including modern evidence of parthenogenesis and that women should not be losing their womb blood in monthly menstruation. He backed this by evidence from recent history in both Africa and India.

My latest discovery of this system as revealed in current history (1950's) is the Teachings of Don Juan (the Mexican shaman). This was brought to us from one of our group, BJ Smith. Don Juan reveals how frustrated the male shamans were with the female shamans, who, because of the severe oppression, forgot and seemed not to care about the advantage women had with the magical womb. Its activation would also help the men step into their power. He said women can perceive the universe directly (without interpretation) when they activate the womb energies. He called it the perceiving box.

I will share here a wonderful significant experience with the Mayan time- keepers who I hosted to celebrate and mark the huge calendar-transition in 2012. Nana Maria and Tata Marko were brought to me by Tania Borja and Filipe Cardasis. The beautiful ceremonial fires went on all day with each participant contributing precious flowers, spices, candles, etc. to the fire with offerings and healings. Finally a ceremony of divining the ashes closed the sacred rites. I felt truly blessed to have my center on Peacekeeper Land honoured and initiated in this way.

I am thrilled to be settled here on former Mohawk hunting grounds and maintain these two wooded acres of hickory, oak, ash, butternut and cedar. On the small cliff edge are my two Mongolian yurts, hand- built with no hardware. Woolly and round and perfect for ceremony. The wool blocks the 5G and yet allows the ethers to flow through. Here I continue with my monthly Dark Lodge ceremonies to offer this Q'ero meditation. The yurts are in truth like a free energy healing chamber in themselves. I have magnets inside.

There is a high possibility of corruption and sensationalism quickly rushing in and undermining this work thus we keep a low profile. Working within to bring more power more quickly! A Dark Lodge in every neighborhood is coming soon!

A Mission to Ensoul – The Other Purpose of the Womb

I am excited to share what I have learned. Anyone who respects the womb as being an essential organic organ of evolution, designed to gather Cosmic energies onto the planet, as in the past, will no doubt be ready to take this work on!

When we are deeply connected to our cosmic soul nature (via the womb's power) we are connected to our inner innate wisdom, will and tenacity. We see the bigger expansive picture of life- our telepathic powers and our Clairvoyance open and thus the men are inspired to create and manifest into the world from a wiser place..

In the past, the womb's magical power was known and garnered respect. Everyone was dedicated to protecting it from interference.

We see today, however, transhumanist scientists predicting that they will *help* women to become 'free of their biological clocks' by creating an artificial uterus (already in use) – not to mention the gender-blending propaganda and many more un/anti-earthly ideas that continue to weaken and dislodge our soul connection. I knew then that this information – the Blood Masteries– carried to me by the Good Darkness was very timely and significant.



Image 2 - Dark Lodge (Mongolian Yurt at Wyldwood Sojourn), Tyendinaga Township, Ontario.
Photo: Maureen Walton.

The mission of Wyldwood Sojourn -

To help women to call in the cosmic ethers once more via the Blood Mastery system.

To be able to sense the womb's blood absorb this universal wisdom. To then breathe it up to their hearts and awaken. To realize that in this process, wombs no longer shed and waste that powerful elixir each month.

From this expanded wisdom level they are equipped to strengthen and transform humanity. Telepathy and clairvoyance open. The feminine principle is Cosmic Wisdom Source: that which abounds beyond the solar system.

Each woman in my class, now perfecting the meditation, is working towards preparing their own Dark Lodge space to teach others. In this way we grow quietly from within gathering inner strength and passing the system on.

These two wooded acres near the north shore of Lake Ontario on Tyendinaga are home to Wyldwood Sojourn, which consists of Maureen's studio home, her tiny Dark Moon Lodge, a Mongolian yurt, plus a larger yurt called the Cosmic Lodge. In the woods flows a seasonal waterfall. A granite monument sits close, to mark this site as a power spot where a double virgin birth took place 900 years ago.. The annual retreat at Wyldwood Sojourn is by private invitation for those who have read this book and have previously practiced the Q'ero womb to heart meditation. It has evolved as a way to share the Dark Lodge news

New Revision added to the Good Darkness from August to December 2023

This is a collection of events and insights that led to the evolutionary growth of the Good Darkness research, since the first printing in September 2022.

I advise that the reader reads this “New Revision” last!

(It contains new information gathered since 2022. It may not be understood until reading the following chapters.) Your choice!

Liberation of the Womb

The activation of the inner soft technology of the womb, allows a woman to choose when and if to create a child (without medical interference). If she chooses not to create a child, she activates the redirection process, to reach a deeper level of consciousness and so dedicate herself to her mission on earth.

The Womb is not a Sexual Organ

The misleading old programme that says the womb is part of the woman's sexual system is not true according to our ancestors..

Even now Christian scholars debate whether Mary gave birth in “sin” or not!

That the womb blood is unclean is still the view of all religions today, that fell under the lies of the dominator system. This view infiltrated the health, medical and education institutions as most of us now know.

Religious leaders and all that follow them, know that they were gestated in and given life from within the Darkness of their mother's Wombs. From the richness of the wombs alkaline blood...and yet they deny this fact.

Later in history, the ‘sexual revolution’ of the 1960s, was originally intended to elevate sexuality to a healthy loving expression between a male and female, by letting go of old restricting social rules. Instead the situation got turned upside down, as the unnatural phenomena of ‘sex without love’ pushed its way into the movement and soon came to be normalized.

After looking at all this confusing, distracting behavior, I tried to see beyond it all and discovered that the womb itself is not a sexual organ at all and not really part of this debilitating false program

Surprisingly I have found that the womb has two functions other than reproduction. Even the reproduction aspect is not connected to sexuality in the way we think! This is discussed in full in this book. These other purposes were the primary functions of the womb, not more than 200 years ago in some places!

It's time we stepped out of controlling limitations imposed on us and reclaim these beautiful systems as our foremothers did. How is it that few explore this and blindly believe what the "controllers" tell us?

We have those like Don Juan who knew the truth, some Hindus knew, the Q'ero knew, the Wendat Peacemakers knew, enlightened masters knew. Even a contemporary Dr. Delbert Blair from Chicago knew.

No doubt all indigenous women also knew the secrets of the womb, so that their whole community could thrive and prosper, live longer and step into their natural telepathic and clairvoyant selves.

My dream is that this is the right time for all women globally to free themselves from ignorance and step into wisdom power once more.

Let's call it *The Liberation of the Womb!*

The Invisible World (a series of notes recapping the story)

This is an overview of how this womb to heart soft technology may apply to the big picture of the current situation of the world ...

The invisible Life Source, which is the feminine power, has been intentionally dismissed and denied globally.

Because of this the masculine finishing powers, that are currently esteemed, cannot function properly!

Many of the wonderful masculine creations in the outer world can not sustain themselves because they are not fed by the feminine inner strength, tenacity and wisdom and thus fail prematurely..

Women struggle to prove they can work "just like a man" ignoring their own complimentary feminine power that brings the source qualities of inspirational vision and staying power to the project.

Seems obvious! Contemporary teachers like Chopra and Tolle for example, debate if maybe, just maybe there may be an invisible "god" behind the "god of light" (we don't want to acknowledge it because we can't "see" it.)

Have they never heard of Sophia or the Wiraqocha?

New addition - My personal story (since Nov. 2022)

Dear readers. So much has unfolded since releasing the book in Sept 2022.

On one level I have taken the words void and vacuum out of my vocabulary in reference to the cosmos and the womb.

These words defy the true meaning of the cosmos within our wombs and in outer space. The truth is that void means empty whereas the cosmos is full! and I mean optimum fullness!

The printing and distribution of my book became a turning point for me!

Serious seekers of the womb mysteries began reaching out to me after reading it.

Seizures

On another more personal level it happened that within a month after printing the book, I began to experience seizures!

After the drama of being taken to a hospital in November and being given a pacemaker and drugs I spent three months recovering.

Thanks to the remarkable care and attention given by my son and daughter the recovery was a lovely time where I was treated with great kindness.

This intense series of seizures that stopped my heart a couple of times, changed the nature of my dreams. Some began to come to me as direct visual diagrams, in answer to questions about this Q'ero system. In others I felt as if I was living a parallel life accomplishing things I had no understanding of in my waking earth life.

For the first three months it was easy to ask direction as I fell asleep and find the answer soon as I awoke. After only a few months I was not able to invoke this state of lucidity very easily.

It seems important to share with the reader the visit I experienced beyond the veils at the time my heart stopped during the seizures.

I found myself in an invisible realm full of comfortable familiarity and I heard a friendly female voice say "she's here" - this was followed by the famous question- where do you want to go? "back to complete your work in your former life, stay here with us, or move on to your next incarnation?" After expressing that I wished to stay with them they advised me to come on a teaching journey with them- that excursion seemed to take a long time. When I was returned to where I had arrived, my memory of the experience was wiped away, however I had already changed within -from the experiences gleaned from the journey, so when I was asked the same question as before I eagerly said- I want to go back to earth. And so I did.

I continued to practice the Q'ero meditation. Two months later I saw a brilliant diamond shaped white light suspended beside my left temporal lobe during a nap. I was startled awake by its brilliance and then in my waking state I saw it shatter and sprinkle over me in a thousand particles. Thereafter I experienced no further seizure symptoms.

These symptoms that lead to seizures, came to me as external bad smells and momentary feelings of dread.

I could say I had been healed but I won't know technically till my MRI treatment in 2024. After February I used my own discernment to decrease the medication dose, as the side effects became disturbing. I continued until I was ingesting much less than half the prescribed amount. I have experienced no symptoms since February in spite of this decrease.

One day not long after the seizures, a dream showed me a UFO with a technician pointing out to me the narrow vent all around the perimeter at the mid point, between the two halves and a voice telling me to study the centrifugal and centripetal forces in relation to the womb's forces. I'm still working on this. These seizures on one level can truly be a blessing and a gift to grow with. They were perhaps in part, a result of too much of an energy shift coming into me that I couldn't process fast enough.

In spring of 2023 I began to hear from women who had read the book and felt ready to step up and begin practicing. By summer some were getting results as I mention below and so they began to think seriously about starting their own Dark Lodges.

Teacher Training Programme

“Your own Dark Lodge”

The next level after 2022, in sharing the Blood Masteries is the new teacher training programme I am offering to “Set your own Dark Lodge.” This is a series of zoom sessions followed by an in person retreat (if one is able to travel). I hope they will continue indefinitely.

I felt that I need not worry so much about maintaining WS as the only physical space to hold this global story. My plan is to offer online teachings of “how to set your own Dark Lodge” This would spread the word quietly from within.

In this way we put aside ‘the talk’ and take immediate action!

The participants will be only those who are already practicing and are ready to take this responsibility of teaching others. By this method we are working quietly from the “inside

out”. Like mushrooms spreading underground in the night, to finally blossom in the morning light as an already huge powerful colony fully conscious!.

This is the only way, I feel, to succeed while living in a world that turns everything expressed outwardly, upside down in short order!

In this way we work powerfully and rapidly from behind the scenes and in the Good Dark!

Case Studies

Currently I am working with an amazing group of 15 women who are beginning to engage in this practice..

Three are already experiencing a lighter blood flow together with stronger dreams and clarity in daily life. It is astounding how quickly the change happens. This also shows their dedication and abilities to work the system. This gives tangible evidence of the truth of the practice! Rebecca and Wendy offer their testimony with the others in chapter 14 together with the original women who worked with me from five or six years ago, Karen and Helen.

The first men are called to work with us.

The next encouraging opening was that I connected with the inventor and designer of the magnetic free energy healing chamber just north of Wyldwood Sojourn, Greg Dwyer and his friend and fellow UFO engineer John Coxon. Both were open to reading my book and helped me to discern the similarities between the two technologies. John has shared a few stories to validate my belief in a powerful horizontal field of energy.

Recently he explained how the ocean waves are the visible expression of the mighty horizontal vortexes of energy that roll under the surface. Especially visible as they reach the shores Here we can see the rolling vortex break and become the foaming curl of the surf. One end reveals the large open end of the cone of watery energy. No wonder surfers get a high! They are receiving cosmic energy!

This shift also marked the entry of another male friend, Felipe Cardasis-Martinez from Uruguay, South America (Abya Yala) who was the first man to read the book with no hesitation. He was fascinated that the conscious activation of the horizontal torus energies, (ethers) empower women so drastically and are one in the same as the etheric energies that power free energy devices.

He also realized that this gives women that extra inner strength to match the male outer strength. Thereafter he was encouraging me to not give up gathering the women to sit together in the dark, join auras/wombs and activate this technology for the good of all.

It was difficult in the country, given distances, to find enough open minded seekers, close enough to attend evening ceremonies but I would continue to sit, even if solo.

I invited Felipe to collaborate with me in monthly winter overnight gatherings that include his work with the Rama Contact Ceremony tradition that was founded in South America. It was Felipe who understood the significance of a dream I had that included spaceships and their four inhabitants coming to visit me. The connection is obvious now in hindsight. In July we met on his sailboat at the Scarborough Bluffs on lake Ontario and as we sat in the cockpit facing east one evening discussing these topics a UFO arced by from north to south took a quick right angle turn and vanished from sight. This happened two nights in succession at the same time, same circumstance. This gives us a good feeling of support and encouragement to continue working together.

Felipe also found a recent video from 2020 about the descendants of the original Q'ero (who had hidden for 500 years in the highlands) These male shaman were asking for the return of their female traditions. They realized they had been lost, since their parents returned to Cusco in 1949. They made a call to any women, globally who may still carry them, to return it to them and the world.

Obviously this gave me hope. For no other men I knew of since Don Juan had asked for this retrieval. This we all knew would start the “ball rolling” and reach women from all continents.

This particular group of Q'ero have returned to the highlands to keep intact what remains of their traditions. It is very painful to realize that they have lost the remnant that remained of the female system up until 2000. I now see how fortunate I am to have received that teaching at that time. It appears to have now completely disappeared from consciousness among the shamans. I know they will reclaim it from within, now they have returned to the highlands alone.

Another encouraging sign I received was from being introduced to two Mayan Timekeepers and Fire Keepers again through Felipe, (who himself was initiated as a Fire Keeper in 2013.) To my surprise they offered me a space to share the Q'ero wisdom within the next Fire ceremony that was held on Wendat land in Quebec. In this way the news was received during the actual ceremony, while the energies were intense and indeed the fire responded. I am eternally grateful to Tata Marco and Nan Maria of Guatemala for endorsing this Q'ero system in this way.

Collaboration:

I initiated back in 2021 a round table zoom meet up so that the women who had read the book could bring forth their own ideas and knowledge to share. Here is a sampling of new supporting information:

Rainbow Woman

One of our searches took us to explore the importance of the rainbow and its symbolism as a watery vaporous manifestation of the feminine principle. For example, the Darkness reveals itself in seven transparent colors when it steps momentarily into the light! Many Peruvians dress in rainbow colors because it express the fullness of the Cosmic power revealing itself on earth. Not just color is born from the Darkness but all life! It was with that awareness that we included, in the Mythology chapter, the ancient Peruvian legend of Rainbow Woman (Wiracocha) as the second important Inca Creation story- Mythology section of this reprint. Chapter 16 - Global Myths

The Good Black Path

Marcine Quesner of our original community, was sharing with the group the indigenous teaching of the vertical 'good red path' of the masculine. This tradition is well known, however the complimenting horizontal 'good black path' is not! - except on a level of demonization and is currently interpreted as a destructive malevolent path. In truth it is another example of the horizontal feminine magnetic energies that import the pure cosmic soul Wisdom and give the essential complimentary horizontal path!

Together the red and black path form an equilateral cross. Which offers the complete story. We see the true origin of the black path as being the complimenting "dark of the womb' path.

Discerning whether a tradition is true or not!

In this study we sometimes encounter old practices that are viewed as traditional but are no!.

For example we know that the catholics ban women, even today, from entering a sacred place or touching sacred objects when they are experiencing menses because of the lie that our wombs blood is unclean.

Unfortunately this belief has become accepted as a true "traditional practice" among some first nations in the Americas (Abla Yaga). I have witnessed many F.N. women, even today, saying they are not allowed to touch healing herbs, during menses for fear of contaminating them.

Other indigenous traditions admit to the womb blood's power, by saying the womb blood is 'too powerful' for the women to be present during the ceremony. They say it "steals the men's power"

Very interesting. There are two levels to look at here.

First lets not banish such power out of 'fear of the unknown.'

This pure magnetic womb blood is the very power that brings the wisdom to feed the men, not to steal from them.

The time of magnetizing the ether into the womb, from the earth's torus, happens in the two weeks before the redirection takes place (shedding in the modern world)

Traditionally in most global matriarchal cultures, the men sat in the outer circle while the women, at the time of redirection, sat in the inner circle to lift the wombs' elixir to the heart, supported by the mens natural ascending energy.

From there those energies boosted awareness and vision for the woman and so the community. As I mentioned earlier, being accomplished on this sublime level, is what gives the 'Clan Mother' her respected role.

This wistful working of the cosmic womb blood is now unknown. The heart has become the only recognized center of goodness since colonization and the later, corrupted versions of religions, oppressed the former original female system.

In this Qero system the womb is the epicenter of cosmic compassion. The heart is the epicenter of solar love - both equal and complimenting forces.

The other level that some contemporary Indigenous nations forget, is that women, while in circle during their time of redirection,(*shedding in the modern world) could be harmed by absorbing any traumatic issues, the men may be releasing with their fiery nature. This is mentioned later in regards to mens sweat lodges.

Little do women in the Americas know that only 200 or 300 years ago they lost no more than a few hours of blood each month and that this prized elixir was so revered it was sometimes offered to the men in ceremony, to help them gain inner strength and cosmic insight.

Don Juan's Wisdom (brought forward by B.J. Smith of The Good Darkness Group.)

Introduction by Maureen Walton

How fortunate that this hidden wisdom was brought to me recently so I could include it here. The Mexican Sorcerer Don Juan shares below his profound insights of the womb mysteries.

He expresses it in this way-

“the womb has a second purpose other than reproduction. It is a tool of perception and the epicenter for the evolution of humanity!”

These are big statements!

He and his fellow male shaman cannot understand why the women shaman would not activate their unique capacity that only those with wombs can do.

All the male shamans acknowledge that women carry much more power than the men in terms of accessing direct knowledge from the universal source, via the womb.

Humanity as a whole cannot evolve until women step out of the belief that the wombs only purpose is for reproduction.

We know how harsh the genocide of women was and is globally. Don Juans sharing below points to why women's power is so feared by the controlling forces of religion and governments. Humanity as a whole cannot evolve as a species to its fullest potential, while the womb remains asleep!

Please read this interpretation by Carlos Castaneda. You will see how he uses different terms to describe the same phenomena that the Q'ero hold. Though he does not include the Blood Masteries.

According to Don Juan one of the most specific interests of the shamans who lived in Mexico in ancient times was what they called “the liberation of the womb” He explained that the liberation of the womb entailed the awakening of its “secondary function”. Under *today's circumstances* the primary function of the womb is reproduction. The old Mexican sorcerers were solely concerned with the wombs' function as an evolutionary tool. This was once its primary function. Evolution via the womb was for them the awakening and full exploitation of the womb's capacity to process direct knowledge (e.g. cosmic download) that is to say apprehending sensory data and “interpreting it directly” from its source without the aid of our daily familiar processes of interpretation. (my comment- telepathy?)

For shamans the moment in which the female practitioners are transformed from women that are socialized to reproduce, into women capable of evolving themselves, is the moment they become conscious of “seeing energy” as it flows directly from the universe. (via horizontal channels- my comment)

It is the opinion of shamans that all females, not just female shamans, can “see” energy more readily and more directly than males because of their womb's power.

Today, it is the opinion of male shamans, that for all women, regardless of their facilities it is nearly impossible for them to be conscious and see energy directly, as it flows from the cosmos, because of centuries of sever genocide inflicted on them globally.

Male shamans consider this a great travesty.

There no longer is anyone to point this out to women.

Shamans maintain that women, because of the womb, are so versatile and it is so easy for them to access this direct knowledge, that it is taken for granted and so they do not access or develop it.

Women, it seems, are never conscious of their womb's ability. Don Juan feels that it is the noxious socialization that renders women indifferent to their great power. Since it is much more difficult for men to achieve this feat, when they do manage to accomplish it, they do not take it for granted.

The basic premise of sorcery, from ancient times, is that humans are perceivers. The totality of the human body is as an instrument of perception, not just through the eyes, but via all senses and extra sensory levels.

Human beings apprehend energy at large and then turn it into sensory data that they interpret into the world daily, using all the senses they have available. This is what Don Juan means by perception. This perception, used shamanically, took place on a "point of intensity" that they call "the assemblage point".

The advantage of women is their capacity to transfer and shift that intense "assemblage point" to the womb. This says Don Juan is something indescribable.

The womb, he says, is veritably in a continuous chaotic state of turmoil because of its veiled capacity, that exists in remission ...from the moment of birth until death...but is never utilized! Thus its function never ceases to act, yet is never raised to consciousness.

Don Juan created a series of movements for women to activate this capacity called "the womb passes" in hopes this would let his female practitioners shift the function of their wombs from an organ of reproduction to an organ of evolution.

This evolution of course is far from modern man's theory of evolution expressed simply as the 'survival of the fittest'. This does not tell us what evolution is.

Evolution of the Womb, in the case of female sorcerers, was "intending" on a profound level marked with what he called "inner silence."

It was a bone of contention for male shamans that women, who have the womb and the ovaries that facilitate their entrance into the realm of pure universal perception, have no interest in it.

Those shamans viewed it as the woman's paradox that she has endless power at her fingertips, and no curiosity to gain access to it. Don Juan knows that this dismissal is not natural but learned through generations of genocide and oppression.

*Don Juan and his lineage of male shaman were convinced that the uterus and its ovaries, once pulled out of the reproductive cycle, will once more become **the epicenter of the evolution of humanity** and so rise to its greatest potential.*

Maureen's comment.

The intention of the Blood Mastery team, in applying the Q'ero Luminus Structure to this cause, is indeed central to activate the evolution of humanity - on all levels- soulfully, spiritually, intellectually and physically.

Don Juan's reference to the assemblage point is very aligned to the 'central diamond' that rests between the womb and heart of the Luminus Structure system and that can be lowered into the womb space with intention. We also call it the 0-point or magnetic convergence point. What is missing from Don Juan's understanding is the Q'ero's

method of moving that 'assemblage point' held in the womb, to the heart via the Blood Masteries.

Questioning the Nature of Outer Space

As my desire to peek into the unknowable nature of outer space grew I was inspired recently by Karen Holmes and Michael Tellinger.

Tellinger spoke of outer space as watery and even like gelatin- a universal ocean where solar systems floated within the cosmic womb like bubbles!

This related to biblical stories of the 'firmament above and the dividing of the waters from above and from below.

In my world view this cosmic ocean was the cosmic womb of Sophia or the Wiracocha- that mirrored our own tiny wombs within.

Around the same time Karen spoke of the Sophia wisdom principle being like golden honey. Perhaps the Cosmos too is thick like honey - holding the fullness of wisdom and definitely NOT a void! Most modern mainstream science holds to an unchanging view of space as an empty vacuum.

A Revisioning of the Redirection Process (since Nov. 2022)

I applied this vision to the blood of the womb as we begin the process of redirection (as explained in the meditation chapter) but now I have a better understanding of what the nature of the process is. Here I include an update on the redirection process. By including this new idea of the heaviness of the ascending blood and its energies....rather than the accepted version of the explosive fiery upward ascent, that is the Kundalini story. The reason for this is because the womb and its special alkaline blood, is separate from the worldly karma filled heart blood of the body.

“Rain Falling Upward”

When inviting and magnetizing in the Cosmic Wisdom principle, via our horizontal torus, we remember it is not a personal energy. It does not carry our personal soul nature. It is cosmic soul nature! (full of warm wisdom and pure in nature).

You are engaging a universal energy via your horizontal cones of energy that has no connection to your personal karma, your personal story, or your sexual energy. It flows into your lower body with your invitation and accumulates in the womb, thus transforming the blood of the womb to a high divine state.

Note here that this Cosmic energy we invite, lives beyond the Solar system. Current religious practices focus on the sun's manifesting energies that live within the magnetic sphere of the sun's torus and all planets. - the Solar System.

The energies within the physical pocket of the womb, say the Q'ero, are separate from the trauma present in the rest of the woman's body. The pure cosmic, universal energies that are constantly pulled in by the horizontal torus, transforms the womb's blood to a high divine state. We feel that the cervix may prevent worldly energies from entering.

Two weeks of practice each month is enough to gather all the cosmic ethers you need to effect change. It arrives with the power of the toroidal forces times three! Sun and earth torus plus your own personal horizontal torus.

Let's remember that the cervix seems to be the protector and ensures that the cosmic energies remain within the womb. The birth canal and genitals are part of the women's earthly body and sexual organs. They are a different system. (I will offer more details later)

This has been affirmed for me in the Egyptian carving of Hathors face. Here we see the birth canal, represented by her neck, as barely visible. The face of Hathor is the focus plus her egg tubes carrying 2 eggs like pearl earrings.)

A slight invitation with your inhale is enough to open the floodgates for this great cosmic power x three to surge into your central diamond/womb space. Therefore be gentle as its power may be overwhelming (depending on your ability to make a powerful intention).

After importing it and gestating it in your womb for 2 weeks and getting to know its energy, you may begin the practice to raise it up to your heart.

Together with the breath we are learning that toning, humming and engaging a specific hertz vibration is helpful.

Sitting or standing within a totally dark, warm, soft wooly space like a yurt is an excellent support. Gazing with a soft gaze into the darkness, quickens and deepens intention.

The thick wool protects us from the surrounding EMFs and 5G radiation at the same time allowing a free flow of etheric energies.

Though you have concentrated some of the cosmic vastness into your tiny womb space, you may imagine its origins as an expansive swelling energy, moving with slow mighty purpose like an ocean.

With each exhale your own ascending masculine vortex (see the Q'ero meditation chapter) lifts the concentrated nexus of this cosmic power slowly higher - this is not a fast explosive fiery vertical ascent as most interpret it as- it is a calm, peaceful and gentle ascent. However, the Q'ero say the kidney fires play a role here to gently warm the womb so that the alkaline womb blood rises up as a vapour or steam. Imagine the

womb is on “slow cook” mode. Together with the exhale, the womb blood wafts upward. This cosmic imbued blood slowly moves in a spiraling motion back and forth gradually ascending like honey would - or perhaps it is best described as rain “falling upward”.

This cosmic soul energy concentrated densely in the ‘O’ point (‘beyond time’ zone) has, I believe, the unearthly power to move the physical blood to the heart, with the prompt of our intentions.

Ascending- The Redirection of the Womb Blood (more details)

Here is a modified version of the ascending process from the Q’ero meditation. I’ve evolved this after my musings from various sources since November 2022: see chapter 19 for the full version.

From the meditation...

“As this moist thick weighty power meets with the dry hot fire of the heart, the watery nature will calm the fire, and flush out the traumatic aspects of the ancestral lineage - with each exhale see the wombs blood transform and purify the traumatized aspects of the hearts blood with pure calm Sophia Wisdom.

Feel the pain in the heart’s blood leave through your fingers and toes!

Feel the relief and healing your heart experiences from this process”.

At this stage the cosmic womb blood is able to meet with the personal heart blood because the heart blood has been purified to match the level of purity the womb blood naturally holds.

I suggest that this could be what is referred to as the “the High Heart”. It carries the ‘spiritual love’ which is now free of human ancestral trauma.

I do not see them blending as one but maintaining their complementary qualities as they align and support each other.

This is the moment the woman achieves a superconscious level. Never to lose it, according to the Q’ero teachings.

The womb’s *cosmic wisdom* and the heart’s *solar love* have now united within the earthly body!

Thus we accept the body as our ‘magical organic machine’ through which we awaken - in this process the woman attains ensoulment/enlightenment through engaging her feminine inner alchemy. We begin to sense our organs as living entities to activate, direct and listen to!

Updates to the Meditation

Not included in the original book is this new level received from the effect of my seizures in november 2022.

Very simple, but according to my dream voice- it is what completes the circuit of the womb to heart system and weaves together all aspects for greater success in activating and moving toward enlightenment in the feminine way.

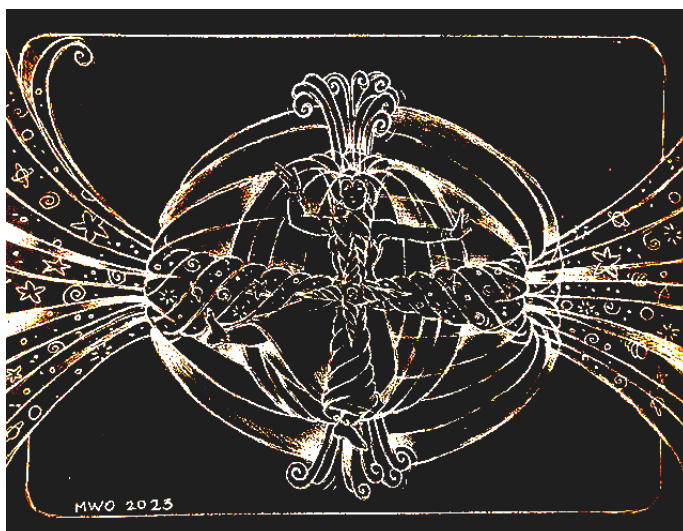
New level of the Meditation Incorporating the Brain (to include in the full meditation in Chapter 19.)

I would like to clarify here that the vertical and horizontal toroidal fields of energy that surround our bodies are composed of two separate systems serving two different functions.

The horizontal torus is the feminine system which is more expansive and pulls from the cosmic realms via the earth and sun tori.

The vertical torus is the masculine system and is smaller and more concentrated and pulls in from within the solar system. Within the vertical channel of the masculine torus is held the womb and heart. The vertical system pulls in energy from the earth and solar realm.

Next step for the practitioner is to establish a connection to the womb and heart before one engages in the practice.



Visual diagram depicting the vertical and horizontal tori of the womans body.
Enlarged version on pg 90. by Maureen Walton Obrien

After my seizures I could see in my mind's eye, my left temporal lobe buzzing with electricity and bright yellow in colour. Beside it rested the calm smooth magnetic blue field of the right temporal lobe. As I worked to encourage my right feminine side to calm and quiet the left masculine excitement I again had a dream, or more like direction, that if I placed my left hand (feminine energy) on my left frontal lobe (brain) it would aid in calming the sparky buzzing left masculine frontal lobe of the brain. So I considered this would help to apply that practice to the meditation!

It came to me to put my left hand on my womb -feminine to feminine and my right hand on my heart - masculine to masculine.

'Bring your attention to your right brain (feminine) and sense those energies flowing through to your left hand.

This is where you express intuitively and creatively into the world.

Place your left hand onto your womb and sense how the cosmic wisdom meets and combines with the earthly creative forces.

Now bring your attention to your left brain and trace those masculine energies of order and structure and logic through to your right hand where you express those qualities into the world.

Place your right hand on your heart. Now the heart's love meets and combines with the worldly sense of order.

Imagine now the complete united system, like a true electromagnetic circuit woven together and anchored with the placement of your hands. See the womb connected to the horizontal torus and the heart connected to the vertical torus. You may now proceed to the next stage of the meditation.

With this in place I received a clear picture of the system as a complete electromagnetic circuit and a voice telling me now it is woven together and complete. “The weft and the warp”

That direction happened in the magical first 3 months home from the hospital.

From there in the meditation I move on to guide the practitioner how the womb and heart exchange and nourish each other before moving to focus on the horizontal energies and the guided journey to outer space to visit Sofia or the Wiraqocha- life source!

The Outcome...Giants?

Again if I may emphasize here the synchronicity of this system being reborn at a time when gender neutrality trends in the mainstream world continue to trick humanity to accept implants, chips, transplants etc not to mention the confusion created by media and public education persuasion, that further dismisses and loosen the Cosmic Soul from deep within the human body!

I'm very grateful this ‘soft technology’ has come to us, and given that this system activates fast track once engaged, I'm very excited at the potential.

I can see this becoming a movement with small groups of women sitting in a tight circle influencing and strengthening each other so quickly that blood loss ends and inner strength surges back through the whole body.

May I add that this practice, once anchored again, begins by increasing the inner strength but in time will naturally affect the outer strength of the women and perhaps the outer size! (mentioned briefly above)

This I am sure is the reason we are finding so many large skeleton remains worldwide. (many of course discovered and then reburied)

This means the women practicing now may later give birth to larger children of both genders.

Remember that it is the feminine principle that is the source of life. Women “start the ball rolling” in everything that is later created!

In the beginning, not many will notice how women are changing. For example we may notice women holding stronger and more expansive views, or having a strongly anchored unwavering will. We may notice that the clairvoyant abilities begin to open on all levels.

Rest assured that the men will notice something magical is happening when the physical size of women and their offspring begin to reveal a much larger and stronger stature emerging whether they are earth born or self conceived.

This musing was underlined in June 2023 when I hosted a few friends who were Mayan time keepers. The two women who were Mexican shared that their grandmothers and great grandmothers had for so many generations experienced such extreme genocide that they instinctively made themselves like a “small ball” to become more invisible and to protect their wombs. This may have translated into them eventually becoming physically smaller in stature, which many Mexicans are today. Certainly they carry great inner strength! Now we can reverse consciously the outer size.

The Alkaline Nature of the Womb Blood... Benefits.

By Wendy Orisun, November 2023 Wendy is part of our Dark Lodge training team. She has brought much to the table, including how the diamond ‘0 point’ center of the womb to heart system, is also resonating at the perfect tone of the universe as 528hz. Wendy has also looked at the redirection process from a more physical and scientific level. Here she shares how the womb's blood when redirected can strengthen the woman's body on a physical level also. This all leads into a deeper understanding of the expression “holding the wise blood within” The long esteemed “Crone” years and what it truly means.

The womb is, in origin, an organ of evolution and houses cosmic power. The womb blood is by nature alkaline in itself compared to the blood of the heart. It is inspiring and correct to say that the retainment of the womb's monthly blood and having it redirected to the body through the womb-heart redirection practice really plays a huge part in helping to alkalize the body as the womb's blood has the perfect pH of 7.4!

As stressed by the National Library of Medicine, a pH of specifically 7.4 alkalinity is ideal for many biological processes with one of the most important being the oxygenation of the blood. The more oxygen-enabled the blood is, the faster the body can heal. The more womb blood the body has or is able to retain through womb to heart redirection, the more alkaline state the body can become and stay free of pathology due to its alkalinity and oxygen-enabled qualities!

This regulatory mechanism is necessary in this world of increasingly acidic diets that are full of processed sugar, preservatives, meat, and dairy. Being disconnected from nature further takes people away from alkalinity.

Redirection of the perfectly alkaline womb blood to the heart helps women to maintain the normal body pH range of 7.35-7.45. Women have two systems of blood to work with and we are to connect these two systems (womb and heart) to revitalize ourselves physically as well as alchemically, bringing ourselves back to our full potential and original state. (see more details in later chapters)

The redirection process may also reduce and stop the loss of eggs as well as womb blood/lifeforce. With the electromagnetic blood mastery practice, I feel menopause can also be delayed or made nonexistent since this process redirects the lifeforce back to the regenerated body. (this can be explored in depth later)

As shared in this book, the feminine womb blood is of a magnetic, soulful, and cosmic energy, sourced from beyond the solar system, whereas the masculine heart blood that carries the electrical love and spiritual energy, is sourced from within the solar system.

Some feel the moon aids in the pulling up of the womb's blood just as it pulls on the ocean causing high tides every moon-th. The moon's anti-gravitational upward pull together with activating the masculine ascending cone of energy, via the exhale, aids in the ascending fountain of life process. The womb blood may get lymphatically absorbed at the cisterna chyli located at the retroperitoneal area where it gets sent up through the thoracic duct into the left subclavicular vein entering the heart. The perfectly alkaline womb blood then gets oxygenated at the heart and gets sent to the rest of the body and brain allowing women to reach superconscious levels of consciousness through this physically rejuvenating and alchemically rebirthing process of liberation. The world transitions from 'feeble surviving' to 'thriving mode' as women reclaim their original state and potential as electromagnetic women with eternally flowered wombs and hearts.



Photo source unknown- Yin and Yang as the eternally flowering dark womb and light heart.

The eternally flowering womb and heart, require the negative-ion charged energy of the womb to be harnessed. Its movement to the heart (masculine) generates positive-ion charged progressive energy of light. The universe' energy (negative ions/water) of the dark turns into light (positive ions/electric) literally when redirected to the heart. The heart alchemically and literally becomes awake and even more electrical since the womb's alchemical and (womb's blood) water fuels/nourishes/ensouls/rebirths/enlightens the electric heart.

Seeker and scholar Rod Hayes explains the science behind the darkness' harnessing /implosive and generative process very well. In his words : "Basic law of energy conservation is entropy. Scientists know how to harness the decay of the entropy. On the dark side, a negative energy, in order to generate positive progressive energy, involves taking dark forces and using them, to cause things to exist in light.

It requires the breakdown of energy, in order for the energy to offer its form. When the energy moves, it causes friction which generates light! So from the darkness comes the light."

The darkness or the universal energy is vibration/sonic force...an incredible generative force of creation and this is why we honor her so much.

An Account of the Eagle and the Black Swan.

Delighted to share this experience at the "Lake on the Mountain" in 2019.

'Lake on the Mountain' is a mysterious small deep spring fed lake in Prince Edward County, an island in Lake Ontario, a 25 minute drive from Wyldwood Sojourn. It has no inlets or outlets. Its water level is always consistent. It is very close to the edge of a high cliff of about 800 feet or so. At the foot of the cliff is Lake Ontario which is at sea level. Only 150 years ago or so a beautiful waterfall dropped from the small lake to lake Ontario below.

It was stopped up and redirected in a pipe to power a fisheries factory below. Where the waterfall was is now a parking lot. (sadly just like Joni Mltchels song)

The two stone houses at the cliff top are now restaurants and I found myself there with friend Tara Green for a lunch date in 2019.

I was always intrigued by the fresh uplifting energy of the place and knew that some claimed it as the true parthenogenetic birthplace of the Wendat mother, daughter and son of the Peacemaker group from 900 years before.

But who really knew?

It was then as I sat on the outdoor patio facing south that I looked to my left and saw an amazing sight. A great bald eagle was flying from the north, parallel with the cliff and at the top of the cliff's edge. It was flying towards the south.

Though high above the water level of lake ontario he was eye level to me as I sat on the patio! I could see his back as he glided south.

Then I heard a honk and looking up and to the west, I saw a swan flying towards the east from the little 'lake on the mountain'. She was a black swan with a long neck and bright red beak.

She flew out over the cliff edge and over the eagle passing below her.

They created a perfect X point or crossing point right before me, where the waterfall had been!

It took me a long time to wake up to the significance of this. The first thought was that the eagle always flew the highest and was the messenger of the sun in turtle island symbology. Here it was, flying south beside me, while the swan flew east above him.

-First to register in my mind was the X point they created which implied the marking of an important location.

-Secondly I realized that the eagle represents the masculine and the swan represents the feminine.

What was remarkable was that it was a black swan, which of course emphasized the darkness as the feminine cosmic life source and wisdom!

-Thirdly I later saw that they created the equilateral cross, as masculine and feminine in partnership. The good red path and the good dark path.

The masculine from the north to south. And the feminine as the west to east.

(this could also be interpreted as the vertical channel of the masc and the horizontal channel of the feminine.)

-But lastly I could not ignore that the usually superior high flying eagle let the swan fly above him:

This expresses the truth that the cosmos is the true Mother of all ... even of the sun, not to mention the earth.

This for me was the message pointing to the return of the feminine cosmic wisdom principle, ready to restore the original balance of the divinely designed masculine and feminine compliments..

Tara reminded me of the impromptu ceremony we had created just before lunch at the edge of the small lake- invoking and paying tribute to the VB mothers.

This multi layered experience rich with meaning haunts me still in a delightful way.

Mushroom Power

In my little woods in late spring, rapid overnight growth gets my attention -I woke after summer solstice to a magical crop of white mushrooms that had blossomed overnight under a dead oak, right beside my monument to the Peacemaker Mothers. There were hundreds looking like smooth white pebbles at first glance.

This phenomena felt like a nudge for me to create the same perfect conditions for the 'womb to heart practice'- supporting it to spread quietly and rapidly underground in the nighttime. We have learned that the feminine awakening is rapid if anchored in the darkness and is coming from within.

Ice Ceremony

Lastly, I remembered I had learned via Cindy Lindsay's early studies that the Elder Q'ero Female shamans in the 1990s continued to keep alive the tradition of bringing big chunks of ice down from high in the mountains that had remained frozen for centuries. They formed a circle around it and surrounded it with flowers and incense. Here was a way to create a true manifestation ceremony to compliment the masculine fire ceremony. Ancient memory is locked in this ice. As it melts it reveals hidden wisdom. Its melting waters slowly descend into the earth and into the practitioners hands nourishing and feeding them with this wisdom.

Another way to create a water ceremony is to hold a bowl of clean water and imbue it with your intentions. Then flash freeze it and read the personal message that appears inscribed in the thin layer of ice! We are all familiar with the frozen windshield of our cars in early mornings. Trees surround my driveway and beautiful feathery imprints of them appear on my windshield in winter. Little did I know how I could further develop this until I

met Veda Austin online. There is much yet to recover to activate water ceremonies in relation to our watery wombs and the fluid universe.

Recently I was blessed to attend my third Mayan Fire ceremony. I saw the vortexes of energy, created by the prayers and flute music, become visible in the fire and surrounding trees. How then can we apply this magic to the melting or forming ice? Once more we see the need for complimenting practices to be remembered and practiced for balance and harmony to be restored.

Redirection Processes

Orgasmic redirection practices cannot be applied to womb blood redirection practices. (ref. Chapter 10)

I am now understanding it may be that for men orgasmic energy is best redirected upward to the heart, with Kundalini practices and not released outward, as this causes a depletion of inner strength. Kundalini redirects fiery electric orgasmic energies upward to the heart to increase empowerment and self awareness for men. This is a good thing!

However it has no part in womens' redirection practices in relation to how women raise their wombs blood to their hearts. *Simply because the womb is not a sexual organ.*

Women access a different process to raise energy. We contract the diaphragm with the exhale and the masculine ascending vortex (see the diagrams) lifts the cosmic womb blood, from out of the womb, with our intent. The gentle kidney fires turn the blood of the womb into a steamy vapor. This pure alkaline steam loops slowly upward to the heart, infusing it with calm, magnetic wisdom of an impersonal cosmic nature. Its power flushes out the acidic karma laden blood of the heart.(overview :see meditation)

Engaging the vertical energies of orgone or kundalini would introduce an explosive fiery sexual energy which is not appropriate or part of the womb's subtle cosmic workings.

The womb energies are not *earthly* and so not tied up with karma or sexual energies. The wombs' elixirs are fed directly by cosmic source from the ethers, These non-human energies seek seclusion from the earthly world, to maintain their cosmic power.

More Clarification for the Liberation of the Womb!

The Three Purposes of the Womb

As we look deeper we see that women have three separate practices to redirect our three different energies as needed. I am proposing that these systems include the activation of horizontal, vertical and descending energies.

- 1- The first womb practice is to create oneself on a fully enlightened level .
 - 2- The second womb practice is to self conceive a fully enlightened cosmic being
 - 3- The last system is to create an earth being in partnership with men.
- (The human sperm I suggest was granted entrance to the cosmic womb much later in humanities evolution)

1- Therefore in the first system, the means to redirect this pure magnetic cosmic blood in the womb, upwards to nourish the heart, is to lift the wombs moisture in its vaporous and steamy form, via the exhale and contraction of the diaphragm..

This 'steam' is created by the gentle kidney fires that can be seen as heating up the waters of the womb like a pot on 'slow cook'. In this way the blood wafts upward as spiraling steam. By this method it carries slowly and intentionally and easily all the weighty soulful wisdom. Leaving nothing behind.

2- The second practice of creating 'cosmic life' in the womb, or self conceiving, can only be achieved after the first process is complete. This happens when the woman has reached a superconscious state, via the redirection process of infusing and purifying the heart blood. When the heart's blood is purified by the womb's blood the two systems can meet and, through intention, descend together to divide the egg.

3- we know this one already! Conceiving by partnering with a male.

So the first female practice of redirection upwards, engages only the gently rising steam/vapour, and shows the difference between this and the rapid ascent of dry electric current created by Kundalini for example. This rapid ascent would have no time to integrate the subtle soulful wisdom contained in the horizontal torus and would contain no feminine qualities to balance and give lasting strength, will and compassion..

Therefore we see that women should not blindly follow male traditions that focus on orgone, kundalini or tantric practices. They do not align with our female body processes, We are a different species.

Orgone energy, Kundalini and Tantric practices are derived from within the solar system-and as such they contain karma and ancestral bloodline and are acidic.

They are not compatible with the womb's magnetic cosmic blood which is alkaline.

The complimentary workings of the womb or u-torus is unexplored by female doctors of today. (let alone men doctors) Its secrets lie with indigenous shamans the world over. Such as the Q'ero of Peru and Don Juan of Mexico.

I suggest that orgone devices, for example, may be used in nature successfully as the natural horizontal cosmic energies within the earth and the ethers, are already strongly in place to balance with the vertical orgone energy, but in a patriarchal world where the horizontal power in the body is unknown and left dormant, I wonder if it can be dangerous to apply, even for men, as I suspect it will increase the imbalance of the creation energies. (this would take another book to investigate).

This completes the 2023 updates to the 'Good Darkness 2022'

Chapter 2 -

The Luminous Structure (Bare Bones): The Heart-to-Womb Meditation of the Q'ero

What follows is a simplified 'bare-bones' outline of the meditation as an introduction. The full version of the meditation is in the last chapter of this book.

In this section, the verbal-description is referenced to diagrams that present the principles underpinning the Luminous Structure Meditation in a visual form. The chapters following this one are full of related stories, questions, discussions and insights about how this system works.

The Principles of the Luminous Structure System:

*The Luminous Structure of the human body has **two interlocking dimensions: a vertical flow and a horizontal flow.***

These dimensions can be depicted 2-dimensionally as a set of 4 interlocking triangles: one ascending, one descending and two lateral:

Diagram 1

These flows are the central channels of a dynamic energy system that surrounds our bodies. The energy system takes the form of circles of energy revolving inside of each other. Another name for this type of dynamo is the torus. Our energy-system consists of two main tori (plural of torus): a horizontal torus and a vertical torus.

Together these two dimensions form a map of a woman's energy-being. The centre of these interlocking dimensions occurs in the abdominal region of women. The system can be pictured dynamically within a woman's body:

Diagram 2

Know your woman-anatomy. Know where your womb 'sits' in your body. Illustration 8 shows you where this is:

Illustration 8

With this awareness, you can now proceed to the experience foundations of this powerful energy-system...

In summary, there are two dimensions:

*1- **The Vertical Dimension (Ascending and Descending)** is predominantly masculine and is concerned with individuation.*

*2- **The Horizontal Dimension** is feminine and is concerned with cosmic awareness that carries the impersonal Soul-Nature of the Wiracocha.*

The energies are to be accessed in a standing posture and also in a sitting position. Which of these is to be used will be specified in the description.

In this bare-bones (Chapter 2) version, we will use the standing position.

1) The Vertical System (predominantly masculine- individuation) **a) Descending cone** (feminine- cosmic)

Diagram 3

Imagine a vortex or cone of swirling energy in the upper body that begins wide above the head and descends so that its apex touches the top of the womb. It is surrounding and protecting the heart. The inhale pulls down the sky energy and the heart energy to feed the womb with the spiritual and the love energy of the individual. This is the work of the feminine descending energies. Her natural home is in the spiritual realm and her desire is to pull that spiritual essence down to imbue the material world with the spiritual and to anchor the heart with her descending forces...**the Feminine source is in the unmanifested realm.**

b) Ascending Cone (masculine-material)

Diagram 4

Now imagine a vortex of energy in the lower body wide around the feet and ascending to where its apex touches the bottom of the heart. It is surrounding and protecting the womb. The exhale lifts up the earth and womb energy to feed the heart. This is the work of the masculine ascending energy. **His source is the manifested world** and his desire is to reach the sky realms of spirit. The pure Cosmic Soul energies of the womb are raised up by the masculine ascending cone to nurture and strengthen the heart.

c) **Together** the Descending and the Ascending Cones geometrically as an overlap, form a diamond; energetically, they form a vertical torus channel.

Diagram 5

2) The Horizontal System - (cosmic soul - impersonal)

a) Your Personalized Horizontal Torus

Diagram 6

Imagine a similar two-cone system running horizontally, instead of vertically, through the middle of your body between your womb and your heart. Both lateral cones have magnetic forces and form the central channel of the horizontal torus that surrounds your body.

Diagram 10

In three-dimensions, this lateral channel of energy forms a swirling matrix (a torus) about your body. Picture this horizontal torus forming about you. Take your time to really experience these energies.

b) The Role of Earth and Sun Tori

Diagram 11

Now imagine the Earth's torus and its lateral energy that flows continually over the earth's surface as a powerful magnetic field. This Earth Torus is fed by the Sun's Torus. Together they create a dynamic magnetic energy field about the Earth.

Pulling your awareness into outer space Imagine seeing the powerful torus of the Sun pulling in the energies of the vibrant Cosmic fullness of outer space. The sun absorbs it and then ejects it out at the Earth in the solar winds that continually buffet our planet. The Earth then magnetically pulls in those solar rays into her own torus, where they pick up inner earth qualities before they emerge from the pole and flow over the Earth's surface.

Bring your awareness back and picture yourself in a standing position on the Earth's surface. See yourself absorbing those currents as they flow around the earth's surface. They are brimming with the vibrancy of the distant cosmic void freshly imported. Imagine also that these cosmic energies have now been transmuted and increased in power by passing through the core of two heavenly bodies -the Sun and the Earth. A very potent brew.

Diagram 12

Our own torus energy-system is nourished and energized by these ever-flowing cosmic horizontal energies. These torus energies converge directly into the central diamond where the two horizontal cones overlap. If the energies were made still for a moment in that central diamond, they would form a four-armed pattern (akin to a four-petalled flower).

3) The Convergence of the Horizontal and Vertical Energies:

Diagram 7

The horizontal and vertical cones are the central channel of the complete human tori-systems (Horizontal and Vertical). The energies swirl about us, but the center is anchored (we will explain why later in the book). When we combine Vertical and Horizontal Energies, a strong **Central Diamond Nexus** is formed.

Returning to Your Personal Torus and Diamond Center

Observe this Central Diamond Nexus as the space where the two systems converge between the heart and the womb. All energies gather here in a swirling concentrated matrix.

Their complementing energies flip and merge into each other. It is a mini cosmic-void holding the same sacred magnetic power as the Great Void of outer space.

The energies of this concentrated diamond nexus can be directed at will to be over the womb for gestating.

Diagram 8

or over the heart for self-realization: this redirection happens with the support of the breath and the kidney fires.

Diagram 9

It is a flexible system that can shift to create the desired effect.

Points 1, 2, 3 as outlined above is a practical simplified map of the process to begin your journey. A detailed version of the complete meditation is in Chapter 19. Please study the diagrams that envision each stage. Appropriate breath work is required: this will be described in the last chapter of the book.

Incan Cosmology:

Before moving on to a more detailed description of the diagrams (and illustrations) that reveal this practice, I share with you here pre-contact information that was held in safety by the Q'ero throughout the years of colonization. It leads one to a deep understanding of the dynamic relationship between masculine and feminine that is at work/at play in the Luminous Structure system. It offers us a hopeful vision of the world.

Please treat this information with utmost respect – seeing it in its wholeness and not cutting-and-pasting it into your own worldview.

Ranti and Jappa are the Inca's Creation principles: Jappa, the feminine; Ranti, the masculine.

Jappa Creation, the feminine path.

The Female path to enlightenment is called Jappa.

This is the process of the good dark and the good light bonding back together as one in the woman's Womb. The polar opposite energies join as in The Great Creation (before the Big Bang). It is called "Jappa creation" in Inca terms.

This quantum creation of bringing in something entirely new takes place within the womb. It is a form of magic...creating something out of nothing!

The function of the Womb's diamond nexus is to gather divine cosmic soul energy into the womb and balance the complementing energies within its darkness, to allow for super powerful creations to be created! (whether conceptual or in the form of a human being!).

Ranti Creation, the masculine path.

The male transcendence path to enlightenment is called Ranti. It is when two similar things find resonance, which allows for a third thing to pop out- such as an attunement, or when two resonant tones create a harmony.

Masculine religious practices of the last 2000 years or so use the Ranti approach to enlightenment. In this process, we attempt to raise ourselves to a level of unconditional love, thus attuning to a divine vibration.

*

Both systems of Ranti and Jappa are essential to keep alive and in use.

Using only one approach causes great imbalance, weakening the human race, as we see today. Focusing solely on the transcendent path to enlightenment, works against a woman's becoming and thus against everyone's ability to create powerful, enduring creations that are anchored into earth and in harmony with it.

Diagrams of the Practice

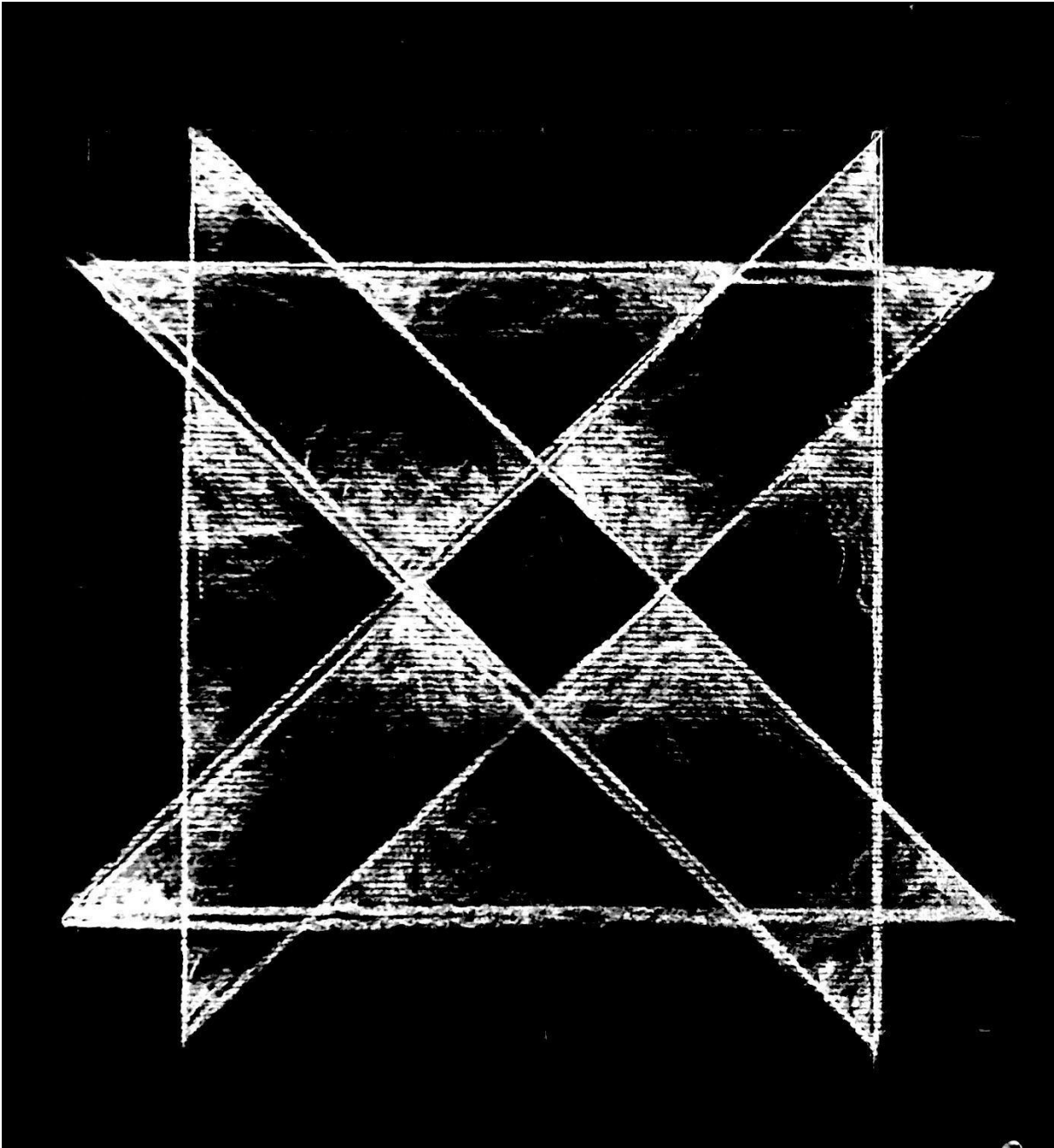


Diagram 1: Complete Structure of the Q'ero Luminous Structure: The four cones (as triangles) overlap and form this X pattern. All art by Maureen Walton Obrien

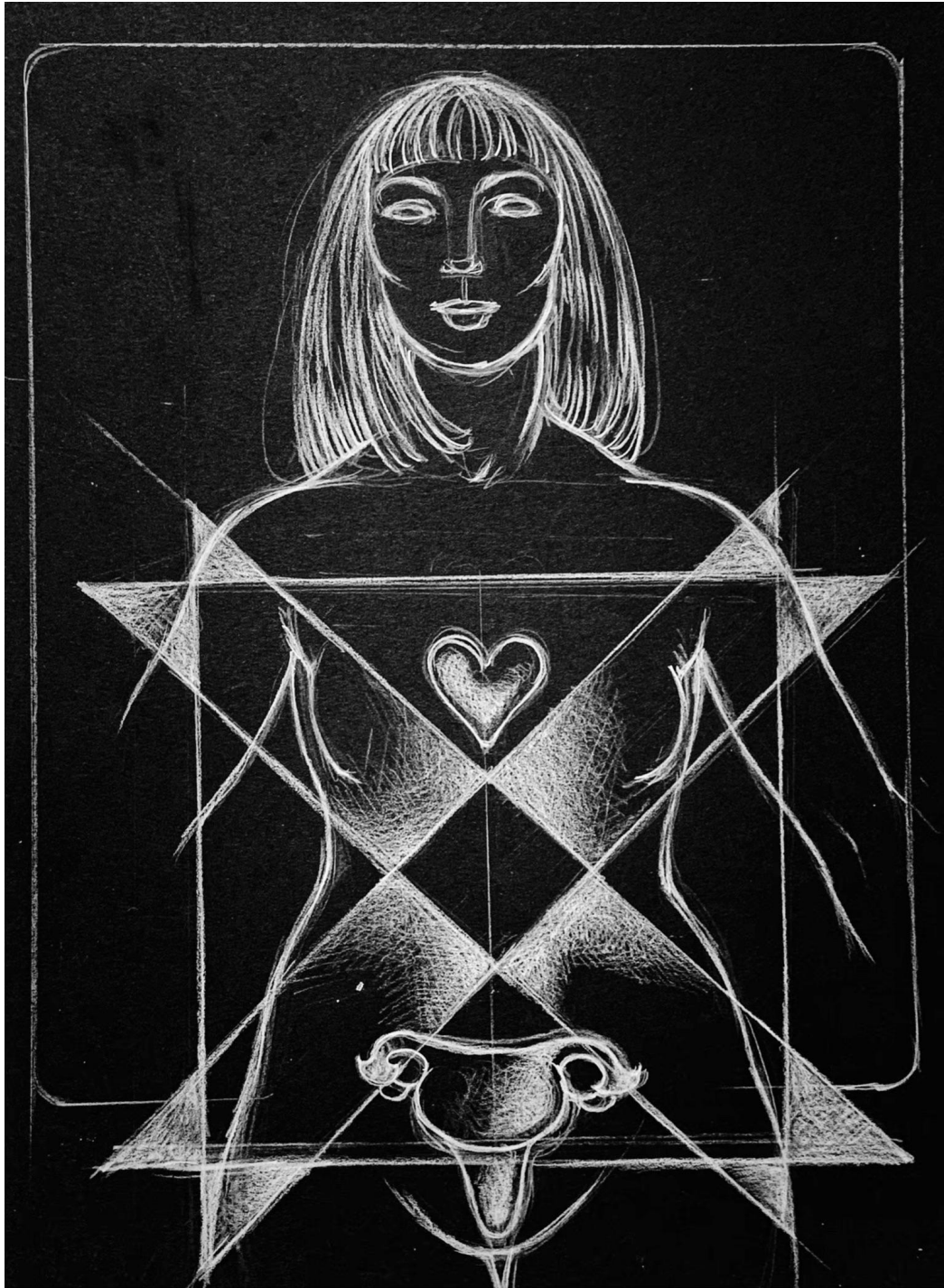


Diagram 2 - The complete structure of the Q'ero Luminous Structure as it sits within a woman's body. Artist: Maureen Walton.

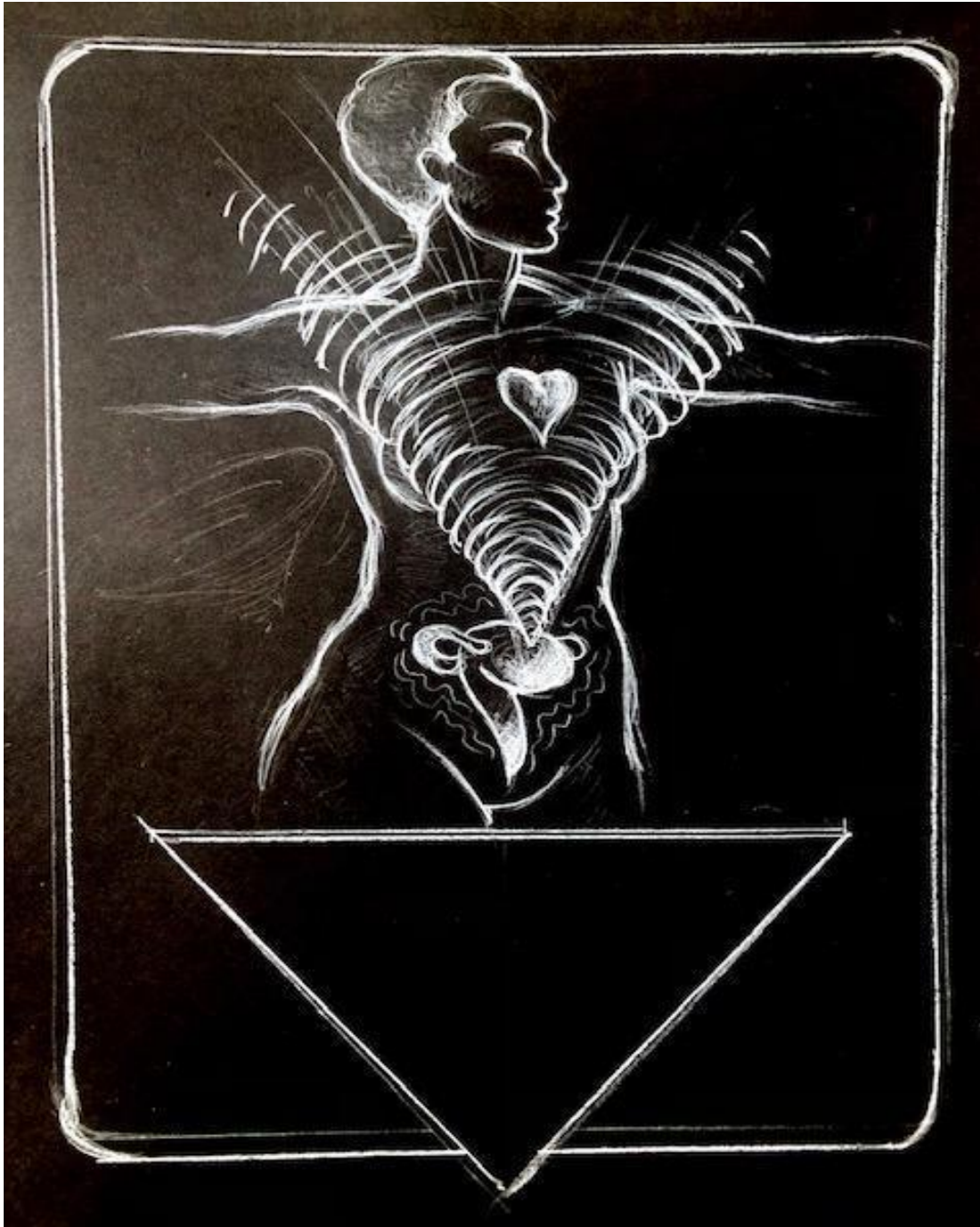


Diagram 3: The Feminine Vertical: Descending cone of energy (dark; into Creation).
Artist: Maureen Walton.



Diagram 4: The Masculine Vertical: ascending cone of energy (light; out of Creation).
Artist: Maureen Walton.

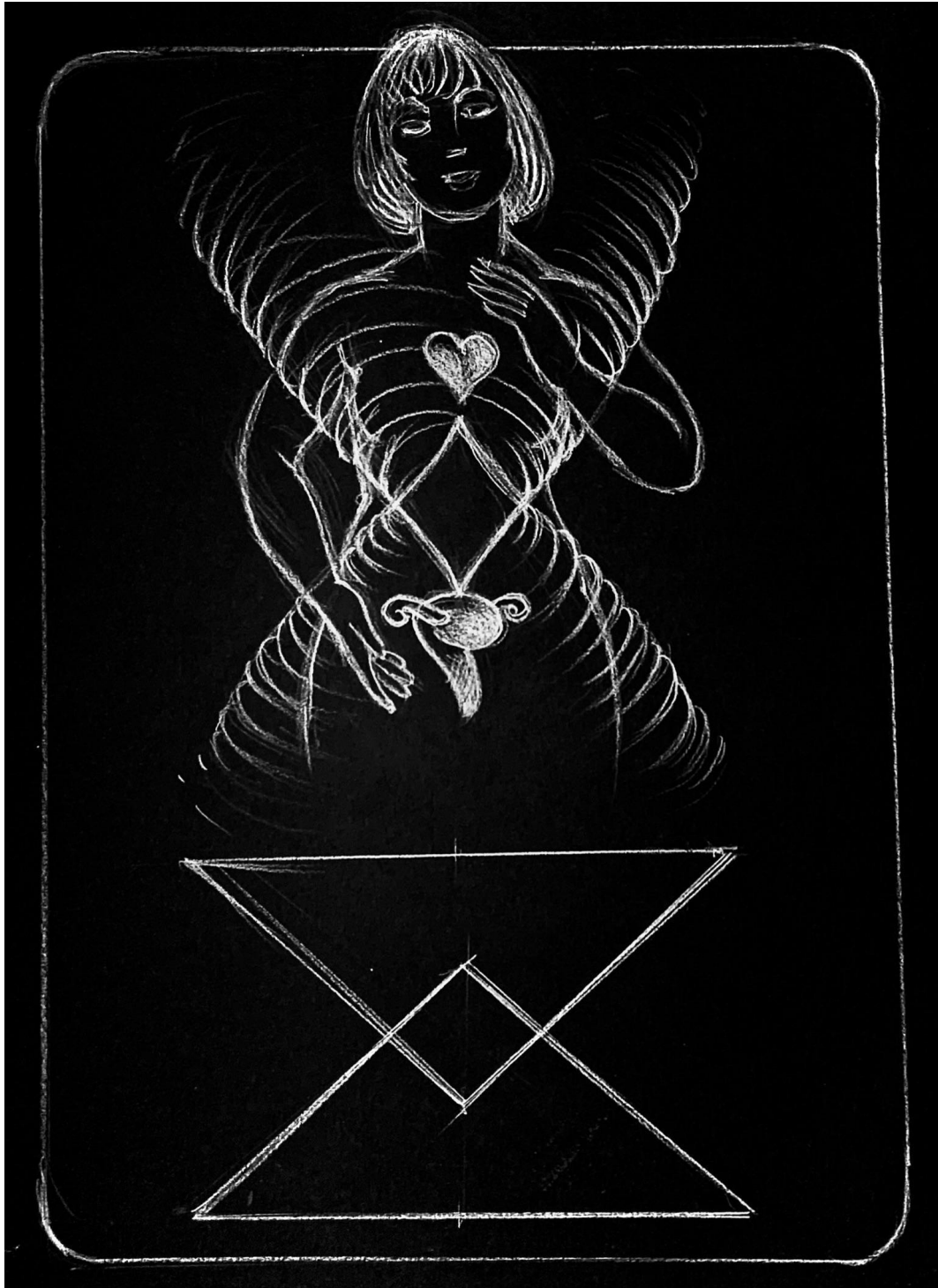


Diagram 5 : The ascending and descending magnetic cones of energy as they appear in the central channel of the vertical torus.
Artist: Maureen Walton.



Diagram 6: The two lateral cones of magnetic energy as they appear in the central channel of the horizontal Torus. Artist: Maureen Walton.



Diagram 7: The horizontal and vertical magnetic cones of energy as they appear together in the woman's body, quadrupling the power of the central diamond convergence point.
Artist: Maureen Walton.

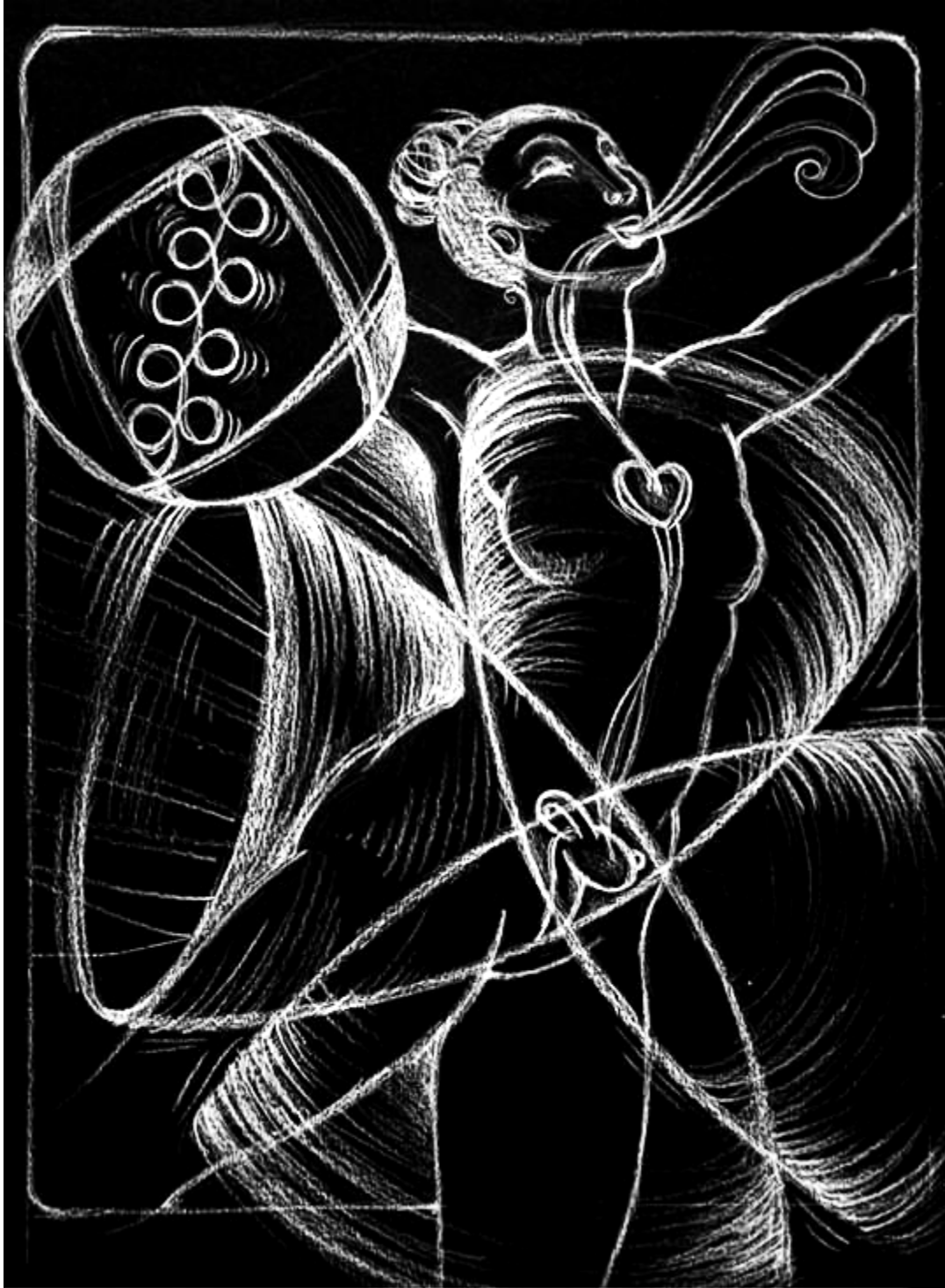


Diagram 8: Shifting the complete system over the womb with intention to gestate cosmic energies. Artist: Maureen Walton.



Diagram 9 : Shifting the whole system up with breath and intention so that the central
“0 Point” diamond center rests over the heart.

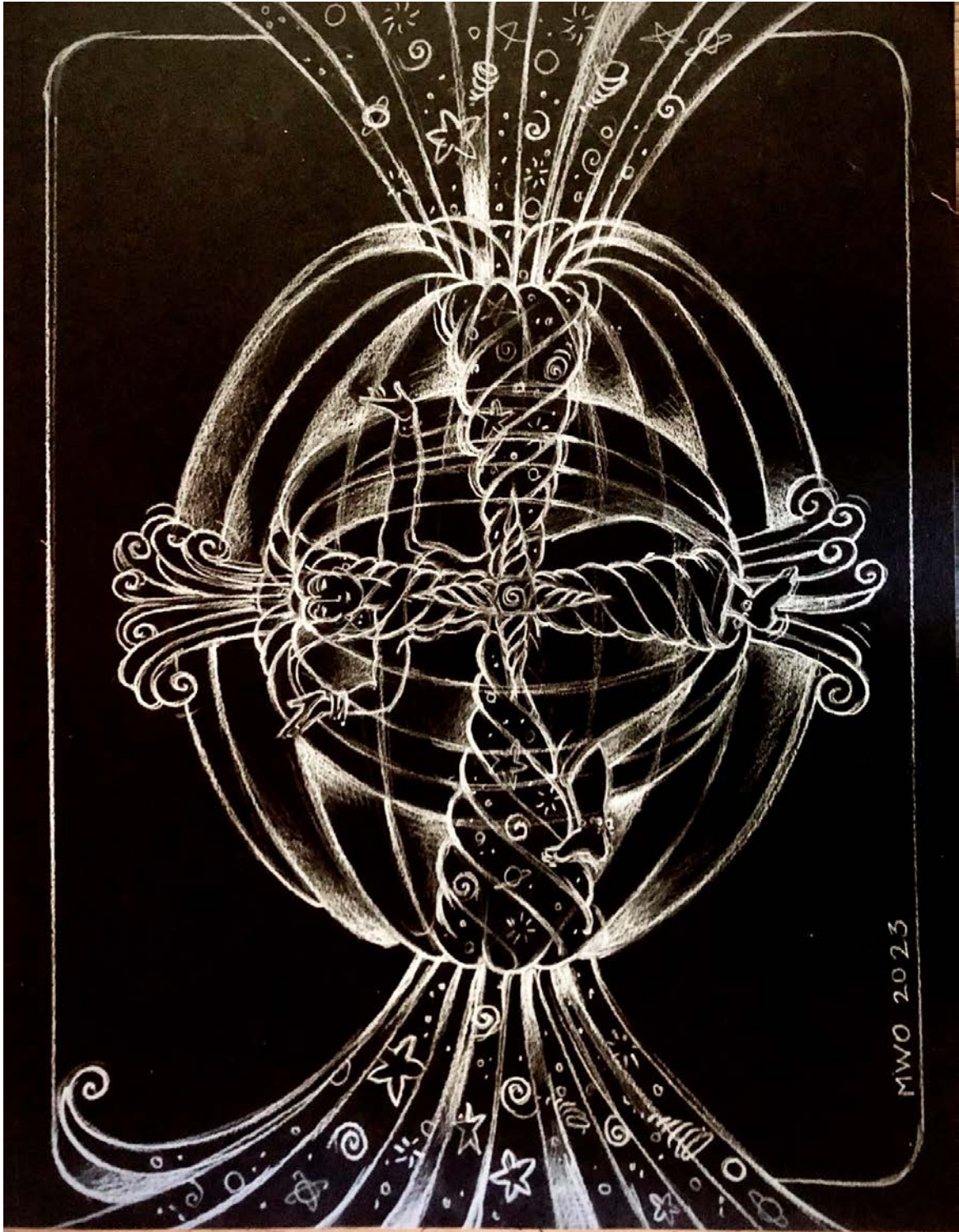


Diagram 10: 2023 revised illustration to express the prominence of the female horizontal torus that magnetizes in from beyond the solar system. A blueprint of the system.(Placed vertically to allow for a larger image. Artist: Maureen Walton Obrien

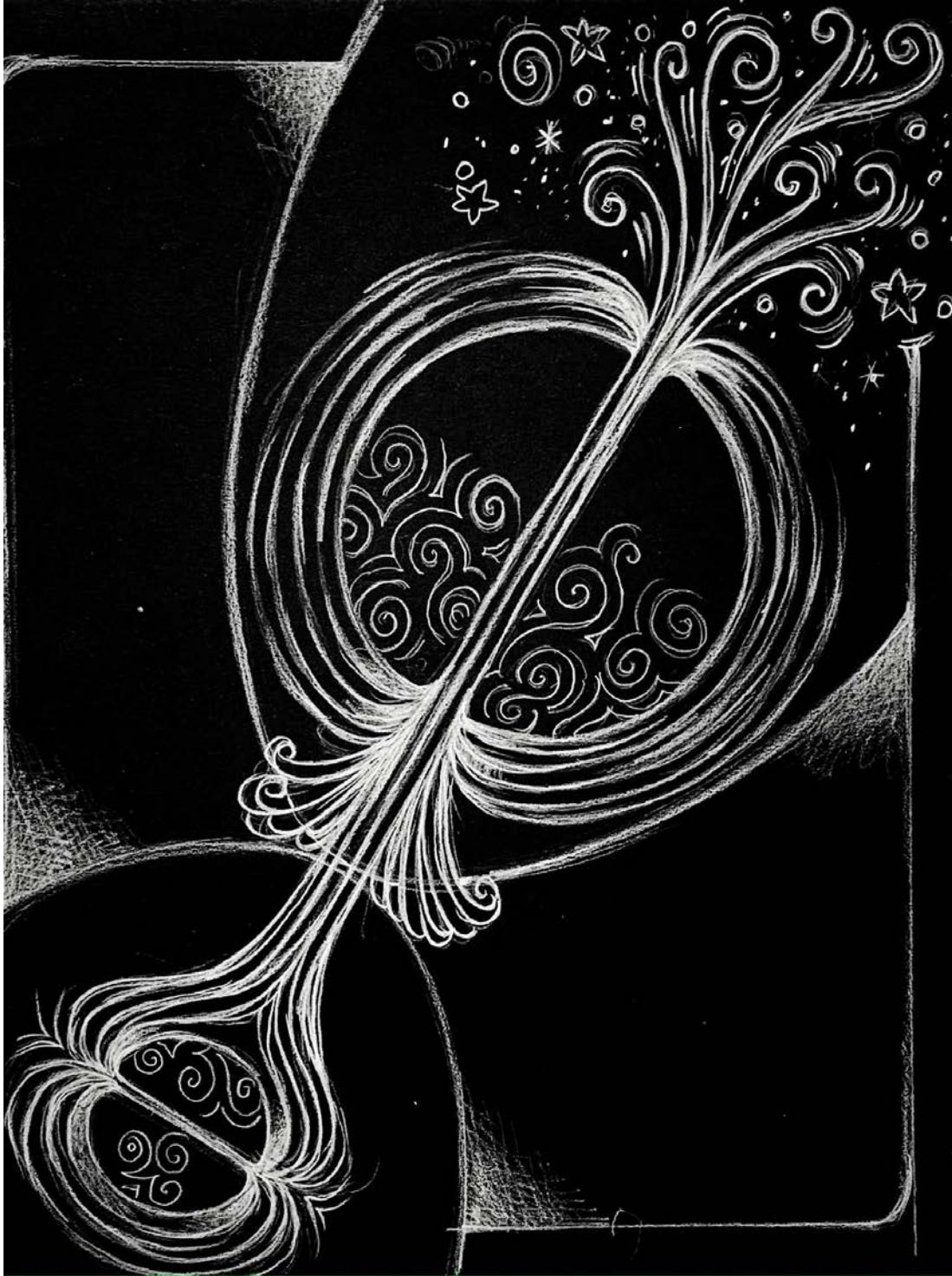


Diagram 11: Sun and Earth Tori within the Cosmic Womb: The sun's torus pulls in the cosmic energies and the earth's torus pulls in the combined cosmic and sun energies.

Artist: Maureen. Walton.

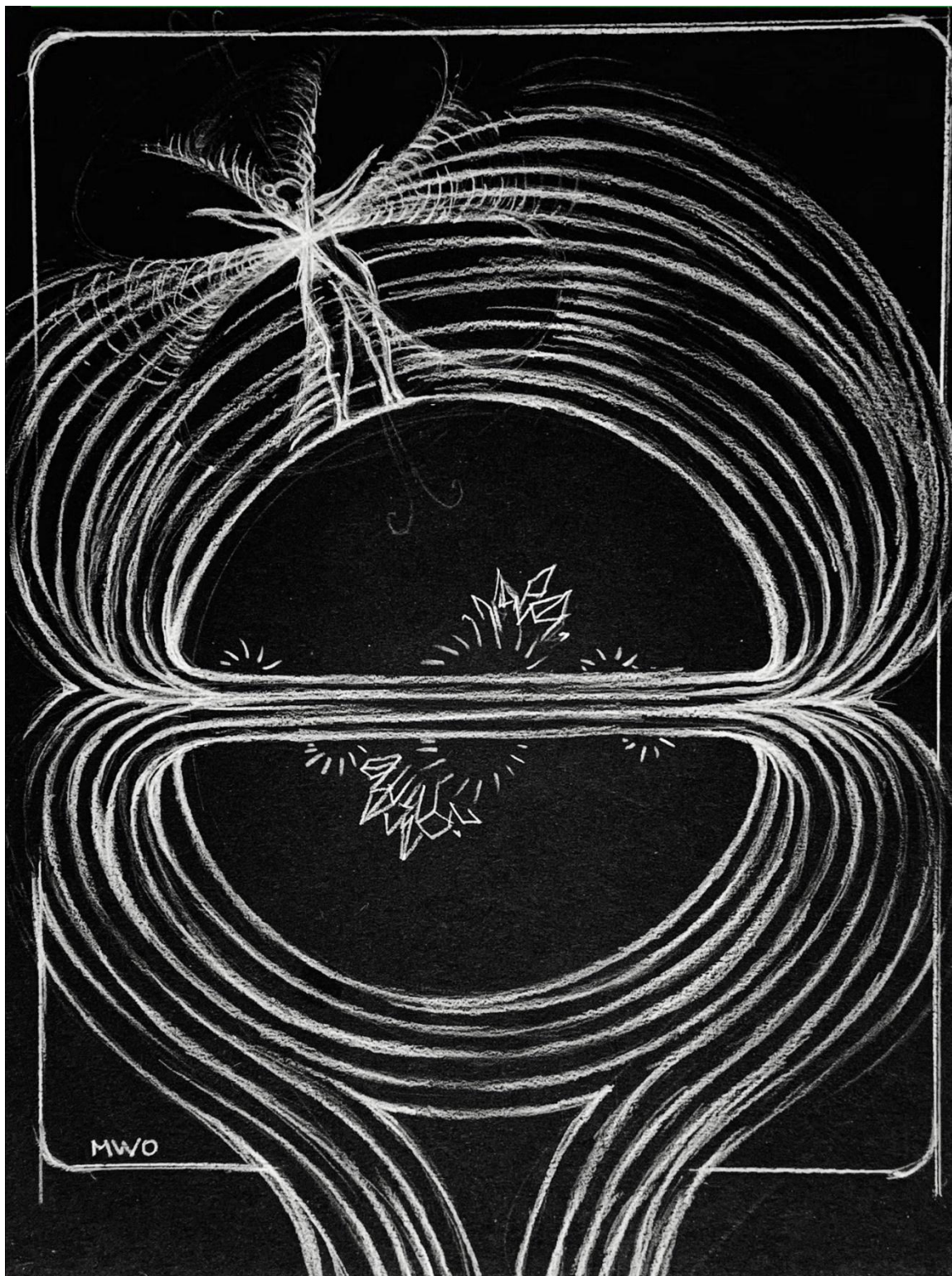


Diagram 12 - Earth's Torus nourishing and energizing a Woman's Torus.
Here the Four-Petalled Flower appears. Artist: Maureen Walton.

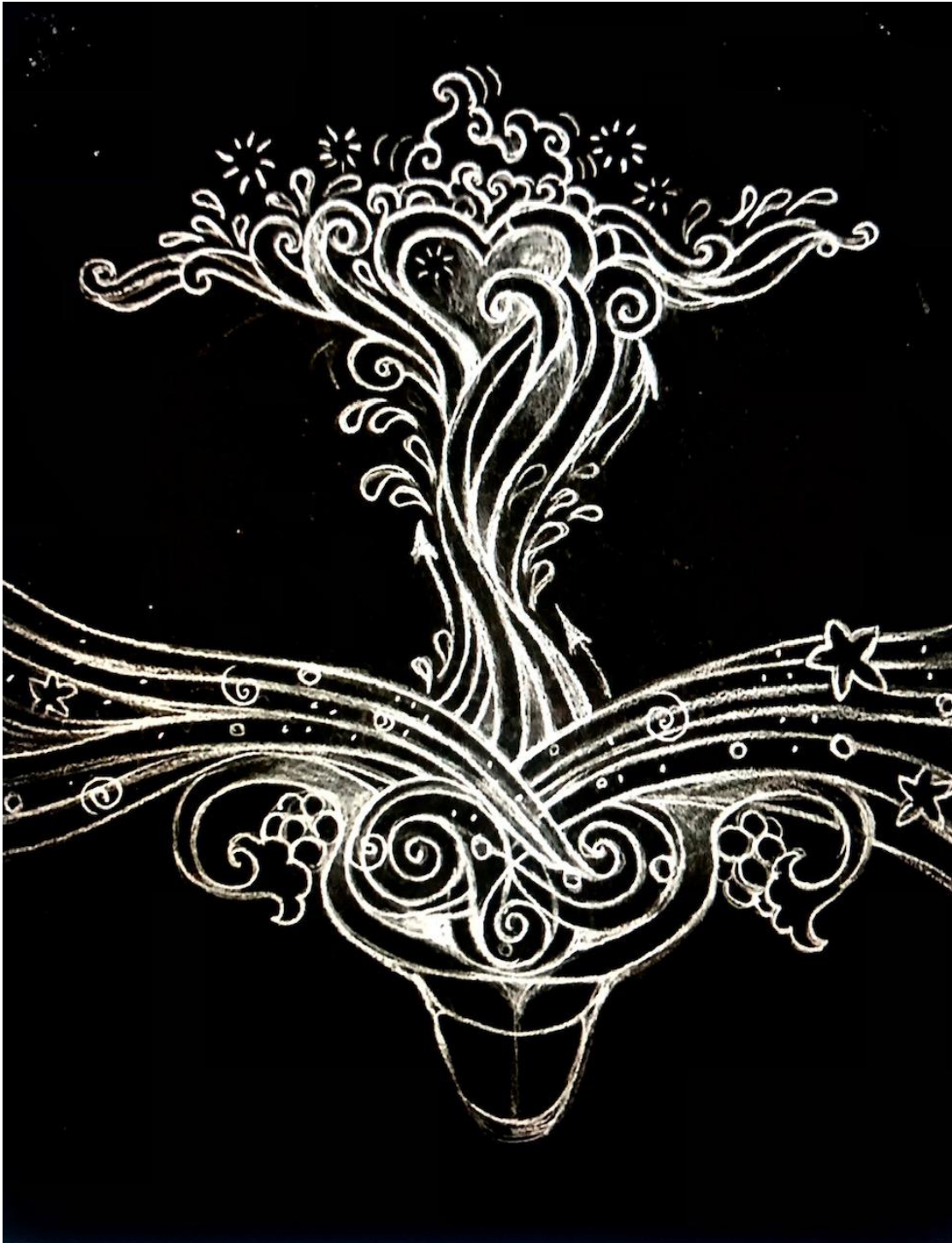


Diagram 13 - An artist's impression of how the earth's ethers are magnetized into the womb, transforming its blood to a cosmic level, before being redirected upwards to purify the heart's blood. Artist: Maureen Walton.

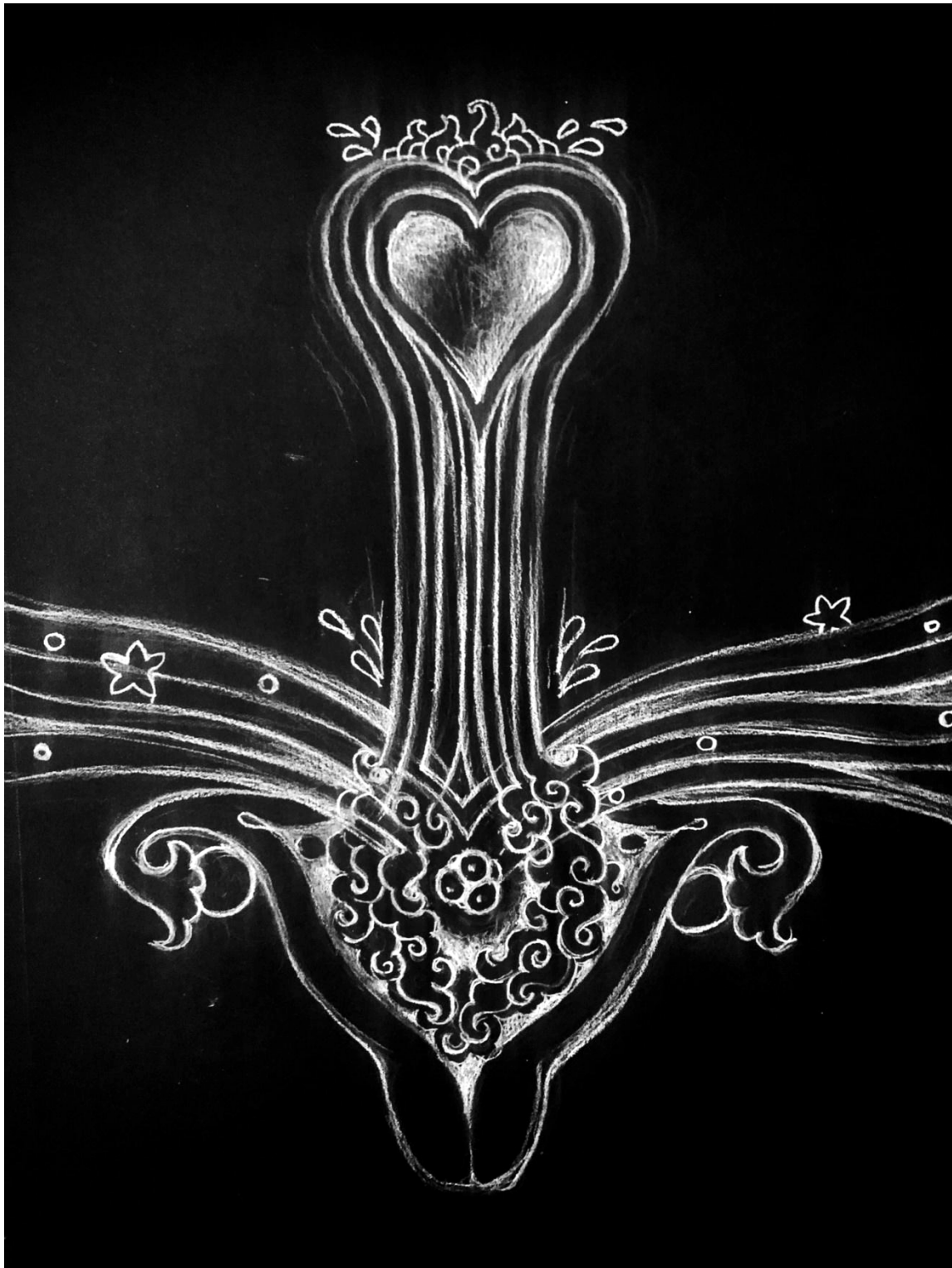


Diagram 14 - An artist's impression of the 'reverse' redirection process, to drop the newly purified hearts blood back to the womb, dividing her own egg and sparking new life with her own masculine heart blood. Artist: Maureen Walton.



Diagram 15: - Artist's impression of the redirection process of engaging the masculine ascending cone of energy with exhale, to lift the cosmic charged womb blood to the heart and flush out its karmic and ancestral trauma. Thus bringing the woman to a superconscious state of awareness.

Artist Maureen Walton Obrien 2023

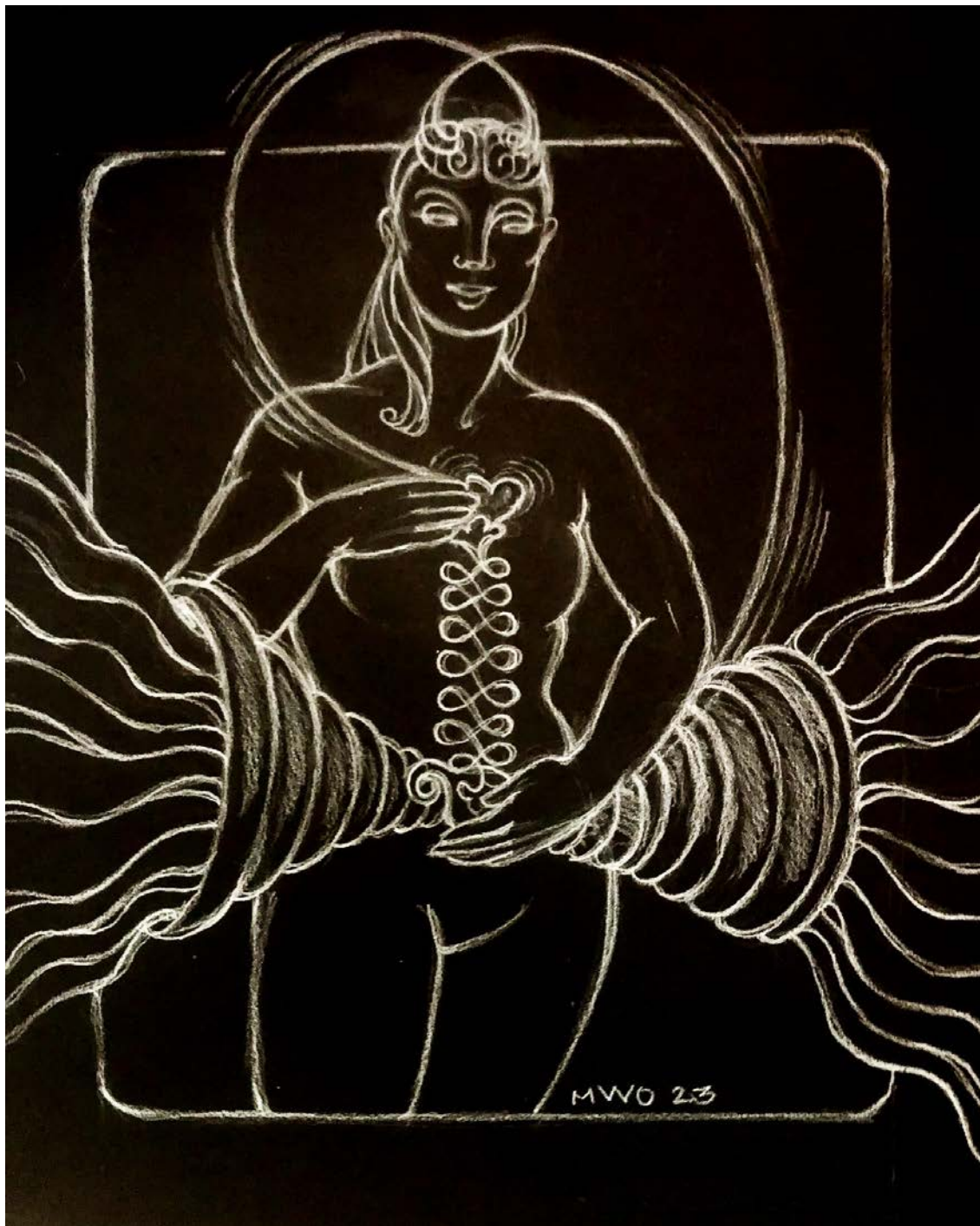


Diagram 16- Weaving in the left and right brain qualities to connect with the womb and heart.
(Etheric energies being received into the womb via horizontal torus channel.)
Artist: Maureen Walton

Illustrations:

Depictions of the Luminous Structure in Global Art, Mythology and Visual Record

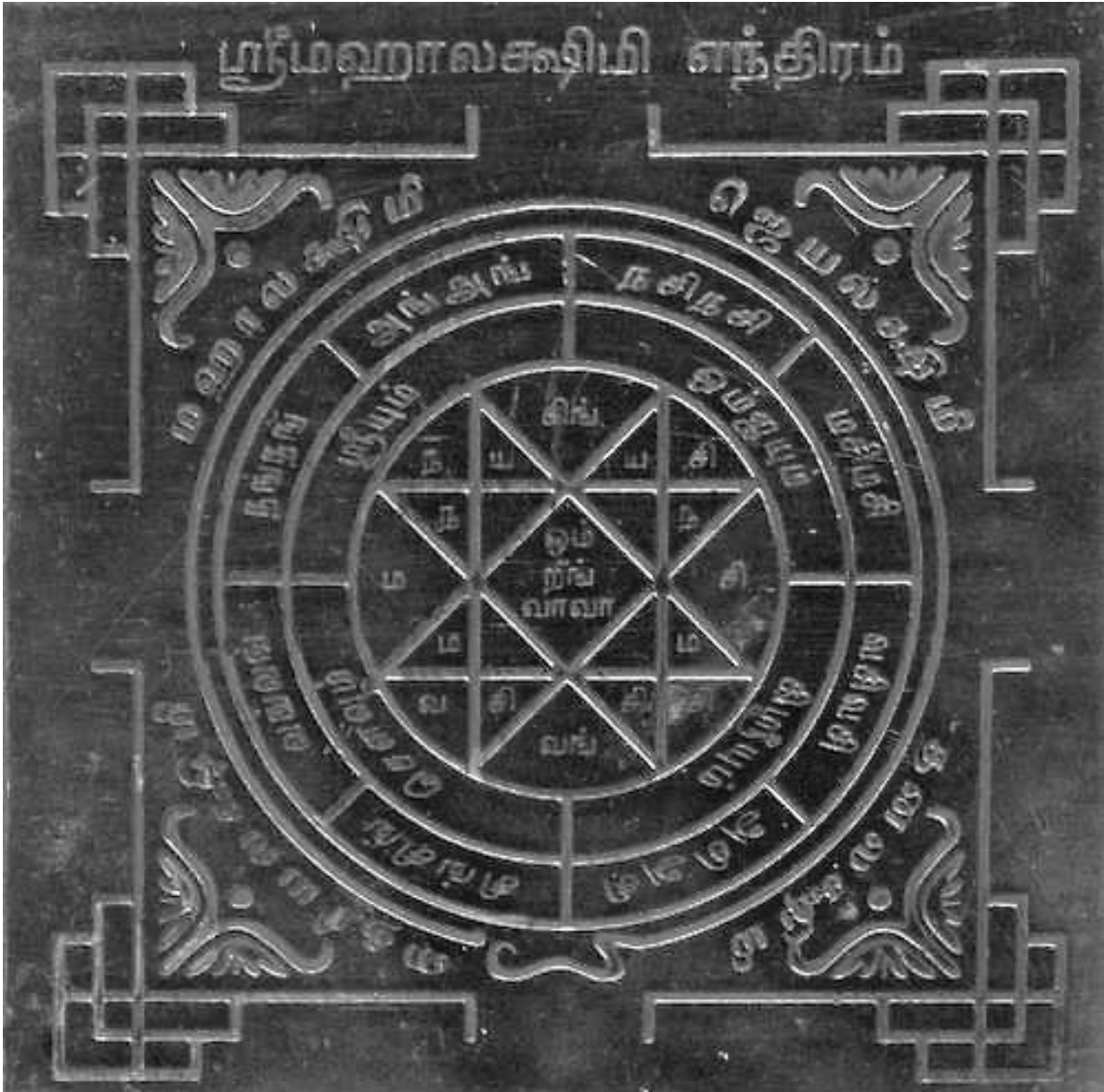


Illustration 1 - Parvati Lakshmi's copper yantra: a system of intersecting cones akin to the Luminous Structure. Photo: Maureen Walton.

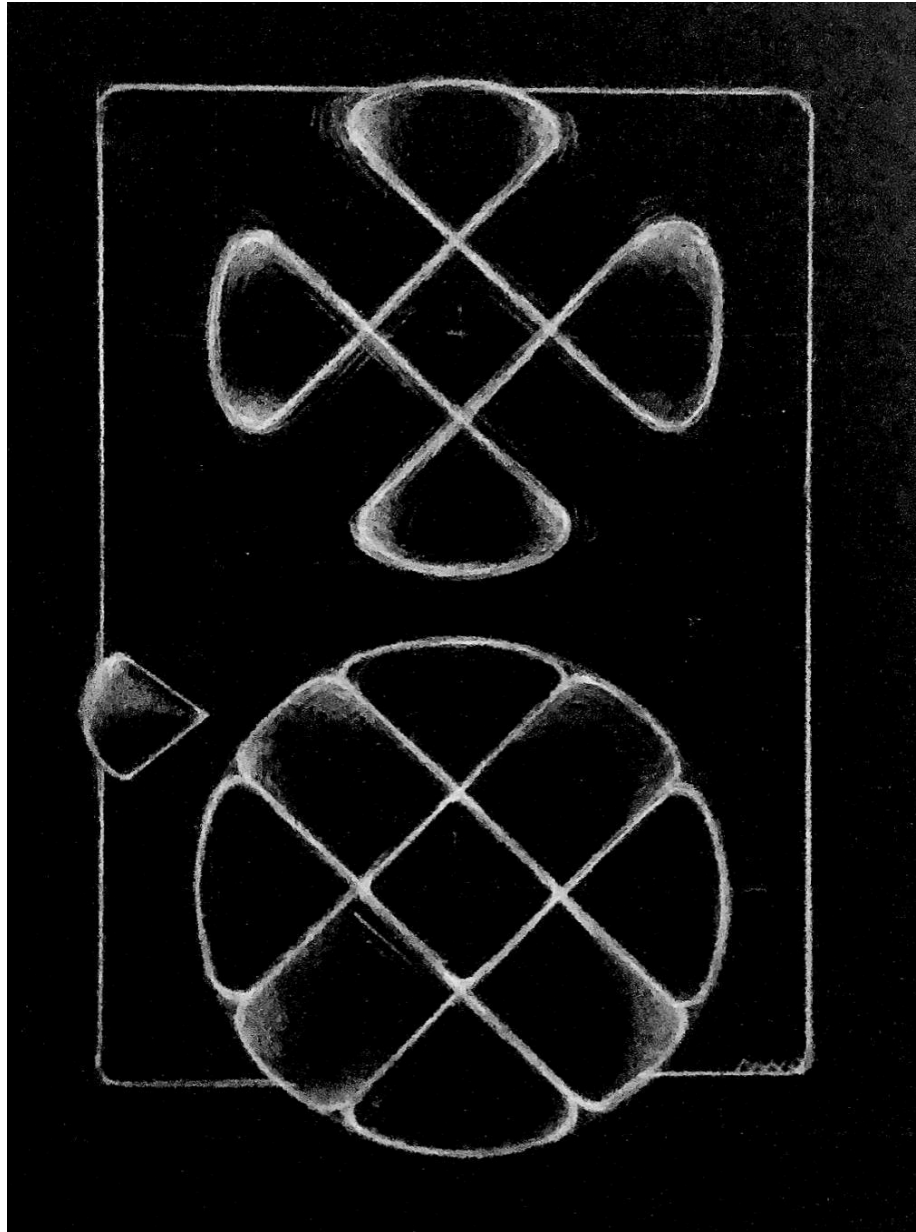


Illustration 2 - The four-petaled Flower diagram (shown above) as the negative space of the andean womb of heart schematic. As it appears over her womb-space as a tiny flower on her gown. Artist: Maureen Walton.



Illustration 3 - The European painting of the Virgin of Tonatzin (Guadeloupe) showing the tiny four-petalled flower below the ends of the black belt and over her womb.

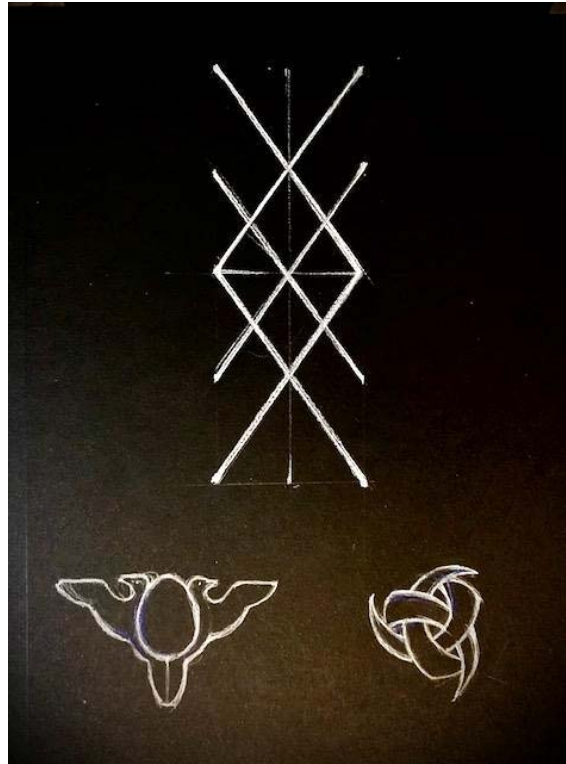


Illustration 4 - The Norse 'Sculled Net': evidence of Womb Technology.
Artist: Re-drawn by Maureen Walton.



Hathor: Egyptian Womb Goddess (with eggs in her tubes like pearl earrings). Note how her neck

(which represents the birth canal) is minimized. This expresses that only the womb space is purely Divine and carrying cosmic energy.(without karma) It is therefore separate from the birth canal as well as other worldly aspects present in the woman's body.

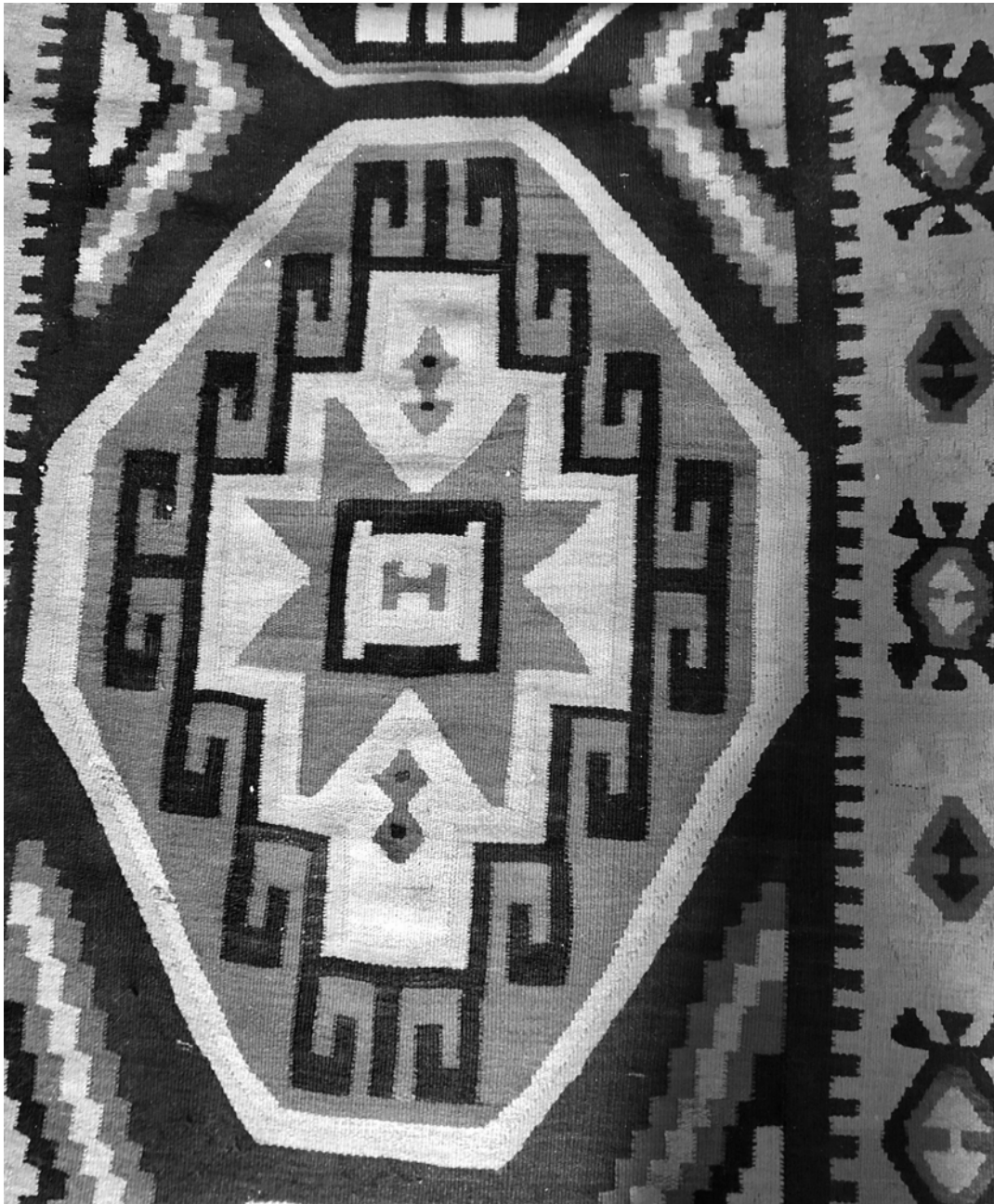


Illustration 5 - Woven Andean carpet design with the X-geometry of Womb Technology: the X of the interlocking triangles and the stepped triangles express the balance of

the masculine and feminine within.
Photo: Maureen Walton.



Illustration 6 - The heart-to-womb creation principle: Ascending Fire; Descending Water. Photos: Maureen Walton, taken at Wyldwood Sojourn, Tyendinaga.



Complimenting partners: the heart and womb- cosmic soul and spirit.

Photo Maureen Walton, Tyendinaga



Illustration 7 - Maureen's version of Queen Maya (mother of Buddha) calling in the soul of her son. Taken from the Indian wall reliefs that depict her laying on a couch, on her side, with the Buddha's soul (in the form of a white elephant) entering her side from above.

Illustration by Maureen Walton 2022.

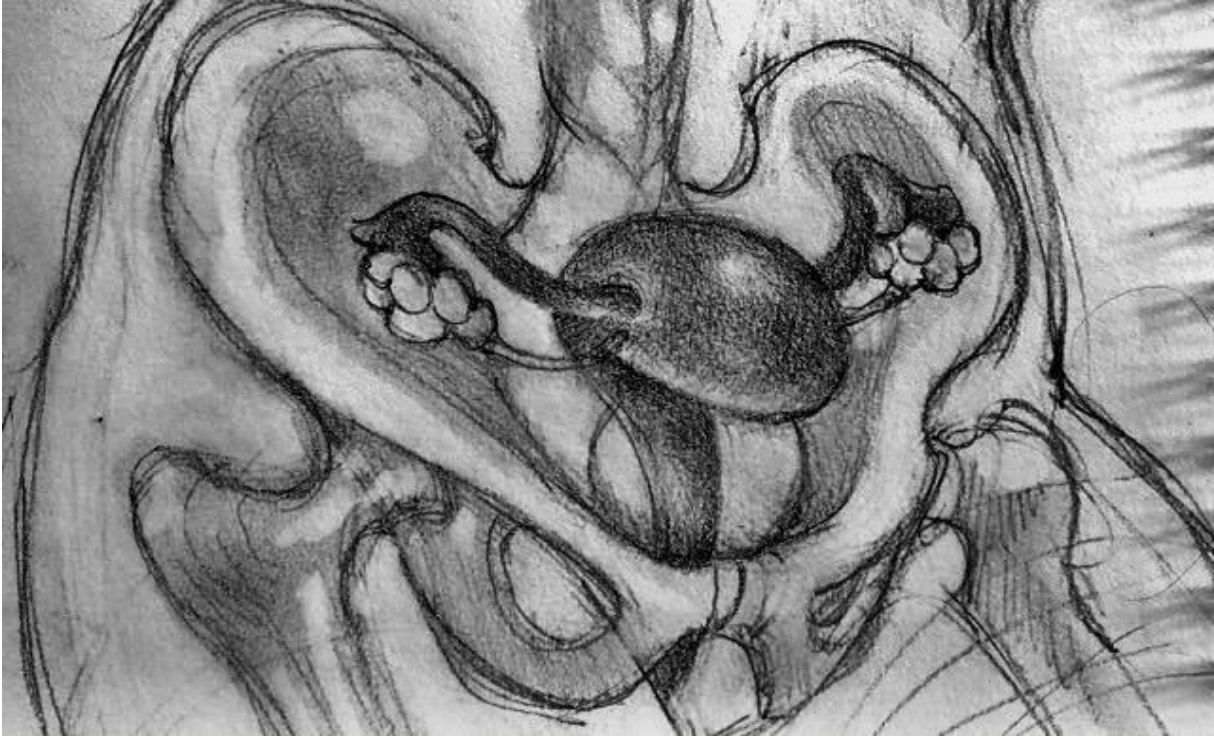


Illustration 8 - Impression of how the womb is protected within the bony bowl of the pelvis.
Artist: Maureen Walton.

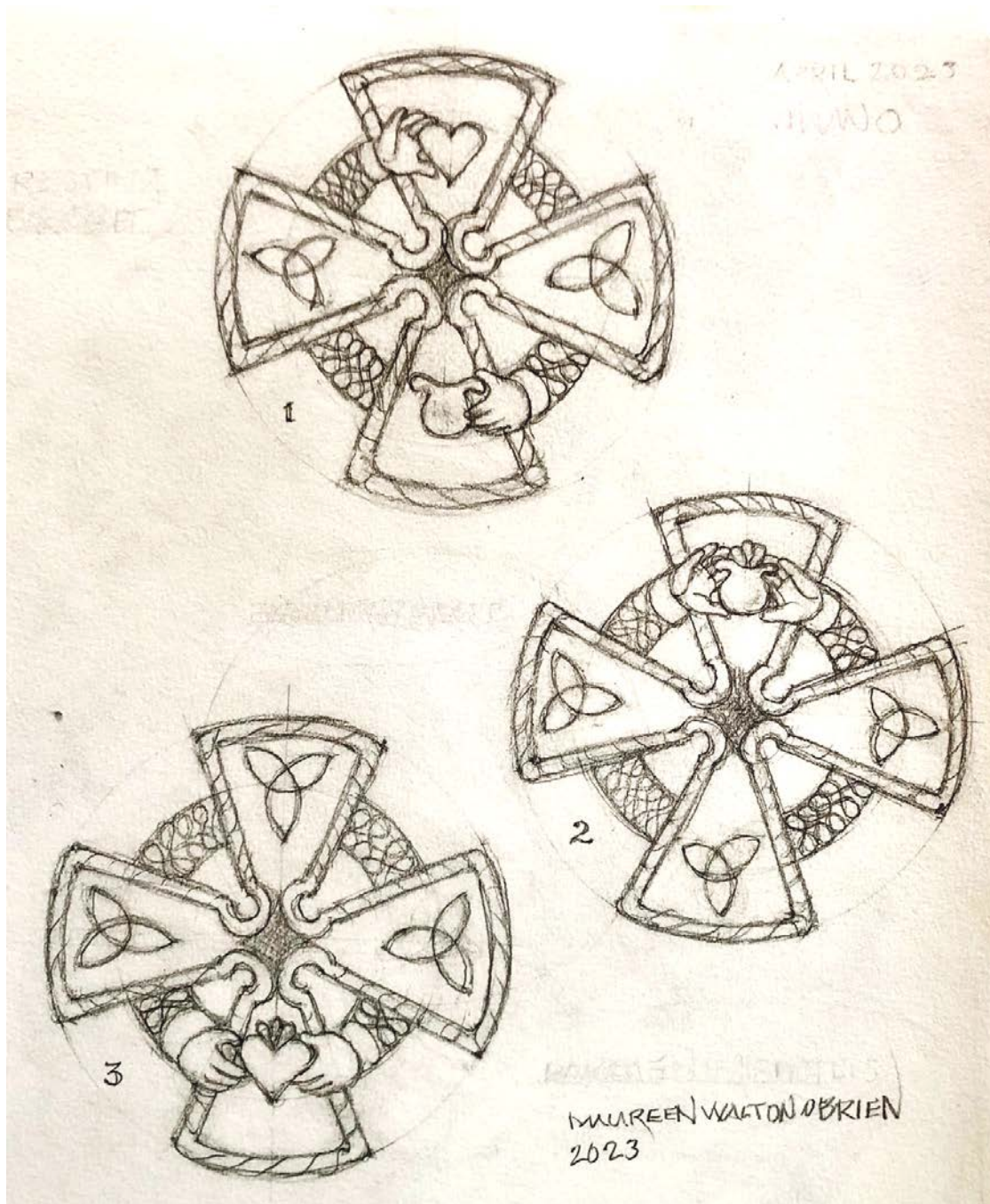


Illustration 9- artistic interpretation of the 3 stages of the Blood Masteries inspired by the one surviving Celtic cross image no.3 (as brought forward by Rosine Kushnick).

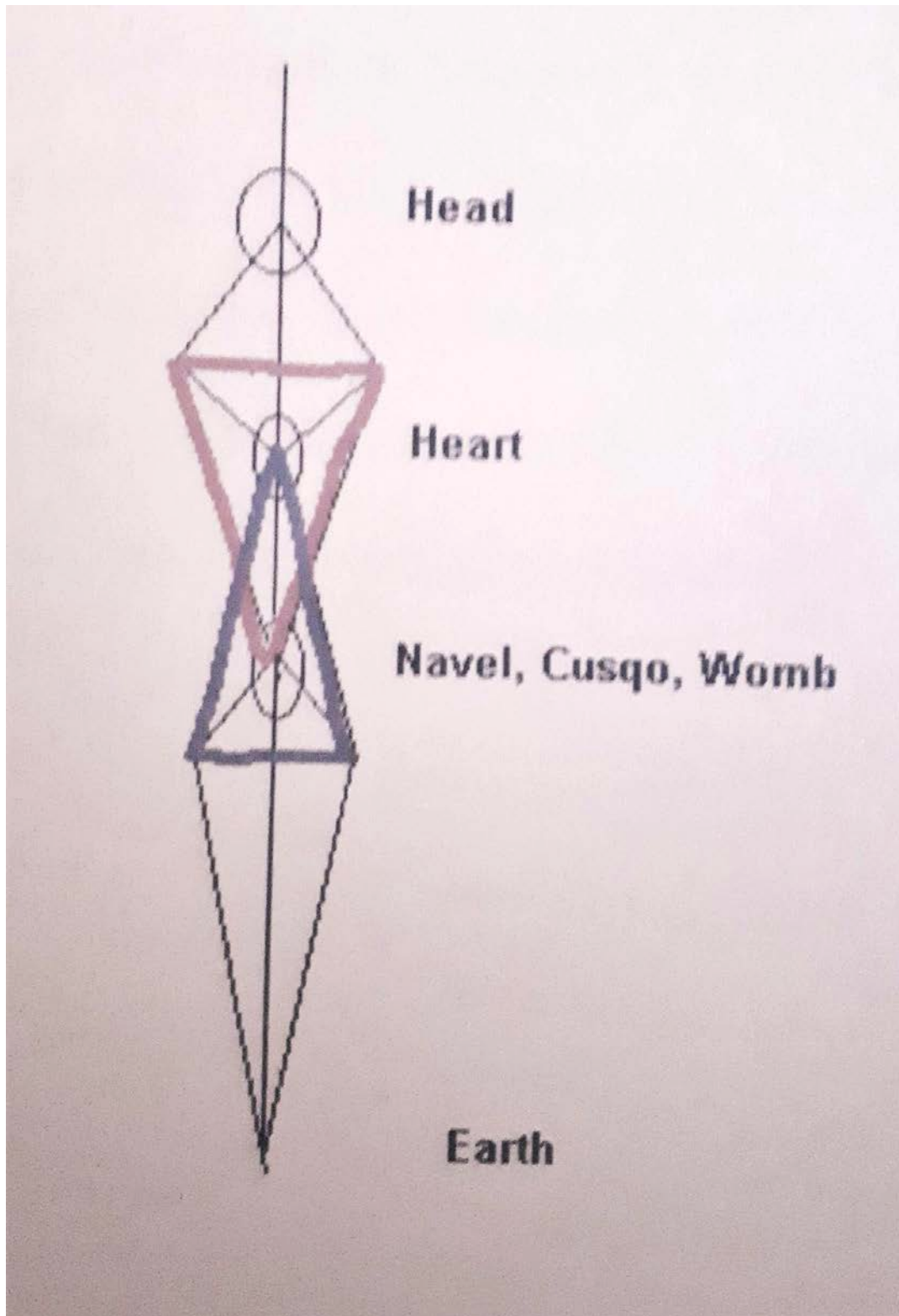


Illustration 10 – A skeletal remnant of the Luminous Structure as received from Dr. Cindy Lindsay's notes, after her studies with the Q'ero elders during the 1990s. Photo: Karen Holmes,



Illustration 11 - The Sri Yantra: complementary and equal forces of ascent and descent.
Artist: Maureen Walton. (ceiling of W.S. ceremony space.)

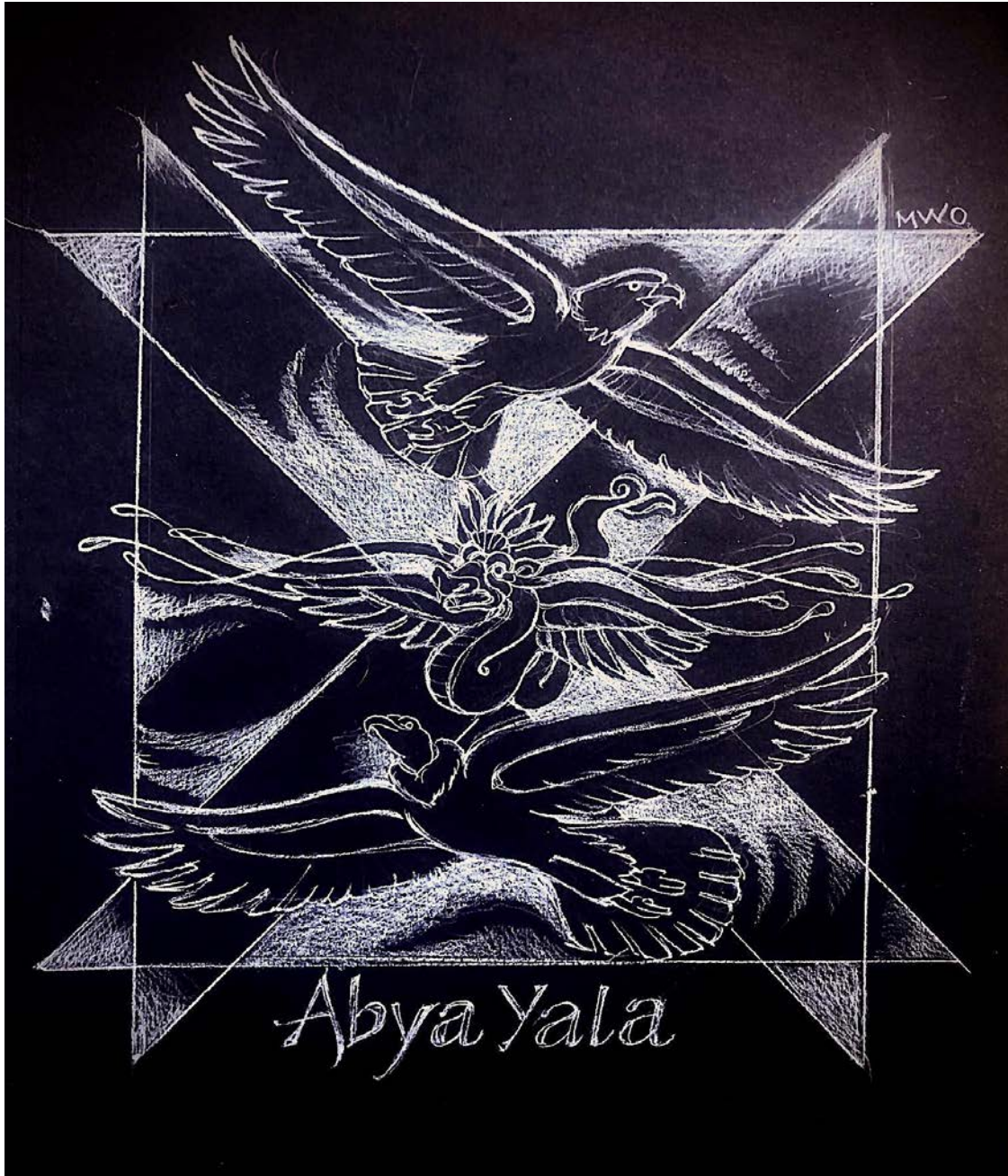


Illustration 12- an envisioning of wholeness, emerging between north and south America - expressed in the metaphor of the Condor and the Eagle. Once the womb is recognized again as the seat of cosmic wisdom, it will be remembered as the Condor. The Eagle will be the heart. Currently this teaching is seen with the condor representing the heart and the eagle the mind.

Unfortunately this view omits the Feminine complimenting force. However another new remembering is unfolding that includes the feathered serpent Qetzecoatl. He is envisioned as the representation of the mind and is center stage.

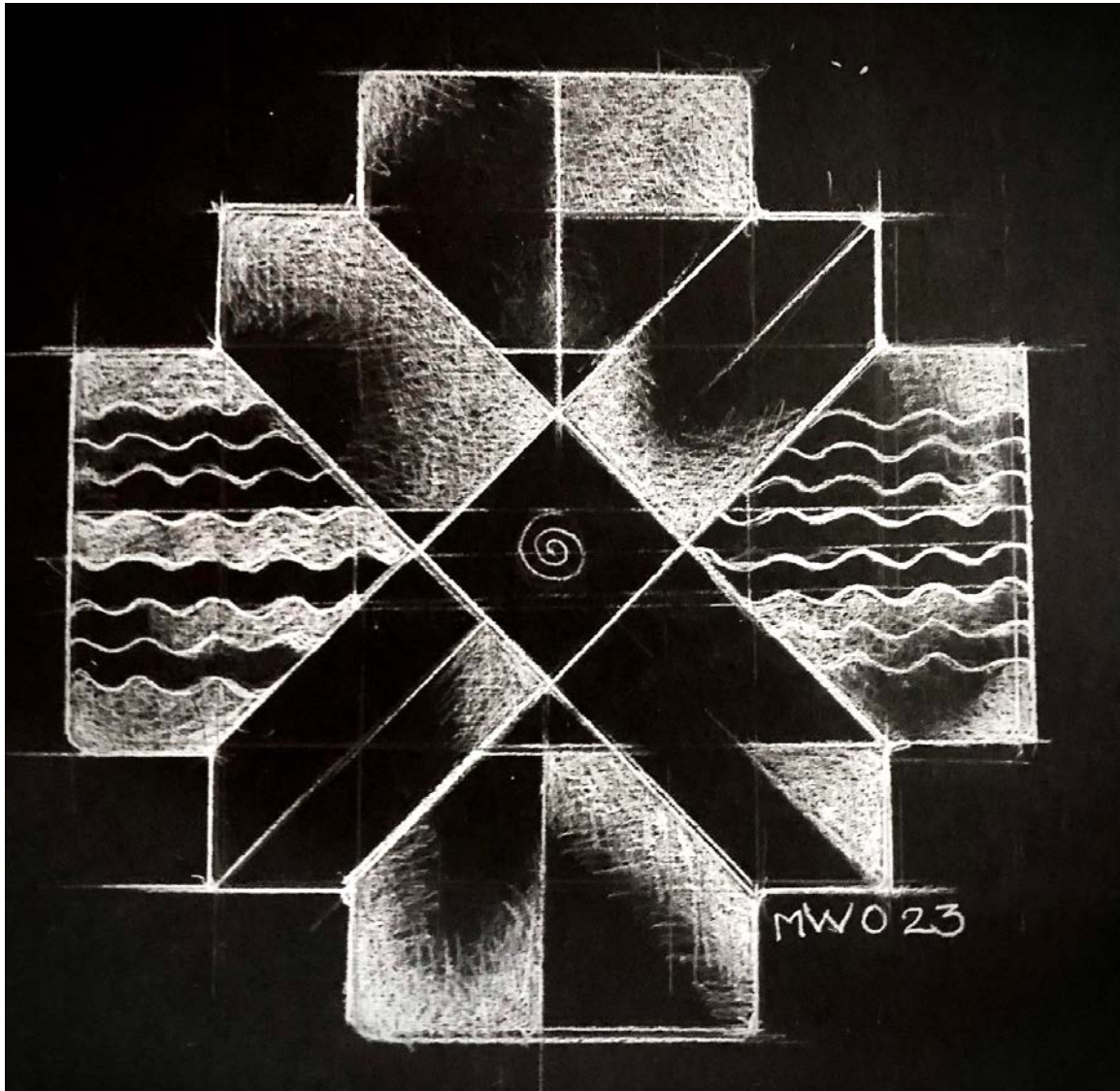


Illustration 13- Here we see how the Q'ero Womb to Heart soft technology is derived from the famous Chakana stepped Cross from the Andes. This piece of sacred geometry is expressed in many variations globally. This one is my own interpretation.

Description of the Diagrams and Illustrations

These visuals help us recognize and activate what has been hidden.

Illustration 10

When I first received the Andean Luminous Structure via Dr. Cindy Lindsay there was no mention of the triangles being representations of three dimensional vortexes of energy nor as being the inner channel of the sky and earth tori. Nor was there any mention of the horizontal energies.

The Descending Powers of Creation

As I described, the version of the Q'ero Womb-to-Heart meditation I received from Dr. Cindy Lindsay held only the vertical ascending and descending triangles of energies. The powers of the horizontal Torus were not present. Nevertheless the seemingly simple geometric forms of the two vertical converging triangles held some rich inspiring wisdom in themselves!

This Q'ero System is based on the forces of the feminine and masculine principles as complements within each of us. Simply put, recent patriarchal religions (which I call "the Big Five") hold only one-half of the story. That one-half is that the desire of the masculine principle is to ascend upwards towards spirit and out of earthly creation. This is, in their opinion, all we need to know to evolve and reach oneness. They do not speak much of the other half of the story, that is the power of the divine feminine principle to descend downwards *from spirit* and into creation, to bring the spiritual essence into all her creations. We complement each other so beautifully!

We all have been taught, from the masculine view, that the feminine descending desire to move downward into matter is somehow less evolved or even evil. Seen from the feminine view, the descending energy brings the skyworld downward to imbue matter with the divine! Wow, what a big misunderstanding we have been led to believe!

Both are needed to create balance. Ascending and descending. That is what the teaching of the Q'ero Heart-to-Womb Blood Masteries is all about. This does not even

include mention of the even more powerful horizontal energies we discuss in depth throughout the manual.

Long live the polar opposites, out of creation and into creation. Is this not what sets up the vibration of life? This reminded me of the Sri Yantra and then I realized that the Luminous Structure was taken from that great universal symbol!:

Illustration 11

What happens when we are all conditioned to focus solely on the “up up and away” of the masculine light and ascension energies?

What happens when activation of the descending energies of the feminine creation gifts are ignored? What happens is that inner weakness grows and we become an easy target for not-so-good political, social and spiritual agendas!

The Significance of Importing Horizontal Energies

Let’s briefly introduce the third direction of energy that the magnetic womb imports - the horizontal energy of the mighty Tori systems!

Illustration 7

I share with you the beauty and knowledge our ancestors possessed. Queen Maya brought the Buddha into her womb (as a white elephant!) on the waves of the horizontal energies!

These horizontal tori-energies come to us from the horizontal directions and they import not just the Sun’s and Earth’s riches but the riches of the great Cosmic Void of outer space.

Without the profound influences of these pure ensouled tori energies, we become weak on the inside!

We become disconnected from life and not able to feel deeply into things! We are left with little respect for nature or life itself!

In this state Earth and its resources and even sensitive souls, are seen as objects!

The human becomes very individualized with an undeveloped and weakened will and short attention spans.

The lack of engaging the descending and horizontal creation powers is, I believe, causing the current separation and fragmentation we see in people all around us! We are therefore creating from a weak foundation and most importantly a Soulless one!

Could this current state of the world, that is overwhelmed by the creation of profit, war and violence, be restored to harmony simply by a rekindling of the inner soul wisdom that lies largely untapped within men and women? – and most especially within the wombs of women?

The Torus ‘Donut’

This other sacred source, the ‘horizontal’ Torus, is specifically feminine in nature. It was missing when I received the Andean teaching just 50 years after it was disclosed. I have since learned it is hidden within all spiritual traditions worldwide. I will share later the details of how it meshed in perfectly with the Q’ero vertical schematic when I began to sketch it – as if it was waiting to be completed by someone. We will dive into the depth of how these amazing Torus energies affect us personally in Chapter 13.

This meditation that came to me from the Andes was, I believe, a natural technology that was very likely practiced by female shamans and priestesses worldwide during the thousands of years when egalitarian (matriarchal) cultures thrived and formed the *cradle* of civilizations around the world. The goal of these shamans was to gather the dark cosmic soul energy into the womb, gestate it and then redirect it to the heart, thus bringing the women to an enlightened state of super-consciousness in the natural feminine way.

Global Testimony: The Luminous Structure in Other Cultures:

The Luminous Structure and the Four- Petaled Flower: Testimony from Mexico

Illustrations 2 & 3

It was not until I was nearing completion of this book that Karen mentioned to me the four-petaled flower (sometimes called *nahui olin*) embroidered over the womb of certain old paintings of the Virgin Mary. She brought to my attention specifically the Mexican ‘painting’/miraculous imprinting of the Virgin of Tonantzin (Guadalupe) on the *tilma* of Juan Diego. It was very subtle and easily missed. Sure enough, when I investigated online, I found many references to this four-petaled flower – an image of the fruit of the womb of Mary (i.e., Jesus) and also sacred to the Maya.

At this time I was exploring the connection of the Earth's torus with the personal torus. I noticed how mainstream scientists and spiritual teachers seem to perceive only a vertical torus in the human. I turned the human torus on its side and laid it horizontally over the vertical as I had done with the Andean cones of energy. What was revealed was the same four-petaled flower!

At this point I also realized that the inner channels of the tori are the two intersecting cones of energy of the Andean Luminus Structure. They were, in a sense, an inverse image of Parvati Lakshmi's Copper Yantra (see Illustration 1):

Illustration 1

Then I began to realize that the four-petal flower, when activated and put into spiraling motion, also created a pattern that represented a double Phi.

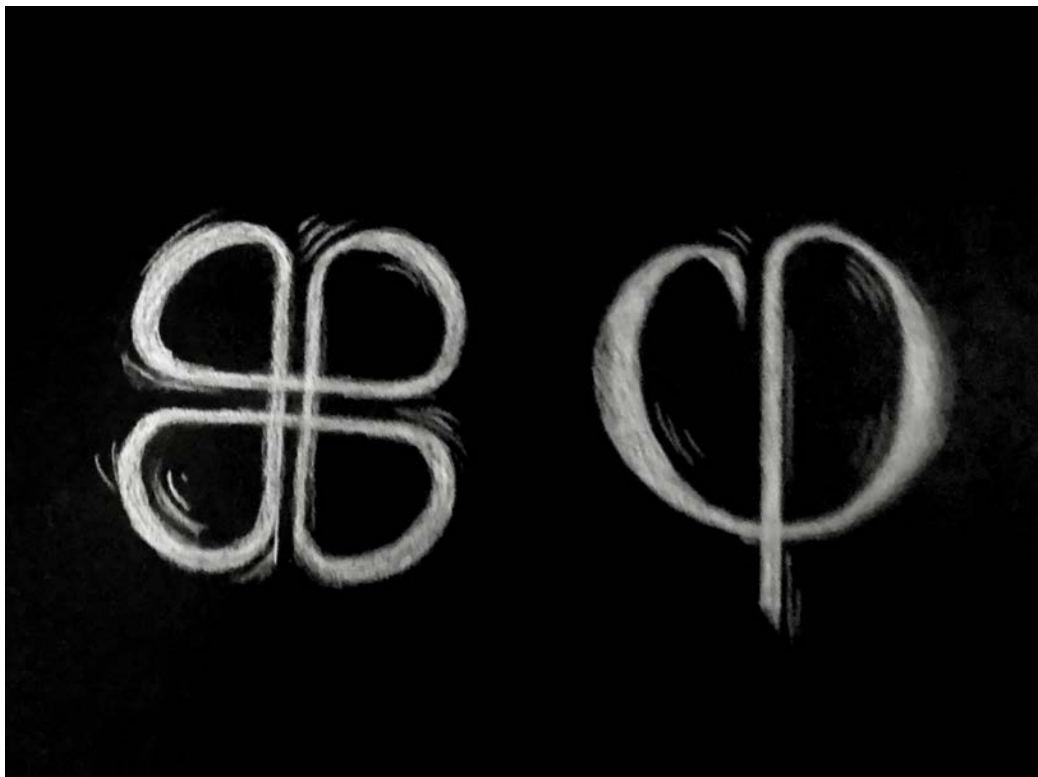


Image 3: Stylized representations of the Phi (pronounced 'fee'). In 2D - as a doubled form and as a quadrant. These are aspects of the Torus. Artist: Maureen Walton.

The doubling technology of the Phi (a mathematical principle of the sacred geometry of the Tori) is, as I shall relate in Chapter 19, the inner magical method the woman activates to divide her own egg in order to self conceive:

Image 15

I don't pretend to understand all the workings of the Phi process in relation to the Luminous structure. More questions and insights unfold as I go deeper. (I am using my own inner resources to source as I have not yet found material online or in books - except in ancient art forms) Finding this four-petaled flower really helped me to affirm that this is indeed part of the global feminine parthenogenetic system.

The Norse System

Illustration 4

It was just a few months later that I had a very direct dream that showed some masculine and feminine symbols from the Norse world. The details were not clear but at least I had enough to begin a search.

I did find this Norse schematic that clearly spoke of the same heart to womb practice as the Inca! This symbol is called the "Sculled Net".

A second image depicted twin ravens that were shown with an egg incorporated together in an artistic design that was clearly in the shape of a womb.

The third image were three Triskele Horns. The triskele horns were described as holding a Goddess blood-brew for the Viking warrior. So we see that this wisdom is out there but not well known.

I was struck by the Norse version of the Andean heart-to-womb system. It seems to focus on the horizontal cones, and to be a similar practice.

Other Global Examples

More clues to this womb-to-heart system continue to appear spontaneously in my life. Global cultural affirmations of this parthenogenetic system are very heartening.

Illustration 5

The carpet design in Illustration 5 is yet another visual of the Andean ascending and descending stepped triangles found in Peruvian architecture and fabric design. It also remarkably includes the central X in the exact form of the completed Inca Luminous structure. (My colleague, Oran Rhuad, drew my attention to this.) This form is shown as the famous Chakana in illustration 13.

This carpet design happens to be on my living room floor. It took me years to awaken to it!

Illustrations of the Conscious Directing of the Tori System Energies: The Redirection Process.

I'd like to also describe here two of my drawings showing the ascending and descending processes of the Blood Masteries.

Images 13 and 14

These images reveal the cumulative effect of a woman's conscious direction of the energies of the Tori Systems. These do not happen strongly without our intent!

These are my own thoughts I'm sharing to inspire you to remember. I'm not claiming them to be the last word.

I have created these images in a freeflow style that align with the structured system of andean heart to womb schematic, to inspire and show the effervescent playful nature of this divine system and its dynamics within our bodies. It all happens in the darkness!

Image 13 & 16 : Ascending Redirection – Womb-To-Heart

These illustrations depict the ascending redirection process. Here you can see the sacred torus energies pouring into the womb and swirling within the womb space, enlivening and enriching it.

With activation by exhalation-dominant breath, we can see those torus energies being pulled up within the water element (womb blood) in perhaps a slow back and forth looping motion, supported by the fire element (kidney and heart fire). The enlightened womb blood reaches the heart and bursts through with its water and fire energies. We can see the heart absorbing the pure womb blood and begin to pump it through the veins of the body thus replacing any traumatized karma and ancestral-laden heart's blood with its high divine energy – while, at the same time, mingling with the good aspects. (I will share more details later.)

Image 14: Descending Redirection – Heart-To-Womb

This drawing expresses the art of parthenogenesis as I so far understand it. The now enlightened woman, having redirected her womb blood to the heart and so through her whole system, begins, after a time, the process of redirecting it back to the womb. This occurs only after she has spent much time becoming accustomed to this new expansive awareness and after she had been in communion with the already enlightened soul wishing to be born.

She (and her sisters) engage their descending cone of energy with deep, slow inhalation-dominant breath. They begin to drop the now purified blood of her heart system back into the womb. The inspired energies can only gather there and easily become one in the womb because of the already perfect pure nature of the womb space. The heat builds with each inhalation. We feel that the water element is very present here also to initiate the phi division (more details later).

An egg has slid down the tube into the womb and is surrounded by this supercharged force descending from the woman's heart. The divine heat of the heart energies burst into flame within the womb space. The water element present in the womb's blood is also present to anchor this egg.

Image 15

Together they activate the Phi doubling pattern that divides the egg and this division continues over and over. Fertilization has been achieved.

Fire and Water!

Illustration 6

These photographs also express the Heart-to-Womb energies! The image of a fire atop a waterfall perfectly mimics the Luminous Structure.

The masculine fire of the heart rises and ascends while releasing attachment; The feminine water of the womb drops and descends, attaching to create sacred life.

Three stages of the Blood Masteries (Celtic)

Illustration 9

A common Celtic theme is two hands holding a heart. But I had not seen it in its original setting within the celtic cross. That brought a whole new hidden story forward and inspired this understanding of the first two steps that precede no. 3.

The first two illustrations are- 1- the harmonious balance of womb and heart 2- the redirection of womb energies to heart 3- the redirection of purified heart energies to womb. Gratitude to the Good Darkness study group. (May 2023)

Chapter 3 -

The Essential Quadrant ... and The Power of the Good Darkness

We have studied the structure of the Inca system in the first two chapters as an overview and in skeleton-form. I have described it in logical and technical terms.

Now let's spend some time reflecting on the nature of the womb and the darkness itself. We will also look at its connection to the outer world. We will look closely at, what I term, the Quadrant (which is akin to Jung's quaternary): an image which reveals the sacred complements of Light and Dark. I will include some poetry and meditation on the nature of the Good Dark that grounds our meditation in the Earth-plane.

The Cosmic Darkness and Cosmic Void are vast concepts. Water is our portal to this nature in the elemental realm. If we expand and soften our vision from the viewpoint of the dark cosmic nature of water (a feminine element that anchors wisdom), we can get in touch with the larger idea of the Darkness which is written of here.

The True Nature of the Light and the Dark

The demonization of the Dark has been a good way to demonize the life- giving powers of women! The Good Dark is our creative realm -- our home base: it is in the great Cosmic Darkness of outer space as well as within the warmth of inner Earth and within the womb of all women. We know a seed can only gestate while in the dark soil. We know it will quickly die if exposed to the light before its roots have had a chance to reach down deep to be nourished by the mineral rich moisture in the dark soil. Why can't we embrace the same process within ourselves?

The intricate process of gestating new life (whether new life is viewed as a concept or a baby) happens within that concentrated vibrancy that exists only within the Darkness itself. The Light is the finishing process and comes on the scene later. It is far too harsh to introduce a new idea or concept, let alone to nurture a sensitive baby in the gestating phases! We know that each one of us grew to complete wholeness while living in the darkness of the womb.

We knew that Dark as a safe zone – as the environment where our nourishment came from! In the Darkness of the womb we developed not just physically – we were also fed with the Cosmic Wisdom energies that lived in that Darkness and in the blood of the placenta. We were fed with the feeling and will of the Cosmic Soul.

The Darkness, as carrier of Soul and Wisdom, imbued us with many clairvoyant sensitivities like Intuition and telepathic awareness. Super sensitive tiny creatures we were! In former times we were very gently and gradually exposed to the overwhelming nature of the sun and light of the outer world. Great care was taken to bring the Dark inner-life qualities forward with the child as she stepped into an outer world full of action and manifested forms.

The Light and the Dark are not just abstract concepts. They are real dynamic states that are embedded in us, completely charging us with the complementing qualities that together make us whole balanced beings.

Today we are taught that the Dark carries evil, shadow and all things bad. This severely damaging program must be undone. It is insulting to the creation principle of life!

The feminine principle is that Cosmic Wisdom whose desire is to descend into the Earth realm to create from Cosmic Source. The masculine principle is that Grounded Source that strives to ascend to reach the same cosmic realm where the feminine came from. So they pass each other on their own way to bliss! This is what the Inca womb- to-heart system is all about! A dancing dynamic of opposites.

This “dark to light” or “womb to heart” Inca system is from a time when an acceptance of these two qualities was understood and lived. In those days, men honoured and balanced these two qualities within – just as women did. So, in our own times, men too can use the Inca system. But a woman takes it to a whole other level by being the holder of the magical womb.

I believe the Luminous Structure is a universal system and reflects the nature of the matriarchies from where it was born. The very expression of how the ascending and descending cones within the vertical channel embrace both polarities of masculine and feminine principles within the darkness of the body says it all!

This generative balancing does not occur in a patriarchy which glorifies the masculine principle at the expense of and by demonizing the feminine principle. In patriarchy (i.e., the dominator model) nothing gets anchored or completed! Wholeness is destroyed! (See the chapter on Matriarchies, Chapter 6.)

Complements, Not Duality – The Quadrant

It is very important to clarify this much misunderstood truth: that our cosmos expresses itself in generative polarities (complementing principles) not in the clash of opposing forces (or, as it is often known, in duality).

There is much confusion about duality in our world today. Duality is a word that is bandied about as a cliché in academic, social media, New Age, and pop-culture contexts. We are led to believe that to reach oneness we need to overcome duality. Then we make the mistake of saying duality is masculine versus feminine, or light versus dark, etc. This causes great confusion.

Let's take light and dark as an example. Even in New Age circles, it is common to hear people speaking of Darkness in strictly negative terms. This is simplistic at best! Poor thinking lies at the roots of such thoughtless pronouncements.

One is not good and the other bad. We know there are benevolent and malevolent qualities of both the light and dark. Thus the “good” dark and the “good” light are complementary opposites. It is a divine marriage and allows the sacred vibration of life to thrive and reach that oneness. We do **not** want to “overcome” these vibrant compliments! When we are balancing both complementing qualities there is no “wobble” in the vibration! Then we have attained oneness! Oneness is not achieved through transcending duality!

The “bad” light and the “bad” dark are the dueling couple we **do** want to overcome.

Looking at the diagram, we can see how the patriarch ignores the destructive effect of the shattering, drying, over-exposing nature of the blinding light and, at the same time, ignores the good qualities of the life-giving nature of the soulful dark (which is the cosmic life source, warm nurturing wisdom, full of inner strength and pure feeling – the Cosmic Womb Herself!).

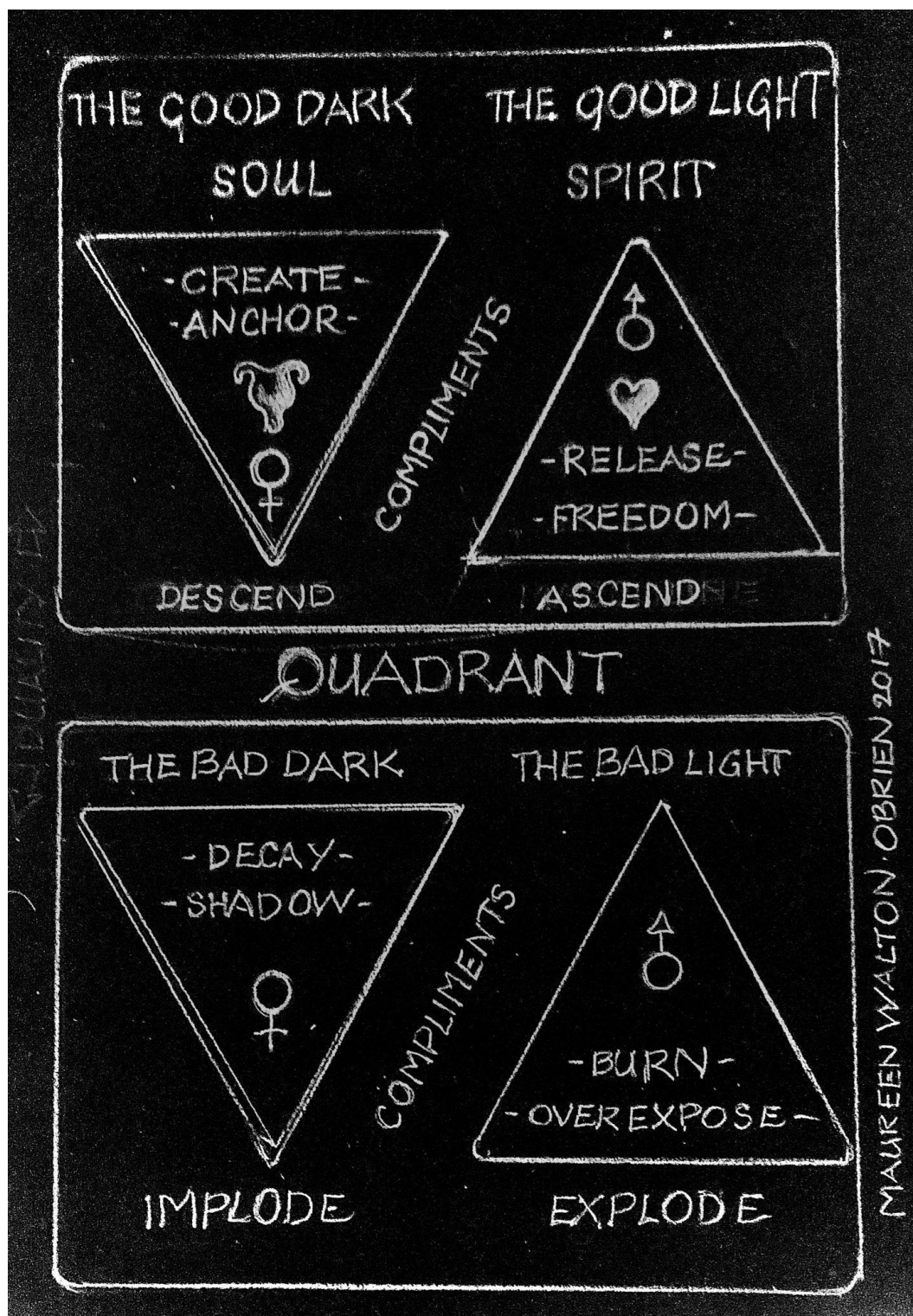


Image 4: A freehand sketch of The Essential Quadrant: The Sacred Complements of Light and Dark. Artist: Maureen Walton.

In the (false) spiritual teachings of today, we are left with only the good light and the bad dark. This obvious misogyny has confused us greatly.

Transforming our everyday language is challenging, but it will be essential in order to liberate the truth.

The Divine Dark is the Womb's Wisdom Essence – both cosmic and human. It is the *source of life*.

As Rudolf Steiner said, “All life is born from the dark and dies into the light.”

The Quadrant in the Sky Woman Creation Story:

The ‘good and bad dark’ and the ‘good and bad light’ - these are the two sets of twins in the story!

To verify this I again look to the teachings of North America’s First Nations’ people of the Woodlands. In their creation story, Sky Woman’s daughter self-conceives and brings forth two sets of twins: a boy and a girl who complement each other and a girl and a boy that are dualistic!

How remarkable! Isn’t it amazing that, whenever one is searching, the example shows up and has always been there! Thanks to the indigenous peoples for holding the memory within their stories! (That ability to ‘hold’ is the nature of the inner feminine principle showing us her enduring strength.)

This version of the ‘Sky Woman And Her Children’ story I share in Chapter 16 is a Seneca, Wendat and Oneida interpretation brought to my attention by Marcine Quenser. Some new translations misunderstand the meaning of the two sets of twins and instead interpret the teaching as two brothers (one good and one bad) – which totally misses the point! Where have the sisters gone? (The ancient Egyptian cosmology retained the sisters, Isis and Nephthys, with one evil brother, Set, and one virtuous brother, Osiris.)

This idea of quadrants seems to play out in everything! Another example is the womb-to-heart meditation. Here the base of the masculine ascending cone is anchored in the feminine earth and the base of the descending feminine cone is anchored in the masculine sky-realm. There is always an interplay of complements creating four energies.

(I send my gratitude to the Q'ero Grandmothers who, with their great inner strength, kept the Heart to Womb practices alive and safe through the 500 years of self imposed seclusion high in the Andes since 1450 and the invasion of the Spanish. Only in 1949 did they and their community intuit the world was ready to accept these practices once more. They descended the mountains to re enter the world and were received with great celebration by their people.)

We can also look to the Cosmic Wisdom/Sophia outer-space realm and see her powerful magnetic contracting feminine vortexes at play in the form of black holes.

Dark of the Womb

The Womb is a source and expression of The Good Darkness.

The full depth and sacredness of the Womb's power has been long hidden and the resulting loss, I believe, has deprived humanity of our innate wisdom – to the point where we are becoming vulnerable and fraught with inner weakness and so susceptible to unhealthy programming. I was drawn by this system and knew I wanted to share it as a way to help women with wombs to become more conscious of them as a central power station in our bodies to use **daily!**

So I take you on the first step of this journey, to explore some of the womb technology and practices held within the ancient Dark Lodge. In reading the following diagrams, stories, drawings, teachings, meditations, questions and observations, may we remember.

Let's all remember that it is the feminine creation principle, that is the dark inner unformed and invisible Life Source. She gestates all sacred concepts before offering it over to the masculine principle, to manifest them into the visible world.

It is therefore easy to forget and lose touch with where our dreams and visions all came from. Thus disconnected from source we lose touch with reality and with our soulful anchor. Especially while living, as we currently do, in such a fast moving material world focused only on the outer show.

We know this was not always the case. Our inner sensitivities like telepathy and clairvoyance once kept us connected to that inner world, which was our foundation, not so long ago here on Turtle Island.

What's the importance of the womb?

According to the Q'ero the complementing forces are:

- love and wisdom
- masculine and feminine
- heart and womb.

The womb is an organ as important as the heart and the brain. It is a magnetic force that attracts mega-cosmic ensouling forces via the horizontal torus channels. In fact, according to the Q'ero Indians of the Inca nation it is the one of few resting place for Darkly Divine Cosmic energies to reach earth directly!

The fully activated womb not only carries huge quantities of Cosmic Soul but also the riches of the inner earth and inner sun via the 3 Tori systems (outlined in Chapter 13). Just as significant, it also can bring in fully enlightened souls via parthenogenesis in just one incarnation!

So we see that the womb is a repository to anchor in deep Cosmic Soul energies as well as the Earth and Sun energies. With practice and commitment this womb technology system can bring us to superconsciousness (to, what has been dubbed in the last 3000 years, enlightenment) in the feminine darkly creative way. We are designed to gather and store Cosmic Soul energies in our sacred dark womb space for specific purposes.

In our world today, we can see clearly the continued unconscious oppression of the feminine power by both genders. Most things are about the outer show of strength. This is the masculine gift and is a good quality, but only when held in balance with the inner enduring strength of the feminine. This enduring strength is one of many qualities held in the womb.

We could be magnetizing this plus Cosmic Soul, sun and earth power daily in significant life-changing quantities!

The Dark Womb space has been a pocket of perfection, untainted by the trauma that surrounds it, since time began.

The Cosmic Soul nature that we import and hold within the Dark Womb space carries the pure qualities of depth of feeling, inner strength, weight, will and Wisdom. Some call this Sophia – or the Wiracocha in the Americas. This Cosmic Soul nature is beyond the personal and is not strictly human. It has no impurities. Connecting to it brings us a more expansive cosmic awareness of the bigger picture together with telepathic and psychic abilities. These energies are channeled through the dark of the womb. They are a type of organic technology.

The feminine organic creation technologies in many ways are a hidden subject. It seems in today's world, that this and many more of our organic technologies are becoming pushed aside and even eliminated as the over-use of pharmaceuticals and artificial Intelligence attempts to force itself onto center stage! We can dispel that easily by coming together in this work to reclaim the feminine principle. Men and women!

The Horizontal Channels of the feminine expansive energies are fundamental, yet they are not articulated in official teachings.

In the past, traditional indigenous meditation systems around the world combined the feminine horizontal and masculine vertical channels of energy in their teachings to create a balanced system. The original Q'ero Meditation technology may have incorporated the lateral Torus energies, together with the vertical system, but, if so, that aspect had been dropped by the time I received knowledge of the Meditation fifty years after the Q'ero left their mountainous seclusion.

Dr. Cindy Lindsay met this group of Q'ero Indians while on a research project there and studied with them all during the 90's. She was able to meet with and work with some of the original generation who had come from the mountain village. Yet I wonder often, how the Q'ero themselves received these teachings- they seem to reach back to a time like the one we speak of when we were still linked to the original 'divine plan.'

Even with the challenges of searching for details lost during translation and the erosion of the teaching after exposure to the West, the Q'ero system does speak of the 'sacred chalice' (the womb) that holds and gestates the energies we import from the cosmos. I believe this reference holds a clue to the use of horizontal energies in the original Q'ero system.

It seems that the horizontal energies and the womb's system were long ago allowed to drop from many spiritual practices. We were absorbing those horizontal energies more

consciously and more forcefully while supported within a matriarchal system. This was a time when the womb was honoured in all spiritual practice. When the matriarchies were undermined and destroyed, the horizontal energy practices that underpinned them were either eliminated or neglected. (There will be lots to share on this subject later on.)

Without the Womb, A Lack of Inner Strength and Wisdom

I can give a current example of the need for the tenacity and wisdom that the horizontal power of the tori systems bring to both genders.

Some of my research in 2020 was in following the 'Disclosure Group' of the USA Military. Calling themselves The Alliance, the group claimed that a significant turning-point was about to be realized in this world: a group of high-standing US military leaders were about to bring down a cabal of tyrannical controllers called The Deep State during 2021. Years of preparation has gone into The Alliance's plan, involving many strata of people within society around the globe. At the last minute, the plan crumbled. Corruption weakened the group and The Alliance could not realize the plan. I believe this would not have happened had the men been able to embody their inner feminine strength to balance with their outer masculine strength.

There was a lesson in this tale of disappointment: it became very clear to me that we cannot overcome controlling forces until the feminine ensouling power is restored to be in harmony with the masculine power in each individual and as a whole. If we continue to ignore this vital dimension, all the most proficient planning, brilliant intelligence and extensive networking will fail.

We are currently in a new wave of patriarchal dominance where even well-meaning men and women have no idea that their inner feminine powers are hidden, sabotaged and demeaned. There is a reason for this oppression: we know that natural technologies stand in the way of Big Pharma and A.I. succeeding in taking center stage. We have witnessed the sidelining of many naturopathic practices since the 1920s by corporations, media, health care and governments. (We have also witnessed the 1970's "back to the land" movement being considered a joke by the same!) Yet we know that these movements, closely tied to the feminine principle in both genders, are what brings us to optimum health and wholeness when they are embraced.

Artificial technologies are **not** compatible with our own natural inner soulful technologies! We need only wake to the inner feminine Wiracocha latent within so our missions can succeed.

Stepping into a more artistic aspect of this subject for a moment, let us enjoy this poem

from a Q'ero source. Within it, find the images and wisdom to reconnect to the Good Dark of our Wombs and Creation's Waters.

Dark of the Womb...

*Water and Blood within
It does not drop memories like the wind.
It does not burn and transform them like the fire
but the water attracts and holds memory.
Memories are frozen in ice
they release in melting and in steam.
The water is soft and fluid and receptive
Yet it has great weight and strength and power.
It seeks the deepest lowest level
and ensouls all it touches.
It winds its way into all recesses and nooks
Bringing life to all.
With its slow patient ebb and flow it can move and reshape mountains
On its way down to the sea.
The memory of the earth and the cosmos is in the water.
From that encoded water we gestate life in the dark of the womb.*

The Original Plan: Holy Technology

We have heard of Earth being called “the Living Library” (to use the term of Barbara Marciniac). I laughed at those ideas in her books in the 1980’s but feel differently about some of those ideas now! She explains how this diverse collection of organic species here on Earth was brought from other star systems to be kept safe and whole as a precious bank of endangered ‘ensouled’ life forms. Why?

This points to the possibility that artificial Intelligence had already begun to undermine organic life forms elsewhere in the universe. It also makes it clear that there are groups of Soulful beings who were wise enough to choose Earth as a sanctuary and a safe zone! There was apparently much excitement and hope that we would remain hidden and undisturbed so that we could develop in a grounded, soulful and spiritual way and so reach our full potential – free of the weakening effects of genetic modification and artificial intelligence as well as the enslaving effects of the ‘dominator races’ that enforced it.

It seems therefore that this Earth, in the beginning and for eons after, was a safe zone for the organic electromagnetic creation technologies, such as those which the womb carries! They were brought here to blossom and give power – to ensoul humanity with its inner strength. They were also part of the technologies that were used in the outer world to build the sacred dolmens and standing stones and even perhaps the great domed temples and pyramids. The point is that, it seems the creators of free energy devices built today (even as far back as Tesla) have lost the source foundational knowledge that the Torus fields carry the feminine cosmic wisdom energies! These sacred energies feed us with the powers of clairvoyance and expansive knowing.

I’d like to offer here a poetic view of our evolution formed by Karen Holmes from her research into the Hybernian Mysteries. This story, unfolding between us, reached us through the horizontal energies. Consider and feel into this story. I am still processing it myself and have a lot of questions.

“Evolution” – adapted from a Hibernian Creation Story retrieved by Karen Holmes

In a time before time, when consciousness and creation were free of bodily form and with no gender-seperation, all entities carried the energies of An and of the overarching Cosmic Soul. This was not a personal energy: and in mythologies that have come down to us might be symbolized by the goddess Nut or the Wiracocha.

Some of these entities were carriers of the Sacred Four and explored the qualities of each of the Four Winds and Energies. (These Four Winds expressed themselves as sets of twins: so there were eight faces to the Four Winds).

In time, some of these entities began to be pulled toward pairings of the winds. Some faced predominantly downward; while others faced predominantly upward (even though such directions as up and down were essentially meaningless in those times).

Through the upward orientation, the heart began to form. Through the downward, the womb. With the finding of Direction, the entities began to manifest in the physical realm. Time, as we know it, also begins.

Those with downward orientation became female; those with upward orientation became male.

At this time some energies split off from the original plan to begin their own lineage. They were timeless beings that lived very long with only one life and they were genderless.

When divine consciousness began to take physical form, the Cosmic Soul (Wisdom) nature found a home within the new woman's interior womb space and the Love energy found its home within the new interior heart space of both newly-formed genders.

Thus it came to be that the female of the gendered lineage attracted and carried more magnetic weight in order to create life but her physical weight became less to balance. The male of the gendered species carried less inner magnetic weight and was thus a conduit for the electrical. His physical weight became greater to balance. The complementing polarities came to be.

The female, knowing the inner womb technology (i.e., the magneto-electric tools), maintained the link to the original divine plan. The female was able to bring the original divine Cosmic Soul nature in individualized entity-form into the physical world as 'enlightened beings'.

The process of bringing new souls into the physical-soul realm was the process of parthenogenesis.

Because of working in a physical realm born out of one's own emerging physical being, this feminine technology remained tied to a specific physical organ, the womb, and thus could only be activated by biological females (i.e., women). Initially, the womb was not bound within a physical frame of women (as it is today), but existed in a sheath about the slowly hardening physical body. (The hardening of human forms only took place much later in evolution.)

The masculine also maintained a link to the original divine plan and was able to bring divine soul nature into the material world in the form of enlightened physical "spaces" in the outer world, using unmined minerals from nature. The mineral realm was more fluid in these times as well. Eventually, as the human being's physical body hardened, this technology led to creating the dolmens, standing stones, pyramids and other stone-structures. (Some of the human creators chose to remain with the stone as it hardened and became Stone People.)

Because the material reality being worked with was exterior to the organism of the entity itself, this was not a technology confined to a particular biological sex. Both females and males could work with it, but females less and less worked with it as it detracted from the inner storage of energy required for parthenogenesis.

Such was the origin of these stone power spaces and the womb power spaces within Emerging Humanity. Male and female worked as partners with one another; and also as partners with the High Divine in the creation and naming of the universe. (An awareness of this comes down to us in the Hebrew teachings on the Son of Man.)

Telepathy, sounding and dance were some of the organic skills and tools needed to activate and maintain the vibrancy and power of these technologies in both genders. Eventually the womb moved more and more into the protected form of women and was viewed as a very holy technology. In the mists of time that women were supported in their womb work to ensoul themselves and the community and to self-conceive enlightened souls. All women did not create children, some were teachers, designers, healers and imagists.

Sexuality, as we know it between genders, did not yet exist. Rather the creative exchange of Four Winds' energies as partners, masculine and feminine in Creation, was part of the ground (the foundation) for the process of parthenogenesis. An exchange of energies facilitated a creation of generative polarity within the female. New souls themselves, however, came into the manifest realm only via parthenogenesis and only in an enlightened form.

The womb was the Wisdom Keeper. This wisdom inspired the men with the powerful inner strength and tenacity to build on a profound level in the outer world as mentioned earlier. Levitation, telepathy and many other tools supported magical manifestation. The Earth and its early life forms were, in the mists of time, organic and deeply aligned with the evolved angelic realms. Eons passed.

Thus ends this particular tale of our evolution as Cosmic Human Beings connected to and channelling Divine Source. Although this particular story has not been told for thousands of years, it holds much for our contemplation.

Note today the myths that are full of tales of ancient super women who birthed parthenogenetically and held great inner strength such as Parvarti, Sky Woman, Mary, Ixchel, Maya, Gahadosug, etc. Together with the men's structural, ordering and finishing skills, we can see how the complementary gifts of both genders were essential to co-realize the Creation of Earth. Together with the High Divine, they made the Paradise that held the power of longevity and wisdom(feminine) together with 'here and now' power, strength and organization (masculine).

Here we are today at the edge of losing this legacy – the Living Library of organic creations.

The golden triangle on Lake Ontario's north shore and the “Stone Boat”

The womb is the inner natural technology that aligns with and supports the success of the outer natural technologies that we once built in the landscape such as dolmens, stone circles and all the great natural generator stations of ancient times! They were then built in accord with and with reverence to women's abilities to magnetize high frequencies into her womb space. Frequencies from the ethers.

Free energy healing devices and travelling devices being built today need to reconnect to the inner feminine womb technology in order to succeed and gain the depth of wisdom to be successful in the long run. I do not claim to know the detailed workings of this

collaboration, but I have been guided to discover many examples that prove it is so. It is true that the current inventors acknowledge the magnetic forces applied in the construction of these devices as feminine, but it needs to go deeper than this.

The stone temple builders of olden times knew of and worked together in collaboration with women and their womb technology and this is the reason their devices were so successful and maintained the harmony of their pre-patriarchal worlds. The Parthenon is an image of a device built specifically to support the women's art of parthenogenesis. Unfortunately, the Parthenon itself is but a hardened shadow of what it once was.

I feel supported in this, by my discovery that the Tyendinaga Mohawks of the Haudenosaunee Peacemaker Confederacy kept alive in their legends a story of this complementary cooperation between masculine and feminine. We hear it in their story of the Peacemaker's Stone Boat, built by Hiawatha and Dagonawida under the instruction of the Mother of Nations, powered by the womb-technology of the two parthenogenetic mothers.

It has come to my mind, as someone who lives on the former hunting grounds of the Wendat, to mark this important location as a viable energetic place to activate these technologies today.

It is known that the Tyendinaga lands, that formerly ran from Lake Ontario north to Highway 7 (the settlers' original trans-Canada highway) are limestone in the south and change to granite further north. The granite carries crystal and gold and feldspar.

This area forms a triangle of energy where other free energy devices have been and are currently being built. One is the propulsion-unit of a ship/transportation vehicle created by David Hamel in the 1990's near Madoc in Gilmour (as mentioned in the preface). A magnetic and crystal healing-chamber is currently being built in the same area by Greg Dwyer. It uses the same technology as David's. Greg was his student. It would seem that the influence of the Haudenosaunee Peacekeepers is alive and well here in this landscape. I have heard a few First Nations' folk refer to UFOs as 'stone boats', so it's not unknown in some of their circles.

The Importance of the Good Darkness Held in the Wombs of Women

Women hold the key to creating the most powerful creations on Earth –not just babies...because of the magnetic cosmic energies that our dark womb and our womb blood attract. The first step the woman learns is how to redirect those energies to her heart for full awakening. This means she is no longer losing her precious elixir each month and thus gains incredible inner strength. We will share in depth about this truth later. This was once the norm in a supporting and evolved social system!

It is no accident that the womb – as an organ of evolution and development of humankind from the earliest moments of time – is now under attack in our world today. The word womb is labelled as being offensive to those men who self-identify as women. Women are called baby-carriers. The power and beauty of the womb is ridiculed and defaced. The knowledge that the womb has a second purpose is unknown today.

Womb technology was acknowledged and creatively worked with during the times when Matriarchies (i.e., egalitarian cultures) were the norm. (Please remember that matriarchies are not the opposite of patriarchies: they are not about women lording it over men!)

The life-affirming ways of the Matriarchies are alive today in a few small hidden pockets around the world, and were alive and vibrant on most continents until a few hundred years ago, save for Europe, the British Isles, around the Mediterranean and in some cities in India, Central America and China. (We have clues that they were also alive in the mists of time beginning with Hybernia and later Lemuria and early Atlantis perhaps even including the inner earth civilization of An, known as the Anshar under the Andes and more.)

If we consider the explosive and shattering effects of too much light we can see this is just as potentially harmful as the crushing and imploding effects of too much dark. Both are a sure way to weaken us. Malevolent forces can attack us in the light of day just as easily. The idea that malevolent energies only attack in the dark is just recent programming we need to overcome.

So we must always be diligent to strengthen our good vibrations wherever we are, in the dark or in the light. The Dark Lodge is one of the practices that helps us with this.

Organic Womb technology and the women who carry it are a key inspirational source for the creation of successful free energy devices that are built in the outer world. This is another fascinating topic we will discuss that is buried and forgotten by even those who consider themselves awake!

I feel Its inclusion will complete the new natural world we seek to re- establish! It will restore wholeness!

It will anchor our creations in the lasting inner strength, tenacity and pure feeling that lives in the Dark as Wisdom! It will anchor in our former psychic abilities and will bring the giftedness of the Primal Four (the Sacred Quadrant, redeemed dark and light) once more into the spheres of our consciousness and being.

Chapter 4 -

Revealing The Lost Womb Wisdom: Living on the Land Of Virgin Birth in Ontario

This chapter outlines the original two inspirations that prompted me to search for the feminine self-conceiving creation mysteries: the Haudenosaunee and the Q'ero Indians. The Peacemaker story is told in full in Chapter 16.

On the Path of the Peacemaker Story: Murals in the Schools

It was in 2004 that I reclaimed the studio home I had built in 1978. I had begun my mural career in Toronto a few years before. As I mentioned, my first contract when I returned to my country studio home was with the Mohawk school on Tyendinaga Territory, my neighbouring community. Tyendinaga is not a reserve. The Mohawks were able to negotiate their own sovereignty in the contract with the English in 1812. This is significant. This was originally Wendat land. The Mohawks original homeland was New York state. They embrace the Wendat Peacemaker story as their own because they are one of the six in the confederacy that was formed by the Wendat Peacemakers. At the time I bought my 2 acres I did not know it was originally the hunting grounds that had been slowly encroached on over the years and is now called Tyendinaga Township. *I landed here on the exact location where 'Virgin Birth' took place.*

My contracts continued in the local schools and colleges for 13 years between Toronto and Kingston and north to the Algonquin Park area in Ontario. Free handing large-scale murals was my skill, as well as forming visual storylines that were dynamic and colourful.

At the Mohawk school I followed their direction as to the stories' content very closely, but I was given freedom in how I would interpret them visually. First came the Thanksgiving address, then the Creation story, and then the epic story of the Peacemaker Group. I also was asked to interpret their traditions in a series of murals in other schools on the elementary, secondary and college level over the next ten years, under the guidance of the First Nations school liaison.

Exploring and learning other First Nations' versions of these traditions was instrumental in awakening within me a passion to search for and uncover the clues to the feminine wisdom that was bubbling up in many of these stories! It was in absorbing the untold depths of these stories in the process of painting that I came face-to-face with the feminine creation practices central in some of their teachings: namely the parthenogenetic women in the Peacemaker story as well as their enlightened sisters who worked alongside them!

So began my own search for other versions and to uncover more details that the Mohawks of Tyendinaga Territory did not provide me with. I am including these stories in the mythology chapter. It was soon after, in 2008, that I discovered the Andean Luminus structure of joining heart and womb. I was watching to see if the two traditions connected. I wondered why parthenogenesis was so hidden and so dismissed by everyone even among the Mohawk nation. Even so they would never omit the self-conceiving events in the telling, even if they didn't believe it personally. This certainly shows their mature level of trust that the story holds the greater vision and has its own wisdom to respect. There is a humbleness here and an ability to not let personal ego get in the way. I am grateful for that.

At this time, I began to have related dreams and waking dreams. For example, one day after completing the Thanksgiving Address at the Mohawk school I stepped out for fresh air and looking up I saw the full moon faintly visible in the afternoon sky. Circling it, from my vantage point, was a magnificent bald eagle. It looped around once and then turned around and began to loop around it in the opposite direction. It formed the shape of the Phi (Fe) -a female cellular dividing pattern that creates by doubling itself (see Diagram #15 in Ch. 2; also Image 3, Ch. 2). This was a messenger from the Creator, according to my guide Barb Brant. It confirmed for me the power that is still held in their stories.

The next project was painting the Peacemaker Story. Many in the Tyendinaga community feel that the three women in the story were beginning to be minimized or tainted with patriarchal overlay. In the retelling of the Peacemaker Story as a mural, I began to search for other views from traditional folk among the other Five Nations to find a more complete version. It eventually became apparent that the ancient women from the Peacemaker legend were the ones who *began* the epic vision of the Great Law of Peace! I found that clues came to me as I painted, so a new picture of the women began to emerge before me. Still I was not having success sourcing details of these women in the community...then I met a woman adopted into the Seneca nation, Marcine Quenser from Oklahoma (who I will share more of later)

Many of the world's myths allude to goddesses' self-conceiving on many levels, and the clues kept me seeking. A few years after being introduced to the Q'ero meditation, I

began to realize the meditation was in part designed to achieve parthenogenetic birth! These two traditions, the Peacemaker path and the Q'ero path, then became my chosen ways to begin to uncover more levels of the truth of the feminine path.

Some women do not have the call to create babies as some of our sisters do. It was only when the new patriarchal overlay demanded soldiers and a labour-force from us that we were pressured to be “baby machines.” In the original cultures I passed through during my early travels, in Papua New Guinea and Indonesia and the Australian outback, women were honoured as mothers, biological or not. They had many other roles acting as the glue of their communities, and they were not thought less of if they did not have biological children. This role of woman as foster mother was an important one in these societies. The familiar quote of “it takes a village to raise a child” seems to come from this former understanding in egalitarian or matriarchal cultures.

Our prime example of this is in the Haudenosaunee Peacemaker story and the role of Jigonsaseh. She has been called The Mother Of Nations and, within the Seneca and Oneida nations, was known as the Peacemaker Degonawida's teacher (foster-mother). (The Seneca and the Oneida are two of the nations within the Six Nations Confederacy.)

Jigonsaseh was Seneca and was born on traditional Seneca territory. Traditionalists among the Seneca and Oneida today strongly feel she descended from a self-conceiving lineage that began with the daughter of Sky Woman in the creation story . (We will speak more of the foster-mothering role later.) All the pieces were beginning to come together for me.

The Q'ero Sources: Forging my own direction

So it was that, even after I had completed the Mohawk school murals and while I was still supporting myself as a mural artist, I began my studies with the Q'ero Indian Womb-to-Heart tradition of Peru with Cindy Lindsday, the teacher I had met from New Mexico USA. Within 2 years I arranged to host her in my home to share the Q'ero Womb to Heart teachings. This was one of my first official retreats at Wyldwood Sojourn in 2010. I gathered together 12 students for her and hired a friend to be our vegetarian chef. I had bought a 10' diameter mongolian yurt to be our Dark Lodge meditation space. It all went very well.

However, to my dismay and shock, on the last day, Cindy announced that, despite all her years in Peru and her research with the Q'ero Indians, she was leaving the Inca tradition to pursue another Womb Wisdom path under the leadership of an Indian guru. I didn't feel ready to continue on my own just yet! I was deeply surprised by her decision.

Cindy at first thought perhaps I would follow her on this new path as her other students had. By now, however, I was deeply smitten by the shamanic Andean womb technology and its possible link to the parthenogenetic mothers of Tyendinaga. So I was not called to the newly-recovered Indian-Vedic tradition that proposed the existence of a "womb chakra". Our small group continued to study from Cindy's combined material for a little while, with Karen Holmes, Bonnie Hazen, Darlene Dove and other women, but we soon realized the incompatibility of the two systems.

I felt the Q'ero heart-to-womb system was not yet completely recovered. Cindy's former Peruvian teachers and colleagues were focusing on other Q'ero traditions and it seemed that the specific womb technology tradition was already being weakened or left out. The original three Q'ero women she had worked with had passed on. Cindy passed on her research to Alberto Vilodo. So I was on my own – or so I thought.

I wondered how I could continue my study of the Q'ero Luminous Structure process now that my teacher had moved on to another tradition. My son suggested that I consider taking the Peruvian ayahuasca plant medicine. I looked into it and thought it indeed might help me to connect with both the Peacekeeper group and the Q'ero womb technology on a more esoteric level. I knew it would also clear some of my own personal obstacles and open me to these teachings on a deeper level.

So I found a recommended Ayahuasca shamanic guide named Don Khalsa, who had dedicated himself to this shamanic plant-medicine work for many years. I began to host him and his community in groups of 10 to 12 participants in my studio space, with me as a regular participant! Needless to say I opened up during those 6 years! It was difficult work but I know my worldview began to shift and it opened me to a more expansive cosmic view of life (in more ways than I knew) and deepened my understanding of the Inca meditation.

All the while, I began leading small retreats here at my studio home to share what I knew of the womb practices. More levels unfolded. I also invited other women to offer related teachings and so my "womb wise" council began to be formed.

Over time, missing pieces of both the Haudenosaunee Peacemaker story and the Q'ero wisdom teachings began to filter in. I was surprised at how more details of the Andean system began to open more levels of itself to me through my visual art practices and the Dark Lodge practice where I sat with a few women regularly, once a month, in my round

wooly yurt. I later learned that this circular wood and woolen dwelling, held together by friction and tension with no hardware, was key to supporting my opening to this system. It was very close to how a free energy receiving chamber is made. Seems the Mongolians knew very well how to live in harmony.

The effect on one's soul nature by the sacred plant medicines is not so obvious until you look back a few years and see how much you have changed! In my mind I have accessed directly without an external teacher, a more complete system of the Andean structure. I leave the truth of this for you to discern for yourself as you read on.

I am sensitive to keeping original teachings intact, yet in this situation I had uncovered other levels seemingly by chance (perhaps better to say through synchronicities). I knew in my heart it would strengthen, not weaken, the practice that originally came to me in its "skeleton" form. In my retelling of old fairy tales and myths I saw them, like the Andean meditation, as coming from a time beyond our current understanding, a window to true history before all the lies began. Therefore I decided to keep my "new piece" as a private sharing in the Dark Lodge here at my home Wyldwood Sojourn while I assessed the truth of what I was receiving. I felt it may be even more ancient than the Q'ero Indians themselves as well as global.

In the meantime I was witnessing other authentic spiritual teachings being watered down, sensationalized or having important aspects omitted through ignorance, resulting in their power being lost! For example, in the current women's movement, I noticed women teaching other women to use their ascending powers to "ascend into the light" (and other masculine teachings) that are detrimental to our becoming as women and actually weaken us! So after two years I decided I had the responsibility to share what I had "self-conceived" and let people decide for themselves.

I realized that the sacred geometry system and the teachings I received from Cindy had come to her incomplete, though still holding the magic of its source, due to her careful research. She transcribed her experiences with good academic standards. She expressed how she found it difficult to pull in all the layers of the teachings from the Q'ero shaman, as they would not just hand over direct answers but wanted her to discover for herself through sitting with the plant medicines in ceremony with them. Wow! What an amazing opportunity she was given.

So this may be how it is intended to unfold, even with me. I cannot say for sure. Later In my dreams and through the process of drawing (often induced by the Peruvian plant medicines), more information continued to reveal itself to me over a ten-year period. Information that was central to allowing the power of the structure to be worked

successfully, such as the introduction of the tori systems. I was amazed and humbled by the experience.

I browsed the web for what was being taught 15 years later in Peru and I was not drawn to study the versions that the next IQ'ero generation had evolved out of the ancient Womb teachings. They did not incorporate the Blood Masteries that Cindy recorded while in Peru in the 1990's. Nor did they include the Tori systems. That was, in my view, a big omission – and a sign I was not to follow. until I was further guided.

Q'ero Lineage: Mosoq – The Time to Come.

In the 1990's an earthquake struck near Cuzco Peru exposing an ancient Incan temple of gold. This fulfilled a sign that the prophecies of Mosoq ("the time to come") were now to be shared with the modern world.

As mentioned previously, my former teacher Cindy Lindsay was trained by the first generation of Q'ero shamans who descended from their hidden village high in the mountains. She played a role in bringing their practices and prophecies to the modern world. Cindy also translated the teachings of the Blood Masteries into English and contemporary language with her own understanding. She realised, while in Peru, that the feminine half of the teachings were already being lost not long after being exposed to the modern world. She found it difficult even in the 1990's to find more than the two known female Q'ero shamans, Dona Bernadina and Dona Flora, that knew most of the original teachings – and even they were already in the background. It shook me to see how quickly the feminine mysteries begin to be left out, weakened and rendered vague when exposed to our top down dominator systems.

Cindy, too, left the Q'ero womb-to-heart teachings and became a devotee of Swami Kaleshwar from Pendukola India. (Cindy teaches at his centre in Texas called The Divine Lineage.) The Swami transitioned in 2014. In accepting his teachings, she needed to deny her former belief in the Good Dark as the source of life (among other things that pertained to the Q'ero work). That was a foundational difference between us that then emerged.

The Q'ero are a Inca tribe of 600 that lived well hidden at altitudes above 14,000 feet in order to keep their sacred traditions safe from the conquering *conquistadors*. They were not 'discovered' until 1949.

It was also in 1949 that an anthropologist, while at a festival near Cusco, met two “Indians” speaking fluent Quechua, the language of the Incas. This language had supposedly been “extinct” for many years so you can imagine his intrigue. Soon after, the first western expedition to the Q'ero villages occurred in 1955 and a few years later the Q'ero themselves were invited to Cusco to begin to share their visions and teachings to the modern world and to others within their own country. They were welcomed by the assembly and were told, "We've been waiting for you for 500 years."

In November 1996, a small group of Q'ero shaman visited several cities outside of South America in the USA including New York. There they performed a private ceremony at the Cathedral of St. John the Divine, in this way fulfilling the mission of sharing wisdom with the four races.

The shamanic ritual had not been performed for 500 years. It was then that, as part of the ceremony, they distributed blue seeds to those in attendance as a symbolic gesture for those people to take the wisdom out to the world. It was exactly then, while in Toronto, that I dreamed of the Dala Lama putting blue seeds in my hands. I kept this experience quiet not knowing what had just happened in New York.

For 500 years the Q'ero elders preserved a sacred prophecy of a great change, or "pachacuti," in which the world would be turned right-side-up, harmony and collaboration would be restored, while domination and control would disappear.

The Q'ero are releasing their teachings to the West, in preparation for the day the Eagle of the North and the Condor of the South (the Americas) fly together again. It is as if their rites (Karpay) were to plant the seed of this Pachacuti of change in the luminous body of the recipient. Those who have dreamed of this event continue to water and tend to the seed so it grows and blossoms. One needs to make oneself available for this destiny to unfold. This process of becoming is considered more important than the prophecies themselves.

Pulling The Strands Together:

A Quiet Inner Strength- from the Mists of Time

So in creating this book of Womb Wisdom from the Dark Lodge, I am trusting the guidance that brought the lost levels of the Luminous Structure to me and to my colleagues, and all the other levels that followed from other sources. If true, it proves how our lost spiritual traditions wait in the ‘etheric fields’ until someone is called to pull them in! This then is my own version.

Long after I had completed the murals at the Mohawk school, I continued to feel support and encouragement to learn what I could about the Haudenosaunee Virgin Birth Mothers while living here in their homeland! Their example shows us it is essential that we remember and connect to our wombs with a sacred daily practice and realize it is the only portal for direct-source Cosmic inner strength, will and tenacity to reach humanity. Keeping the womb blood within us allows us to reach an enlightened level quickly. This is the woman's path to superconsciousness. The main purpose of our wombs blood is to nourish our heart and thus our awakening!

These dominator forces have been only very recently imposed onto a previously very well-established nurturing way that flourished for many more thousands of years and, as I suggested, these nurturing forces are still living within the land and in the ethers, ready to blossom at the slightest weakening of the controlling forces.

My Intuition leads me to think that this system links in with many global pre-patriarchal matriarchal traditions once practised by female shamans the world over *in harmony with the men's work!* This system can also be used by men to help them connect to the strength of the central diamond nexus via the navel together with the memory of the Mother as Cosmic Source thus strengthening their Cosmic Soul connection.

We thank the Q'ero for holding its essence, which came from much earlier times than their own, and I consider that this may also be a link to inner-Earth civilizations and possibly to Atlantean times.

I'm open to all these possibilities. Newer exploration has led me to believe that an inner-Earth race called the Anshar may have brought the Luminous Structure to the Q'ero. It is said they live below the Andes in South America and are a matriarchal race.

It is up to each person to water and tend that blue seed so that it can grow and blossom. The Q'ero rites (Karpay) are a transmission of potential; one must then make oneself available to destiny. As the Q'ero teach, "Look with the eyes of your soul and engage the essential". Indeed we all are planted with seeds of change. Each of us is pregnant with a mission to discover and fulfill. What rites are we to embody individually and together to uncover these truths? Support and clues are everywhere.

Chapter 5 -

The Lost Feminine Keys to Ensouling Life

The Foster Mothering Path in History

The redirection process of the womb technologies that brings women to 'enlightenment' produced a lineage of women we call Foster Mothers or 'Mothers of Nations'.

I credit Karen Holmes with introducing me to the term 'Foster Mothering' from the Irish, Middle Eastern and European worlds. Here in the eastern woodlands they are referred to as Mothers of Nations. There are many such Foster Mothers recorded in fairy tales and in world legends.

In world religions (whether monotheistic or polytheistic), some clues are to be found that point to these mothers' presence and vital activity. The references are often camouflaged and demeaned – or their roles actually flipped to their evil opposites.

The Foster Mothers lived in a time when The Good Dark was honoured as the feminine sacred source by men and women alike. Remnants of the technologies they used are found today in the form of sacred geometry patterns in carvings that still remain in temple ruins as well as in tapestry patterns that continue to be woven even though the meaning is lost.

Foster Mothers (or Mothers Of Nations) are women who do not have the call to create babies as some of our sisters do. In matriarchal cultures, they still were seen as mothers. This role of woman as foster mother was significant. She was still working her womb-power as much as her child- birthing sisters. The Foster Mothers were/are inspired Wisdom Keepers and often are enlightened beings who practise the arts of redirection of womb-energy to the heart (this process will be covered in the meditation).

In the original cultures I passed through during my early travels in Papua New Guinea and Indonesia, the Australian outback and Nunavut, women were honoured as mothers, biological or not. It was only when the new patriarchal overlay demanded soldiers and a labour-force from us that women were pressured to become "baby machines".

Foster Mothers took on roles that required them to become 'the glue' (i.e., the force of connection, community-building and bonding relationship) in their societies. They were not thought less of if they did not have biological children. Foster Mothers were the

teachers, the shamans. The familiar quote of “it takes a village to raise a child” seems to come from this former understanding of cooperation and collaboration in egalitarian or matriarchal cultures. First Nation folk today on Turtle Island often refer to their aunts who raised them as much as they do their biological mothers.

Cultural remnants of this way of drawing together all of a community’s resources to nurture healthy and empowered children do yet abide around the world. I outline some of these cultural traces below.

First Nations of Turtle Island

In the Eastern Woodlands of North America, we find a very significant example of a Mother of Nations in the figure of Jigonsaseh. Jigonsaseh has been called the Mother Of Nations and was the Peacemaker Dagonawida’s teacher (according to most legend sources in the Seneca and Oneida Nations). Jigonsaseh was a Seneca-woman. In some of the Seneca and Oneida Nation stories, it is reported that Jigonsaseh descended from a self-conceiving lineage that began with her being the daughter of Sky Woman in the Six Nations’ creation story.

I am so grateful to the First Nations who continue to pass these stories on without omitting or changing the parts that are no longer fully understood. Such sacred story-telling gives us the opportunity to grasp the significance as we mature and remember.

The other prime example of a Mother of Nations is White Buffalo Woman from the Plains Lakota Sioux Nation. White Buffalo Woman brought the famous Pipe Teachings which speak also of restoring the balance of the masculine and feminine in the energies of Creation ... and much more. It is significant that she promised to return when she was needed and indeed a few white buffalos were born in the 1990’s as a sign.

Inner Earth

Another example of an ancient Foster Mother role can be found today in some of the beings mentioned in the Inner Earth civilizations described by Corey Goode (CoreyGoode.com). Corey says he has had in-person meetings with these beings. One of these beings, called Ari of An in the land under the Andes, is definitely a “Mother Of Nations” in the way he describes her responsibilities. Corey has been informed that Ari of An is a virgin priestess but he has no understanding of the meaning of Virgin! (I guess he needs to read my book!)

I am very grateful to Ari's inspiring presence through Corey's descriptions and I'm sure, as I become more telepathic, that I may receive guidance from her too (if I have not done so already, unknowingly). I respect Corey and admire his bravery to recall and share his life off-planet and in the inner-earth realms.

Greek Priestesses

Some female philosophers of the Greek world were the teachers of Pythagoras, Plato and the like. These women were trained to guide the prodigies born of their sisters (most likely by virgin birth) rather than birth their own children.

Fairy Tales

In fairy tales, the image of the Foster Mother as fairy godmother has come down to us. (A well-known example of this is Cinderella's fairy godmother who creates a magic coach for her out of a pumpkin – and who helps Cinderella claim her true identity – “if the shoe fits!”.) The fairy godmother is the Power Mistress of the Trinity of Maiden, Mother and Crone. She holds the Power of The Good (Green) Witch. In these fairy tales, we find traces of a Feminine Cosmic Soul path that maintained balance and harmony with the masculine way.

* + * + * + * + * + * +

These are some of the ancient lineages of Foster Mothers. A few of their names have come down to us, but no actual work is credited to them. A few that have been recorded in the Greek and Egyptian world are Themistocles, Diotima and Hypatia. In the Druid world, we know of Ita and Bridgit. In Turtle Island, Jigonsaseh, White Buffalo Woman, Ixchel, and Sedna. In China, Quan Yin and many more.

Reconnecting to our ancient foster mothering lineages through the land

Matriarchal cultures kept this way of life alive right here on Turtle Island until very recently. The vibration of their prayer, ceremony and presence is still in this land and I believe we can remember by connecting to the many ley lines, earthworks and dolmens all through Canada.

We all are in awe of one of these sacred sites, The Serpent Mound, in Adams County Ohio (east of Cinicinnati) and also the massive stone circles on the western prairies. We

could ask permission of and advice from the many First Nations communities connected with these sacred sites: we could determine how to honour them and create ceremony with them once again. Spending time close to these places is helpful as they are built over ley lines and fault lines, springs, ground water and other power points so they give us the support we need to begin the re-awakening. Sites such as these will indeed re-connect us to our feminine heritage, together with the water and the torus energies that are our main power source.

Honouring these matriarchal ancestors is key! Women and men alike. Deferring to the First Nations to lead and guide us would of course be a respectful choice. With due diligence, we can remember the techniques, open the codes, and restore balance.

Sacred Geometry Within: Crop Circles

I recently learned that the crop circles (the strongest concentration of which occurs in Wiltshire UK, but which are found around the globe, including in Southern Ontario) are created by the beings of the inner earth. Perhaps these beings, who have a vested interest in saving the planet, are endeavouring to awaken us via these incredible sculptural designs.

The remnants of sacred geometry, carved and imprinted into ancient textiles and temple sites world wide, as well as those currently woven into fields as crop circles, are, I think, left as reminders that these natural technologies are also embedded within our bodies. We should get busy to reactivate them!

I suggest that these tools of creation were front and centre in all high matriarchal civilizations. We can see that the three women in the Peacemaker group for example were all masters of these technologies that are expressed in the Andean Luminous Structure system. They reveal the arts of self-conceiving and of reaching super-consciousness. I propose that the paths of energy, empowerment and 'enlightenment' are to be found in these sacred geometry systems.

I love how these magical geometric designs are presented to us in two dimensions, and unfold and reveal themselves in three-dimensional form as we gaze at them – thus embodying the full application of these designs within our own bodies.

Gendered Lineages

Are women a unique species?

The hidden rich feminine history of foster mothering roles and parthenogenesis roles are such a primal foundational aspect in the original divine creation plan: I fear that their loss will spell the end of our human species, and specifically our woman species, altogether. Not only are we as women oppressed by the current earthly patriarch, but we are possibly under attack by some off planet species who wish to dominate earth. It is evident that the feminine principle in all, and especially in women as the ones holding humanity's soul essence and cosmic soul essence, are the target. Remember that many creation stories begin with the mother figure such as Tiamat of the east and Sky Woman of North America.

If the reader will stay with me, I'd like to also consider here the possibility that the stories from ancient cultures may also tell us about the arrival of non-terrestrials to earth or give us hints to the inner earth civilizations that influenced us. They also invite the possibility that we, as humans, are hybrids. Many of us in recent years have seen the prehistoric art, showcased in the writings of Graham Hancock, Andrew Collins and others, that points to the truth of this hypothesis. Concerning contemporary contact experiences, however, I'd like to share here my concern that in every image and drawing I see today of off-planet beings, they look gender-neutral, male or genderless. What does this mean? Is it simply the limited patriarchal view of the artist, who is asked to interpret the vision of the contactee? Or does it mean that we as women, with our creation technology, are a rare phenomenon and thus a curiosity to non- gendered off-planet beings?

Are they aware that the feminine womb-power is oppressed and denied here on planet Earth, or are some of them oppressing the embodied feminine in order to impose more robotic life-forms? I am sure there are many off-planet beings, as well as inner-earth beings, who are very spiritually aware and support our effort to reclaim and restore the inner feminine womb-power so that we can all become soulful beings once more!

The other possibility is that our military may translate and interpret their encounters with non-humans through the male lens only, and simply bypass any female ET presence as being the 'same as' the male? Or do they simply view them through the normal patriarchal lens as "the other"? Clearly there is an attitude among many, in technological and academic elites, that feel we need to "get over" gender differences as if it is holding us back and is somehow 'unevolved'.

The phrase 'we are all one' is interpreted by some as implying beyond gender. This book helps us understand how self destructive that attitude can be.

Steven Greer, Filipe Cardasis and Juan Fernando Mostajo are three ET communication facilitators that all say there are a lot of benevolent ETs out there ready and waiting to aid humanity in this difficult transition. These authors also stress that all we need to do is develop our telepathic skills so that we can respond!

Re-connecting to our womb's power, as the cosmic source, is precisely the way to open one's telepathic powers quickly so that communication with these benevolent ETs might become possible.

The White Woman's Holocaust

As I speak of regaining our psychic and telepathic powers, it was not long ago that we, especially as women, were well-attuned to these clairvoyant gifts as well as to the process of parthenogenesis. That was only about five hundred years ago and was before the heyday of the 15th-17th century European witch burnings. This time in history aligns with the final wiping out of the matriarchies in Europe.

The following is a brief sharing of how white women's womb powers were silenced during the brutal witch burnings in Europe for a period of 300 years. I don't want to dwell on this, but I do need to honour my grandmothers and ancestors here, as the story gives clear evidence of the level of fear and programming that made humans do unthinkable things in order to keep the feminine, soulful earth connection damaged and weak.

We can only imagine the state of mind of European men when they arrived on Turtle Island during this purging in their own home-countries of their own white sisters! Here they met the First Nations' women who were practising similar arts as their sisters in Europe. There are recorded names of the millions of European wise women killed, who are listed in church documents, and yet the story is not recorded in "history" books.

I am not an expert in this field, but First Nations' women, I imagine, must have been shocked when they saw the enforced inferior position of the white women as they arrived here on Turtle Island much later than the men. It is recorded that 20th-century suffragettes turned to their native sisters for council and support and much constructive exchange happened between them that has been kept from us.

There are no memorials nor annual remembrance day ceremonies to honour our white grandmothers who kept the wisdom of the blood masteries, midwifery, organic medicines and the healing arts alive from ancient times. It is just coming clear to me now that this

is definitely when the arts of Parthenogenesis and the Blood Masteries were finally completely wiped out in Europe. In fact, this is the story of my own heritage and may be why I am writing this book.

Only Recently ‘Lost’: A 17th-Century Letter

Dr Delbert Blair, a 20th-century American medical researcher and engineer (who I share more of later in this book), also revealed, close to the end of his life, a shocking and very old letter he found in a reference library. It is written by a doctor of the mid-1700s in France. It was a declaration announcing that “the practice of parthenogenesis would no longer be acknowledged or upheld in the new medical world that was now being established among men”! This was written towards the end of the witch- burnings taking place in Europe! If true, this shows how recently the parthenogenetic practice was known and honoured and worked.

Controlling forces make sure we do not learn about this in our school history lessons. Oppression of the feminine principle and creative forces are very real and of course we can see how it oppresses men too and stops them from engaging their own inner feminine soulful nature.

We have been divided! Some indigenous women of Turtle Island still have support from and healthy exchange with their men in this deeper understanding. Where this exists, this is a huge benefit for them. It is a good position from which to begin to reclaim their sovereignty! It seems that all women globally have been, and are, the target of the dominator structure precisely because of our womb power.

In a nutshell, the womb’s natural magic brings us to enlightenment, allows us to self-conceive avatars and anchors the cosmic soul nature into humanity!

This is big stuff! It’s time we all sat in circle together, all races of women. We need to examine closely the reason for the continued waves of oppression of the feminine principle within us all – men and women.

It is upsetting to awaken to the harsh truth, but, after the initial shock, the knowledge does bring the clarity and strength needed to restore the balance. So this is why I feel personally that global oppression is more of a gender issue than it is a racial issue! Remember that most First Nations and indigenous men worldwide are much closer to and respect their inner feminine nature than their (so called) *religious* brothers. For this reason, they too are targets.

Now, many of us are observing how inner feminine wisdom is being remembered and recovered everywhere! We can see many women's circles are forming to honour the womb in a reverent way and to also maintain the natural ways of healing our bodies, to live communally, to birth at home and in ceremony, to create personal green burials, to avoid the false news and negative traps, to eat healthy, to boycott products made from slavery and animal cruelty and so on. It is becoming so prevalent that it is impossible for the Deep State "big brother" to keep track!

Yet unfortunately these good movements often quickly flip into their opposites, weaken or get demonized ! *That will not continue to happen when the inner strength of the womb's power, as presented in this manual, is reintroduced and anchored into humanity once more! That's all we have to do. This is the win-win scenario which I present to you.*

Chapter 6 -

Global Matriarchies

We have learned that heart-to-womb technology was recognized and active in matriarchal cultures. We also know that the Dark Lodge practices were respected in these societies. Until relatively recently in human culture, matriarchal cultures were the norm.

In this chapter, we will discuss the problems – personal and social – that can happen within matriarchies. I have extensively quoted a German professor of matriarchal studies, Dr. Heidi Goettner, for backup of these insights. The first step is learning that a matriarchy is not the opposite of a patriarchy. There are no queens or kings in a matriarchy.

Matriarchal Wisdom

I'd like to mention here the words of a Turtle Island Chief Red Elk. To paraphrase, this Lakota Sioux shaman said, “I see that the white man does not share. Some have more than they need and most are desperately in need. Our people are one and share without judgment.”

This is spoken by a matriarchal man in a balanced society.

Another way of speaking Chief Red Elk's wisdom might be, “We are not here today because of ‘Survival of the Fittest’, but because of the “Nurturing of the Weakest.”

‘When we can source directly into the nature of our wombs, we can create as we were meant to. These would be creations so richly ensouled that they would be nothing short of miracles.’ Referring back to the relation between the womb technology and the “stoneboat technology” let's remember that we are, if in that kind of environment, a key inspirational source for the creation of effective free energy devices to be built in the outer world that carry the tenacity, inner strength and wisdom that the feminine principle brings to the table!

We hold the key to creating the most powerful creations on earth because of the magnetic energies that our womb and our womb blood can attract, *but we can only attract them while in a supporting and evolved social system like a Matriarchy!*

What Is A Matriarchy?

Magical Matriarchal Memories

In my personal experience, I wondered why I felt such homesickness after leaving the Kuugaruk community of the Netsilingmuit in the High Arctic in 1983 after a full year there. I later realized it was because I had experienced for the first time how it felt to be in a truly inclusive and harmonious matriarchal culture. It was significant that I arrived pregnant. It wasn't until later that I was able to realize the good fortune that had come to me. Everything about this way of life was integrated with the bigger meaning of life and I was blessed to be invited into womens circles of cleaning seals and scraping skins, sewing etc. I drew a lot of portraits of the elders which helped me connect to them and begin to slowly awaken in myself, vague familiar feelings. Since no English was spoken, drawing was what I turned to.

I was unfortunately witnessing the demise of this pristine way of life without fully understanding at the time the graveness of the situation. I was just 33 years old and just opening. As an unforgettable experience, I particularly noticed how the men followed the pregnant women around like bees to honey. Being in the presence of such a miracle was important to them. I had never felt such respect from men on such a spiritual level before. It was not a sexual attraction. But on a much deeper level. It didn't matter what race I was. I had no idea at that time I was entering into a matriarchal structure.

The Netsilingmiut of the Arctic were only 20 years off the Land! Anitok, a 40 year old man, was an amazing carver of walrus ivory. He showed me his last carving with 5 husky dogs sitting on a soapstone base. One dog was standing. He told me through his 9-year old daughter that the one who was standing was the white man. This was expressing his annoyance that the whiteman always wanted to be the boss. "He thinks he has to tell us what to do," said Anitok. Inuit called the white man *kablunaks*, which means 'dog children' because only the men moved in and they were very hairy and quite immature.

What I noticed was that their form of teaching each other and raising children, was to set an example. It was considered immature to preach and scold and try to control. They saw their children as incarnations of their grandparents so it was inappropriate to control them. Of course there were problems of infighting etc. also and these issues are dealt with in a different way.

Insights of Dr. Heidi Goettner's Matriarchal Studies

I learned from Dr. Heidi Goettner's teachings that all early communities on Earth began as matriarchs with the nurturing mother archetype. This means a collaborative, sharing culture with little focus on individuals.

The patriarchal tyrants that moved in to raid were not about the nurturing father archetype! They were about control and domination. Why then is it called a patriarch? I believe that the tyrannical controlling forces that swept down from northern Europe, called themselves the "rule of the nurturing father" (patriarch) to trick the people. The word in itself does not make sense. It was borrowed from the already established and well known word Matriarch, or nurturing mother.

The following is an extensive quote from Dr. Heidi Goettner, a well-known and respected German professor of Matriarchal Studies, on the true nature of matriarchy:

"Matriarchies are not a reversal of patriarchy, with women ruling over men – as the usual misinterpretation would have it. Matriarchies are mother-centred societies, they are based on maternal values: care-taking, nurturing, motherliness, which holds for everybody: for women and men alike.

Matriarchal societies are consciously built upon these maternal values and motherly work, and this is why they are much more realistic than patriarchies. With matriarchal cultures, equality means more than just a leveling of differences.

Natural differences between the genders and the generations are respected and celebrated, but they never serve to create hierarchies, as is common in patriarchy.

A patriarchy does not incorporate positive male qualities. The male gifts of structure and order, logic and intellect are wonderful and good qualities we all admire. But a patriarchy does not cherish or encourage these male qualities as a matriarchy does. We must begin to restore the true meaning and realize a matriarch is a path that honours and supports the masculine as divine alongside the feminine as divine.

Thus matriarchies can be defined at the social level, as non-hierarchical, horizontal societies of matrilineal kinship which holds both women and men as complementing partners.

In matriarchies, you don't have to be a biological mother in order to be acknowledged as a mother, because matriarchies practice the common motherhood of a group of sisters.

Each individual sister does not necessarily have to have children, but together they are all “mothers” of any children that any of them have. This motherhood is founded on the freedom of women to decide on their own about whether or not to have biological children.

This is possible because matriarchal people live together in large kinship groups, formed according to the principle of matrilineality. The clan’s name, and all social status and political titles, are passed on through the mother’s line. Such a matri-clan consists of at least three generations of women, along with their brothers, nephews and maternal uncles. In classic cases, the matri-clan lives in one big clan-house. This is called matrilocality. Their spouses or lovers stay only over-night, in a pattern called “visiting-marriage”. These principles of matrilineality and matrilocality put mothers at the center; in this way women guide their clans without ruling.

But such a societal system as matriarchy could not function as a whole without a deep, supporting and all-permeating spiritual attitude.

At the spiritual and cultural level, matriarchal societies do not have hierarchic religions based on an omnipotent male God. In matriarchies, divinity is immanent, for the whole world is regarded as divine: as feminine and masculine divine. This is evident in the widely held concept of the universe as the Great Goddess who brought forth everything by birth, and of the earth as the Great Mother who created everything living. And everyone, and everything, is endowed with divinity by virtue of being a child of the Great Mother Nature and then the masculine principle steps in as soon as life is manifested to form and finish. He continues to work in balance with the feminine principle as the creations mature..

In such a culture, everything is spiritual. In their festivals, which follow the cycle of the seasons and the cycle of life, everything is celebrated. There is no separation between sacred and secular, so the everyday tasks also have ritual significance. In this sense matriarchal societies are sacred ones.

The entire society is constructed in the image of the creative Mother Nature. This divine mother is reflected in every woman’s being, and in her abilities to create. Every social, economic and political action is informed by the principle of the world’s – and the universe’s – all-encompassing maternal attitude.”

Source: Heide Goettner-Abendroth (2012)
Matriarchal Societies: Studies on Indigenous Cultures.

The European Fairy tales

I'm speaking of the fairy tales as serious legends coming from the matriarchal beginnings in Europe. They are very old. I include here the wonderful way that old Europe held the teachings of the essential male and female balance within, in their clever adventure stories, so that the deeper meaning came clear as the child entered adulthood and recalled it in a new way.

Every princess seeks to find and “save” her outer masculine complement in the form of the prince and every prince seeks to find and “save” his inner feminine complement in the form of a princess. In the unfolding of the story the hero becomes whole and balanced within, thus the happy ending. Essential lessons for us all.

The European fairy tale holds the seeds of truth and careful attention needs to be paid to keep the story original without personal or cultural twisting, as in all sacred teachings. When I presented traditional fairy tales in mainstream public schools the teachers I met had no idea. They taught the children that a myth was a lie created like the game of “telephone”. This is seriously debilitating programming!

I'm not even going to start with complaining about Disney. Rather, when it comes to looking at European myths and fairy tales, let's remember Rudolf Steiner, Andrew Lang and Bruno Betelheim who thankfully kept the tales in the original form as serious teachings cleverly wrapped in adventure. Let me remind you here that again there were just as many princesses rescuing princes in these stories, but they were hidden by the 'controllers'. I have included several of these stories in the book (see Chapter 16). Many creation stories begin with the female as the creator who self-conceives the first males on earth.

Fairy Tales, Myths and Legends are the seeds of original truths, not lies or fabrications!

The Need for Balance: Addressing Problems in Matriarchy and Patriarchy

I believe communication may have been mostly telepathic in matriarchal times. It was not, however, always a paradise. There were difficult issues that over time caused the egalitarian systems to implode and decay. As a steady-state system, By its nature, a matriarchy has an inability to evolve and change. It is encompassing and expansive but the horizontal nature means there is sometimes not enough focus on the individual.

(As an artist finally enjoying a solo lifestyle myself I may not have adapted well if I was living in that system! However on the other hand such an embracing society may have supported me to work freely and supplied me with my needs in my elder years.)

The current patriarchy we now live in has the opposite problem! It has changed and evolved so fast it is now like a rocket that has no more fuel and is burning up under the blazing sun. It has lost its connection to its feminine source. Thus fragmented and soulless, its abstract aspirations crumble and fall prematurely. The beautiful masculine qualities of attaining high spiritual ideals cannot succeed without the anchoring qualities of the feminine wisdom principle to complement.

Some problems that can exist within a “Matriarchy”

Women do not control and dominate in a matriarch. They are not the ‘big boss’! They are not treated like royalty and they don't sit around ordering men to do their bidding. This is unfortunately the current popular view of today's mainstream who know only of the hierarchy structure of a patriarchal system. **A matriarchy is not in any way the opposite of a patriarchy!** Men in a matriarch are generally happier! They have less pressure. There is no nuclear family and responsibilities are shared more fairly.

Real and tangible traces can be found today of egalitarian (matriarchal) societies that still flourish in some places, and as recently as the 1960's in a few remote places on Turtle Island!

A better term for our current state is tyrannical enslavement (or a dominator-system) rather than patriarchy.

Matriarchs however can also fall into decay so that the people do not hold enough individuality. In such cases, amorphous acrimony and confusion entangles everything.

As I learned from interpreting the Peacemaker Story on the walls of the school, the Wendat (Huron) Peacekeeper group came to restore harmony by reintroducing positive

masculine and feminine qualities that had been lost as the matriarchal culture decayed. These people strove to maintain balance within the matriarchal container.

Karen Holmes has shared with me how, in the first hundred years of Christianity, some of the teachings brought more individuation to people so they could become more self aware. This is one of the beneficial aspects of the sacred masculine that flourishes within a healthy matriarchy. This is what the Peacemakers were also reclaiming here on Turtle Island.

Some problems within a “Patriarchy”

What I notice in our current “patriarchy” (or rather dominator-system) is that many women seem to have lost their practical sense of how things work as far as logistics go, as well as not having a good directional sense. The reason for this is that women are not supported to ground their energies. The emphasis on aspiring to reach up to the light and ascending qualities take us away from our becoming. Men however being naturally grounded in the material (base of ascending cone) maintain their logical connection.

The feminine principle is already ethereal and spiritual by origin so this ascension business takes us further from being able to anchor into nature!

To bring our starry nature into the material and imbue it with soulful wisdom is our mission! We are taught that the descending and the dense energies are undesirable and yet this is where our strength and gifts lie. Our natural desire is to deepen and descend and bring our natural spiritual essence into matter.

I love to encourage women to get their hands into the earth and embrace natural materials. (It is very annoying to me when I see women picking things up with their fingertips as if afraid to engage with life.) Men, on the other hand, are already of a material grounded nature by birth, so not only do they need the light and ascension to aspire to and free themselves from being stuck and limited by matter and logic, but they especially need to receive those feminine descending qualities that bring starry wisdom and soulfulness into their work with the material – otherwise their creations remain flat and lifeless! Amazing how we balance each other. The quadrant is essential to apply here.

Matriarchies – Hidden Away, The Loss of Recent Memory

Even where the tyrannical takeover of matriarchal societies was recent, for example in some places in Africa and Canada, the idea of them even existing is quickly wiped away from our minds through programming.

Dr. Delbert Blair of the Mete Centre in Chicago (who passed in the early 2000's) was well-informed about the African matriarchies and knew that some of them were the famous Amazon societies. He outlined a scientific explanation of the process of their practices of virgin birth or parthenogenesis, and revealed how common it was not so long ago. He claims it was how the Amazons continued their lineages until the 1700s. He also believes that women today bleed in their monthly menses too copiously: according to Blair, we need not lose our precious blood of life. He developed a special diet to lighten the flow (we cover that in other chapters.)

It is currently not even spoken of that the First Nations here on Turtle Island were/are matriarchal and there is confusion of what a matriarchy is even among many First Nations' people.

The sophisticated matriarchal communities that thrived and sustained themselves for eons globally are based in co-operation and sharing and most importantly were parthenogenetic, yet they are never mentioned in our school systems. When we ask why, we come closer to taking our heads out of the sand to face the real situation. A situation that will dissolve only if we all take our heads out of the sand together!

The Forest as an Example of Matriarchal Balance

An image from nature will help us grasp that the matriarchal way was universally used by humanity to form our first communities: let us compare a matriarchy to a forest.

Forest trees do NOT compete for survival as we were taught in the public school system. There is a mother tree that feeds and nourishes her seedlings and co-operates with other trees deep down in the roots, sharing information and things like carbon, nitrogen, water, hormones etc. via the mycelium. The community of trees is like a single organism. It seems obvious to me that nature was our guide in forming the first matriarchal communities!

Creations that contain inner strength, longevity, endurance, wisdom and soulfulness are, in a nutshell, qualities that can only be formed in the dark of the womb! When birthed to the outer world of light, they are introduced to the beautiful masculine qualities of order, structure and finishing, fine-tuning and sparkle! This process allows for a balance of the complementing principles within each of us to complete a balanced whole creation. We are interdependent. (I know I am occasionally repeating important concepts in different ways just as a way for it to become familiar.)

The inner feminine piece has been rendered invisible or distorted by malevolent programming. The outer masculine piece has also been distorted. Our deep inner knowing of how to engage the complementing forces within ourselves (and with others) in beneficial and harmonious ways has been twisted so much we don't recognize ourselves.

I suggest the next time you women admire how a man can lift an extremely heavy object remember that it is a reflection of how strong women are inside! Our womb's inner strength matches the male outer strength.

I invite you to explore this path with me. I have much yet to learn and many more clues continue to pour in through dream, both waking and sleeping as well as through the wise people I attract to my little woodsy hideaway in Tyendinaga township. It feels as though this meditation and its practices are calling me and all of you reading. We know we can access wisdom but only when we are able to truly engage our womb technology.

We are reminded each day when we pass a tree, how the roots are comparable to the womb, as the invisible, foundational nurturing source. We sense the sap as the blood, rising up within the trunk, to feed the beautiful light filled crown of the tree. The crown also feeds the roots with its process of photosynthesis. Again in our current world we forget the vast expanse of the underground network of the roots because they are invisible.

Chapter 7 -

The Magnetic Darkness

In this chapter, we share teachings of the Good Dark – with examples from Russian folklore and from the Maori teachings on the ‘Seven Children of Darkness’. We describe the Dark Lodge practice for women as a complement to the Sweat Lodge practice for men. I offer other examples to emphasize how widespread and central the Good Dark forces are in human culture and in Creation.

The Good Dark

What is the Dark? We have been taught that it is empty, vacant...even evil!

This false teaching is what leads us away from finding our greatest power! I say to you now that it is in the Dark that we find the power to create supreme, soulful and divinely-inspired creations within and with this sensitive earth!

Where is the Void? It is in the Darkness. Where is this Darkness that is so full of life? In this chapter, I will reveal that it is in outer space, within the earth, and within a woman's womb.

A woman who is awake is deeply connected to the Dark by having this amazing inner technology vibrating within her body. It is waiting for her to direct and cultivate to a much deeper level, as was done in the mists of time. All life is born from the Dark!

We all know we need time to rest, listen, receive and gestate our life in periods of sleep and restorative relaxation. We do so in order to be ready to take action in the outer world in the morning.

We know this restoration happens more easily in the Darkness. There is a famous saying by the Vasilisa's doll in the famous Russian folktale, "Vasilisa, go to sleep, for the dreams of the night will make you wise in the morning." This guidance comes from the old matriarchal ways of the world that acknowledged the rejuvenating and creative power of the Dark.

(Later, a false twist was given to this quote: it was changed to “Go to sleep Vasilisa, for morning is wiser than night”. As you see the meaning in the ‘twisted’ quote is now completely reversed to hide the truth.)

We naturally go within at nighttime to do some soul-searching when we snuggle into bed in the dark. If we have not been programmed to fear it, we feel safe and able to relax in the comforting womb-like qualities of the Dark. We can feel that the Darkness is vibrant, alive and magnetic. It is the nature of the Void and is brimming with potential.

Arctic Darkness

As recently as the 1970s, Arctic elders, embedded in a matriarchal culture, recognized that depression and suicide were more common in the Arctic high summer when the sun does **not** set. (There were very few incidents of this happening in the dark time of year until recently.) The summer was the time when there was nowhere to hide: one was always exposed and it was impossible to get a good sleep!

But Darkness was not only for sleep. The dark time was when the stories were told that carried the wisdom, when tales were told that wove truths and traditions deep into our psyches and into our soul nature. The stories were acted out with drumming and singing in the darkness of the Arctic winters.

Today in the Arctic, the Inuit are living a western lifestyle where they are cut off from the land, its cycles and thus their own inner world. Realities have flipped. Now, sadly, suicide happens in the dark time as it no longer feels like a safe zone as in the past. They too have lost connection to the Mother principle. I know there are some who are working to reclaim these old traditions and thank goodness for that!

About seven years ago, my colleague, Karen Holmes, brought my attention to a long-forgotten colonial practice in New England of neighbours visiting one another between 3 and 5 AM in the morning. The settlers living on the land far south of the Arctic, displaced and cut off from their indigenous knowledge as they were, did not sleep through from dusk to dawn. The Dark time – especially around the time of the Dark Moon – made possible different types of social interaction that were not possible during the task-oriented day. What ancient wisdom did we lose when this practice was abandoned? Where did such knowledge come from?

Did we have a greater skill to create on a telepathic and inspired level when we were awake and receiving from the energy of the darkness and not sleeping all night?

Darkness Within and Without

The Sacred Darkness is found both in the inner world of ourselves and in the outer world. Darkness is endangered by our human world's fixation on light. Light pollution is but one tangible example of the war on Darkness. Our computer and phone screens incessantly blink out blue light, disturbing our circadian rhythms and our natural awareness of night and day. People are forced to work night shifts under the glare of fluorescent lights. Security systems blast out infra-red detection in the name of surveillance. The list of crimes against the Dark goes on and on....

Darkness is indeed experienced in outer space. Our vast galaxy beyond the solar system is this potent vibrant fullness brimming with life not yet in form. Weaving throughout this Darkness, we sense the pure Cosmic Soul source that is beyond the ego-driven personality that drives the human soul. This Cosmic Soul contains NO karma or ancestral blood lines. It is pure feeling and wisdom.

This Wisdom is called the Wirracoucha by the Andeans and was known as Sophia by Europeans.

Throughout the millennia, women have gathered this Dark Cosmic Soul Wisdom within; they did and do so in the Dark Womb which is a physical repository for this divine energy.

But how did it come to us and our sacred womb space? (We will discuss this in the chapter on the Torus.) This technology of gathering and amplifying Dark Cosmic Soul Wisdom is what has been hidden from us.

Despite this ancient knowledge, we continue to deny the obvious truth that the Darkness of the void is sacred and is the source of Life itself – the Cosmic Mother! We can Include here the misconception that the earth is our mother. She is actually one of a myriad of daughters of the great Mother of outer space- the Cosmic Womb.

It is deeply ingrained in us to fear the Dark and assume the Void is empty.

The Wyldwood Sojourn Dark Lodge: Restoring Awareness of the Sacred Dark

This is the purpose of the Dark Moon Lodge I have created here on my two wooded acres: to counteract the lies our culture has told us about Darkness, to embrace the Dark as Cosmic Mother and to know that we, as women, are made in Her Image. Only when we are quiet and present in the dark can we truly *receive* and *gather* in Her Wisdom.

This experience is more complete when we meditate in absolute darkness with eyes open, i.e., when the inner world and outer world are one. It is a fast-track method to awaken. As women, we have the direct link to this divinely Dark Source because of the Womb. This Dark Moon Lodge space is a polar complement to the sweat lodge. It is a magnetic space to listen and gather Wisdom. As we discovered here in the Dark Lodge, the presence of the divine is very near in the Darkness. One can feel a loving wise presence coming closer.

The second feminine energy that has been viewed negatively by patriarchal religious and spiritual systems is the Magnetic Forces. These have been denigrated (made dark, in a negative way) because Magnetic Forces are heavy and are about attachment. When we examine our cosmos holistically, however, we recognize that there is good attachment and that attachment is necessary in order to create! (The quadrant is in all.)

Women's wombs are truly magnetized to attract in all the rich, life-infused ingredients of Life. We anchor in High Divine things with our magnetic and descending powers allied with slow patient gestating. These are the feminine creation tools!

Most 'light'-oriented spiritual teachers repeat how dense heavy energies are the problem when they know nothing can manifest without them. (Again the quadrant is essential to reclaim!) We are taught to avoid heaviness and attachment in favour of light, releasing, and ascending energies.

We need *all* these things in balance: one without the other causes devastating destruction, examples of which we see throughout our world today.

We have only to look at evidence from a mere three or four hundred years ago on Turtle Island to find a more balanced way thriving. However it seems there are waves and trends happening in the world over time, where the harmonious balance falls off and must be restored. As we have shared, this is the reason that enlightened beings have come to earth in many eras and many places, to aid in resetting the matriarch. (This is the reason we need to reclaim parthenogenesis!)

More Lore of the Dark Lodge

In a culture that honoured the feminine, I imagine the Dark Lodge was a safe sanctuary to create from and birth everything into the world from, with the support of the horizontal energies and the community! Women would sit together at the time of the darkness of the Moon (in the New Moon or Dark Moon time).

The New Moon lodge was in fact another womb... another piece of heaven on earth, a magnetic space designed to receive and to amplify what it received. Any malevolent energies were not attracted to such a committed peaceful and protected zone. Here we thank the men who held the outer circle and made sure no harm came to the women inside, while in a receiving state.

This in a time when our creations were closely inspired by the sacred in nature and in the Cosmos: these Dark Lodges were spaces of both art and science with spirituality the bridge between them. (The recent split of art and science as separate from the sacred (and from one another) is obviously false and imposed to weaken humanity.)

As I began to sense how the womb “was brimming with all potential” just like the Cosmos, I began to understand why indigenous women always engaged in inspired drumming and sounding before and during birthing. I also began to notice that the world’s dolmens and other healing chambers held the same interior space of fullness as the womb does. They too receive and amplify the earth’s inner powers, via the torus energies, to be in union with the cosmos. Musical instruments – such as drums, cellos and guitars – are created with an inner void space to receive the energies of the horizontal torus.

In the Dark Lodge of today, women can synchronize their womb-cycles and re-engage this alchemical process of direct sourcing with the Cosmic energies. We can do so even if we begin by engaging the Dark only a few nights a month. As we sit together in the Dark to listen we can slowly remember the practices. *When wombs align and magnify Cosmic Soul, great telepathic and psychic power unfolds! But how does the cosmic energy come into our tiny womb spaces?*

Dark Lodge and Sweat lodge – Complementing Practices

Essential for us to understand here is the fact that because of our physical womb, women have the capacity to anchor in far more soul energies than a man. Thus was the reason that women and men, through all time, created Moon Lodges and self-conceiving temples, such as the Parthenon, as centres to create ceremonies that pull in already enlightened souls. Men did not attend these ceremonies as their natural energies were ascending and releasing and, therefore, their presence would cancel out the women's work. Men might have acted as guardians outside the Moon Lodge. In the early Christian iconography, the men were depicted sleeping in an outer circle about the women's work— rather like drones sleepily, and seemingly without specific function or purpose, witness to the alchemy of the female bees within the hive.

Men had their own temples to hold ceremonies designed for ascension and release work. The Sweat Lodge was a male practice of release and healing.

From this you can see how harmful it is for women to attend men's Sweat Lodges: if a woman's cycle is in the stage of gathering, then the woman would be a sponge for all the pain being released by others in the ceremony! Simply put, releasing and gathering ceremonies should be kept as separate as possible. Different locations, different times. Know which mode you are in and act accordingly.

On a practical level, engaging in a Dark Lodge practice (which involves learning the method of redirecting the womb-blood energy to the heart and maintaining a mineral-rich vegan diet and an active lifestyle) seems to result in the desired lighter blood flow in monthly menses. Most naturopaths, including Dr. Del Blair, affirm that red meat makes a woman bleed more heavily.

To initiate a Dark Lodge practice, I feel that it is best to begin at your void time. As you practice and receive, this void state (just after menses) begins to coincide with the New Moon. It takes only a few months of sitting, dancing or sounding together with a small group of women in a circle, to realize enhanced awareness and expansiveness. The void state is the most powerful time to absorb those high divine energies that flow to us through the tori. We are like a sponge at that time in our cycles, ready to draw in all those energies.

If you have advanced to the point you are no longer losing your womb blood outwardly, the same principle applies. You have redirected and absorbed the energy of your blood into your heart. It is best to be apart from any upsetting or traumatic situations. You can be assured, however, that no trauma can affect the womb space itself. Any trauma

present will be absorbed by other organs which may then release the trauma through illness.

Maori Teachings of the Darkness (Te Po)

I'd like to include here, as a source of nurturance for our souls, the old wisdom teachings of the Maori from Aotearoa (the spirit name of New Zealand which means Land of the Long White Cloud). Theirs is rich cosmology containing lore describing many eons of Nothingness and Darkness before Light brought the latent Life of the cosmos into form. For the Maori, the Darkness (known as Te Po) is the source of Life.

Thanks to Karen Holmes for sharing from her studies with the Maori at Toi Whakaari New Zealand School for Drama in Wellington; and also the teachings she received from Greg and Rose Wood of the Moutere in South Island (Te Waipounamu) who passed on to her this rendering of Maori Darkness lore translated into English by Kiwi, Barry Brailsford.

Te Po

The Darkness.

The Darkness is without end.

The Nothingness (Te Kore) was embraced by Te Po, the Darkness that covered all, and the Darkness had many children.

The Everlasting Darkness without source, Te Po Pamamao

The Long Darkness of time beyond time, Te Po Roa

The Intense Darkness that covers all, Te Po Tangotango

The Wide Darkness of space beyond space, Te Po Nui

The Extreme Darkness that shuts out all, Te Po Kerekere

The Glistening Darkness that absorbs all light, Te Po Whatiwha

The Peaceful Darkness that embraces, To Po Taketake

The Darkness is of the Everlasting.

The Darkness is the Womb of Creation,

For when a Universe is no more,

When it dies into its Light and its Time is done,

The Darkness always remains to give rise to another Universe.

Gratitude to the Maori! Is this not inspiring? And does this not make one wonder how we have come so far from knowing the essential qualities of the Darkness!? It is as if more than half of our world has been lost.



Image 5: The Central Diamond Nexus in the Woman's Body (see also Diagram #2, Ch. 2).
Artist: Maureen Walton.

The Diamond Nexus of the Q'ero Luminous Structure

The Diamond Nexus of the Luminous Structure within us is that same concentration of Divine Dark energy of outer space!

It is our link to the source of life! As the Q'ero say: the alchemical brew of four concentrated magnetic energies within the central diamond creates a still point! Imagine the cones of horizontal energy converging there. Take a moment to once again envision this Diamond Nexus present within you.

We are invited to remember and awaken to the knowledge that our womb blood, because of its direct connection to Cosmic Soul and the Dark fullness, is more powerful than the blood in our veins. We are called to begin to realize the unbelievable potential that is at our fingertips.

I am not intending to romanticize the Q'ero view of the womb power, but it is truly ground-breaking information. These mysteries have been hidden so thoroughly that this

information seems at first unbelievable, (especially in a world as ours is today that is suffering from too much "light and ascension").

We can cultivate and strengthen once more these long-lost practices that our ancient grandmothers knew on all continents. Women have this potential to create all miraculous life (not just babies) because of the womb. The Womb is a physical repository of accumulated Cosmic Soul energies and is a magnetic force to be reckoned with. *The womb has a direct connection to the divine!* In fact it is an enlightened space within our physical container. It is quite inhuman! – in the sense that it does not participate in a reality distorted by our human egos. It is far more powerful I believe than our vertical channels (that have only our own individual intention.)

We accomplish all this with the use of blood masteries, that magnetize directly the etheric energies of the Earth's torus, in a horizontal fashion. This is what makes our womb blood different from the blood running through our veins! (We share more detail in the Blood Masteries chapter.)

The "patriarchy's" one-sided pursuit – of creating without tapping into the vast wealth of feminine wisdom energies present in the womb-blood – is nonsense! There are some men and women in the world who know that their inner strength, feeling and wisdom is coming from their own inner feminine qualities – but we can see on the world stage this is generally not so.

Commemoration & Pledge to the Q'ero Mothers

Please use this pledge at Dark Lodge gatherings (or something like it) and create a practice in which you say it yourself. Such a practice will help maintain the intentions and power of women's womb practice.

May the Q'ero, as record keepers, be remembered for their astounding feat to keep this global tradition alive. May this Womb Technology of parthenogenesis be kept as a sacred record of one of the first recovered practices of the alchemy of woman's sacred body technology, which will never again be lost, and never again misused!

This is not to be taken lightly.

May we come together in Dark Lodge circle once more to work these Mysteries, to know the true power a community of women has and, with the support of men, to ensoul the world and restore harmony for everyone.

Chapter 8 -

Cosmic Soul: The Depth of Wisdom

We can now see why we were not meant to lose our womb-blood of Life! The womb, as an organ, is on a level of importance with the heart and the brain. On an energetic level, the womb may even surpass them because it is able to hold energies that are not human.

There are different types of soul: personal soul, group soul, World Soul and Cosmic Soul. In Western theology, soul was sometimes seen as inferior to spirit and the location of the soul in the body was not clear. It was all quite confusing.

The Q'ero clearly defined the personal soul and Cosmic Soul as feminine, and the spirit as masculine. For the Q'ero, soul and spirit are equal in importance and the lower body is as enlightened as the upper body. The parity of lower and upper body is evident in the image of the Luminous Structure as carried in the Q'ero teachings (see Diagram 2 and Diagram 12).

I dream of this manual as a guide to anchor this Luminous Structure deep within our bodies. It is a system that connects us globally womb-to-womb.

In our natural state, we would conceive a world imbued with such powerful Cosmic Soul presence that anti life forces have no chance of keeping their hold on us! The malevolent powers would have no opportunity to keep us separate from our natural awakened state! There is no need to do battle or fight 'tyrannical forces' because once we access our womb power, I imagine, all systems of separation melt away!

I want to propose here that this Cosmic Soul nature – that carries the feminine principles of depth, weight, will, feeling, inner strength, gestating power, telepathy and wisdom – are qualities that we all yearn deeply to be reconnected with, as we once were before the patriarchal reign. Its loss causes us all men and women to suffer terribly from separation from source as Cosmic Mother. The Andeans, and some Swamis say the womb is the only portal for the Cosmic Soul to reach the planet. This lost practice is essential to reclaim! We are continuously being separated from our soul nature in this current world situation, and thus are growing weaker and weaker.

There is denial of this concept today. Because of this, disease is creeping closer to the womb, this very sacred Interior sanctuary. The reasons for this are complex and

multi-levelled: they include the imposition of pharmaceutical drugs and environmental degradation.

What does this mean? Will women with cancer and fibroids inside their wombs be able to create new life? These are questions which we must all seriously consider as a human race.

Unfortunately our lack of wisdom shows how disconnected we are from our bodies thus making it difficult for many women to step into their spiritual/soulful power.

How the Cosmic Soul is different from personal soul

The human soul develops on the personal level and is attached to worldly issues. Soul-life can be very tangled and confusing: it can be painful and hurtful as well as happy and loving, but it is always a roller coaster ride with little stability. It is directly connected to our emotions to which we sometimes get overly attached. Our personal soul nature is connected to the ancestral bloodlines and the karmic history of the heart's blood system.

In order to make wise decisions we need to balance our personal emotions with our impersonal Cosmic Soul energies that hold the greater cosmic vision. a vast expansive magnetic field filled with the "designs of the universe" Cosmic Soul is impersonal and free from entanglement and worldly issues. The Cosmic Soul nature, that lives in the Dark, is able to enliven and enrich and feed matter with qualities devoid of any mixed emotion or any karmic shortcomings such as the personal soul and personal heart energies carry. The Cosmic Soul is the pure feeling! *It is the impersonal anchor and holds the will, tenacity and inner strength. This is the reason that we seek to engage these cosmic energies – to deepen and anchor the Wisdom principle in all of us.*

The sacred qualities of Cosmic Soul are absorbed directly by the blood of the womb: this is what makes womb-blood so powerful. Indeed, womb-blood is so powerful that it brings us to full enlightenment when directed to the heart. (I would not be surprised if women's current subjugation world-over is precisely because of the loss of our womb blood over the last two or three hundred years. This may be the reason for our separation from Source!)

In the Dark Lodge, we have an opportunity to connect to this very wise, expansive, cosmic nature. We listen to the messages from the Cosmic womb, the Earth's Womb and our own wombs. Learning to listen while sitting together in the sacred Darkness is key. We engage our pure feelings and intuitions (as connected with the Wisdom of Cosmic Soul) yet keep detached from entangling personal issues! It is a state that is easier to achieve in a totally dark, warm and comfortable environment.

In this state, we can freely let our souls and hearts expand and embrace the strong, nurturing and all-encompassing nature of the Dark concentrated energies.. With practice, we can begin to breathe in large quantities of Cosmic Soul energy via the horizontal torus; we can feel its power imbuing the blood in our wombs. This is a joyful invitation to feel the blood as the sacred elixir that it truly is – vibrant and joyful and Life itself!

In this way we can slowly remember the practices of old when we knew that the blood of our wombs was imbued with divine cosmic power.

Women truly have two seperate blood systems within – one personal and one cosmic!

Although women are privileged to source and hold Cosmic Soul via their wombs, we must remember that Cosmic Soul is available to all human beings – men and women. Women source Cosmic Soul in the womb as well as in the Diamond Nexus of the Luminous Structure. Thus men, while without a womb, do have the diamond-centre concentration point, and can gather Cosmic Soul energies though not store it.

Princess Diana as a Soulful Archetype

I was recently drawn to the memory of Princess Diana. When Diana died in 1997, we all experienced the loss of the powerful archetypal symbol that Diana embodied. This loss was felt the world over. Perhaps Diana represented what was missing in the world – the Cosmic Soul nature we all yearn for, the Sophia archetype ! And that may have been why so many grieved: a visible presence of nurturing was suddenly taken down a few notches globally with her loss!

I'm not saying that Princess Diana was 'enlightened', but she was genuine and caring and was 'a natural' in reaching out to console and comfort others through simple gestures. The world was smitten by her and gave her the power! She held such grace and her eyes held a purity that many wanted to protect her. We were all witness to her beginnings as a naive and vulnerable girl being played by questionable forces. The fact that she incarnated within the walls of an oppressive patriarchal order made her shine even more. Diana was able to communicate Cosmic Soul essence, despite the messaging of the Controllers. Diana was another expression of the Love And Peace Movement.

As many suspect, both Diana and John Lennon may have been murdered by the Controllers – because the world was ready to follow their very visible lead of Love and Compassion and so deny the fear-based control of the Controllers. Whatever their personal weaknesses, Lennon and Diana would have nevertheless led many towards

Cosmic Soul source if the world had been granted their full lives. They were both on the threshold to move into their life missions when they were killed.

It's all too familiar as we watch, and we have watched, other Peacekeepers/makers intentionally removed. We witness this in other paths, such as with natural health care doctors, healers and activists, as but one example, doing ground-breaking work to keep natural medicine practices alive. These people carry and work from an expansive big picture, Cosmic Soul energy – despite any personal soul energy flaws. (Martin Luther King Jr. was a notoriously flawed Peacemaker, but he had a dream, gifted to him by Cosmic Soul, living within him.)

Despite their persecution, the images and memory of these Cosmic Soul archetypes continues to nurture us (as collective Cosmic Soul ancestors) – and can continue to inform our practice.

A Telepathic Path to Liberation

Our global systems of communication – primarily fueled by the world wide web and internet – have been largely taken over by anti-Life AI forces. So it seems our next step to overcome the pattern of enslavement by tyrannical forces, is to choose our missions quietly, activate them inwardly and allow the power of our wombs (and/ or diamond nexus) to connect us all telepathically with women and men seeking the way of Cosmic Soul. We have to work without a visible outer leader now! We are ready for this level!

The practice of the Q'ero meditation system is one such freeing system where we can connect with the Cosmic Soul power and thus open to our tremendous inner creative womb power. This leads to all of us opening to our telepathic and psychic abilities, not just a few of us but many. These gifts are awakened when we remember the sacred power that lives in the Darkness.

Key- The Great Momentum of the Tori X 3

The Cosmic Soul energies, together with Sun and Earth essences, are flowing to us with huge momentum behind them!

The velocity of two tori systems is significant. We can see how it boosts our power enormously to have these galactic ingredients delivered right to our doorstep! And remember, we even have our own personal horizontal torus to aid in importing that ambrosia directly into our womb space (and/or Diamond Nexus). It is much more powerful than our vertical system!

The soulful torus power flows continuously to us as we move about the Earth's surface, is imbued also with Sun energies as well as with Earth's precious minerals and metals and underground yin water system!

Golden Essences for the Womb

I'd like to add some newly-accessed understanding concerning the mineral of Gold in the Earth. I was surprised to learn how gold has a direct and literal connection to the Sun. As the Sun's mighty torus energies are absorbed by our Earth's torus, those light-filled energies are pulled into Earth's core as micro-particles of sunlight. All the minerals of the earth are bathed and imbued by this Sun-energy, but especially the gold because the malleability and softness of it makes it ideal to absorb the Sun's power. This makes gold truly the essence of the Sun. (And is perhaps why gold became such an object of greed in the patriarchal world.)

There is a tradition where men ingest powdered gold to receive its magic. Incan men used gold to create sacred objects in order to reach wholeness. Initially, masculine use of gold was not about monetary wealth. Another story that affirms this is how the "Wise Men" of the Christian story brought powdered gold as one of their gifts for the Infant Jesus.

I propose, however, that the softness and permeability of women's wombs make us an even more ideal place to absorb that golden Sun essence. We don't really need to ingest gold as a mineral – as in the masculine tradition – because we already are "golden within" as women! Masculine traditions cannot be applied to women! Like gold, we attract the Sun-energy via the tori and can store it within our womb space – along with everything else the Tori bring us. Yet another magical ingredient is absorbed into the womb space! My what a cauldron of creative inspired life our wombs are!

As confirmation of this, I received an explicit dream the same night, showing the Incan system inside me. In the dream, gold was being drawn to the Diamond Nexus carried by the torus energies and filling the central diamond!

Our source of sacred connection-

Womb Blood- Divine Elixir, Heart Blood- Ancestral Elixir

We well know that our hearts carry the emotions and love energy which imbues the blood of our veins, that is circulated through our body and becomes loaded with a mix of energies. The blood of our veins is full of our karmic past and our ancestral bloodlines! There can be a lot of trauma there as well as beauty.

We can speak of the benefit of the personal ancestral and karmic energies in men and women. (The Q'ero say these are dispersed throughout the body.) We are grateful to many of our ancestors. Karma gives us our soul-task on Earth: the colours of karma – good and bad – are essential to our soul-journey.

I will express here that the presence of personal karma and ancestral bloodline in the blood of men is why they cannot be part of the process to bring in fully- enlightened children.

A woman can carry personal karma in her heart's blood system, but because her womb and its blood is continually purified by the direct cosmic connection, it becomes a separate pocket of perfection, untainted by the trauma that surrounds it. All children come from the pure Cosmic Soul realm. Without the Cosmic Soul-aligned womb, the children's souls could not be received.

Sacred Creations whether physical or a concept, can only begin and gestate in the womb because of the cosmic energies ensouling it. *By its divine nature it will be attracted to the place free of trauma which is our womb.* This energy consolidates in the wombs' chalice and imbues the womb's blood. This now Divine Blood gestates in the womb before being redirected to the heart for the woman's own ensoulment and enlightenment. Until we learn this redirection process we waste our power and inner strength in the blood we lose.

According to the Q'ero, the Cosmic Soul is concentrated and centered only within the womb space and its sacred blood! Men do not carry this level of soul at all! Again, we see how very different we are and with different responsibilities. The heart's love and the

spirit is the realm of men, which is enough for them to deal with! However, the central Diamond Nexus is an initial concentration point of Cosmic Soul energy: This is within men, as well as women, so I feel at least the Cosmic Soul energy passes through men, colouring their creations, even if they cannot hold and gestate it.

I suspect there are many levels of how parthenogenesis unfolds. A woman who is born of virgin birth herself would definitely attract a higher- level soul than a woman of the first generation who may not be. This is the pattern we see in history such as with Gahedosug of the Peacemaker group and Mary of the Esseine group: they are both double virgin-birth stories, or stories of two generations of parthenogenesis. (We will speak more about this in other chapters.) It seems logical that a woman would be best suited to birth and guide such a high soul if she herself was born already enlightened.

However, because we can receive the Cosmic Soul regardless of our level of enlightenment, there is evidence of unenlightened women successfully self-conceiving. We can receive Cosmic Soul in this manner because of the womb's absolute purity. Being conceived in this manner would, I suggest, make life much more difficult for the high-soul child. The child's adaption to worldly life becomes challenging as they have no one to protect them or no one around them who holds Cosmic Soul awareness. S/he is in for a difficult ride.

Application To The Dark Lodge

To sit together in the dark lodge we aim to disconnect from our personal and individual soul natures as well as from our personal stories. We aim to receive the soulful energies of the cosmos via the torus times three, charged with the warming and inspiring nature of the inner Earth and inner Sun. In this way, we can become as One Womb (so to speak) and open to receive the more impersonal vast and expansive wisdom riding the waves of the torus.

The meditation offered in this book is in part about this process. We can cultivate and strengthen once more these long-lost practices.

It may all seem rather daunting. Cosmic Soul? Waves of the torus? How can we envision and embody this?

Soulful Colour

Observing colour is an inspiring method to read one's own connection to soulful feelings! We receive pure feeling from the horizontal torus energies of the earth. Colour is a measure of one's cosmic soul- connection!

I can personally confirm that I was able to experience more deeply the power within each colour after practices in the Dark lodge, even without hallucinogens. Although my years of working with colour as a professional already disposed me to the gift of colour, I noticed how my palette became more and more unmixed and undiluted as I practiced in the Dark Lodge over time. I put pure complementing colours on the wall close together and let the viewer's eyes mix them from a distance. I would get a rush of feeling that moved me deeply when surrounded by colour- rose was the love, purple was the mystical, etc. This ability increased as I spent more time sitting in the dark. Colour sometimes emerged as a floating cloud within the dark as we stared into its vastness. With repeated encounters, it became clear to me that the Tori-System brings us the subtle Wisdom of the Cosmic Soul via colour.

This awareness of colour's soul-qualities first came to me from the writings of Rudolf Steiner who shared remarkable insights into the soulful and spiritual depths of each colour's significance and how it affects us. (This is worth checking out!)

Colour is a guide for us in the Dark Lodge. Now as for the enhanced experiences of a musician tuned to the Dark Lodge, that is another story yet to be told!

Gratitude to our ancestors who carried the memory of Cosmic Soul in our global culture. In our next chapter, we will delve into the origins, lore and practices of the Dark Lodge itself.

Chapter 9 -

The Global Dark Lodge Practice: A Soulful Practice

Before I begin this chapter, remember any trauma we experience surrounds the womb but never enters within it. It is our pure sanctuary.

An Intention

May we remember that we as women, carry humanities Creation-Station and that it is a pocket of pure perfection within us, untainted by any trauma from its surroundings. May we learn to receive this Cosmic source of beauty and truth, into our wombs' chamber, via the Earth and Sun tori. May our creations be so full of the Cosmic Soul essence, that all else of lesser intention falls away!

As First Nations say before every ceremony, "Gratitude to the women, the Givers of Life."

+ * + * + * + * + * + *

Let me emphasize that the Dark Lodge tradition (up until recently called menstruation huts) was a glorious global practice for women on every continent who lived on the land in their traditional ways. It was a sacred space for all women – from Druid priestesses, Nubian shamans, Q'ero Nustras, to Turtle Island Clan Mothers! It was in a forest glen, within a round woolen yurt, tipi or in grand temple space, all designed specifically to enhance the importing of cosmic energies.

Women's spiritual/soulful womb circles knew (and know) no racial or religious borders. The practice is beyond religion – at least religion as we know it today. They all began from a single Feminine Source (but that is a whole other story). The Dark Lodge belongs to all women who have a womb and are naturally moved to sit together when the energy of their magnetic-time calls them.

In the Dark Lodge, together with sisters, women became a conduit to channel the 'good news' of Life with their magnetic womb power. This was the Way to connect to the Cosmic Soul directly together as one. It is this intentional connection that allowed us to become inspired, develop psychic gifts and bring in prophecy. We joined as one in a receiving circle and let our womb blood be imbued with incoming Cosmic Soul energies from the horizontal flow of the Earth's torus. We learned to listen in the welcoming darkness and our psychic powers developed.

In the past ceremonies and meditations of sourcing and working the Sacred horizontal energies in the Dark were practiced for the ensoulment of the whole community! These details are being remembered by women's groups around the world. Currently as we re-start these practices, shared in this Manual, most of us are solo practitioners. The next step is to form small circles of women practicing together for much stronger results. Even so it is remarkable that these solo practitioners are already experiencing a lighter flow after only 2 or 3 months.

When we align with the inner ebb and flow, we learn when and how to direct it and circulate it within. Before electricity and the Industrial Age, this process was, of course, natural. Both the nuclear family structure and religion have prevented us joining together in ceremony. Without the sanctity of the Dark Lodge to safely source from, the power of the womb has become veiled and unavailable to us. Because of the violation through rape and the segregation of woman from each other in nuclear families, it has become impossible for women to create anything of real power.

Now that we are remembering our true history, we can begin to reverse the current situation!

In recent years, many women have rediscovered the power of the Dark Lodge. *In North America, in the 2000s, some of this reclaiming process was undertaken by The Red Tent Movement, but there were other forms and varieties of women coming together in ways that sought to reclaim the womb blood and the wombs' darkness as holy! In such practices, many women found that their cycles aligned within a few weeks of meeting, so that they then shared collective creation power!*

This Dark Lodge practice was once the method of training seers to become telepathic and to deepen intuitive powers.

While in the Dark lodge we are assured of seeding from a purified space.

One grand version of the Dark Moon Lodge was the Parthenon in Greece (also known as the Temple of Parthenogenesis). I learned that caves were formerly our places of holding sacred gathering ceremonies. Another is the Temple of the Moon In Cusco Peru which was found in an enormous cave complete with altars, portals and a series of five

thrones. According to author Eileen Nauman, these thrones belong to the Five Q'ero Female Shaman Spirits who carry the Womb Mysteries. They are called Nustras. This is one of the few places where the original Moon-Dark Lodge remains today. I trust they are guiding me in this work too!

The Dark Lodge also safeguarded a generative stream of super-conscious souls birthed onto the earth plane. This was the foundational premise of the Blood Masteries (see Chapter 10) and it was kept alive and true by the shamen and the people collectively.

According to some Indian Swamis, when parthenogenesis was alive and well there were thousands of enlightened beings on the earth at one time. This was the case only a few hundred years ago in places! Now with the woman's practices underground there are barely one hundred living at one time on the earth today.

Now we remember that enlightened souls arrive via parthenogenesis not through the male traditions of slowly advancing from life to life via the wombs of unenlightened women!

Water Cleansing Ceremonies

Dark Lodges are primarily gathering places. How then do women release and let go of the karmic barriers within them that might stand in the way of receiving the fullness of the Dark Lodge?

We have shared before why the men's Sweat Lodge practice is not safe or appropriate for a woman to participate in. Since fire and sweat lodges are too intense for our more magnetic and watery systems, I and my womb-wise council believe that water and snow ceremonies traditionally cleansed our emotional bodies. Water is our natural way to release.

The Q'ero women worked with ice as it melted. There is an Andean practice that Cindy shared with us where big blocks of ice from the mountains were brought down to the village to be a central part of the personal ceremonial releasing rites as it melted and disappeared before their eyes! We also recommend moving water and working with the powerful tides.

I am suggesting, before entering the Dark Lodge, that women engage in releasing by moving water or with the rain and wind with toning and breath work.

Women put their psyches and their bodies in potential danger by opening to receive at their most powerfully receptive times. How was this dealt with? It was well known by all that women had much stronger attraction powers than men so it made sense that the men stepped up to support and protect and make sure no malevolent or toxic energies could affect the women while they were in ceremony mode which they engaged in for the sake of the whole community's well-being.

In the First Nations, we always see the inner and outer ceremony circles of men and women changing according to who was supporting who for different purposes. Women rarely engaged in warfare as it was known women's creation-manifestation gift caused them to attach to everything more deeply – trauma included. Being a powerful magnetic force is a double edged sword! Protecting the woman from emotional damage was number one priority. (Though practiced women, could separate and detach from traumatizing personal situations, it is not wise to push natural boundaries)

Men were our greatest supporters

There have always been women's spirit houses and men's spirit houses and that means indigenous cultures world-wide knew that men carried predominantly ascending and releasing energies while women carried predominantly descending and magnetic energies. It was well-known that the effectiveness of the ceremony would be cancelled out if members of the opposite sex were present.

In egalitarian cultures, we expressed how men honoured and supported the female tradition, knowing how it helped to keep the entire community connected to Source! Today we seem to have forgotten that.

I dream of hosting a men's spirit house across from my woman's Dark Lodge here at Wyldwood Sojourn so we might witness and honour each other's work.

Men were once the greatest supporters of this Dark lodge work. Stories come to us from First Nations around the world that say men took care of everything for a few days each month so women could engage deeply in their inner soulful gestation work in the Dark Lodge!

A personal example I can share is about a local water ceremony I attended on Tyendinaga. It was created by the women to honour and thank the waters. Women are the water-connection, so the men stayed in the background and served. Since this was taking place on the ice in March, the men lit fires, served the food, and acted as guardians. I had never before experienced such respect and support by men, who deferred to us as the ones who carried the spirit of water. It was irrelevant what race of

women we were: we all had wombs. There was an unspoken knowing that women were very different in nature than men with a different purpose..

Women too have always supported the men's work of taking the finished product out into the world. This more visible, tangible (and monetizable!) aspect of creation is the only level recognized in our current dominator systems!

As a current example of harmony between men and women, in the winter of 2022 in Canada, Tamara Litchi, founder of the Truckers Convoy, saw her movement become a global focus for freedom and human dignity. It was heartening to see the respect she received from the men. These men were acting like men would in a matriarch. They held peace and love steadfastly and did not fall into the traps set to incite violence. Together, men and women kept the movement's energy clear and full of wisdom.

We use the same methods, whatever we create whether a human baby or a concept. It's all organic life, whether we are artists, scientists, therapists or farmers, we endeavour to create the most wise ensouled life/ideas we can. I am not saying we need to control this process but to be aware of and increase its flow. It's long past due that we step up and reclaim this astounding ability that is our birthright!

A Soulless life is not a life! Restoring Reverence for the Womb

Scientists creating Artificial Intelligence creep further into the area of creating "life" in the laboratory. This is life with no Soul. Therefore it is not really Life! It is a shameful practice to engage in and scientists should admit to the danger. They are acting merely as pawns for destructive forces who wish to eliminate Soulful Life.

Scientists seem to not grasp that the mighty Cosmic Soul essence that lives in the sacred womb has passed through the powerful tori of both the sun and the earth and that all this magic is absorbed by women. Cosmic Soul has been absorbed into the myriad of millions of wombs, sponges that we are! These hold the ingredients that create wise and free spirited life forms!

Those qualities cannot be created in the laboratory in an artificial womb! Perhaps some of these 'scientists' are leading us on the path to destruction unwittingly; but perhaps others do know, are working for a depopulation agenda, and steer us away from recognizing the truth. This 'anti-life' plan is surely enough to make us realize how rare and valuable this remarkable "creation station" within women's bodies are!

It is still known today in the mainstream, that women are more susceptible to the trauma surrounding them given their magnetic nature. Rather than being given spiritual protection and rather than realizing this trauma is a sign that we are collectively as humanity falling into corruption, women are put on pharmaceuticals! This is of course a tragedy and unnecessary. If our feminine practices were remembered and honoured things would be different. However we see today in 2022 the masculine world has gone mad without his complimenting partner acknowledged and in place beside him!

Unfortunately, this loss of reverence for the womb and woman is not a new phenomenon in Western culture. I just learned that in the 1700s and later in the early 1900's, official elimination was imposed by the globalists, on the use of all natural healing methods (which were previously mainstream) in favour of using pharmaceuticals. This aligns with the letter found from the same era that dismissed the practice of parthenogenesis (as I mentioned in Chapter 5). This oppression led to the loss of women's womb abilities on all levels. It is not a coincidence that this repression followed the witch burnings.

Cosmic Soul is held in the feminine body. Looking at the oppressive control-systems being imposed on us more and more each year by some governments, it is not a stretch to see that the feminine *soul* nature and its creative source are the target.

That is because without this feminine soul source in place, the masculine *spiritual* nature cannot maintain its strength, leaving the window open for artificial Intelligence to replace organic life forms! According to Corey Goode, organic life has been eliminated on some other planets – replaced by artificial intelligence! So let's wake up! We don't have much time.

A Sample Dark Lodge Evening: created by Maureen

I dream of this manual being an essential workbook present in every new moon lodge, or woman's sacred circle practice. I dream of a divinely Dark receiving lodge in every neighbourhood!

What surprised me was that much was missing from that original Q'ero teaching and the missing pieces began to be revealed to me through the years – in dream, through the people I met and in many synchronicities. I hope that this manual will kindle a fire in you, the reader, to explore this fascinating path and bring further insights. Bringing it to wholeness once more and aiding us to restore soulfulness to humanity.

The Wyldwood Sojourn Dark Lodge is a co-created evening ceremony held during the 3 or 4 nights of the dark and new moon since early 2010. The Dark Lodge I created at my center is a dedicated space used for gathering, absorbing and listening. Prior to entering we engage purifying practices with water from the full moon to the new moon. We cleanse and smudge the space beforehand. On entering we “sponge up” from this supportive, uplifting environment, with no mixed or off energies present. This is no place to be doing healing therapy or dealing with issues! It’s not possible to avoid a small amount of natural release but the focus is on listening for guidance! (Remember the Dark Lodge is not a healing lodge, but a receiving lodge! We do our healing and releasing outside of it!)

The womb is a powerful magnetic sponge gathering expansive Cosmic Wisdom daily. We have described that it is a complementing system to the heart. We are so blessed to have a womb! We offer words and prayers of gratitude. (A chalice of womb blood, to represent this, can be placed in the circle's center, and will aid us in overcoming the harmful programming that it is unclean. It will also help us to visualize the energy of that sacred blood being sent to our hearts for our awakening. The redirection process.)

After a few minutes in silence to get acquainted with the dark, one of us will call in the four directions. Being on Peacemaker land, I like to call in the Peacemakers. Each woman in the circle can call in her guides to aid us in receiving and listening.

I then offer the Inca meditation and redirection process. Remember the key is to eventually be able to pull up your heavenly womb blood energies to your heart! In activating this process we lose less blood each month. What is particular about the lodge is that when in *total* darkness, one meditates with eyes open so that the inner and outer world are one.

We afterwards sit in the silent darkness for 10 or 20 minutes quietly connecting to each other's cosmic womb nature. This environment supports the opening of your clairs!

We may notice and meditate upon the colours that come to us when in total darkness, like a soft glow approaching. We may share ritual hand washing with oil. We may engage in toning or sounding in the dark also. Anyone may offer an appropriate uplifting story, myth, tale of the ancestors or Cosmic Soul archetype.

Feminine slow swaying dances may also be engaged. We have done these at Wyldwood Sojourn in the dark and also as a way of sharing after the period of darkness. We realize that sitting still is not the full way to activate the womb! Women’s dances, such as belly dance, were originally designed for awakening the womb powers. Women’s belly(womb) dances, scarf dances and indigenous dances always focus on

horizontal movement of arms, legs, hip and eye movement with an earthy connection. Knees are bent and feet are often stomping. There is no leaping and reaching for the sky as in western dance and in men's dances of Central Asia, Central Europe, Africa or Australia.

Once we have received fully in the darkness, we may light a candle and share around the circle – always keeping focused and on-track with uplifting and inspiring events that speak of Cosmic Soul Life.

The idea is to raise the womb blood energies after listening, receiving and gestating. Through this, we come to deeply understand that our wombs are magnetic forces designed to carry the very precious Wiracocha energies. In redirecting these energies to our hearts we then fully embody the cosmic Wiracocha and thus have the ability to empower ourselves, and community with this cosmic soul essence. This is the practice that eventually brings us to superconsciousness.

At the close of the ceremony, we offer gratitude and an affirmation of the Life of the Womb.

Some Comments On The Dark Lodge Space

My little Dark Lodge here at Wyldwood Sojourn is a 10" diameter Mongolian yurt: built without any hardware, it is cozy and round, created with soft felted wool and with a central wood stove. The yurt is held together using friction and tension only. This aesthetically-beautiful and functional dwelling was created when living and ceremonial spaces were one. This is an important factor in supporting our work to gather in and reclaim our psychic gifts and our spiritual gifts.

I also have two strong magnets on each wall north and south and a central quartz.

Being surrounded by nature and supportive men is also a nice level to add. This all comes together naturally after a time so it's not contrived.

The Mongolian yurt perfectly supports a seated circle of six to eight. However, as we are remembering the importance of dance and movement to activate the womb technology, we have sometimes used a larger Mongolian yurt on my property as a space for ceremony. So a larger lodge is something to consider if you are planning on creating a Dark Lodge to be able to dance in.

An Affirmation

With one 'mind' let us attend to our wombs. Let us work to honour our womb as a vibrant pocket of perfection untainted by the world around and even unaffected by our own personal trauma and wounds! This is a place of sacred magic, resting within women.

Let us emphasize what several women in my wise-womb circle (especially Helen Patton) have realized: the womb is totally separate from the birth canal and the genitalia. For the genitalia system is energetically full of karma and trauma and the effects of sexuality good and bad. The womb has no connection to sexuality or the orgasmic experience. (We will discuss this more thoroughly in the redirection sections of this book, Chapters 10 and 15.)

By choosing supportive spaces, and partners, we make our life easier! For we are the receivers and we have no choice but to absorb and carry their energies, good or bad, until we consciously, during each waning moon, do our release work.

We affirm that we are only blocked from the womb's Sophia (or Wiracocha) presence because of trauma that we carry in our bodies. We remember the womb is always pure and the great nourishing agent of the heart and is a central gathering station of Cosmic Soul wisdom.

Let's do our work to release trauma with our water ceremonies before entering the Dark Lodge so we can access that divine soul nature already resting in our womb spaces.

Let's recreate safe, supportive, women-only receiving sanctuaries so that we can open and listen and receive the sacred messages of the Earth and the Cosmos.

We affirm that the abundant Cosmic Soul energy is always flowing to us from the torus and fills our wombs with its power for the good of all – men, women, children and all beings of Creation. We are called to nourish ourselves and our communities to a much deeper extent with Cosmic Wisdom.

We are in the Lineage of Womb beings!

Know the womb (and its sacred life blood) is our central sacred creation- station. It is the only portal for Cosmic Soul energy to reach earth. Because of the womb we can carry 10 x more than men can. This is big! It is truly a Holy place (though, for so many generations, it has been unknown to us as such).

Some of the more machine-like ET lineages cannot carry the Cosmic Soul nature. They have no wombs! Although I hope not, we may be the only planet where the gender of wombmén exist! Let us cherish and nurture what we have been given!

Chapter 10 -

The Blood Masteries and Redirection Practices

This chapter is about how to increase your ability to direct the blood of the womb to your heart for awakening. Review the diagrams and the 'bare-bones' meditation of Chapter 2 after reading this chapter.

We speak of the Moon as an artificial body. While currently key to our spirit-souls incarnating on the Earth-plane, it is ultimately detrimental to our free becoming. We also reveal the significance of our two separate systems of blood.

Divine Elixir: To Have and to Hold Fresh start - recapping

After generations of religious (and other controlling) organizations' disdain, fear and demonization of the female-body processes, women have only recently reclaimed the womb-blood as sacred. We need to really examine many of our assumptions about womb-blood: even those that have become the new dogma of the women's movement.

Let us take a closer look at the notion that womb-blood is unclean. Many civilizations, even Earth-honouring ones, have held to this idea. But, with the information I have shared with you in the book, we can actually affirm that womb-blood is so 'clean' that it is divine, impregnated with pure Cosmic Source, Sun Source and Earth Source energies. We have been programmed to disdain it and to waste it – a successful tactic of those who wish to control us, to prevent us from reaching superconsciousness and from ensouling our communities. Womb-blood is not meant to be thrown in the garbage and, in fact, is not meant to be released from the body in any great quantities in the first place! It is our direct source of nourishment from the Divine.

Effects of Trauma

As if this programming were not enough, we now have a further level of invasion to contend with: the 2020-22 mRNA-vaccines, that were rushed in to control the flu-like Corona virus, are reported as stimulating even heavier menstrual-blood flows in women than before including clotting. Even some women who had ceased menses (entered into menopause) reported a return of menstrual bleeding upon being vaccinated. There was also a heightened atmosphere of fear around Covid-19 and the roll-out of the experimental vaccines.

These examples in our time point again to the possibility that trauma actually causes us to lose our precious elixir!

Unfortunately, we have been conditioned since birth to this level of trauma (through confusing propaganda, violence-saturated media and a culture in which healthy attachment is not possible). We have been trained to think that the loss of menstrual-blood is 'normal'!

Women's groups even hold special ceremonies of "welcome to womanhood" for teenage girls when they start losing their blood! The onset of menses is indeed a powerful rite of passage – but the loss of blood is not the point; nor is the point that the young girls are supposedly capable of conceiving a child through sexual intercourse. The messaging has been skewed. We have lost the central idea of the sacredness of the womb and the womb-blood itself. Through this book and the ancient Q'ero practices, we now know how precious and powerful it is.

Losing our precious elixir is not the natural way of the womb! The womb is telling us, by being pressured to release its divine elixir, of the danger all around us. The current vaccines and inoculations will possibly further numb our soulful womb connection, as the intention is to encourage us to think that external technology protects us rather than our own inner organic creation system. This global control agenda seeks to loosen our soul essence from our bodies. The current loss of womb blood is the best way to achieve that goal.

Womb-Blood's True Purpose: Womb-to-Heart

So if we previously held our blood within, what did we do with it? Dr. Cindy Lindsay's research identified a Q'ero Grandmother technique of transferring the energies of the pure blood of the womb to the regular blood stream. This transfer is what brings us to deep soulful power and is what has been hidden. It is a high-level practice and holds the key to the system's power. Here is a quote from Cindy's work ...

“the energy center of the womb is the essential power site in the body for women. That is because it holds energies that are the same ones used in the great creation. Thus it holds the same-level power to create that which created the universe! When accessing this power, women have a direct line back to the Great Creation – plus a ready made access to enlightenment. In men, the navel (Qosco) is the next equivalent to the womb. It gives men the memory of the Great Creation through the womb of their mothers. However only women carry the creation energies within their bodies. Men carry a memory via the navel”.

Facing the truth!

The Q'ero Luminous Structure system helps us learn how to absorb the energies of the High Divine Blood to benefit our own awakening. How do we absorb this truth?

We need to first accept that there were controllers creating lies and flipping truths upside down in a desperate attempt to weaken us. I feel that once we accept and face that fact, we can successfully take the right action to restore harmony and balance on all levels. It is certainly hard to accept that we have been conditioned and programmed to believe so many lies, because it is so counter productive.

Who in their right mind would believe that our womb-blood, with which we build all human life, is unclean and dirty?! Yet it has been at least 300 years since women have accepted this lie. Once we face it and break through to the other side, it's clear sailing with no more confusion!

We were not designed to lose our womb blood

In the past the womb was known to be the Cauldron of all Creation and the home of the Cosmic Soul. The magical aspect is that the Womb is protected from personal and historical abuse. It is always pure. The crux is that the womb is one of the only resting places of Cosmic Soul on the planet or at least within humanity. This astonishing truth is well hidden around the world but is a concept taught in the Andean Luminous Structure teachings as well as by some Indian swamis, shamans of obscure hidden tribes and recently a student brought forward that the Mexican shaman Don Juan honoured these truths.

I feel that women's current heavy bleeding is simply a sign that women are having to deal with more and more trauma and stress in our lives. This trauma does not even

have to be personally experienced: we telepathically pick up on it from the ruthless state of the world around us.

In life-giving societies, women were once protected from harm and trauma as much as possible because it was known that being creators was a pretty big Cosmic responsibility. Care was taken to provide a safe environment away from violence, by the community as whole and by the men! I know I have shared a version of this previously but it bears restating!.

In contrast, in patriarchal Roman times the men believed that they planted, with their seed, the complete baby into women. Women were entirely passive and were simply the "nursemaids" of the man's child.

Today some men still believe this! We hear vestiges of this toxic attitude when ignorant men, even today, remind their women of their false sovereignty and control over them when they offer the comment "Don't forget I gave you that child"!

It is clear now that menses is an unnatural phenomena of the New Patriarchal World. If womb-blood is so precious, then why are we losing it?

The Danger of Womb-Blood Loss

I have not heard anyone mention (with the exception of Dr. Delbert Blair) the danger women face losing so much of their essential life force each month!

This elixir was once kept within and transmuted by us so that we could absorb its divine qualities not only for our own ensoulment (enlightenment), but to build our physical strength including bone strength! This loss has weakened us tremendously over the years on all levels. One has only to look at the remains of 8 to 12 foot skeletons unearthed all over the world to know that we, as human beings, were once much larger and stronger. A tiny woman could not birth such giants. (There is a very interesting line of research to be considered here: it is also interesting to consider patriarchal traditions of binding women – such as foot and waist-binding – that were designed to decrease women's size and mobility.)

When the womb sheds its precious treasure each month, we are forced to begin the creation process all over from the beginning, rather than build our wisdom by accumulating more and more each month as may have happened in more peaceful and less-populated times.

In the typical confusing and deliberately twisted manner of the controllers, new pharmaceuticals and techniques are being, and have been, developed to ‘stop up’ and reduce the menstrual blood-flow of women. The new pharma meds were highly questionable for the health of women: they were simply causing the womb blood to clot! This is not the answer – and will cause more pain for women.

The loss of our elixir, which happens because of our current inability to to redirect it, has led to the pain and discomfort women often experience each month. Perhaps when we work with these newly-recovered practices, our bodies will adjust to a lighter flow. Discomfort and other issues may disappear. This will allow inner strength to increase together with a deeper connection to source and soul wisdom.

It would also appear likely that it would be difficult to become pregnant after one has practiced the redirection techniques, because there would be so little blood and creation energy left in the womb to hold and nourish a fertilized egg. This is important to explore and verify as it would provide one more reason why there was never an overpopulation issue in matriarchal cultures! We need to research this to determine, for one, how much sacred womb blood is redirected energetically and how much is physically redirected into the body's blood stream and two, would its absence prevent us from conceiving?

I propose this hope: we are but a step away from reclaiming these redirection processes that we call the Blood Masteries. With the “resetting” of the Dark Lodge in every neighbourhood, as a safe pure zone for women, we can begin once more to receive from the wisdom of the Cosmic Void, beginning with just listening in the quiet darkness. In this way it will all become clear to us.

This could be a way to shift the world towards a more egalitarian way of life where women reclaim their power and act as a complement to men. Complementing polarity is a good thing. We do not want “neutrality”-- that would be death! Nor do we want a duality – that would be a fight!

We women, with wombs, are magnets for the good. It cannot help but be drawn to us. We are like sponges, and thus we need to surround ourselves with beauty to reach our potential. It is obvious we cannot be surrounded by violence if we wish to be divinely inspired and created from that place.

I don't want to depict myself as being naively optimistic. I am not ignoring that there is now pollution in the Earth's torus that could possibly weaken its power. I am suggesting, however, that the huge push from the Sun's mighty charged torus, together with the richness gathered from the Earth's interior, is yet strong enough to override the surface pollution.

Our Bones! Health benefits of the practice

I believe that our current ignorance of how to redirect our womb blood to the heart and blood stream may play a part in why our bones become porous and brittle as we age.

Menopause, which actually should be an entering into fullness of wisdom for women, is a challenging and often uncomfortable experience, on both psychological and physical levels for many women.

After over-engaging in their children and grandchildren's lives, some women experience the departure of these children as "empty nest syndrome". I believe this is partly because of not engaging the inner redirection practices or even being aware of the natural transition happening within. The stress of sole responsibility and lack of support throughout the lives of many women seems to prevent the energies of the womb-blood from being naturally drawn towards the heart for awakening!

Our bones become depleted because of women's over-consuming focus on family (which is unavoidable without the support of extended family). The loss of bone mass in women also can begin sooner if she has not been able to stand in her power in family life, or community.

By giving away our power through a misguided form of self-sacrifice we literally give away our bones! I'm certainly guilty of this. Today many women are "doing daytime jobs" and child-raising solo and this results in them having no time for self-development. This adds to the already huge loss of marrow when we are developing and building babies in our wombs! Knowledge is power. We can make the changes we need to.

This process of reassigning our energies by redirecting our womb-blood to the heart, moves us more smoothly into soulful awareness at any time in life and thus allows us to find our own calling and mission! We can see how women would have thrived in a matriarchal system that supported them together with the men.

When the womb-energy, no longer directed toward procreation, is not redirected towards the heart, it fires up sporadically in the form of what many women experience as hot flashes. I felt these personally as energy boosts. Had I known this work back then, I would have engaged this meditation to support and enhance the natural bursts of energy that were attempting to move the energy from the womb to the heart.

This shift, when supported by us, frees us from over-engagement in, and preoccupation with the family-line so that we can blossom into our personal missions. When we are

aware of this natural transition and support it, we do not experience the “empty nest” syndrome nor do we develop osteoporosis to the same degree.

We are recreating the Dark Lodge as a support for this remembering. It is time for you!

Clearing and re-enlivening all four vortexes of energy is essential to allow the free flow of pure and abundant soul energy to pour into your Central Diamond Nexus and so into your physical womb space – balancing the chemistry of the creation cycles within you.

Imagine the boost to your system and your consciousness when this occurs! This action also opens your own shamanic abilities.

This will also aid in strengthening the bones once more (combined of course with a diet rich in minerals, enzymes, calcium, fermented foods and water).

According to the Q’ero, this practice also re-strengthens the kidney and liver which also are depleted by the years of giving to family and children.

Holding the Wise Blood Within

The well-known expression “holding the wise blood within” was originally an expression meant for women to achieve enlightenment at any time during their lives (not just in their elder years). This expression is our clue that our grandmothers knew the blood was sacred and powerful and that holding it within meant you had reached superconsciousness.

When we hold or redirect our womb-blood, it does not mean that we are no longer producing womb-blood, but that the energy of it becomes absorbed into the heart’s blood and deepens our awareness. It appears that this redirection of energies lightens the actual physical flow. I am learning more of these details.

Even though most of our history has been wiped clear, we do have some evidence of such effects. I’ll mention again that the few Indigenous women worldwide that avoided western contact experience only very light spotting to mark the first day of their womb cycle. Alternative women’s history suggests that most indigenous women, as recently as 150 years ago, generally speaking did not have a menstrual flow. We all need to gather more evidence of this.

This is what we are beginning to understand: Before pollution and control and shut-down set in here on Turtle Island, women bled so lightly that it was almost unnoticeable. A valued and free woman, living in a clean environment, does not lose more than a few hours worth of womb blood each month. Such a loving supportive environment allowed the women to freely attract the cosmic energies into the womb, gestate them and redirect them to her heart with intention.

In a traumatized and toxic environment such as ours today the damaging issues surrounding the womb become so intense that I believe our womb is forced to purge this essential life blood. Again I wonder why else would we be wasting our most precious elixir that also weakens the next generations to come -and also allows the woman to conceive only when and if she wishes.

Personal Testimony:

My colleague, Helen Patton, shares how her bleeding lightened when she engaged in Luminous Structure meditation. Bonnie Hazen, another of our womb-wise group, confirms that she experienced the same lightening of her flow. And many other women, with a connection to the calming support of the Good Dark, have related that they begin to have a lighter flow.

Another telling example is with my own daughter Amber, a professional cellist. Her womb may have been significantly affected by her cello-playing as the cello's sound chamber is positioned next to the womb. In terms of her monthly cycles, she too experiences no pain and only one day of light bleeding, not to mention her intense grounded nature possibly enhanced by the deep resonant tones.

Healing sounds and spending time in the darkness seem to be key for womb-health and wholeness.

Two separate systems of blood within!

Now we begin to remember and awaken to the memory that our womb blood is more powerful and more pure than the blood that flows through our veins and we begin to realize the unbelievable potential that is at our fingertips. A potential that our great great grandmothers knew of and worked with.

Women's Sacred Elixirs: Heart's blood and Womb's blood.

Imagine that pure cosmic soul energy from the Sun and Earth torii pouring into the womb space and mixing into the womb's blood, which sponges up as much of Cosmic Soul energy as it can. This action is apparently separate from the rest of the body.

You can see how the womb-blood is filled with ingredients quite different from the ingredients of the blood pushed through the body by the heart. We experience the womb-blood's unearthly magic, when we behold a new-born child who has just emerged from the 'paradise' of the womb. This gives us our clue that the blood of our wombs is indeed of a very High Divine nature and is acting like a stepping-stone for the new soul to enter the Earth realm.

The heart's blood is binding; the womb blood is freeing

In contrast the blood of the heart system seems to actually bind us to the Earth plane and has encoded properties of ancestral DNA. It binds us to our ancestral lineage. We often assume that it would be the feminine and her womb that binds us to the earth by its descending magnetic pull, but here again we see the wisdom of the body that maintains that magical play of opposites within us, for we see it is the womb that frees us from being earthbound because it is in itself of a Cosmic nature, vast and expansive.

The womb's cosmic-imbued blood is feeding the infant that may be gestating there. This all keeps the baby (or project) connected to the starry realms and especially to the deep soulful nature of the Cosmic Wisdom.

Describing the actual redirection process within - the Blood Masteries

Heaven on Earth: The Womb

The infant (or the project) swims in the amniotic fluid and is fed by the womb's cosmic brew within the walls of the placenta until it is completely formed. Remember the vital energies of Sun and Earth also accompany the cosmic soul energies. They fill the womb's space and have no karmic aspects. Only after this time gestating into form in the Good Dark of the Womb, is it safe for the soul to step down into the outer 3D material world full of blinding light, without fear of losing touch with the dark moist Source of Life!

The concept or child has been fully formed in a mini-cosmos right here on Earth -- a little pocket of perfection, a "heaven on earth" protected from the stark reality of day and the outer material world. This reality holds for the first few years before the power of the karmic and ancestral blood takes hold. Rudolf Steiner shares a lot of wisdom about how and what to expose a child to at these sensitive stages before four or five years of age.

We can see the womb as a transitional haven. This information helps us imagine how a superconscious soul can thrive in the womb. Such a baby has no karmic or ancestral blood flowing in its veins and is just as pure as the womb itself! This baby, *in utero*, has only the blood of the divine cosmic brew flowing through its body! This is supported by not only the pure womb environment but also by the fact that the mother has first brought herself to superconsciousness/ensoulment so that her heart-blood system is not entangled with karma. This supports the enlightened baby to maintain and strengthen its purity while developing in the womb!

The Womb-Blood Connects Us To Cosmos

The womb-blood has amazing divine power because it holds the cosmic expansiveness as well as the Earth's and Sun's attributes. Not only is it imbued with Cosmic Soul (direct source), but as it has also traveled through the Earth's interior via the torus and is imbued with the Earth's precious mysteries of Her minerals and Her yin waters. Together with this is the unfathomable power of the Sun's torus that pulls the cosmic energies into our solar system from outer space. What a team! This is why the womb's blood is so packed full of cosmic power ! The full meditation offered in the last chapter in this book is about this process.

So the two blood streams are imbued by different forces. I need to share that this teaching is not saying the heart's blood is bad! Yes, we want our ancestral connection and yes, there is also good karma. It is a matter of balance and selection.

The Blood Masteries of the Luminous Structure Meditation allow for a general balance of the two blood systems. Put simply, the already divine nature of the womb's blood naturally attaches only to the good aspects of the karma and the ancestral line, and detach from the bad aspects. In this way the High Divine Cosmic Soul energies match and harmonize with the best of our karma and ancestral lines.

We can cultivate and strengthen once more these long lost practices of which our womb's cosmic blood gives us access. They are a blueprint of the original plan uncorrupted! We have shared that ancient peoples called it the Wiracocha or Sophia. Is it any wonder that elites seek to hide this from us!

Drawing Womb-Blood Upward: Like the Sap in a Tree

We know the womb-blood is exceedingly charged and ensouled and on a deeply divine level because we now realize that we magnetically import those Cosmic Soul energies directly via the tori systems of the Earth's torus and the Sun's torus! In women, these qualities do not mix with the rest of the body because of the magnetic forces of the womb that attract it and hold it within the womb – specifically in the placenta.

The activated Luminous Structure system directs cosmic energy more powerfully into the womb space, where it transforms the blood and imbues it with its Divine creative nature full of wisdom. We can see how important it is to make good use of that charged blood by redirecting it to our own heart stream, thus building up our own strength. Shedding it causes a horrific loss of power.

Redirecting the newly-imbued womb blood up to the heart requires engaging the masculine ascension-power within the Luminous Structure system. We can liken this

redirection practice to the *sap within the roots of a tree rising in spring to feed the crown*. As described in the next section, we use the breath of fire to activate these ascension masculine energies.

With the use of fire, the water element needs to be present in the meditation – to complement the drying masculine energies, to provide balance, and to moisten the drying of the womb. Engage blessed water in your practice!

Here is an important guided visualization of the process so that it is not confused with the explosive orgasmic ascension energies of human technologies. This tradition is “non human” as it engages pure spirit and cosmic soul so do not engage this energy.....

“Rain falling upward.”

When inviting and magnetizing the wisdom principle into the womb space, via the torus, we remember it is not personal. It does not carry your personal soul nature. It is cosmic in nature. You are engaging a universal energy that has no connection to your personal karma or your personal story or your sexuality!.

It flows into your lower body with your invitation and accumulates in the womb. Thus transforming the blood of the womb to a high divine state. We feel that two weeks each month is enough to gather as much as possible.

It arrives with the power of the toroidal forces X three! Sun and earth torus plus your own horizontal torus.

Therefore a slight invitation is enough to open the floodgates for this great cosmic power x 3 to surge into your central diamond/womb space.

After holding it and gestating it in your womb for 2 or 3 weeks, getting to know its energy, you may begin the practice to raise it up to your heart !

Though you have concentrated its vastness into your tiny womb, you imagine its origins as an expansive, swelling energy, moving with slow mighty purpose like the waves of an ocean. With each exhale your own ascending masculine vortex (see Q'ero womb to heart technology) lifts the concentrated nexus of this cosmic power slowly higher - this is not a fast explosive vertical ascent.

It is a calm, peaceful and gentle ascent. The cosmic imbued blood slowly moves in a looping motion back and forth gradually ascending - or perhaps it is best described as rain “falling upward”. This came to me in a dream after asking for clarity in this female redirection process.

Though this cosmic soul energy is concentrated densely in the central diamond within the womb (O'point or 'beyond time' zone) try to hold that image of it as also being expansive, flowing horizontally and impossible to contain!

As this moist weighty power meets with the fire of the heart, the watery nature will calm the fire, and flush out, like a wave, the traumatic aspects of the ancestral lineage - with each exhale see the womb blood transform the traumatized aspects of the hearts blood, with pure calm Sophia wisdom.

Feel the relief and healing your heart experiences!

Now at this stage the Wisdom principle within the womb blood has access to the newly exposed purity of the high heart, which carries love and spirit, free of human ancestral trauma.

The Cosmic Soul and Cosmic Spirit may now unite within the earthly body, thus we accept the body as our magical organic machine through which to awaken - and in this process the woman attains embodied ensoulment/enlightenment.

Let's look at the technology of Women's Womb-Wise-Blood

System – *How are the cones of energy of the Luminous Structure activated to move our womb-blood energy as desired?:*

The Diamond Center of the Andean heart to womb system

The Central Diamond Nexus point of the Luminous Structure is shifted to center over the womb or center over the heart depending on the woman's intention and breathing pattern. The two-dimensional triangles that are used in depictions of the Luminous Structure are, in reality, 3-D spiraling cones of energy. Like a blueprint, we must use our imaginations to bring it to life!

The Central Diamond Nexus is our Dark fullness within and it rests naturally at and in the centre of our being. It is the concentration point where all the energies are magnetically drawn to. Both the ascending and descending cones of energies, as well as the horizontal energies from the Torus converge there.

The energy we receive from the torus (tori, plural) is the direct line to the "Great Creation" the Q'ero speak of – akin to the vastness of outer space. As I understand it thus far, this is the primary energy source that brings us to enlightenment. I call it the Cosmic Soul or Sophia or the Wiracoucha.

On its way to our wombs, it passes through the interiors of the Sun and Earth and so it is also mixed with Earth and Sun ingredients. What an amazing brew! I suggest that this convergence area is a nexus point rather than a portal or a chakra, because nothing

passes through there but rather is *consolidated* there until it is absorbed into the womb's blood as High Divine energies!

The Central Diamond Nexus receives all the sacred energies from all of the directions, each one carrying a complementing ingredient (as described in the meditation: Chapter 2 (in brief), Chapter 16 (extended)). This confluence must create quite an intense and potent dynamic!

Its purpose is to enrich the blood of the womb in order to provide the perfect sacred environment to receive a soul wishing to be born. The other purpose is of course for redirection upward to the heart of the woman to totally renew and empower her heart and bloodstream and awaken her to a new superconscious level.

This is another area where I branched off from what Dr. Cindy Lindsay taught. Rather than use the Central Diamond Nexus already present in the Luminous Structure, Cindy was led to import the concept of a "Holy Womb Chakra" from an Indian path to apparently do the same work as the Central Diamond Nexus. The Womb Chakra is imagined to float behind the womb. This was taught by an Indian swami, Sri Keleshwar who said he sourced a yantra from ancient palm-leaves to embody it. I was not drawn to follow that path. Cindy chose the swami's path. So that is when our paths parted on a professional level.

Imagining your womb and its magical workings

See your womb, with the help of the kidney fires and the water element, gestate your inner brew as it builds each month, until it is ready to be redirected to the heart. Begin, little by little, to become familiar with the idea that your breath (together with your visualization) has the power to move the energies of the divine nature of the womb's blood to fill your heart and bloodstream. This is women's 'enlightenment' process.

(I prefer to use the term 'ensoulment' -- the word enlightenment really refers to the masculine path. Again masculine and feminine are complements and opposites and so the word ensouling or endarkening or superconsciousness expresses women's becoming much better.)

The Central Diamond Nexus is where the opposite energies of masculine and feminine combine in oneness as before the Great Creation (i.e., as in the Void). They brim with all potential but are not yet in form. Studying the Celtic Triskele will help us understand this dynamic merging and mingling which takes place in the Central Diamond Nexus.

There is also an amazing parallel here with the Central Diamond Nexus and the “X” point, as scientists call it, that exists between the Sun and Earth's tori. Again, the meeting of the feminine and the masculine principles. Cosmos and Sun!

* * * * *

Now you have read and had some chance to process this inner system of awakening our cosmic womb, now is the time to make it work for you personally. Now is the time for all your work in the world to be brought home to you. All those divine potent energies, brewing in your own womb, can be raised to your very own heart so that your personal awareness can blossom to a more expansive and wise level!

As mentioned previously, this action requires the use of the vertical masculine ascending cone together with the *breath of fire* to raise the water/blood of the womb, transforming it to ‘steam’ as in the making of a potion. Consider, as in all alchemy, time is needed to brew this potion in the waters of the womb as a necessary stage one, before engaging the fires of ascension.

Gentle Exhale

When one is ready, engage in slow long exhalations to raise the energies. Imagine the whole system of Central Diamond Nexus now shifting upwards in a looping movement to be level with the heart. Focus on the masculine ascending cone of spiraling energy pushing the central ‘0-point’ diamond upward.

This Cosmic Wisdom energy, as “steam”, now sweeps through the heart and clears it of all personal trauma. The heart gratefully absorbs these wise energies and with its rhythmic squeezing sends them through the arteries and veins of the physical-life body expelling the old karma-laden blood, flushing it out and renewing it with cosmic purity from the womb's blood. In this action one has redirected the energy of the womb's blood up to the heart to fill the veins of the body, which totally transforms the woman to an awakened state. This will include an increased ability of psychic and telepathic gifts.

This process makes it very clear that we have two systems of blood within. The womb blood does not mix with the blood of the body except by the woman's practice of consciously redirecting it upwards.

In writing this, what came to me at this point were images I've seen of the original Christian cross with two horizontal bars. Was one for the womb and one for the heart?

The nature of the womb's blood.

The womb blood is devoid of any personal or ancestral issues therefore this redirection process nourishes and relieves the heart from being overburdened with personal emotional issues.

The newly-refreshed heart carries only the divine "Cosmic Soul" energies of the womb! That charged divine essence is now being pumped through the veins of the woman's body. Tangled emotions and old unhappy karma is now being washed away and cleared by this redirection process. (I acknowledge we have good karma and good bloodlines. So again I imagine those that remain will align harmoniously with the cosmic forces.)

Access to the Super-Charged Cosmic Blood

With practice, one becomes familiar with encouraging the release of karmic issues from full to new moon. (But not necessarily the release of blood, depending on your progress and your environment.)

However, during the few days of the New Moon, when the Moon's power is weak, we can bypass the Moon's magnetism and directly call in the Cosmic Soul power in a significant way. This is when intentions take hold! If those of us with the freedom to keep the time of the New Moon sacred are diligent, we can turn the tide (so to speak!) – i.e., turn the tide of the blood upward to the heart. Women's access to Cosmic Soul is strongest at a time when the Moon's magnetism cannot obstruct us. This makes me wonder if the Moon interferes with women trying to connect directly to source – to Sophia.

Reconfiguring Our Relationship to the the Moon

I need to mention here that we have to intuit a new relation to the Moon.

In recent times, there have been theories, held by many, that the Moon may not be a natural satellite of Earth. Some of these theorists, Billy Carson, David Icke, etc. claim that the Moon may be partly, if not entirely, artificial.

I do not necessarily accept all their conjectures, but I have always felt the Moon to be very strange in that it is fixed in its relationship to the Earth and does not rotate. Again, many women's groups have taken the Moon to be their ally. This may be a misdirection or a misunderstanding of ancient teaching.

The magnetic force we call the moon could mean many things. It could be causing part of the current control and oppression of women and the womb. The magnetic pull from this (possibly) artificial body may cause us to lose our precious womb-blood each month! It is the power of this special blood which brings the awareness of Cosmic Wisdom to the whole planet! Some propose that the moon's power aids to pull the wombs blood upward to the heart. So much to consider as we study and discern.

Personally I feel the need to empower ourselves during the dark of the Moon when its effect is at its weakest. I am suggesting that the new relationship we need to have with the Moon as women is to disconnect at times. I acknowledge the moon pulls in our personal soul nature which has its good and not so good karmic qualities. This is why I host a Dark Lodge (in the darkness of the New Moon) because this is our window of opportunity to bypass its power in order to reach further out to the expansive nature of the cosmic soul beyond the solar system.

Remembering that as well as possibly being artificial, the Moon carries those karmic forces. In anthroposophical and theosophical circles it is in the sphere of the Moon that the soul, being called to a woman's womb, 'picks up' it's karma as it passes, before incarnating into the womb and onto the Earth-plane.

Thus the reason the Dark New Moon is the best time for us to be able to bypass its influences. The Moon is at its weakest phase and the Darkness of the cosmic void more accessible and at its most powerful!

We should focus on gathering in a sacred circle together in a comfortable womb-to-womb ceremony at this auspicious moment of the Dark Moon. Many wombs together are one powerful circuit for Cosmic Soul Wisdom (as long as we set aside our personal issues at that moment).

No wonder the nuclear family was established by the controlling order. It keeps women apart and weakened. In indigenous cultures men were nearby as a protection but never participated in the women's Dark Lodge circle. They understood that our female power was to ensoul for the good of all.

Dark Lodge: Path To Women's Freedom and Power

We suggest that, in a supporting inspiring environment, a woman engaged in these sacred activities will have little need to bleed outwardly because she is naturally redirecting the womb-energies upward to the heart to empower herself. Being surrounded by peace and support and mutual understanding of the importance of our life sustaining arts, is not in our memory, so we have forgotten how our system should be working! It is our choice at any age, when we desire to engage the redirection process.

This was once, I imagine, a natural process we didn't have to consciously direct! Two women in our own time I know of, who have accomplished this redirection are Indira Gandhi, former Prime Minister of India, and Ammachi, the 'hugging saint'.

In history there are many such women recorded: Jigonsaseh of the Huron Peacemaker group, Salome of the Christ story, Ita of the Irish Druid tradition, Themistoclea of ancient Greece – and many other women, in the days before organized religion. These are women that became the teachers of the prodigies their sisters self-conceived. These were the women who were Masters/Mistresses of both Blood Systems– they had achieved the skill to engage and direct the Blood Masteries.

Chapter 11 -

Immaculate Conception: The Womb's Birth-Right

As I mentioned previously I was led to this Andean tradition of joining heart and womb around the same time I was engaged in the experience of painting stories of the virgin birth Mothers in the Peacemaker epic as murals in the Mohawk school. At that time, I realized it may not have been an accident that this sacred rite happened on the very land where I now live (at most, within a 20KM radius)! It seemed that feminine spiritual practices were calling me.

I also began seeking clues to verify that perhaps this Andean system was the very same one used by the Peacemaker women here on Tyendinaga. It could possibly be key to a global tradition. I was programmed to think everything is separate and different in each country, but women's wombs do not recognize geo-political boundaries. There most likely is only one way to self-conceive. As time passed and more clues surfaced, it did become obvious that was the case.

It seems so long ago now that I began a search. In hopes of learning more of the self-conceiving practice within the Peacemaker story, I instead pulled up the Andean womb practice on my Google search in 2008. I felt my heart 'thump' when I heard of the heart-to-womb meditation through Dr. Cindy Lindsay, who was the psychologist studying in the Andes at that time. It was a turning point in my life. When I had my first phone consultation with Cindy in 2008, I told her that I thought I had been waiting all my life for this news.

The original Meditation, called the Luminous Structure, is thought to have been given to the Q'ero from their predecessors who built the original Moon Temple near Machu Picchu. It may also be connected to the Temple of Moray which the Q'ero say is the Womb of the World. Like an inverted pyramid, or the inner descending cone of energy within us, the Temple of Moray is designed to receive Cosmic Source forces. There are other older cultures in this same geographical area, such as the Caral in the Supe Valley, that thrived from 3000 BCE to 1000 BCE. There are the Nazca people and the Paracus. So I credit some of these cultures that were more egalitarian with possibly keeping the heart to womb practices alive. It is therefore coming directly to us from pre-contact and pre-organized religion.

As such it contains the feminine soulful and masculine spiritual complements in balance and harmony.

Acknowledging the descending and horizontal forces

Most of us now know that the descending feminine creation principle and the horizontal torus energies have been omitted from patriarchal organized religions – at least after the first few hundred years of being established. Even the modern shamanic traditions have shied away from the feminine aspects, and rather focus more on transcendence, light and moving upwards into the spiritual and away from creating beauty on Gaia! Even the current disclosure researchers, who are doing such valuable work to bravely present our true galactic history, also omit the feminine ensouling power. I wonder at their sources omitting this key wisdom. It is as if they too live in a one-sided world that operates through the masculine-lens only.

Women as “Other”

Even the few women now involved in reclaiming women’s spirituality don’t seem to be aware that the Sacred Feminine’s tools of creation are the Cosmic Soul Nature and the Inner Sacred Darkness. As usual, it feels that the feminine principle and women are still being treated as the “other” and no one is looking closely at it. It is as if this half of the picture does not exist, is invisible or not seen as important.

This can only be part of the hypnosis-plan laid on us by the controlling tyrants. I expect that this oppression means the Womb Mysteries certainly must hold the key to our liberation or it would not be so well hidden.

This meditation was designed specifically for women to create themselves as enlightened (ensouled) beings as well as to bring already enlightened beings to earth in one incarnation. It engages both the masculine and feminine energies in relation with the womb’s power.

Masculine traditions from organized religions are excellent ways for men to reach enlightenment by evolving slowly life after life. They are most suitable, however, for the male gender.

From what I have learned women don’t reach superconsciousness in the same way as men do. As this book expresses, we have inner systems that work in quite the opposite way to what we have been taught in the mainstream world!

In this manual we are looking at developing this practice primarily for our own awakening, not necessarily to self-conceive magically superconscious avatars! But hey, go ahead and try! If the heroines and many examples in this manual can, then why not you!

As I have become comfortable with the Inca Tradition over the last ten years or so it is beginning to feel very familiar. After all, it was only 400 years ago that the system was alive, practiced and well respected globally so it's not so difficult to reconnect.

“Off Energies” Cannot Enter the Womb

I do believe self-conceiving happens in different ways more often than we know even in modern times. No woman has anyone to turn to, to share her story so we don't hear of them or believe them and often the women don't believe themselves. The young friend of Denis Poitras in the 1980's, I mention here, is a perfect example. She was not planning to self conceive but by her own austere and dedicated practices she achieved it. However unfortunately the baby lived only a few months.

Overwhelming evidence shows that the womb cannot by its “immaculate nature” host anything less than the divinely-inspired. The womb cannot bring anything “evil” or anti-life in. The creation system simply could not function and support its development!

Women may call something in (unconsciously or consciously), if not well prepared, that could harm her person but it will never be able to touch the sanctified womb space. I feel there has been much harmful speculation in this area that suggests that some ancient priestesses were tricked by malevolent entities to invite and gestate evil or ‘reptilian monsters’ etc. thus making them responsible for the tyrannical hybrids said to be on earth today.

What patriarchies have considered evil or flawed is highly problematic. Narrow self-serving judgments have been made about terminating gestating children: who is worthy of life? Such arrogance! Who are we to say? The soul has chosen to be incarnated in cooperation with the High Divine and the mother. I feel that even though a child may develop in the womb with deformities, its inner nature is pure and innocent (as with all children) until it reaches the outer world.

“Close the Womb Door”

The Tibetan Book of the Dead says ‘close the womb door’. In this context, the words express a desire to be freed from continual rebirth. This refers only to situations where the womb is being implanted with human seed by men.

It seems this Buddhist text does not remember the high-level spiritual practice that parthenogenesis offers, initiated by an enlightened woman. They do not acknowledge that the womb space itself is already Divine: that it can support an already enlightened soul and allow it a smooth transition to the Earth plane in one incarnation – without accruing any karma! What an amazing sacred system!

This truth has been deeply hidden in our era and yet, it seems, this was the original plan.

A Fast Track path to Superconsciousness!

This feminine spiritual path complements the masculine spiritual path. In our current world the feminine path is not revealed. In this manual, I do my best to uncover all I have discovered. It continues to unfold as I write this. I trust others on this path will continue to call in more depths of it with me and after me. This manual shows us that women reach enlightenment exceedingly fast once these lost practices are truly engaged. Even more astonishing is the fact that we can pull in fully- enlightened souls in one incarnation via the self-conceiving arts.

We can create a paradise! We need only work together womb-to-womb to awaken collectively and open to that expansive rich vibration of the Earth’s torus forever flowing by. We know that the masculine and feminine principles are polar opposite complements that we need to activate to create the desired balance, in order to come into wholeness. ‘Blending into one’ isn’t life supporting. Again, the Sri Yantra is one example of a more dynamic oneness: it shows the vibration of the complementing forces engaged as one whole vibratory system...not as duality and not as a ‘soup’, but as lively complementary systems. This is also called generative polarity.

The Phi: A Doubling Technology

Some of you may be familiar with the Phi as the 21st letter in the Greek alphabet (see Chapter 2). What I was not aware of is that this symbol is found worldwide and its deeper spiritual significance is its connection with the self-conceiving arts.

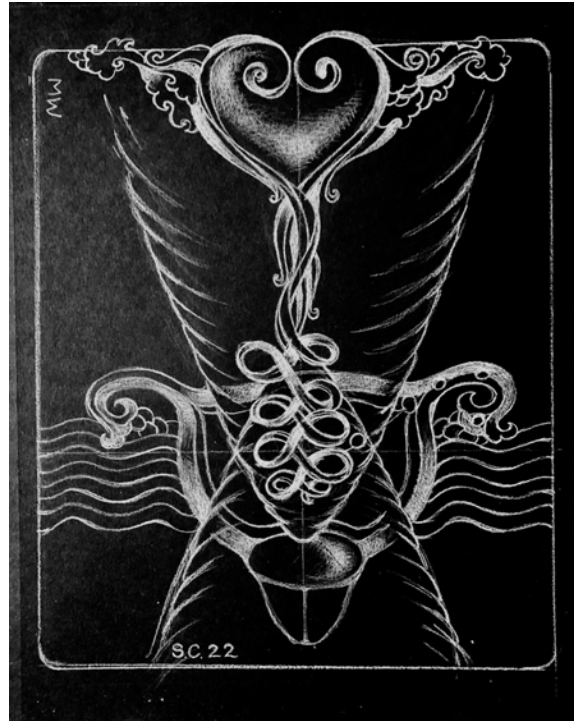


Image 6: The Doubling Technology of the Phi in the Womb (see also Diagram #15, Ch. 2).
Artist: Maureen Walton.

How does the self-conceiving woman divide her own egg so that conception takes place? The clue to this lies in the Phi symbol which actually represents the action of dividing the egg by the woman's own intention. I call it the Phi System, pronounced Fe - (as in Female!).

It is a method that splits when activated and doubles itself. It then 'flips' to double itself in the opposite direction thus accomplishing this continual process of creating opposite pairs. This is part of how we build a new life within us parthenogenetically. My colleague, Helen Patton, suggests that this process is initiated by engaging the descending cone of energy thus pushing down our heart fire into the womb.

Let's imagine, visualize and allow for completion of these sacred organic blueprints that live already within us. This is the birthright of our natural creation alchemy! (For more details, see the complete meditation in the last chapter.)

Fe- Fi- Fo-Fum! I smell the blood of a wise wombman!

What or who was the origin of the giant in this story? What truths lie hidden in culturally-revisioned stories like *Jack In The Beanstalk*?

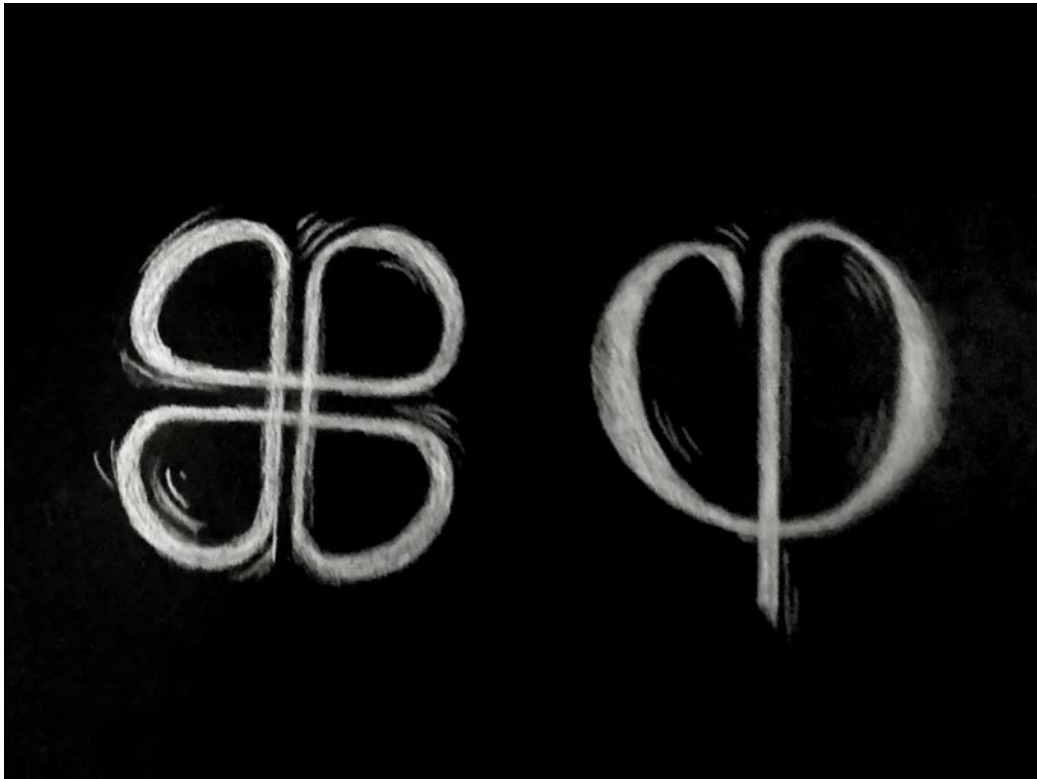


Image 7: Four-Petaled Flower and Phi, Sacred Energy Patterns of the Luminous Structure System. Artist: Maureen Walton.

Chapter 12 -

Spiritual Physiology: The Womb to Heart Relation

The following writing is from Karen Holmes MRE, MTS and Director of Anam Cara Spiritual Centre in the Kingston area. In 2009, when I invited Dr. Cindy Lindsay to share the Andean teaching at Wyldwood Sojourn, I asked Karen to assist me in organizing the retreat. She has walked this path with me and has an excellent understanding of this work. Here is her explanation of how this Andean meditation works in terms of the ascending cone of energy arising from the womb and the descending cone dropping from the heart.

The Womb and the Heart

There is a deep relationship between the womb and the heart. What I write here is not a description of how that synergy ‘works’ (the Luminous Structure Meditation contains the specifics on that), but I do know that it is important to state the truth of a profound relationship from the very start.

It is so very important because what I write here is an attempt to elaborate the distinctions in spiritual physiology between the heart and the womb. While distinctions are to be made between these two sacred organs, I do not wish an illusion of separation to be construed from my words.

Yes, there is a deep affinity and similarity between the heart and the womb. Both are holders of blood; and both contract to release blood. Both are also rhythmical in their relationship with blood. Both rely upon the autonomic nervous system to retain their periodicity. These similarities have led the womb to be sometimes known as “the second heart.” In anthroposophical embryology, it is said that the womb of the female embryo is formed out of the embryo’s heart. This is what embryologists, Dr. Jaap van der Waal, taught me in 2008.

Beyond this, however, there are great differences. I choose to explore these differences within the parameters of several primal polarities. These are: giving and receiving, light and dark, consciousness and unconsciousness.

As witnessed in the Yin/Yang symbol, each member of a polarity-pair contains an element of what the other member predominately carries.

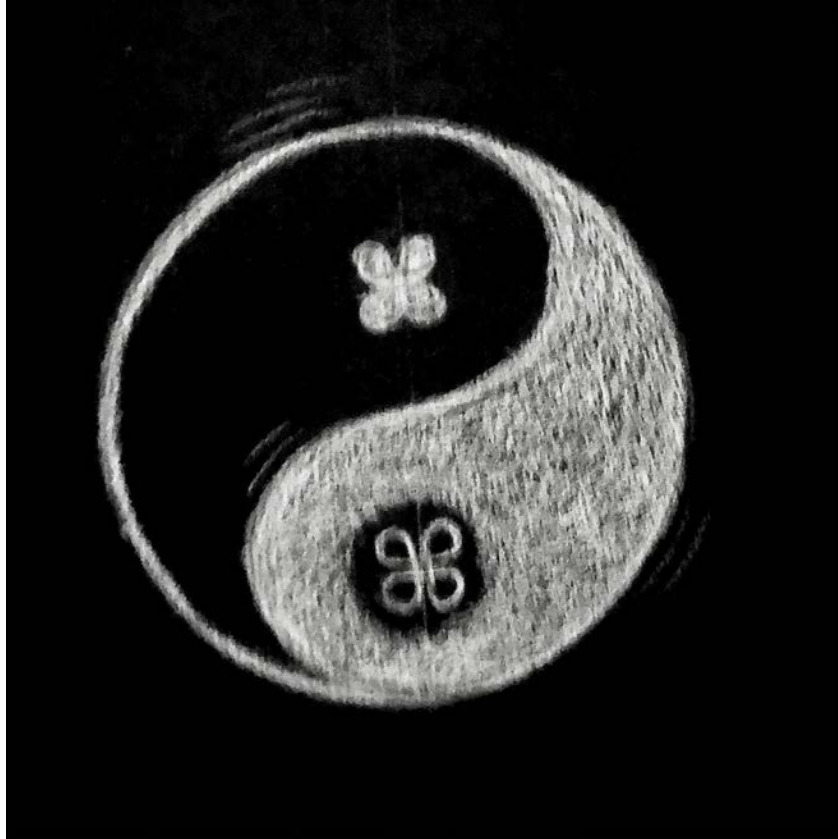


Image 8: Ancient Yin-Yang Symbol as image of generative polarity (not falling into duality).
Artist: Maureen Walton.

For example, a man who predominantly carries the masculine energy also has feminine energy within him; and a female who predominantly carries the feminine energy has the masculine energy in her. It is only through the sharing of the polar dimensions that a polarity can be named generative (i.e., life-giving). Otherwise, we fall into duality.

For the sake of developing a picture or imagination of each organ, I will set forth these comparisons and shared dimensions in a chart-format.

| | Heart | Womb |
|------------------|---|--|
| Light/Darkness | <p>Predominantly Light</p> <p>The heart was once known as the radiance of the human being. It carries the Inner Sun of the individual.</p> <p>The contents of the heart are visible in the countenance.</p> | <p>Predominantly Dark</p> <p>The womb is hidden from the light. It carries the Darkness in which is to be found shelter and nurturance.</p> <p>The contents of the womb are not visible on the exterior.</p> |
| Receiving/Giving | <p>Predominantly Receiving</p> <p>The heart receives all sense impressions through the senses and receives the impact of all thoughts.</p> <p>The heart is of an image. Receptivity and has even been called, misleadingly, the selfless organ: it seeks and desires balance and relationship with all things.</p> <p>Over time, patterns of receptivity emerge which can make the heart's innate openness rigid or fixated upon particular things/outcomes. This is a source of disease – both physical, emotional and mental.</p> | <p>Predominantly Giving</p> <p>The womb gives life and energy to the world. This is most markedly seen in its support of the developing embryo and foetus. Like a Master-Artist, it actively harnesses its forces and energies to create an environment which is uniquely life-giving. This is the Wisdom which responds; the fire of its action is Love for the Whole of Life. It unerringly guides and steers to that end.</p> <p>When someone is not permitted to utilize or share this creative Wisdom in their daily living and/or come to believe that their instinct is false, the womb's power becomes veiled and inaccessible thus impacting the health of the entire organism.</p> |

| | | |
|-----------------------------------|--|--|
| Consciousness/ Unconsciousness | <p>Predominantly Consciousness Although the heart is governed by the involuntary autonomic nervous system, it is the foundation of thought. The ancients recognized this when they named the Heart as the source of the Mind (in Greek, <i>noos</i>).</p> <p>We are moving toward a time when the rhythms of the heart will more and more be governed consciously.</p> | <p>Predominantly Unconsciousness The womb carries the sleep and gestational-consciousness of the human being. The light of consciousness freezes/vivsects the instinctual wisdom process. Womb wisdom can only be accessed by the intellect through movement in the body and even then only in images. Efforts to consciously control the womb will always fail.</p> |
|-----------------------------------|--|--|

As can be seen through this comparison-chart, the heart and the womb are, in many ways, inverse pictures of one another.

The heart is shaped by all experiences while the womb holds firm to its native intelligence and wisdom. The heart is highly mutable; the womb is a fixed repository of life-giving patterns and energies.

Together they form a generative polarity within the human being.

What is the Third that their interplay manifests? This is a question to which only experience will give us the 'answer'.

Let us examine the heart and womb in terms of spiritual practice.

The heart, as bearer of all experiences of life-times, can become polluted by hatred, prejudice and mistrust. These 'pollutions' close the heart and make it less receptive. The heart, in order to keep the mind and intentions clear, requires realignment (some might even say purification) in order to release rigidifying habits of response i.e., guarding and emotional reaction. The heart has sometimes been known as the organ of karma.

The Womb, as a holder of abiding patterns and imprints of life-giving Wisdom, is not subject in the same way to the passing impact of sensory impressions or of thoughts. The Womb holds true the patterns of Life. It does so even if the womb is in a culture which rejects its womb-wisdom or even when it encounters violence (for example, in the form of rape). The Womb's power becomes veiled or inaccessible in such circumstances, but it is not 'polluted'. The womb carries the Divine Wisdom (the Divine Image) within and does not require purification.

That being said, the Womb's power and energy – its Love for the Whole of Life and the patterns for Life- - can be harnessed by the heart's desires – for good or for ill. The heart attaches and seeds its desires into the Desire of the Womb; and so the heart's desires become amplified. The Womb is the heart's power-source.

The ineffable and unvarying quality of the Womb's Life-Patterns can only be changed by spiritual technology which would act in a manner akin to a virus. Conscious thought-patterns of a foreign power would have to be taken up by the limbs and will-system of the host-womb and be imprinted repeatedly in a periodic/rhythmical manner attuned to the 28-day moon-womb cycle. Such an 'invasion' would denature the womb-patterns, breaking down their form and thus releasing their potential-energy as powerful energy accessible to the host-organism.

Chapter 13 -

Torus Times Three (TX3): Sun, Earth, and Human

This chapter explains the impact of the Cosmic Void, the Sun and the Earth's Tori on our own personal torus – our own creation abilities.

I have spoken of the torus but have not completed the whole story of how it came to me in relation to the womb-to-heart practice. I searched some NASA sights and there it was, in a nice visual form! I saw that the Earth Torus, which surrounds the earth as a moving sheath of magnetic energy, receives its energies from the 'Torus' of the mighty Sun, which in turn receives its energy from the even more mighty vastness of the Void of outer space!

Thus the Sun is energized by the great Cosmic Womb of outer space.

This Void of outer space, brimming with all potential, is the vibrant magnetic Wiracocha (or Sophia, in western terms). It is the Wisdom principle which holds the concentrated dark life force that enables women to create life here on Earth with depth of soul and of feeling.

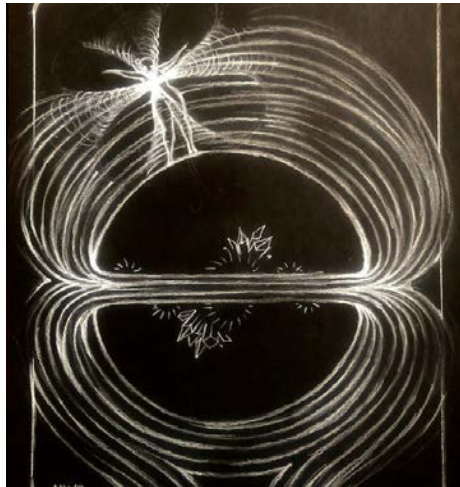


Image 9: Woman's Torus within Earth Torus (see Diagram #12, Ch.2).

Artist: Maureen Walton.

Being so far away, how can the energy reach our tiny wombs? These galactic energies are streaming toward us by the power of not one, but two, torus systems! These two

systems deliver a flood of this magnetic Cosmic Energy directly to us as we stand on the Earth's surface! We are surrounded by them as they flow unceasingly across the Earth's surface in a horizontal direction. We spoke in earlier chapters of the qualities from within the Sun and Earth also present here.

We have the potential to increase our ability to import this potent power consciously into our own bodies and into our own creations. So why are we not always receiving full-force this flood of Cosmic Soul energy as we once did? I'm suggesting that we have been cut off from it, not only because we have forgotten the workings of our inner magnetic system of our own bodies but because of the intentional oppression of female creation traditions.

How did we receive this special cosmic energy from the Earth's Torus? How many of us have heard of opening a channel to receive from a horizontal direction? In other words we may have heard the term "expansive" energies, but they are rarely spoken of in terms of the Torus, and especially the horizontal Torus.

In contrast, we were all about the horizontal energies while living in the old matriarchal systems. That system aligned predominantly with the all-encompassing magnetic power of the Earth's everflowing torus. It is what connected us all to each other and to the Earth! Another member of our team John Coxon shared an important way that the horizontal vortexes of energy appear in nature. That is in the oceans and lakes! Each wave is a powerful horizontal tube of energy rolling with the winds and gathering momentum. As they break on a beach we can see clearly how they are formed as vortexes, with the wide end of the funnel being the first to break and fall. No wonder surfers can't wait to get back inside that spiral of watery cosmic energy! What a charge! John also pointed out that some tornados are also horizontal like a wave. Seeming like a cloud of dust sweeping across the land.

This energy was known in symbology too, until quite recently in human consciousness. For example, there are two cross-bars on the early Christian cross that express this forgotten power: one passes through the heart and one through the womb.

Other indigenous and pagan symbols usually reference crosses and "X" s. They are referred to as being the Four Directions or the Four Elements, but they are much more than that. The X symbol (sometimes known as the St. Andrew's Cross) outlines and overlays the four converging cones of energy of the Andean system.

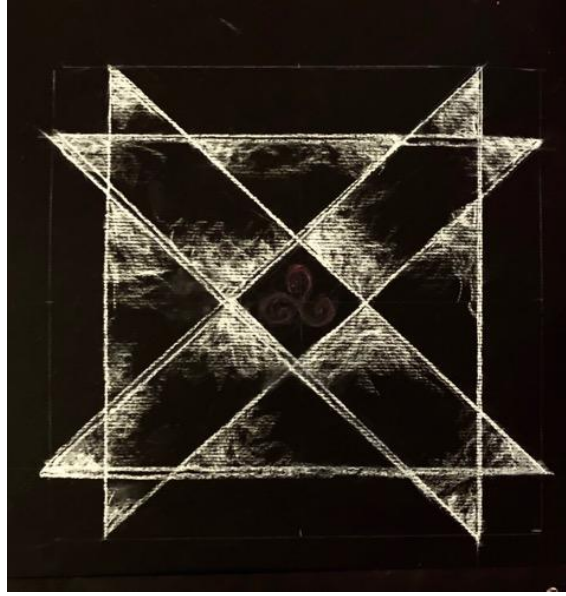


Image 10: The Four Converging Cones of the Luminous Structure (see Diagram #1, Ch.2).
Artist: Maureen Walton.

I received the information about the horizontal energies from the Earth's Torus over the course of my time engaged with the Peruvian plant medicines. I believe they played a role in helping me to grasp the bigger picture of the Andean tradition and more. I was drawing and sketching schematics of this system and I turned the vertical Luminous Structure on its side then overlaid it on top of the vertical version. They fit together like two puzzle pieces, locking in place and forming a beautiful symmetrical design of sacred geometry!

I began to see this formation everywhere in the textiles and temple walls of the Americas. In fact, it is a common design in traditional quilts! My colleague, Tara Greene, began sending me images of it in these art forms. It revealed that the horizontal cones, or channels of energy, were indeed once an accepted part of spiritual systems. One of my "womb wise" friends, Michelle White Hart, messaged me with a story. She asked if I knew of Queen Maya's white elephant? It was said that Maya had a dream of a white cosmic elephant entering her side! Queen Maya, a realized woman practicing the arts of self- conceiving, envisioned the elephant as a symbol of the great soul of Buddha, flowing into her side (and then into her womb) on the horizontal cosmic waves of the Earth's torus-energies. Here was another piece of evidence.

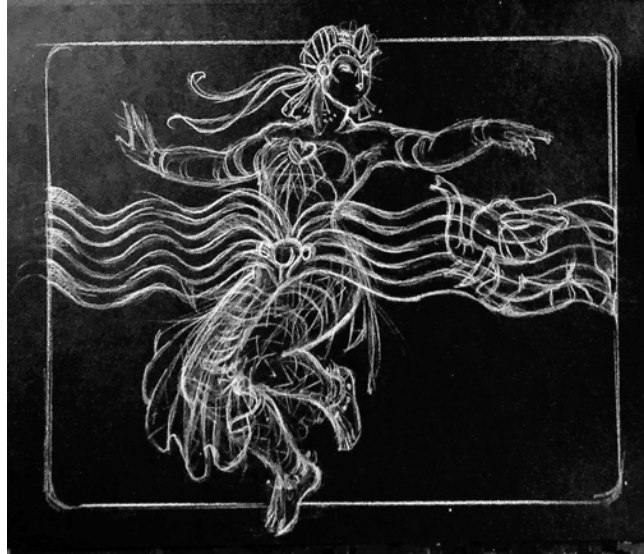


Image 11: Queen Maya Conceiving Buddha (see also Illustration 6, Ch.2).
Artist: Maureen Walton.

All of this happened during the times when science was not separate from spirituality. We also see the horizontal energies portrayed in textiles and religious icons world over. They are representations of the expansive feminine horizontal forces of collaboration which compliment the masculine vertical forces of individuation.

Then I also found Pavarti's Yantra! It was the very same self- conceiving symbol as the Inca system. Very inspiring! I knew now I was on the right track. This was a unified global system of women's arts.

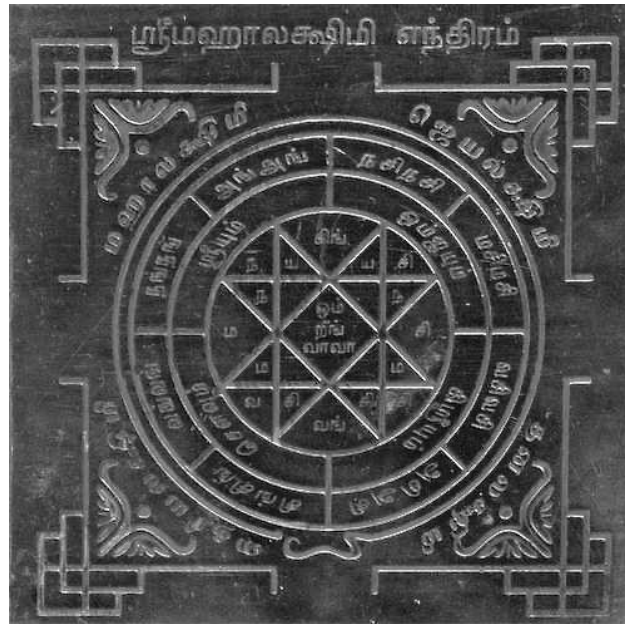


Image 12: Pavarti's Yantra (see also Illustration1, Ch.2). Photo: Maureen Walton.

Fed by the Sun and Earth Tori!

After I drew the diagram of the transfer of energy from the Cosmos to the Sun, to the Earth, to us, (Diagram #11 in Chapter 2, Image 12), I began to see the remarkable significance of this Torus X 3. Our primary source of power is received from these horizontal torus energies. The horizontal feminine magnetic Torus is the complement to the masculine electrical vertical system. The chakras are mini horizontal portals stationed on the vertical channel, but again are of a very personal nature sourced within the auric field of the practitioner. (Do not confuse or mix these two systems which have very different purposes.)

The complete horizontal torus that surrounds the whole human body pulls in only the far-reaching impersonal cosmic energies coming into Earth filtered by the Sun and guided by the Earth's magnetic torus! By the power of our own personal horizontal torus

they are deposited directly into the woman's womb (or as directed by her).



Image 13: A sketch suggesting how the sun's torus pulls the cosmic energies to earth (see also Diagram #11, Ch.2). Artist: Maureen Walton.

The Earth's Torus is an expression of the torus-signature that we see throughout the galaxy. Tori steadily draw in energy at the poles of all known planets. As we stand on the Earth, this energy is continually flowing horizontally by us and through us. This torus-energies are far more soulful and far-reaching than the vertical energies; they are specifically cosmic in nature. They are direct Divine Source and are not connected in any way to personal karmic influences. This is one aspect that makes the torus so special! It therefore supports our ability to give birth to not only superconscious souls, but superconscious concepts.

Concerning the Sun's Torus, it is literally pulling the distant cosmos into itself with mighty electro-magnetic forces and breathing it out to us in the solar winds that flow to Earth! The Earth's Torus grabs it and pulls it in through her core and out the opposite sides to flow over the planet's surface and imbue us all with fully-charged and newly-arrived pure Cosmic Soul energies.

The powerful cosmic-energies, pulled into the Sun's mighty Torus, absorb the Sun's blazing light (the product of its thermonuclear fusion) as they pass through its core. These two high divine complementary energies – cosmic and solar – are carried in the solar rays that flow to Earth. We see that as the Earth's Torus receives those combined energies and pulls them into Her core, they impregnate the metals and minerals of the earth, especially the gold!

It is a mystical alchemy beyond my understanding at this point, but the simplified message is that some of the microscopic charged particles of the Sun's light, flowing through the Earth's core, are absorbed by the soft malleable gold transforming it into the very magical metal that it is. Thus the Earth's Torus carries this alchemically charged golden essence, together with the dark Cosmic Wisdom essence, straight to our womb space!

Our powerful magnetic wombs pull in all those enlivened ingredients.

What a divine brew our womb's blood is! It is gratifying to receive understanding of these sacred systems working together to continually spark and gestate pure life within us! It is remarkable how they are especially brewed and enhanced with all these many sacred ingredients. How blessed we are!

Here is another fascinating detail concerning the gold essence and how men receive it. Synchronistically, I was speaking to a friend around the same time as I was learning that women import this golden essence directly into the womb.

He shared that devotional men in the time of Jesus powdered gold and ingested it as a ceremonial technique to gain the special wisdom carried within it. This may have been the gift of gold given by the “wise men” at the birth of Jesus. We each have our own ways of receiving nourishment from the gold. Women receive it directly.

Importing Three Sacred Energies

As I am learning, the Sun and Earth tori, pulling in directly from outer space, import the required and essential sacred energy that allow us to create life on earth with depth of soul, wisdom and enduring strength! Remember the Cosmic Soul nature is not imbued with karmic influences as the personal soul is.

We have abundant access to it. Why are we not able to receive this flood of cosmic soul energy to the extent we once did? I'm suggesting that we have been cut off from it, not only because we have forgotten the existence of it, but because our female traditions have been intentionally wiped out and hidden by trauma. A new AI-informed metaverse, arising from our state of disconnection, now sends out its interference from 5G towers, chem-trails and other confusing energies that scramble our own inner electro-magnetic forces. We can recover access to source-power by practicing in nature by water and being conscious of the process to consciously activate and receive the momentum of the Torus X 3 once again.

A turning point!

Let us look at the Torus that surrounds the Earth. It is full of a mixed brew of Cosmic Darkness, the light of the Sun, together with the potent Inner Earth forces.

The Sun's magnetic forces pull in and transmute the overwhelmingly vibrant nature of the Void of outer space.

The Earth is then showered with these electrically-charged particles that flow from the Sun, in the solar winds, to the Earth.

In turn, the powerful magnetic forces of the Earth Torus pull these Sun- charged particles through Her poles.

I need to add here that the Earth's own wisdom, that is enshrined in Her core, imbues the torus energies also, so that what we receive is a potent blend of Cosmic, Sun and Earth wisdom!

Wow! This elixir continuously flows over the entire surface of the Earth. In this way, we absorb the Cosmic Soul nature (or Sophia) together with the Sun and Earth nature! Women receive this divine energy 24/7 into their lower bodies, and have a special chalice to store huge quantities of it – the Womb!

We import it with the feminine magnetic, horizontal cones. Imagine that the cones represent the central channel of your own personal torus. We import this charged energy through our cones and into the Central Diamond Nexus/power center. We have the potential to gather huge quantities – we are natural magnets for the sacred and we have the womb pocket to store it in!

This Andean system allows us to sense what is happening within us and increase its power with our intention...for our own enlightenment!

Women.... Visualize that potent torus energy continually flowing over the earth in the wind and in the breezes. Find a forest or a body of water that feels pure. Or perhaps just step into a morning after or during a rain and draw that expansive horizontal magic in and downward with your inhalation. Import that cosmic energy into your pure womb and hold it there!

Men are the opposite: their strength is to release and reach upward to align with the spiritual in the solar realm as an “attunement”. What a perfect team we are! (This is not to say that men cannot also magnetize, but they cannot do so with the same force as women. Likewise, women can, of course, release, but not with the same force as men.)

As these abundant energies from the Torus X3 flow by us and through us, our horizontal cones of energy magnetically pull it in, where it gathers in the Central Diamond Nexus point. Remember also that the horizontal cones I have illustrated are depicting only the core of the complete personal torus system that also flows over our heads and under our feet.

As I mentioned in the first chapter, for a few years I hesitated to create and insert my own ideas into the Luminous structure as I didn’t feel qualified. Yet the dreams and visions from the Peruvian plant medicines pushed me forward.

When I turned the Luminous Structure on its side and placed it over the vertical version everything began to fall into place. Here the diamond was central and grounded and integrated into the whole. The Central Diamond was not a portal or channel or chakra; rather it held the gathered power of all the directions directly over the physical womb (as it rests in its natural state).

I turned it sideways as a result of a learning that emerged in one of our Dark Lodges at Wyldwood Sojourn: in that Lodge, we all recognized and sensed that the horizontal Earth currents are always flowing by us. Through this collective revelation, it was merely an intuitive step to recognizing the need for a horizontal system that could receive those energies. Then the confirmation of such a system began to arise in my research and in

other images and thoughts being sent to me by other women. We women do build this knowledge together through shared experience!

The X point within!

You will see my process in the diagrams. I discovered that this new version was already a recognized yantra, embedded in many of the worlds' cultures in fabrics and stone work! I was amazed to see how the two structures locked neatly into place, creating a yantra of four triangles (or four cones of energy) converging from four directions with a diamond-shaped overlapping. As I drafted this as a flat geometric diagram, by default a strong "X" appeared between the triangles. This felt real and powerful.

When the horizontal cones are included, the Womb Nexus becomes central in the structure and is protected. The overlap of the cones creates the Central Power Station. It is in the perfect place to be fed by the cosmos. Now I felt it made sense and was in its rightful power position. It was a beautiful equilateral-diamond gathering point. When these four triangles were overlapped, the Central Diamond seemed to double in power.

History has recorded the positive-space "X" or nexus-point, but not the four triangles between and behind the X. The triangles, in so-called negative space, are the feminine aspects. These feminine aspects were not even referred to in the Q'ero tradition. It took visualizing and connecting to Source to find this feminine element.

In science, the X is referred to as the "X- point" where two complementing forces meet and exchange energy. An example of such an exchange is the exchange of energies between the tori of the Sun and the Earth (i.e., an exchange between the electric and the magnetic). This news struck me. The very same type of X occurs as the masculine and feminine energies converge within each woman! This is exactly what the Luminous Structure is ...an X-point within!

A Sister Symbol Revealed

I want to insert here another amazing discovery concerning the four- petalled flower depicted over the womb of the Virgin Mary on the fabric of her gown in the imprinting of "The Virgin Of Guadeloupe"(Tonantzin). This simple four-petalled flower is a 2-D schematic representing the double torus configuration. This is the vertical and horizontal torus within.

As I drew these two tori, in a 2-D version, they did indeed form the beautiful simple symmetry of the four petalled-flower as shown on Mary's dress in her Central Diamond Nexus (most people say it is over her womb, but might it not be over her Central Diamond nexus instead? – ready to descend into the womb?).

So now we have two verified blueprints of the process of parthenogenesis. And as you will see when you study the drawings they are the same process drawn in slightly different ways. The Andean cones are actually a depiction of the central channels of the torus, omitting the complete circuit for the sake of simplicity.

We can draw all the magic carried on the Earth's mighty torus directly into our wombs. There is a life-changing opportunity here to open our horizontal channels more consciously and fill our womb and its blood with the gold-imbued torus power.

It no longer surprises me that yet another system, that applies directly to how women create, is missing from our history and religious systems! Our individual horizontal torus is missing from the records!

How inspiring to imagine there are threeTori in motion to bring the Cosmic, the Sun and the Earth's essences directly to our wombs. Consider the power of this!

Shifting the System at Will

With the Luminous Structure plan, the practitioner can shift that Central Diamond Power Station to where the energies are needed.

As the practitioner brings her awareness to her womb, the Luminous Structure follows suit so that the Central Diamond shifts over the womb and drops those Cosmic Soul energies into the womb-chamber for safe- keeping. As it does so, it imbues the womb-blood with High Divine energies!

The first step is to imagine the horizontal currents of the Earth's Torus flowing by. Extend your arms horizontally and breathe them in with your inhalation. Imagine the lateral cones of the Luminous Structure receiving these richly imbued currents.

As we make these gestures, it's easy to see how women's traditional dances mirror the flowing torus energies in their creative use of flared skirts and scarves and with hip and arm movements. (In Toronto I know of two dancers/teachers Shaila Khan and Roula Saiid who are reclaiming these original interpretations within traditional Middle Eastern

dances. They are uncovering the deeper meanings of women's dance. As we know, belly dance was never meant as mere entertainment for men.)

We can access the flowing horizontal energies however we spin and turn. As you move, imagine now Including the Sun's golden essence with the Earth's mineral essence in the energies flowing in, through and about you.

Chapter 14 -

Current Practitioners of Parthenogenesis and Testimonials of the Womb Blood Redirection Practice

Ammachi, The Hugging Saint

As I mentioned in Chapter 1, I have been inspired by the work of Amma. Amma is healing the world through unconditional love. I learned of her in 1987. I read her biography and in 2000 I received my first hug while in Ann Arbor, Michigan USA. In 2004 I received a second hug in Toronto, Canada. I received that hug the day before I was able to reclaim my country home in Marysville.

The next morning, after my first sleep at the house in ten years, I had a strong vision of Amma standing beside my gas stove and lighting it. Thus I hung a picture of her there and it remains there to this day. I trust some of her guidance reaches me by osmosis as the years pass and as I continue to deepen my “womb wisdom” studies.

I initially had difficulty relating to Amma as she simply sends unconditional love, without judgment, with a powerful “energy hug” of 5 seconds or so to each devotee, rather than teaching through lecturing. I had specific questions relating to the Womb Mysteries – questions that needed responses with words (or so I thought!). Yet the power of her presence is enough, even without intellectual answers, as everyone eventually discovers.

It was not until 2018 that I went for another hug. At that time, I reconnected with an old friend there, Steven Henderson, who shared that Amma was born enlightened. He knew I was researching women’s lost art of self-conceiving, and he shared this passage with me, from a recently-published book.

The following is from a book called *Ammachi-The Life of the Holy Mother* by Swami Amritaswarupananda (2011) in which he quotes Amma as saying:

“During meditation, a power emits from me and enters the mother’s womb and in this way she becomes pregnant. Some of these children will become perfect sannyasins, others will lead a family life. Wherever they may be, they will all turn to spirituality.”

Although this quote offered minimal information, another level of self-conceiving was revealed to me. It demonstrates how an avatar like Amma can, by her will, spark life in the womb without male sperm. In this case, the process was not performed within her own womb, but in the womb of a surrogate mother who had asked Amma for a child! Swami Amritaswarupananda says Amma has self-conceived many children into the world in this way since the 1970s!

I'd like to say here that Amma apparently realizes that the world and the global controlling powers would not allow this practice to surface. Thus she keeps this process very quiet and simply does what she knows needs to be done. No point in trying to convert the world until it is ready.

We can take our lead from Amma. We should begin now to just do the inner work to redirect our womb blood to the heart without telling anyone. It's private inner work anyway. The change will come quickly enough and then we will see what unfolds in the world situation. Pp

Eight men affirming the practice today

I'm happy to include four open-minded men in this list that have inspired us all.

First of all, Denis Poitras: he wrote a book in 2001 called *Dr y a CD fY- woman's long lost ability to self conceive*. Denis was a friend of a woman in the 1970's who self-conceived and birthed a girl.

Secondly, O'ran Ruadh from Scotland: he is a practicing Druid and an author currently writing a series of books on the Rose Lineage called *Embersong*; he accepts the art of self-conceiving as real and recognizes the importance of its reclamation.

The third man is Dr. Delbert Blair (who is no longer with us on the Earth plane): he is a brilliant physician who specifically saw that women's health was key to the health of the entire planet. There are still a few videos left of his on youtube. I have already mentioned his reference to the African Amazons who he believed were parthenogenetic.

The fourth is Steve Darlington, R.M.T., D.Ac., Cert. Iridologist. His testimony follows later in the chapter.

Fifth is Felipe Cardasis Martinez who continually brings me in to share this knowledge with his Mayan fire ceremony community, and in his own Ramma contact circles. He is of invaluable support to bring awareness to the Blood Masteries.

Sixth is Greg Dwyer, a free energy engineer who studied with David Hamel and is currently building a healing chamber using the same principles of construction as David. He recognizes the link between the electromagnetic forces of the womb and heart and the electromagnetic focus of his own healing chamber. No coincidence we both live on Peacemaker land and on the most suitable granite to supply materials for such a device.

Seventh is Don Juan, whose wisdom was revealed to me by BJ Smith of our zoom meetings. He is a Mexican shaman who was active during the 50s and 60's. I give more details in the first chapter. His work with the Womb's "other purpose" was a very strong message that I was on the right track. Many thanks to this spiritual seeker who realized that the world cannot continue without the wombs power reactivated. He found the deep level of programming and the brutal oppression over centuries, left women ignorant of their power potential and in denial of such a possibility. "Indifferent" as DonJuan puts it. While all other masculine centered spiritual traditions world wide demote, exclude and deny the feminine powers as an equal force in creation, Don Juan did not!

Eighth is John Coxon. John is also a student of David Hamel who built his flying free energy device in Gilmour Ontario in the 1990's. He lives in Belleville so is also within the "golden triangle". John has mastered this technology as Greg has and is open to how it relates to the womb and parthenogenesis. He has given us great examples in how the horizontal energies can be found in nature as in the rolling waves swept across oceans and in a form of tornado that sweeps laterally across the landscape. I appreciate his support and openness..

Parthenogenesis

This deeply sacred art form is needing protection and safety from being inappropriately exposed in the extremely volatile and violent world today. I am keeping it in fine print here to avoid it being sensationalized or glamourized in anyway.

Its a system that women who were already enlightened used, to provide a safe landing for a high soul with a mission, who wished to come to earth. So I feel there was much planning and time spent building a supporting community for a generation or two, before the women began to practice this art and call him/her in to their wombs. No high soul can enter the earth plane unless the woman is already enlightened (on a super evolved conscious level) in my understanding.

Yes we have cases through history where untrained women self conceived with little preparation via visions, prayers and determination, but with little understanding of who the soul really was that they were calling and no plan to provide a supporting community.

I suggest that no one should experiment with this practice unless they have first succeeded in redirecting their blood to their hearts, otherwise it can be dangerous to both mother and child.

Often a child born through these channels is unable to cope in a world where no wise community has been formed to keep them safe nor understand them. I know of two children born this way recently and both died very young. I feel strongly that we as women need to master the redirection technology first as this allows our telepathy and claires to develop!

Only with the resulting wider vision and bigger cosmic understanding, can we form an evolved and enlightened community that is ready to invite and care for a super conscious soul from beyond the veils, who wishes to enter the earth plane and offer their mission.

Having said that we have discussed already how desperately we need more superconscious souls on earth now,(to work with the earth born to restore our sovereignty and thus regain a healthy control of the earth.) We can only bring in enlightened beings, via parthenogenesis, after we have stepped into full consciousness, however it is such a fast track method that we can succeed. In the case studies below you will see how it is such a natural process, once claimed, that within a few months the woman is already experiencing a one day flow and more clarity. We truly are a step away!

Three Testimonials sharing the success of the Womb Blood Redirection Practice

The following is an in-depth story of my colleague's journey to reclaim herself as a whole and sovereign creator woman, in part with the help of the Andean womb-to-heart system. To clarify, her mention of an energetic "donut" refers to the torus. Just as I was learning about the Mother of Nations in the Peacemaker story (Jigonsaseh), Karen was coming to terms with this powerful feminine role in her own life and in Hibernian spirituality. She coined the terms 'Foster Mother' and 'horizontal energies', which I also adopted.

I have always distanced myself from Christianity because of current interpretations, but, in my friendship with Karen, she helped me see that, in looking at Christianity's first two hundred years only, we bypass the patriarchal overlay which confused and omitted so much of the central life-giving story. The patriarchal revisioning of the christian group,

also hid or reversed the positions of power that the central female players once held. After this understanding I was more accepting and was not ‘throwing the baby out with the bathwater’!

In this current world, as Karen shares, women’s innate cosmic power has simply been veiled. It appears to be a classic reawakening for many of us as we come to terms with the global agenda that has always hidden truths in their opposites!

Even as we speak, communities around me and throughout the whole world are beginning to stand up and demonstrate peacefully their simple natural rights. In doing so, they are ensouling themselves and anchoring in compassionate vibrations to a whole new level globally! They effectively counter world threats of greater governmental control. It is as if the womb wisdom is already taking hold.

This testimonial is touchingly deep and revealing. Karen expresses the key message in one sentence here!: that the womb doesn't need to be fixed; rather it is a gift to the world – a source of sacred wholeness within each woman that we can access to bring into Earth ; a gift that has been veiled and hidden.

1 - Testimonial by Karen Holmes

“We live in a world of beauty and hope – a world in which more is possible than we could ever imagine.” As a child, I felt the intricate delicate power of the world all about me. I sensed its Design and its Purpose. Even in the depths of suffering Stage IV cancer, I could feel the Greening Power of Creation and Love at its core continually gifted to it by a loving Creator. Through near-death experiences, I saw an electromagnetic field in the shape of an inverse donut that was the Womb of the Cosmos – a space of infinite generativity out of which all life flows.

Then my partner and I tried to have children ourselves – and it soon became very clear that life, in the form of babies, was not going to flow abundantly out of me. My partner and I went to fertility clinics, physicians and seminars. I researched sacred physiology. I went to healers of every stripe (shamans, energy-workers and alternative medicine practitioners) -- on pilgrimages (St. Gerard, Chapel Island) and to the southern hemisphere. I went on herbal regimes and diets (low-carb, Traditional Chinese Medicine, high fat).

I thought there must be something wrong with my womb – that it needed to be purified and made ‘right’. Maureen and I, through Dr. Cindy Lindsay, were investigating the Holy Womb Chakra teachings of Sri Kaleshwar at the time. I sent Sri Kaleshwar my own traced drawing of the Holy Womb Chakra on a piece of copper with my picture affixed to

the back of it. I sang and said months' worth of mantras. And faithfully drew the image of the Holy Womb Chakra every month at the full moon.

As I look back on it now, the emphasis in these practices was on doing them properly and accurately. I experienced an emptiness and a feeling that I could never do enough to purify myself.

I finally came to accept that the creation I was seeking was not that of a child. This realization dawned on me when my partner and I went through an adoption process and were approved as adoptive parents. I had severe panic attacks for over a month leading up to the adoption approval. When we were approved, we declined to continue.

Over time, I saw a map for my life that did not include having children of my own. Other types of creativity were waiting for me -- some of this had to do with the ancient tradition of Foster-Mothering which I investigated in my own Irish lineage. I also recognized the pathologizing power of our culture: how we are taught there is always something 'to fix' in ourselves. The self-help industry is fed and fueled by our sense of inadequacy and not being good enough.

I started to perceive and dream of other images. The Cross in its various forms (X and + and more) was a central image for me: the Cross that went beyond its literal representation in Christian circles as an instrument of torture and into its generative and living symbolism. Vertical Crosses. Horizontal Ones. Three-armed. Four-armed. Moving and spinning. Static and still. A whole world of energy-dynamics opened up to me through these crosses. I started to feel them at work and play in my body. I started to see how, in community, women could create 'crossings' that would permit them to reveal the Tree of Life.

Another system of healing had been lying in wait beneath the screen of the Holy Womb Chakra teachings. Maureen had been working with it all the time, but I had forgotten about it. When I was first introduced to Cindy Lindsay through Maureen, Cindy was letting go of an ancient Peruvian/Incan cosmology in order to embrace the teachings of Sri Kaleshwar.

This Incan system, the Blood Masteries, which Maureen's book is about, is one in which we each become mistresses/masters of the energy flows and dynamics of our own bodies.

Best of all, the cosmology taught that a woman's womb was aligned with Cosmic Source – she was not damaged; she did not need a guru or some sort of system to fix her, she was a conduit of Life and Healing no matter what life her sacred body had led her to. She was there, as a source of healing and wholeness, within each woman.

In 2018, my partner and I, after years of stress (no doubt fueled in part by my years of anxiety, of not feeling whole enough or good enough and projecting that out onto others

including my partner), separated. This was an incredibly painful time and long-suppressed aspects of my Self began to emerge. I saw myself for who I was and I had to do much soul-searching and compassionate investigation into my life. At the same time, I suffered symptoms of kidney failure. I had a scan which showed nothing fundamentally wrong with the kidneys but which indirectly revealed a severe mitral-valve regurgitation in the left side of my heart. I was told I would need surgery within six months to fix this problem; otherwise, the risks of heart failure and pulmonary artery hypertension (high blood pressure in the lungs) were great.

I began to, in earnest, experiment with (and not merely talk about) the Incan Blood Masteries system – the ‘redirection’ of womb blood to the heart; and back again.

I found awareness of the womb came readily to me. On the other hand, I initially felt much pain and resistance in my heart-area to energy being directed there from the womb. I realized that, in my own heart, I was experiencing my own sense of inadequacy and my own low self-regard. The shame in my heart was great. *It was as if my heart did not feel it deserved the elixir of the womb.*

I found that by wrapping my own heart in the union with the cosmic soul I could better receive the womb-energies. I had to accept the healing – the reality of the wholeness -- of my own heart; and that this gift was available for all of us to receive. When I did this, I found that the flow between my womb and my heart moved easily.

Images of the Immaculate Heart of Mary appeared to me at that time – and I found images of Mary’s heart which I was able to hold near me and meditate upon at this time. (Since then, I have not been able to find these images online.)

I began to feel an energetic center forming between my heart and my womb. At first, I didn’t ‘clue in’ to what it was. I just found that I was moving and speaking from this center more. I found that interpersonal situations, which in the past would have caused me stress or loss of center or of voice, were no longer distressing. I was able to speak my truth more freely. I was able to find words in the moment. This new-found confidence and strength was, for me, very much connected to voice. I also found that old patterns and disempowering habits of being were no longer sustainable – I literally no longer had the energy to perform them!

Then I realized that the center forming in me was synonymous with the central diamond in the Luminous Structure. Armed with this awareness, I began to experiment with the lines of energy flowing into the central diamond and then out into various parts of the body. For a long time, I was able to keep swelling in my legs and migraine headaches at bay.

A few months later, I returned for an ultrasound of my heart. The doctors found it hard to believe but the regurgitation issues had actually lessened! Since then, the issue has never returned to a severe level and has continued to improve. I can very much notice

now when I am going out of alignment. I experience the loss of alignment in headaches, congestion and dizziness. These are signs for me to bring my attention to the flow of energy from womb to the heart.

The Blood Masteries were a part of my healing. I also know that by stepping into my own power, I also sensed a growing centredness and an ability to take responsibility for my own life. My partner and I were able to come back together again and continue to live together today. I feel I passed through the eye-of-the-needle out to another dimension of being on the other side -- a birthing experience.

I also worked with the system of crosses that emerged out of the flow between the heart and womb, developing a model of community-development for women based on these crossings. In 2019, I began to experience the Horizontal Torus – the energies coming into me laterally and their connection with the Earth. This horizontal energy helped me develop a retreat at Wyldwood Sojourn, *Cauldron of Life: Community Development and the Wisdom Path of the Four Directions* which I developed and facilitated for 12 women in November of 2019.

This is an opportunity for us to affirm the value of our meeting, sharing, dancing, singing and breathing in communion with one another; and to stand in our sovereignty. We have been given an opportunity to make this choice. I struggle to make it every day -- wading through fear, resistance, messaging. Together, we break the old paradigm of me, myself and I and enter into We.

2 - Testimonial by Helen Patton

While Karen was engaged in her process of working with the Andean system, Helen was evolving her relation to it in her own way while following my blueprint. As she shares in the following testimony, she felt a lot of shifts within. I'm grateful to Helen who took the 'bull by the horns' early on. She sat with the blueprint I had evolved and assembled more levels from the original Q'ero structure. Further she experimented with the new levels I was introducing as I went along. Also including the kidney fires. She felt into its process and was able to eventually redirect some of her womb energies to her heart! She gave me valuable feedback.

One epiphany that all of us had was that the womb is a totally separate system from the birth canal and the genitalia and the whole body. There is no connection! So far I have not been able to accomplish what Helen did in activating this ancient technology but she reminded me that I was the one reclaiming it through my drafting of the process! That's what visual artists do! Each of us has contributed to remembering in our own ways with our own particular skill set. The influence of Karen, Helen, and more recently an ever

growing number of serious practitioners, has opened me to understand more deeply the profoundness of this holy organ that lives within us.

Helen's words

Prior to practicing the Andean Luminous Structure, my focus was on “cleansing” the womb. However this Andean system allowed me to see that the womb is separate and does not hold the karma of the genitalia or the birth canal and the rest of the body. The Womb is a pure center: a divine chamber where Souls are called to come to. It has nothing to do with and no connection to the root chakra or second chakra which is where our karma lies. Here is our clue from Tantric Yoga: Though there are healing strategies for the first gate and all the gates connected to the Yoni, there is no healing practice for the womb itself. There cannot be healing of something that is Pure Divine. There can only be healing of that which surrounds it.

The Andean system is a luminous structure which generates wisdom and brings enlightenment when we surrender to its guidance. The luminous structure lets us connect with the essence of the womb's life source and how to guide that to our hearts for awakening. The system is so complete we need only surrender to the incoming flow of the Torus that carries in its waves wisdom that will feed the womb and be guided to the heart with the engagement of our breath work.

Working with this system has been so humbling and I continue my practice each day with the eagerness of an explorer because there is so much more to discover! I am so honoured to have been given this opportunity to “deep dive” into this newly recovered work and to be part of the mysteries that are unraveling and that surround the Q'ero Luminous Structure. I am so excited to see where this manual goes!

I know many people will read this and we will come together to explore it further. I hope that all of you readers will come to love it as I have and come to understand its great potential. Thank you Maureen from the bottom of my heart for presenting this ancient system to me! I am forever grateful.

3 - Testimonial by Steve Darlington

As a man, Steve's testimony of the Luminous Structure takes a different form than the two women above. Nevertheless, he was able to experience the horizontal energies and sees great potential in the application of them in his healing practice.

I was happy to have met Steve a few years ago when I hosted a small gathering at Wyldwood to share the work of David Hamel who created the anti gravity flying device in Madoc in the 1990s. Two other friends of mine were there who had met and worked with David before he passed, John Coxon and Filipe Cardasis. We had the blueprint of David's ship spread out on the living room floor and John Coxon was explaining the workings.

The ship's propulsion unit works by activating spiraling vortexes with both vibration and with the charge brought by the granite and magnets. Free energy devices are not so different or so separate from the workings of the human body (this is probably the reason these devices are propelled by intension). Steve was interested because of his abilities to work with the human vortex energies of the chakras, via the pendulum. I was interested because I saw how the Q'ero system magnetizes and directs energy in a similar way. What Follows is Steve's testimony.

Hello! My name is Steve Darlington and I would like to present my findings while visiting Maureen in June 2022. As we sat in her living room, my friend and I together with Maureen discussed her book about womb technology.

For many years, I have been fascinated by the chakras and have created a great self-help tool to remove stagnation from them so they may spin correctly. I call them the Chakra Actuators.

The chakras are vortices and vortices are how life-force energy moves. The direction of spin indicates whether it is an influx of energy (whirlpool) or radiating out(tornado). I can detect the chakras' spin by using a pendulum. Internally I say, "Show me the field."

Maureen was explaining the lateral vortices created by the human horizontal torus. This concept intrigued me and, so I had my friend lay on her side to see if I could detect the lateral vortices using my pendulum.

Sure enough, there it was!... rotating in a clockwise direction indicating an influx of energy. I also noticed this horizontal vortex covered a larger area than I

expected. So we have the four cardinal directions for the life-force energy entering our bodies!

I believe this area includes both the kidneys and the womb. In Traditional Chinese Medicine, the kidneys are the primary organ related to the creative system. It is possible that, with the right intent and assistance, the Earth's Torus energy could come into the body to aid in the process of parthenogenesis. What a fascinating subject and worthy of much more research!

4-Testimonial by Rebecca Dwyer 2023

Rebecca is a very creative woman who attended a few of the Ayawaska ceremonies I hosted at Wyldwood under the guidance of Don Khalsa in 2018 and 19. I was happy to receive a visit from her and her friend in spring 2023 and it was then we connected on this subject . Rebecca has a meditation and yoga background. Rebecca is a member of our Start your own Dark Lodge zoom team and will soon be training others.

"My most recent menstrual cycle was about two weeks after the group meditation. I noticed there was distinctly less of a flow than usual. I can typically expect a certain amount of blood however I didn't have a singularly heavy day. I didn't make the connection right away, and on further contemplation, I realized that I was also experiencing heightened creativity after feeling blocked for some time. This also lined up with other shifts happening in my life, so it felt timely and supportive."

We will see how the next one goes! -Rebecca

5- Testimonial by Wendy Orisun 2023

Wendy came across my kickstarter campaign that was to raise money to print my book in 2022. We have been in touch ever since and she has a great passion for indepth research and exploratory work of the womb mysteries on a scientific level. This helps to ground and make workable many intangible concepts that otherwise seem fantastical! Wendy is part of the zoom team to “start your own Dark Lodge” and will soon be training others.

“As someone who's been avidly practicing various practices to understand chi or the universe's energy, I was led to Maureen's Q'ero Teachings in November of 2022. I began practicing it in December 2022 as a solo practitioner.

My flow became lighter in February. I would practice the womb-heart breathing technique 2 weeks before the cycle is due to take place as suggested . It had moved/delayed my cycle to 2 weeks later as the months went by with consistent womb-heart redirection breathing alchemical practice. My flow became the lightest by June 2023 where there was almost no flow with spotting. The key is to be as consistent as possible with this breathing practice.

A few memorable inspiring effects I noticed and experienced that I know is related to this womb-heart practice is the magnetism that happens as we embody the cosmic ensouling energy more. In December, when practicing the womb-heart breathing and redirection of the cosmic energy / “good darkness” outdoors in the forest, I was led to find this piece of rock that was on the side of that road called Goodwood Road. The rock was no ordinary rock. It's shaped like a heart! It feels to me as if Women have 2 hearts : the womb and heart . It's interesting to know/note that the etymology of the word “womb” proves again that women have 2 hearts> “From Middle English wombe, wambe, from Old English womb, wamb (“belly, stomach; bowels; heart; womb; hollow”).” The womb and heart are made to be ensouled and nourished by the cosmic energy of the good darkness/universe/dark matter as we remember ourselves more as women.

Let's keep ensouling ourselves with this cosmic wisdom source energy of the universe/dark mother or matter/ In doing so we are affecting others collectively. It starts with womb-heart inner alchemy in women since there is no awakened feminine or masculine power without the awakened womb”.

Chapter 15 -

Recapping the Three Paths of the Blood Masteries And Their Significance: Why Self-Conceiving is essential to reclaim

Obviously this power increases when we can gather practitioners together in a circle and work the energies together. Also experiment with setting the circle via sound, in the form of water/womb drums, and by toning and chanting with low resonances. A chalice of water completes the esthetics. Bring magnets and meteorites into the circle. Be sure the space is totally dark and comfortable.

Here are the three paths of the Blood Masteries in succinct form:

1. Draw the Torus energies into the womb space thus filling the womb space with cosmic soul energies (free of karma).
2. Redirect womb energies to the heart using the ascending process to allow the womb's vast holy nature to fill the heart and bring Superconsciousness or Ensoulment to the practitioner.
3. Parthenogenesis: direct the now Ensouled heart's blood, as the fire element now complemented with the water element, downward again and back to the womb, to divide the egg and begin the life process.

The three paths in simplified form

Step 1

So simply put, our first level of this work is to **gain awareness of and feel into how we gather cosmic energies into our womb space and gestate them for a month** before we feel ready to move that empowered brew upward to feed our heart! We have shared how we need to be more conscious of this in the initial stages of remembering before it begins to happen naturally.

After engaging in this process for a few months or a few years (depending on your situation) you will begin to notice a change in yourself in the form of a more expansive awareness and, at the same time, an anchoring of your being and clarity of a bigger life mission.

Step 2

Moving of womb Elixir energies to the heart.

This redirection process is more intentional than the first step.

The Andean tradition teaches that increasing the kidney fires to boost the brewed womb blood up to the heart requires intense breathing practices, such as the breath of fire. These are quick exhaling breaths that you use to direct your intentions upwards by visualizing the masculine ascending cone of energy that surrounds the womb. Make sure you keep your thoughts and feelings filled with divine intention of drawing up Wiracocha/Sophia energies within the womb. The fire and water energy together is required to burst the womb blood energies through to the heart and blood stream, thus flushing out the karmic and ancestral energies and refilling the heart with divine, womb-charged blood free of all karma. This is then sent through the whole body via the arteries and veins.

Helen's recent experience suggests that a gentler process including water is preferable. Here we imagine the womb as a cauldron, lit by your inner kidney fires. We see the water as the steam rising from the womb towards your heart.

Many women have accomplished this on many levels. History has hidden them very well. But the clues and codes are in the myths and legends of the world as well as in the art forms that survived.

In some cases, a group of dedicated women sit in a circle to practice together. It is known that hallucinogens were used. We have a wonderful example of this practice in the famous "open heart of Mary" paintings. We see it can be practiced by men too as there are also images of an "open heart Jesus". (Without the womb pocket to store the Cosmic soul power, men have less to redirect to the heart.)

Step 3

Activating the matrix of the womb with heart energy/Descending energies to achieve Parthenogenesis.

In this step, we bring the electricity (electrical spark) into the womb matrix. If the intention was to self conceive of a child, then the woman's intent and choice was to direct her energies downwards towards the womb. This system can also be used to manifest ideas or projects.

Now we engage the descending cone of energy. With our inhalation, we shift the diamond nexus energy down over the womb again. As in Step 1, we are filling the womb with the newly transformed heart energies! The heart's blood is now without any karmic or ancestral influences! The newly-awakened heart's blood is one and the same as the wombs blood. So the whole body is of one cosmic energy. It is pure enough to invite and gestate enlightened creations in the womb.

Engaging the breath of fire but now with the focus on the inhale, the practitioner pushes the fiery heart energy downward into the womb-space to divide the egg and to activate the Phi (Fe) system. This will take some practice to reverse the focus to the inhale. The water element, like tears, are heavy and naturally fall with the inhalation and together they sink into the womb space and together with the blood/waters of the womb, surround and divide the egg with intense intention. The Phi action takes place unconsciously during this breath of fire action and is on a microscopic level.

We can now see the necessity of first engaging the ascending process to awaken and purify the heart.. The practitioner needs to have previously engaged the ascending redirection practice for an extended time to achieve a superconscious level before engaging in parthenogenesis successfully. She also would be surrounded by sisters, also practicing, creating a strong bond and support system for the post birth work.

An Overview

True Meaning of Virgin

That which is most sacred is most hidden. For those who may not know, I would like to clarify here the true meaning of being virgin:

“to be complete within oneself.”

Consider that if one is complete in oneself, one must be enlightened!

It was the skill of the trained female shaman or priestess to call in the high soul and self-conceive without the sperm of a human male. (The personal karma and ancestral bloodline present in the male seed would muddy the waters.)

Therefore she was called a virgin because she herself conceived within the sacred darkness of her own womb, activating her own inner masculine fire and feminine water elements to divide the egg using the Phi (Fe) system of cell division and so begin the gestation process. As we have discussed, in this way, she avoids human karmic influences. Her own personal karma or ancestral influences are not present in the pure womb space. Remember that it is a separate system within the woman's body.

If she mated with a man before or after her self- conceiving practice this would not disrupt her ability to self-conceive again at a later date. One can restore virginity; it is not 'lost'. Virginity simply means to be self-sufficient: to have a fully functioning “sacred body.” Also *parthenon* means virgin and *genesis* means creator. (now we see what the Greek Parthenon really was!)

So parthenogenesis means Virgin Creator.

A detail of the male role

According to most documented accounts there is always a male protector with the Virgin Birth practitioner: with Mary, it was Joseph; with Anna, it was Joachim; with Queen Maya, it was her King. We are clear they were not part of the actual process, but solely present as protectors. There may have been some exchange of energies between masculine and feminine in order to create a safe space in which parthenogenesis might take place.

As previously mentioned the male role is also to create the “stone boats” in the outerworld that honour and are inspired by the females invisible ‘womb to heart’ technology. This is so clear, for one example, when we look at the Middle Eastern temple design which contain the King's upper (heart) chamber and the Queen's lower subterranean (womb) chamber.

Reclaiming the Right Brain

The left side of the body and the right side of the brain are the power centers of the feminine principle in both genders! Until only 65 years ago we were not “allowed” to use our left hand to write or draw. This is but one example of the many levels of oppression of the feminine we have experienced in patriarchal systems.

When men honour their own inner feminine as they once did, it will help us all to evolve. Many say, however, that women must first heal in order to set the example for men of what the feminine principle truly is. I know many readers are aware of this: this type of awareness is heartening because it means we are ready to move to the next level i.e., to reclaim the womb technology

Circulating the Elixir within

By now we have come to terms with the fact that monthly bleeding from the womb is neither optimum nor natural. We have shared that its loss weakens us. As a result, we cannot overcome the dominator forces that subjugate all of us women and men. We cannot be losing so much power each month and expect to be at our highest potential.

It's obvious that we cannot import divine frequencies during menses. We have evidence, even though most of our history has been wiped clear, that indigenous women

worldwide, who avoid Western contact, experience only spotting to mark the first day of their womb cycle. Alternative History records that most indigenous women, as recently as 100 years ago in remote places, did not have a menstrual flow. (Dr Delbert Blair is one source for this knowledge.)

The Womb's super stem cells!

We know It is natural for the woman to not lose womb blood when she is building the physical and soulful life of a child within her womb. We accept this without question that the baby needs to be fed by that Elixir to live. We know she needs the power of that womb-blood to build the child and to also build herself to be strong on all levels during this time of pregnancy. So why not also keep it within to build ourselves as fully enlightened beings?

After all, science has already proven that the stem-cells in the womb's blood proliferate more rapidly than other blood cells – doubling every 20 hours! We can see this may be part of the process leading up to the act of splitting the egg and conceiving a child without male sperm. We are quickly learning the details.

Parthenogenesis reactivated to bring in many superconscious souls in one incarnation

With refreshed levels of the Wirracoucha soul power brewing within womb wisdom circles, we are seeking cosmic affirmation that we have fully completed this sacred system!

The re-activation is essential and timely: we will be ready to step confidently into this world beyond 2023, carrying a newly imported powerful Cosmic Soul super power! I believe we can only restore global balance and harmony and peace with the activation of feminine womb power - which is the Cosmic Source principle.

Looking at the second level of womb technology, which is parthenogenesis, can you imagine all the enlightened souls out there beyond the veils who can't get access to the earth plane solely because the womens' self conceiving arts have been hidden! There seem not to be any enlightened women on earth at this time to receive a high soul that we know of! Except Amma whom I spoke of earlier.

This certainly points to the reason so much strife and tyranny exists.

We know that engaging the horizontal energies is one important missing piece in most of today's spiritual practices. The torus energies (ethers) are so abundant! Ingesting their

supercharged flowing horizontal waves is a big part of women's ability to self conceive and reach enlightenment.

We have mentioned that the Tori energies are the inspiration for the various shawl dances of indigenous women as well as Belly Dance and Flamingo and Hula etc. Indigenous women's dances over the globe were designed to be close to the earth with bent knees, dipping and twirling. They focused on inviting in the holy horizontal waves of the Torus. The vertical moves of leaping and jumping were not as common in women's dances.

The Andean Luminous Structure* shows us that pulling the horizontal energies of the Torus into the diamond concentration point is key. Then we can drop that potent nexus energy with intention over the womb to conceive (of a concept or a child) or move it to rest over the heart to awaken ourselves.

It is our inner cosmic brew to direct at will as we desire.

**When I first received the Q'ero Luminous Structure, the horizontal was not included. I feel supported by the Q'ero ancestors, my ancestors and my Soul family, in my inclusion of the Tori systems. There is no Cosmic Presence without it. Karen, Helen and I together conjured and called in this missing piece in 2015. I have cross-referenced this and waited until now to include it. This is what we now know, a global system available for all women with wombs.*

Many levels of this art are possible and we know that, though unwise, an unenlightened woman can self-conceive. However the chances for challenging complications are very likely, if she is solo without a supportive community and especially if any ego is involved. This is a sacred undertaking and the mission of the incoming soul must be first discerned and a community developed to prepare and support the mission. She may accomplish the art but also malevolent powers are anxious to interfere as soon as the child is in the outer world. The practitioner must be diligent. While the womb is a divine space where no malevolent forces can defile the gestating process, without the charge from the heart of an already enlightened mother, the process is weakened and the baby often dies very young.

Sometimes a daughter in the exact image of the mother is born. Sometimes a boy. Sometimes they only stay for a few years. Often a boy comes in after a double mother and daughter Virgin Birth. In all cases, the child does show signs of superconsciousness in the first years.

Why do women pursue this practice?

Because it is the only way for souls to arrive on the earth already enlightened!

This points to the purity of the womb and the womb's blood. I believe it is only because the womb-blood does not carry the karma or ancestral bloodline of the woman that she can pull in and gestate the body of an enlightened soul. Otherwise personal impurities would block the entry of a high divine soul!

Some say there were many more enlightened beings on earth at one time in the matriarchal eras when these practices were accepted and honoured. This practice was known and honoured globally until the dominator forces moved in and in some places only 200 years ago. This phenomenon continues to surface even today occasionally. (See the story of Tom and Emmanuelle in the last chapter.)

So far, I have not personally met any First Nations women who have a memory of a time when they had only a few hours of menses each month. I would especially love to know if any Inuit women have that memory, as the dominator-colonialist takeover was much more recent in traditional Inuit lands and territories. Knowledge of this would help tremendously in the reclaiming of women's history. Please write to me if you have any information.

Indira Gandhi

Dr. Delbert Blair's research references Indira Gandhi who wrote that she did not experience menses throughout much of her life. Menses began when Indira took political office: this happened because she had to give up her daily women's circle practices. This indicates that such practices were still intact as recently as 60 years ago or so in some places in India. We assume that menses is natural but in fact most women in India did not ever have menses, because their spiritual life was so intricately woven into daily life.

Why were the female Amazons so big?

Blair also studied the African Amazons who also were reported to not bleed outwardly.

This retention of womb-blood points to the reason for their larger size and their great inner and outer strength. We mentioned previously that it is possible they were also parthenogenetic.

Speaking of larger size, this of course would be the outer show of the inner womb activation. So the Luminous Structure activation also points to the reason for the larger stature of the human race in antiquity.



Image 14: Interior of 'Cello'. Photo: Adrian Borda.

Cello sound chambers

I have a personal endorsement to add to the evidence that many athletes and creative women do not shed their womb blood. My own daughter is a full time professional cellist. She is very grounded and has a very light two day flow with no discomfort!

For four or five hours a day, she draws the bow across her womb area. The sound-box of the cello is also against her womb. The low frequencies of the cello's vibrations have

a strong effect on her womb's function, making her I believe, a very grounded soulful woman with a big vision!

I am not a musician and look forward to readers sharing the history of the original 528 Hertz frequency and how it attuned us to resonate perfectly with the Cosmic frequencies. As Wendy points out in the new 2023 updates, this could be the resonance of the 0 point central diamond within the womb to heart system and is why it has such great power when activated..

As of yet Amber has not consciously applied the Womb to Heart meditation, to direct those charged energies to her heart. Nevertheless this may be a natural outcome since she is so committed to playing the classics and inspirational music much of the time. This may have big natural uplifting and redirection effects, just as the Q'ero meditation has.

She shared, in contrast, how her violin friends were very airy and whimsical and a little ungrounded as they hold that resonant chamber next to their heads. If this is so, this is real practical proof.

It is also inspiring to begin to incorporate these types of deep and high resonating sounds while engaged in the Q'ero meditation with singing bowls and water drums etc.! On that note we see sculptures and frescos of ancient women globally, in ceremony with their traditional women's large hoop drums held next to their wombs! This is on all continents.

Mohawk Water Drums

Here on the Six Nations land, women's drums are unique! They are small water drums that are still held sacred. The water element within the chamber is aligned with the womb mysteries. Water holds memory! Who knows the effect of the vibrations that surface from within the water after the drum has been struck? It has its own unique ringing sound. Traditionally it was created from a burned out trunk stump of about 6 to 8 inches in diameter. The skin was neatly stretched over top and secured by a woven band. There were two holes in the hollowed trunk near the top, closed with two pegs, to allow water to be poured in or removed. The water level would change the pitch. Only women played this drum as it was aligned with the sacred ensouling womb technology.



Image 15: A depiction of the Mohawk Water Drum. Artist: Maureen Walton.

We can compare these sacred inner spaces to the world's dolmen structures and even pyramids.

Their central chambers are intentionally free of artifacts and altar objects because they are potent inner magnetic chambers to gather the “ethers” or act as a O point – much like instruments such as the cello and the drum. These are sacred spaces! Gestating chambers! They are gathering energies to allow for transformation! They are an outer version of the inner womb technology we have been studying in this book.

Chapter 16 -

Global Myths of Feminine Womb Creation

An Introduction to the Stories

Feminine spiritual practices have spanned history, geography and cultures and are not limited to any one group of peoples. Signs of the sacred feminine traditions, honouring the Good Dark as source, anchoring in soulful ways and the self-conceiving arts, can be found in many creation stories around the world and are widespread throughout sacred lore. I would like to explore some of these narratives here, teasing out clues about inner feminine technologies in partnership with you, the readers.

The meaning of “myth,” “legend,” or “fairy tale,” is that it holds an original seed of truth; these are not lies or mere stories for children’s entertainment. Most of us know Myths are important teachings from our ancestors. The skill and responsibility of the storyteller was to hold the truths unchanged, though wrapped in fantastical symbolism, and pass the wisdom intact to the next generation of trained story tellers. We know this was the only way history was recorded until recently. This Q'ero “womb to heart” system is one.

I enjoyed many years of offering oral storytelling of traditional myths in the school system as well as at yoga centres. I will never forget how children, from 6 to 16, forgot the existence of their devices when the lights went out, the candle was lit and the circle was formed! Though I kept my voice calm and even, with no gestures or acting, they followed every word watching me closely. The stories I shared carried no descriptions, but offered the bare-bones epic tale that moved quickly and was presented in simple terms. These tales yet carried great symbolic messages as to the purpose of our lives and suggested clues to the missions we each carry. The children’s and youth’s attention revealed how hungry they were for real guidance and to glimpse the larger meaning of life on earth.

Sky Woman Creation Story

- Eastern Woodlands of Turtle Island

In tribute to this Wendat/Mohawk land where I live, I would like to begin by sharing a version of their creation story. I have their permission to do this as I have been hired by them to interpret their central creation story visually many times, in various schools throughout the region where I live.

The indigenous culture here deeply honours the waters and the Sacred Feminine. To prepare to receive the stories, let us recall this sacred lineage with the Ojibwe water song which has become the Mohawk Women's Water Song.

The waters of the womb are the waters of life

Nibi wabo en dyen
aki miskwi nebe wabo.

There are many versions of the sacred Sky Woman Creation story. The one which I will tell came orally and in part from Dustin Brant on Tyendinaga, and also from Marcine Quesner from Oklahoma, an adopted Seneca woman. This myth can be interpreted on many levels. It gives us so many clues to the true history of earth, and a version of the much earlier arrival of the First People to these Turtle Island lands.

I'm so impressed with the research of Marcine Quenser whose letter below answers so many of my questions. According to her research, we can infer that the hereditary lineage of Jigonsaseh may have been accomplished through the Virgin Birth practice. Thus the reason the Seneca of the 1800's insisted on a 'virgin' woman (meaning complete in oneself) to continue the lineage – though it appears they had forgotten the meaning! I met Marcine online while I was searching for details of the three women in the story during the time I was painting it at the Mohawk school on Tyendinaga. I'm grateful for her sharing.

What follows is the content of an email Marcine sent to me. I suggest that the lineage Marcine describes below, came through the two paths of the Blood Masteries. It appears that the women in the lineage knew and practiced the redirection and the

self-conceiving arts until the colonizing Europeans arrived. This is a huge discovery and a very significant one.

Writing by Marcine Quesner re. Jigonsaseh- Mother Of Nations

I have no one to verify Marcine's interpretations here, so use your own inner guidance to receive and evaluate it.

Are you aware, that over Tonawanda, the place that Ely Parker says Jigonsaseh was born and guided the people, is the LYNX CONSTELLATION WITH GEMINI RIGHT BELOW IT. IN THE HEAVENS THE SIGN OF THE LYNX, AND IN THE EARTH THE SIGN OF THE LYNX , Lake Erie.. As above, so below..

Another name for her is Star Heels.. she wore shiny quanog shell beads on her moccasins and was known for her ability to travel the stars and spirit world. Big medicine!

Jigonsaseh of the new countenance is the reincarnation of Jigonsaseh of the long tail fat-faced Lynx, the Mother of all Onqwehowee of the Creation epic, where she gave birth to **two** sets of twins, one male set and one female set, but she died in the process and then her spirit became Mother Earth's spirit, a living entity.

She reincarnated in the Peacemaker time as did her twins. The Peacemaker and Tawiskaroo the sorcerer were her male twins. It is my guess that her twin girls were the mothers of Jigonsaseh, a Jigonsaseh herself and the other twin girl was the mother of the PEACEMAKER. It would seem logical as Sky Women returned as the Peacemaker grandmother. This last detail is confirmed by Barbara Mann.

The White race were very familiar with the Cat people, the Eries, and the Lake which was part of her territory even in the 1800s. Erie is another word for cat- cat representing Lynx and yes they have hidden her away.....

I can tell you, they KNEW WHO SHE WAS when she was born during the Peacemakers time. She was born with a caul on her face which denotes spiritual advancement and gifts. They knew who she was, and that she was extraordinary. Her birth was probably heralded, not hidden or accidental because her mother self-conceived her through the Virgin Birth practice and was herself esteemed. The Hurons (Wendat) were of Peace at that time, and they were a spiritual people. Their medicine people would know.. Much later this was all lost because of white male missionaries who were threatened by the powerful women, who according to them, were witches and sorcerers.

Our Jigonsaseh of the New Countenance was the daughter of the original Jigonsaseh. That is tradition: from the first Lynx to the lynx of the Peacemakers era is a CONTINUAL HEREDITARY POSITION, mother to daughter. Since the Creation epoch our lynx of the new countenance was the LAST LIVING DESCENDANT OF SKY WOMAN, from the matriarchal line and she had no inheritors.. she didn't give birth to a girl to inherit the

position because her role was as Mother of Nations. Her parthenogenetic sisters Gaheliogaha and Gahedosug self-conceived Deganawida whom Jigonsahseh taught.

Our Lynx of the New Countenance was of Virgin Birth and raised to the position of “Jigonsaseh” at an age of about age 18. She herself never self-conceived because her role was of teacher to the prodigies self-conceived by her sisters.

Caroline Parker, was the last last Jigo(h)nsaseh who signed the first treaties in 1830 with the white man but by then the arts of achieving feminine enlightenment were long-lost. There was confusion in how her role was played out because of this.

Eight Classic Myths - *with Womb Wise Keys*

1. Mohawk Creation Story, Sky Woman

- *Tyendinaga Ontario*



Image 16: Illustration of Sky Woman's Path. Artist: Maureen Walton.

Put yourself in a meditative state, grounding yourself in the earth. With your imagination, see your awareness soar into the atmosphere at night. Surprisingly, you bump against the sky and fall through to sky-world.

The first thing you see in this alien world is an enormous tree with great spreading branches hanging heavy with fruit. The fruit glow like many stars throughout the crown of this majestic tree. Then you notice someone else admiring the same tree. It is a woman standing at the base of the trunk. This woman is pregnant. She has tools in her hands and a shoulder bag. She kneels down to dig for medicines at the base of the tree.

As she digs, a gap opens between the roots and she sees a great void open below her. She is astonished, and curious. Without hesitation, she slips through to explore. She finds herself falling. As she falls in the silent dark void she feels the intense vibrancy of it. After a 'time' she senses a great body of water below her; she can smell it. Then she hears the honking of many geese. They are forming a V below her.

Meanwhile, on the surface of the clear sweet water, little aquatic animals are gathering in the darkness to see who this great creature falling towards them could be. A large turtle arrives just as the geese pass and the Sky Woman, whose fall was slowed by the updraft of the wings of the geese, steps down lightly onto the turtle's back.

She surveys this new world from the dome of the shell. All is dark. No stars, sun, or moon have yet been created. It is the beginning of all!

All the little animals form a ring around the turtle and gaze up at her in wonder. She asks them for a little earth to create with. The only earth available is under the waters.

A few animals try to retrieve some earth, but fail. Only the tiny muskrat is able to dive deep enough to grasp a pawful. She offers it to Sky Woman, who gratefully receives it.

Sky Woman breathes her mighty shamanic breath into that clump of earth and then she pats it down onto the back of the turtle, all the while chanting an incantation. She takes out her rattle and begins to dance in a circle and as she does, the seeds that she had collected in sky-world fall from her satchel into the earth. The earth began to spread and the seeds began to sprout and on and on she sang and danced.

As this new world slowly grew at her feet she knew she was ready to give birth to her child. In joy, she brought forth effortlessly a baby girl. The two lived together in this new world and Sky Woman taught her daughter about the sky-world from which she had come. Together they formed and gestated the new world as a blissful place full of joy and promise, reminiscent of where she had come from.

In time, in this pure new environment, the daughter was called to bring in four more souls, to help structure and order what the two women had created. The daughter self-conceived by the wind and the waters and in due time twin boys and twin girls were born to her. These were the essential quadrants of "benevolent and malevolent" dark and "malevolent and benevolent" light.

So life continued through the balance being created by the wisdom of the quadrant ever present in all things. Some say the bloodline of Sky Woman continued through time to be the Jigonsaseh lineage, Lynx Woman or Mother of Nations, who is said to be the

co-founder of the great Law Of Peace of the Haudenosaunee. Further It is said Jagonsaseh's lineage continued into the modern world and formed itself as the Women's Neutral Confederacy Of Peacekeepers that is recorded in history in the early 1800s.

Sky Woman is not the only myth that speaks of self-conception from the Cosmos. The Inca creation story too refers to a time in which we were not so drastically separated from the cosmic soul source, What follows is the Inca Creation Story interpreted by Maureen from the Incan source...

2. Inca Creation Story-The Peruvian Andes a myth from



Image 17: The Andean Creation Story, golden relief engraving from pre-contact Inca era; 16th-century? Photo: Maureen Walton.

In the beginning was the fullness of outer space, the cosmic womb, brimming with all potential not yet in form. It was called the Wirracoucha. It gathered all life into itself. It was consolidated energy and dark. It was all potential without form.

It became so dense and intense that a vibration set itself in motion that grew to roaring waves of energy. It imploded and then exploded into form. Fire was born. Spinning outward from source, the fiery sun and moon came to be.

In this expansion they were torn apart and they found themselves separated and across the sky from one another. They had never been apart and so they longed for each other.

From that longing the twin Venuses were born – the morning and evening stars. And so the turning of night and day came to be.

Then Venus gave birth to Pachamama, who self-conceived the new elements of water and minerals and vegetation. Because of its beauty, beings from other planets came to live on and within this earth of great oceans and high mountains and deep underground caverns.

Pachamama created colour from the darkness and it revealed itself in the light as a rainbow. The rainbow was a bridge back to source, so any of the beings living on earth could cross over at any time to reconnect with the Dark Void of Source and be guided there by Pachamama.

This story gives us evidence of the nature of the great outer space as the divinely dark source of all and as the mother principle. It talks about the act of separation and the creation of complementing forces like night and day, sun and moon, male and female, inner and outer. It shows us how the feminine principle stepped out of the oneness to express life! This may be where the accusation arises which says we fell from grace and from the blissful oneness. Without Her stepping out to express life, there would be no life.

From what I see here the feminine principle can only create from a place of pure joy and pure love. The masculine principle follows to bring form, structure and order to all She initiates. There is no 'mistake' here. She is divine play (lila), as the Hindus say.

A Second Andean Creation Story-

Wiraqocha reveals herself as Rainbow Woman

The Wiraqocha was dancing in the darkness of outer space. Free and untamed she moved in all directions.

Her dark cosmic womb was heavy and full. All the designs of the universe were within her.

She was brimming with the potential of all good things not yet in form.

Wiraqocha lived beyond the solar system. She carried all our dreams. She was the Wisdom of the Cosmic Soul.

Her dance was slow and fluid. Vibrations surged through her and harmonies poured from her mouth. Colour was within her, carrying seven levels of soul nature.

As she explored her multiverse she saw her many sons with their little planets whirling around them.

The many Sun systems were like bubbles of light floating within her dark cosmic watery womb.

Wirraqocha let a small aspect of her mighty self be pulled into the magnetic field of one of those fiery suns. Just to check in on the well being of the life forms there.

Whoosh she was swept into the channel of the sun's torus. Soon she was shot out the other pole, in the solar winds that flowed towards a small planet spinning by.

It was Earth!

Earth too had its own torus and she pulled the great Wiraqocha energies into her own magnetic field.

Wiraqocha carried some of the sun's energy with her as she was pulled into the central channel of the earth's dark interior.

There she absorbed the riches of the earth's minerals and metals, its gold and silver and the inner springs and waterways.

Before she knew it Wiraqocha was emerging from the opposite pole, flowing close to the earth's surface.

Now Wiracoucha could explore. She dipped and swooped through valleys and over mountains charging all with her rich cosmic ingredients!

During the night time, she was swept into the center of some standing stone formations that had been built by the 2 leggeds, over magnetic power points of earth.

Wiraqocha was attracted to the electro-magnetic frequencies of those great stones.

While spiraling down into a charged stone circle she saw those two legged creatures, (women and men) dancing inside them. They inhaled the etheric energies of Wiraqocha into the magnetic center of their own soft bodies..

The women had their unique inner chamber to store big quantities of this special cosmic brew- their wombs.

Wiraqocha found herself being pulled in. She recognized that tiny space! It was a mini version of herself!

She settled in immediately transforming the woman's womb blood to pure cosmic blood!

The women began to direct their new cosmic blood slowly through their bodies to their hearts- magic was happening!

The women now saw through the eyes of Wiraqocha!

In the morning they were able to manifest that magic into the world!

Kuychi (as she was called by her people), was happy with her human family.

The men had built these powerful stone circles to attract her and the women had taken her into their wombs to awaken, thus spreading her wisdom to the community and through the generations.

Kuychi wanted to share her pleasure of the successful collaboration with the 2 leggeds.

She wanted to make herself visible to them if even just for a moment- but how could a Dark invisible force of cosmic power as she, do so?

Wirracoucha decided to show herself in the light!

In the morning she hid in a dark rain cloud and then carefully stepped into the light of day. The light shone through her as she emerged, revealing her as colour- reflected from the many tiny water droplets that was her essence.

The light revealed her as seven layers of transparent colour! They arced in a perfect curve down towards her people.

Three cool colours were behind the light and 3 warm colours were before the light - the middle colour was violet.

The 2 leggeds raised their eyes to the sky and smiled to see their cosmic mother in a beautiful, inspiring, tenuous form before their eyes!

All too soon she evaporated into the bright light of day and was seen no more.

Behind the light once more Wirraqocha resumed her vast invisible dark nature and flowed on to other worlds and other solar systems.

Is it any wonder the Andean people dye their fabrics and wools with the pure undiluted colour spectrum of the rainbow . They have never forgotten their connection to the cosmic source of life. Wiraqocha- feminine wisdom.

Transcribed by Maureen Walton

3.The Wendat Peacemakers (The Jigonsaseh Story)



Image 18: Two of the Peacemaker group – Gaheliogaha and her virgin-born daughter, Gahedosug. Artist: Maureen Walton.

Story retold by Maureen Walton Obrien

What follows is a retelling and a compilation of various strands of this story. I write here what came to me in dream and in waking life as I was painting the story at the request of the Mohawk nation. The story was gathered and interpreted over a few years and after painting the story at Mohawk Elementary School with guidance by Kevin Brant and Joe Brant.

I do not claim this to be the official Mohawk version nor the official version from any of the other Five Nations. I reached out to people from the other nations of the Confederacy to flesh the story out. I found that it was the Seneca and Oneida that held a view of Jigonsaseh, the Mother of Nations, that felt most free of patriarchal programming.

In the story to follow, we can hear back into the time of balance when matriarchy was still the dominant way to organize human societies. Jigonsaseh was reclaiming lost traditions such as virgin birth – a global practice found in most creation stories around the world.

Jigonsaseh was a Seneca girl living near Niagara Falls at Tonawanda approximately a thousand years ago. It is said by some that her mother had prepared for this special birth and self-conceived her. She is the last of the lineage of souls descending from Sky Woman herself. She was called Lynx Woman – and Lake Erie is named after her because Erie means Lynx.

Jigonsaseh had learned to work the ebb and flow of the cycling energies within her body from an early age. Her spirit family was there guiding her. It is said that she was born enlightened because her mother had self-conceived her and was herself part of the ancient lineage of the virgin birth practice. She was born with her face in a caul. This had always been a divine sign. She was given special status and her mother was her teacher. They built her a down-guarded lodge and brought her food and berry teas.

As she matured, Jigonsaseh no longer wanted to be protected from the unhealthy lifestyle and violence she saw in the larger world outside her own community. This was because the matriarchal ways had eroded over time. She made a plan to build herself a new lodge right on the warpath. Her family resisted but she could not be stopped. She had an uncanny ability to manifest what she conceived of in her mind.

Soon she was intercepting warriors who were off to raid and take slaves. She offered them food and rest on the condition they would leave their hostile and revengeful emotions outside her door.

Slowly she began to bring them around to better ways, and in time they stayed and brought their families to learn from her. They began to build lodges around Jigonsaseh, and so a community of peace was established based on sharing and compassion, designed to support life, rather than destruction. She was restoring the matriarchal egalitarian ways of balance and harmony. Jigonsaseh was ensouling the community. She created a ceremonial circle to teach the sacred traditions of parthenogenesis. All these teachings had flourished in former times when the matriarchal era was new and strong.

In her dreams, she was visited by the other four in the mission of peace that was beginning to form. They were two women and two men.

One woman was making her way to a safe place, fleeing the violence of her village. She was not as lucky as Jigonsaseh. She was not supported, but she found a quiet secluded grove on the north shore of Lake Ontario and under a mighty oak she made her home. It was a month's canoe-travel upstream from Jigonsaseh.

Her name was Gaheliogaha (Kaheliokaha), and she was healing herself and getting ready for something big but she did not know what that would be. (Perhaps it was years before she was able to clear the trauma that had accumulated during her youth in the village.)

Her daily activities of gardening, weaving baskets, making storage pots, hunting and building a warm lodge, were all creative activities that strengthened her and allowed her to build a new life sourced in communion with nature. She eventually began receiving dreams that guided her to understand her great mission.

She was not lonely but alone, in other words at one and complete in herself. This is the true meaning of the word Virgin. With practice she began to feel her womb energies rise to her heart and bring her great peace and expansiveness.

In this empowered state one day, standing in the shallows of Lake Ontario she inhaled, dropped her energies to her womb and felt the accumulation of cosmic energies gathering there. She continued this practice for many months.

One night, the presence of a high soul wishing to be born filled her dreams. She held that vision. She sang to that soul, all through the winter months. These heartfelt songs aided the enlightened soul to descend fully into Gaheliogaha's womb and grow into form without fear.

That spring in the shallows, Gaheliogaha brought forth her daughter Gahedosug: "she who walks ahead"(Kahetosuk).

Jigonsaseh wakes in the night. She feels that the vision of the group of five peacemakers is coming true. She feels that Gahedosug has been born. She keeps on with her work in her peace village.

Meanwhile, in seclusion, on the north shore of Lake Ontario near the region now called Tyendinaga, our mother and daughter live in bliss. They were at one with nature and all plant- beings; the animals walk with them. We can see them as tall, powerful beings. There is evidence that some people at this time were seven to eight feet tall with longer life spans, and athletic in build.

The daughter was powerful when she came of age and very telepathic. There was no need for Gahedosug to struggle to achieve what her mother took years to accomplish. She had immediately inherited her mother's hard-won skills. She was supported in every way to thrive in her environment. This is the natural state of one born of virgin birth. Time passed.

Deep in contemplation one night, she was visited by a member of their mutual spirit family. The soul of a boy came to her and asked permission to be born through her womb. She followed the same practice her mother taught her. Bringing her attention to the energies within her womb space, she sank into deep meditation. She called in the soul of the being wishing to be born. Here was the last of the group of five to land on earth and complete the circle. (I will speak of the fifth member, Hiawatha, in a moment.)

Nine months later this boy was born effortlessly to Gahedosug. They named him Degonawida. The new grandmother had a vision that she must test the authenticity of the boy as divinely born. Trembling, she held him over the fire. He was unharmed.

In joy they raised the boy and taught him all they knew. They taught him sacred relation to the four elements, the stones and to the ley lines and yin waters beneath the surface. They opened him to the language of the birds and the language of the mighty trees. They taught him the techniques they used to self-conceive because these inner electromagnetic womb technologies may be applied to creations of the outer world also. They were masters of the inner technologies, the natural alchemy of life.

This boy was an unusual product of parthenogenesis times two! The boy grew. He wondered. He only knew his mothers, the animals, the workings of the seasons and the wonders of nature. It is said he had two rows of teeth. This means he kept his "wisdom teeth" (that which we call baby teeth). In time, he dreamed there was another great teacher he had yet to meet. But when and where?

One day, the boy woke with a fantastical dream story to share. He had dreamed of massive granite stones structured in a form that was boat-like in appearance. It had three or four granite stones as a foundation and another one balanced on top. It had an interior space that held great power. He was shown in his dream how to listen to its vibrational messages. There were magnetic forces at work within this stone sanctuary that used the same technologies as the womb. Both held powerful inner magnetic magic that drew from the mighty torus energies direct from cosmic source. This 'stone boat' would help him to deliver his mission of peace.

His mothers understood its technology and guided him in the building of it. And so he and his mothers began building this stone dolmen that Dagonawida had dreamed of.

The fifth member of the Peacemaker group, who we have not yet met, had been living further east. His story is again different. He was blessed to find a beautiful life-partner and, together with their baby daughter, they fled their warring tribe and established their own sanctuary alone, further east of Gaheliogaha and her daughter and grandson.

They lived in bliss until an accident took the lives of this man's family. He was inconsolable. He wandered and became angry and desperate. One day, by chance, he met the young Dagonawida in the forest. The boy devoted himself to healing this unhappy creature. Much time passed and they became friends. Finally Dagonawida brought this man to meet his mothers. The mothers named him Hiawatha. A strong bond was formed between the four.

Meanwhile, Jigionsaseh was getting older. She was calling the boy to her in his dreams. Dagonawida knew he must go out into the world and find Jigionsaseh. They say he fashioned a canoe and began his journey to Niagara Falls.

Each day Jigionsaseh went to the shore looking east and finally one perfect day saw him approaching. Dagonawida finally sat at the feet of his teacher to learn. He met her community of peace and stayed for a long time with them. He was amazed and inspired with what she had created. Her village was his 'pilot project', created to inspire the forming of his bigger mission of peace.

Meanwhile Hiawatha, at the eastern end of Lake Ontario, sat with the mothers and learned of the mission and of the sacred practices.

The meeting of the three mothers

One day, Dagonawida and Jigionsaseh returned together to Dagonawida's home ground Tyendinaga (as it is now named). Gaheliogaha greeted and embraced her spirit sister who had been her only dream companion years before when she conceived Gahedosug alone on the north shore of Lake Ontario. This was their first meeting in the flesh. They were now both old. They joined Hiawatha and Gahedosug, both middle-aged, and together they encircled the young Dagonawida. The mission was ready to unfold.

It had taken two generations and the arts of self-conceiving times two, to bring forth a being resilient and ensouled enough to take on the task at hand... the mission of the Great Peace begins...

Commentary

When this story first came together for me in dream and in waking life, I was, at the time, learning, from Karen Holmes' Hibernian Mysteries work, about the foster-mothering tradition from the Celtic and Greek worlds: women who were philosopher guides for prodigies that were self-conceived by their sisters. In her research and teaching, she shared how she thought the story of Jigonsaseh and Dagonawida was representative of the Foster Mothering tradition.

This is an important subject for our time when women are realizing they can choose whether to conceive or not through directing their blood-flow. (This is especially poignant in this time when the elites are wondering how to reduce the population and have forgotten that they are the ones who caused the possible overpopulation themselves a few hundred years ago by oppressing our abilities to self-conceive. Abortion and invasive chemically-based birth control methods are their lineage.)

I was fascinated by the accounts I heard that Jigonsaseh had built a peace village, and that she became Dagonawida's first teacher and that she had no biological children. I also found a poem describing her as having a special birth-sign of greatness, being "born with her face in a caul." This is a rare occurrence in which an infant is born with a piece of membrane, akin to gossamer, covering the face and head. It was often seen as a sign of good luck, an omen that the child was destined for greatness. It was possible that Jigonsaseh was born of virgin birth herself. In fact it is stated without question among some of the Six Nations, that Jigonsaseh is part of a lineage of enlightened women back to Sky Women of the creation story.

I credit Marcine Quesner for sourcing the names of the two self-conceiving mothers of Deganawida, for researching the life of Jigonsaseh and generously sharing this information with me! I want to add here that I am using the spelling of all the Wendat names as phonetics, as I was taught by the Mohawks.

Marcine both married into and was adopted by the Seneca nation and, like me, was telling the same story through creating art pieces. She studied and researched Jigonsaseh's history from the knowledge of her adopted family and her husband who was a shamanic leader of the clan. They were following the Peacemaker laws as a daily lifestyle practice. She found Jigonsaseh was a descendant of Sky Woman and was connected to the Lynx medicine clan. I am grateful for her insights and also for bringing me the names of the mothers.

The significance of the stone canoe in the Peacemaker story

I am also including my interpretation of what the stone canoe which Dagonawida created might have been.

It seemed telling that news reached me, not long after I was painting the stone canoe in the mural, that a free energy device (boat) was built very close to Tyendinaga in the 1990's by David Hamel. It was successful. It was built with red granite, magnets and gold, all of which are found in the geography of Tyendinaga.

The magical stone canoe could be a metaphor for something like this on one level. It is, however, more probable that this ancient Peacemaker group may have built a boat-like dolmen or standing-stone structure for the purpose of receiving the wisdom of the land and the cosmic forces (just as there are many other such megaliths built in ancient times all over the world). It is significant that the men build these in accord with the womb's sacred technologies. In this important story, our virgin birth son obviously learned these arts from his two mothers.

I began to look at the propulsion-unit technology of David Hamel's ship and realized many more were currently being built in many countries around the world. Hamel's ship was specifically a propulsion unit intended for flight. Currently the same technology is being used to create a free-energy healing chamber not far from Madoc. This land where I live is within a triangle of energy created not just by the profound active presence of the Peacemaker Group but also from the kind of minerals and ground water present here. It seems to attract inventors and free thinkers.

Our galactic and inner earth families, it is said, inspire these projects, on one level, to deter us from using fossil fuels and, on another level, to inspire us to remember our abilities to unite the masculine and feminine principles and to create these free energy devices for our many earthly needs!

I feel incorporating these inner feminine womb technologies together with the outer masculine technologies will open up a whole new harmonious world. The wisdom and inner strength of the feminine power is what women bring to the table. Men need to incorporate this into their science to bring their devices to a wholeness and a completion.

Need I repeat -The lack of the incorporation of feminine wisdom, is the reason, I believe, current inventions are so short-lived. I am still learning deeper levels of all this.

In the oral version I had received of the Peacemaker story, I remember my Mohawk Guide saying, "the stone boat skimmed just above the surface of the water at a great

speed like lightning; it would bring him the attention he needed for his mission to be heard!”

The stones are powerful transmitters of Earth’s ley lines and fault lines, so drawing up those powerful energies. They also work with the horizontal torus energies which are cosmic in nature and so they use the same technologies the womb uses.

In fact, it is said that women used the Irish dolmens to aid in their practices of self-conceiving.

The horizontal Torus energies flow very fast and this alludes to the comment in the story of the speed at which it traveled. In the mists of time, these were natural technologies that our foremothers and forefathers knew how to utilize – to maintain and strengthen both our cosmic and earth connection!

This version of the stone boat in this story(as a natural power station and anti-gravity device) is very possible as these structures are found in other parts of Turtle Island as well as overseas. Much is known of their technology by geomancers like Maria Wheatley and others.

My understanding is that in matriarchal times, when women's self-conceiving arts were known and honoured, it inspired men to work with women to create things in the outer world that borrowed from this sublime practice. Thus the men built the magical dolmens, pyramids and flying devices we all marvel at today – all in accord with the cosmic powers that the womb holds. These were times when men knew that the soulful inner world and the material outer world could not be separated and their creations could not succeed unless both were united as a soulful/spiritual endeavor.

I hope you will be inspired by this version of the story, which focuses on the women who initiated this mission of peace. The contribution of the women as the initiators of the mission is skimmed over in most versions and is why I was attracted to explore it.

I hope you will research other versions and come to your own understanding. It is time to bring this important story to the forefront! Some of the versions recognize that there are 5 key players who collaborate to develop the mission: each with equal but different and important roles – such collaboration is only natural in a true matriarchal culture such as this one. This kind of cooperation rarely happens in a patriarchy/ dominator society.

It is fascinating to me that, so far, of all the other stories of “Virgin Birth” around the world, only in the Haudenosaunee and the Christian stories do we find the complete group of five players. The five key players in the Christian story are the mother Anne,

her self-conceived daughter Mary and Mary's son, Jesus, together with the foster-mother teacher, Salome, and John, the forerunner and orator. This seems to be the key to a successful mission of peace: three women and two men.

In my mind, it is a patriarchal/dominator overlay that says there is only one peacemaker. This idea is not compatible with an egalitarian (matriarchal) culture.



Image 19: A dolmen ("stone boat") of the Beara Peninsula in Co. Keey, Ireland: natural technology of the Druids, possibly the same technology used by the Peacemaker group.
Photo: Maureen Walton.

4. Sedna of the Deep;

Sedna, the Provider Sedna- Inuit Legend

Here is a story from the far north of Turtle island in the land of the Inuit. It tells of the Womb Mysteries and the nurturing role of the feminine.

Sedna was an orphan. She was cared for by the community. As she came of age, she resisted marriage, though it is necessary for arctic survival. She went off by herself on the land to be alone, and there she met a stranger. This was highly unusual in the arctic. She was drawn to him. He lured her away to the cliff's edge. She was curious. As soon as she said she would go with him, he began to transform into a giant sea bird. He grasped her in his talons and flew down the cliff-side, depositing her in his nest. He then flew away again.

Sedna looked for ways to escape and devised a route to descend the cliff. One morning she saw a kayak crossing the river towards her. It was her foster-father. She scrambled down to meet him. They were afraid of the giant birds, and the father knew he was risking the safety of his whole community should this mission fail. Sedna made a jump for the kayak. She grabbed onto the gunwale and hung on as he paddled swiftly away. She began to pull herself up onto the surface of the kayak when the birds were sighted returning. It was too late.

The father brought his knife down swiftly on the girl's hands as she clung to the boat. Her fingers now severed, she slipped under the waves and as her consciousness faded. Everything went dark.

When she opened her eyes, much later, she found herself surrounded by seals and fish. They were following her. As she looked down at herself, she discovered that her lower body had transformed into a ringed seal. She found she could swim very fast and, as she did so, the seals followed her. All her poor fingers had turned into new life-forms –beautiful playful seals.

She thought of her foster father and the community that was her family. Yes, she had been betrayed by him but for the sake of the life of her community. Now she was very powerful and much stronger than before. In fact, she was immortal.

She remained devoted to her family for eternity, bringing them enough of her seals to sustain them. She made a home on the seabed, and she was protected by sea dogs. The Inuit shaman sent their spirit bodies down to her in trance to comb her hair and tidy

her home as she had no fingers to do these things. She was grateful, and would send them seals but always maintaining the balance. The sealskins she sent them were fashioned into beautiful clothing and waterproof kamiks by the women of her family. Inuit women are the most skilled furriers in the world: they are grateful to Sedna, their daughter and provider.

To this day traditional Inuit hunters honour Sedna, the guardian of the inner world of humankind.

Commentary

This story tells of Nuliayuk who finds her true home and power, in the dark depths of the sea. There she is safe, and there she finds her creative source! She is one with nature, as represented by her seal half, and she demands respect and appeasement from her people, for if they dismiss her, she will withhold her beloved sea animals from their harpoons. However, she is very benevolent when she is treated well and maintains the health and wellbeing of the community.

I was deeply attracted to the story of Sedna when I met her images in Kugaaruk Nunavut in 1983 lovingly drawn by the Netsilingmiut. Here was the message from the depths, the watery world of the inner feminine, a powerful force that lived at the bottom of the sea. It is as if she held space for the soul of the nation, in a beautiful dwelling full of treasures.

Stories of how to appease her so she would send her seals to feed the community were ubiquitous throughout the community. Half- woman and half-ring seal, she was both feared and loved.

How privileged I was to have this opportunity to live among the last generation of nomadic Inuit, and to witness firsthand a version of a matriarchal culture.

As I hiked the Arctic coastal land and the river, with my new baby in my *amoutik*, standing stones marked the portals and power points of the land. But I didn't know that then. I was only thirty-four and unaware of what I know now.

I would take my children and the Inuit children and we would have picnics, playing around the stones and hiding from the strong winds. I would ask the Inuit children who made them for the stones were too enormous for ordinary men to move. "*The Tunits built them*," the children told me. They had recently been given Belgium names by the

missionary Roman Catholic priest. Alina, Ruth, Colin and Madaline told me, “*The Tunits were giants who left the Inuksuks here to help us find our way into the future. They are our connection to our ancestors.*” How touched I was to hear this wisdom coming through them from their wise parents.

I went to Kugarruk four months pregnant. My pregnancy helped me to be accepted into the women’s sewing circles and meat-prepping circles.

I once witnessed a pregnant teenager go to the nursing station with a friend. No more than two hours later she was walking back home with her baby in her *amouti*. In a very casual way, she met with friends and family and off they went for a walk. There was no nuclear family. The whole community was there for her in full support.

I always wondered if I too was able to unconsciously pick up on that energy of communal support as I too gave birth in that small community, in two hours with little assistance and not a lot of pain. Certainly no need for any medications. I, too, was ready to get up and back to my life in a few hours. I felt the warmth and support of the community even though I was not an Inuit. What does this say about our hospitals and our city lives? I felt relaxed and at home in Kugaaruk. Could it be that we can recover our ways so quickly, simply by immersing ourselves in a healthy culture that supports us? This was an intense lesson.

There were no roads or vehicles and the elders would wait at the airstrip to make sure no alcohol was on board the plane that arrived once a week. The children at that time did not live with their parents. At age four or five they would go off with siblings and stay at the homes of relatives, aunties, or cousins. The whole community of 300 was their family.

The environment was unbelievably pristine. The winds in the hills were silent, as there were no trees to create sounds. I always felt a presence following me. I was made very aware that I was far from the grid and the mixed energies of the south and the cities.

One day alone on the tundra with my baby on my back in my packing parka, I heard the sound of geese quacking and when I turned the whole flock were almost upon me, flying just a few feet from the ground at high speed. I had just time to drop on my belly before the whole flock rushed over me. I could hear and feel the wings brushing my parka. Within a few moments they were gone and the silence returned.

5. Celtic Wonder Tale of Etain

- a story of parthenogenesis - Ireland

I share this story with you as remembered in a telling by Alice Kane, an Irish storyteller or seanchai, in 1995. This story is a Virgin Birth tale from the view of the Cosmic Soul wishing to be born onto earth.

In the cosmos, the gods and goddesses drifted by. Midir was smiling down on the earth, and wherever his smile fell, happiness blossomed in that place for a time.

Etain, another deity passing by, complained to Midir, “Why do you bother with those humans? They never wake up. There’s no use!” and she drifted on till she came to Mac Og. He was shape-shifting to look human so he could go down among the people on earth and try to make them happy. “Etain, come with me. I will play as a street juggler and magician and you with your beautiful voice can sing to them.” “Mac Og, why do you bother? I’m not interested,” she replied.

Another deity, Filma, overheard and said, “Etain, you are so restless. Until you find a world of your own, be a bee!” and with that Etain turned into a little golden bee. She buzzed around Midir but he brushed her away. She buzzed around Mac Og and he said, “Oh, you beautiful little golden bee, I’ll give you a voice so you can tell me who you are.” He did and Etain said, “It’s me Etain, help me!” So Mac Og took her to his celestial castle and while inside she could regain her natural form. However, if she ever left, she would become a bee once again.

Etain was happy for a while, but then her restlessness returned and one day she felt a calling to open the west window. A powerful wind blew in and swept her out, and she was buffeted around and down and into the atmosphere of earth as the golden bee.

Just then a priestess-queen and her women were holding a ceremony on top of a hill in Ireland. The queen held up her cup in invocation just as the little bee swished by and landed in the cup. Without knowing, the queen drank it down, bee and all.

Nine months later, a beautiful otherworldly child was born to the queen, and she called her Etain.

Etain grew to be very tall and strong – and as restless as she had always been. Though the family tried their best to please her, she was never satisfied and she never engaged in any family or community activities.

Finally, they held a great ball for her coming-of-age ceremony and the best musicians were brought in to entertain her. After listening for some time, Etain stood up and raised her hand. "Listen," she said, "I will show you how to sing."

She had never sung to them before, when her lips parted, her mystical voice captured everyone's heart and soul. Some fell down crying, others fled the castle, and others fainted because her voice was so powerful and transformative. Her mother turned her face to the wall and collapsed right there as she beheld the otherworldly-power of her daughter manifested in that moment. She did not recover.

The King, distraught, banished Etain to the forest, and ordered her to never return.

Etain felt deep compassion for them for the first time. She made herself at home in the forest where she felt more comfortable and at peace and lived quietly there for a while.

One day, a horseman rode by her shelter and was astonished to see such a beautiful woman living there. He asked who she was, and she said she was the daughter of an Irish lord and she was happy to live in the forest. The horseman said he was the High King of all Ireland and asked for her to be his queen. Etain accepted.

Even as High Queen, she was not pleased and kept her distance from the goings-on at court. She did not sit with the King in Council.

Still the King loved her and was patient. One day she said to the "fool", whose job was to lay roses before her as she walked, "How is it that you are so happy?" He responded, "Because I'm not like you, Queen. You won't let anything live!"

Etain stopped short and something changed within her heart and soul. She then heard shouting and went to the window. There she saw her maids driving away a street magician. "Wait!" cried Etain, "I will watch his tricks! Don't send him away."

Down into the courtyard she went, and he did his tricks, but not very well. Nevertheless she praised him and gave him a rose. He glanced at her then took a petal and threw it into the air. It turned into a dove, and then another, and another, until there was a flock wheeling above them.

It was then that Etain remembered who she was and who the magician was. She called out, "Mac Og!" – but he was gone.

That night she sat with the King in the Great Hall for the first time. After the council meeting, a stranger strode in dressed in red silks and leathers. The king realized this was an otherworldly being and he said, "We welcome strangers to our land."

"I would like to challenge you to a game of chess," said the stranger. The King loved chess and accepted.

The King won the first game. "What do you want?" said the stranger. "Twelve horses from the fairy-realm," said the King. "They are at your door now," said the stranger. And sure enough, there stood twelve black steeds with fiery red eyes.

They played again and this time the stranger won. "I want Etain," said the stranger. "No, you can't have her." returned the King. Then Etain, having recognized the stranger as Midir, spoke. "This is my decision," she said, " I will go with this being for he is of my world, but" she said, turning to Midir, "Not now. Come back in seven years, for I have work to do here." Midir bowed low and vanished.

During the next seven years in Ireland, they say that the three gems of harmony, peace, and creativity were in the Royal Crown. Etain sat in Council and tirelessly guided the people. She taught them many esoteric things and she brought to them the melodies and songs from the other worlds.

Before the King and the people knew it, there was a knock on the great doors of the grand hall, and in strode Midir. Though the king surrounded him with soldiers, he slipped his arm around Etain and together they rose through the smoke-hole. As everyone watched, they turned into two white swans and flew out into the cosmos and home.

To this day, the melodies that come off the harp strings in Ireland are said to be from the fee (fay), and it is known that Etain had found a world of her own.

6. The Seal Skin Woman

- Inuit version *from the Netsilingmiut*



Many of you are probably familiar with the Irish story of the selkie or Seal Skin Woman. This Inuit version of the story reveals to us how two very different cultures from opposite sides of the North Atlantic carry the same message in story-form of the mission of

women to bring the inner soulful world to share with the outer world. Both stories come from the North Sea though on different sides of the Atlantic.

This account is the Netsilingmiut version. This is a poignant story for me as I first learned the Inuit sealskin story as a young woman while living there. Not until much later did someone bring me the Irish version. As soon as I heard the Irish tale, I remembered the Inuit story as well. The telling was a message for me to leave my marriage and return to my own world and fulfill my mission.

The Irish version has layers of recent patriarchal programming that are absent in the Inuit version, which comes to us fresh from a matriarchal knowing. In the Irish, the fisherman assumes his world is better and he decides to rescue her from the dark cold sea. He carries her to the priest to be married. There is no bargain made. She learns to light a fire and to bake and the magic of the fire becomes her only solace. The fisherman hides the skin. The community scorns her. The children she has birthed inform the father one day that their mother is running to the sea with a seal skin. They all chase her and she barely escapes. She never returns or sees her children again. That's it!

There is yet another version made into film that is softer and lovely to watch (The Secret of Roan Inish, 1994). This version is particularly touching when the father makes a cradle for the child and our seal-skin woman removes the rockers so it can float in the shallows like a boat.

One evening, on the wild rocky northern shores of the high arctic sea, a young Inuit man went down to the shore to hunt for seals. To his surprise, he saw off-shore a group of seven seals playing in the surf. Before they noticed, he hid behind the great rocks. Soon they reached shore and simply, before his eyes, stepped out of their skins and formed a circle of seven maidens. From his hiding place behind the big rocks he heard they were dancing and whimpering like seals. Then, leaving their skins in the sand, they danced over the hills in the moonlight and out of sight

The fisherman quickly ran to the place where the skins lay, picked up one and returned to his hiding place. The maidens returned shortly, each one sliding gracefully back into her skin and diving beneath the waves. Save for the one, who was already scanning the rocky shore. She made her way directly to where he hid and demanded he return her skin. The hunter made her a bargain. He promised her a good life in his tiny community if she would come with him. Yes she would go, on the condition that he would agree for her to return to her sisters in seven years. The man agreed.

True to his word, he made her a good and loving home and they were happy. Though she never spoke, she often sat with the village women and taught them many new ways of being. The women grew to love her and, for a time, she seemed content.

One day, she gave birth to a child. Soon after the birth, the seal woman's eyes began to blur and her skin to dry and she knew it was time to return to the sea. But she could not find her seal skin anywhere. She bided her time but the women noticed her health failing.

One day, when her child was older, she found the treasured seal skin while playing. Our seal skin woman took it and with her child in her arms, walked unnoticed to the shore late at night.

She breathed three times into the child's mouth, then slid into her skin and together they dove below the waves. The community searched for a long time, but found no trace of the two and, sadly, they returned to their former lives.

Five years later the hunter went to the place where he first met the seal skin woman and there he saw a child standing in the shallows and gazing out to sea. The child turned around and ran straight to her father. Together they returned to the village where there was a joyful reunion.

When the child had learned the ways and the language of her father's people, she began to share many stories and songs of her life in the world beneath the sea. Those stories were passed down from generation to generation and so the community remained strong and harmonious..

7. Shambala from China

I suggested in the beginning that this womb technology held by the Q'ero tradition may have come from a time before them – and possibly from some of the inner earth civilizations (some of which are of the balanced matriarchal ways). According to Corey Goode, there exist Yin water sources that are not from rainfall and many other life forms live there also unknown to surface dwellers. This fairytale from China gives us a peek at this world that may be intentionally helping humanity to awaken. There are many reports of portals, like the one described in this story, to access these inner civilizations. I have a dream of this which I could share with you.



Image 22: Peach Tree, 20th-century Chinese Brush Painting. Source: public domain.

A poor young peasant boy took his skiff, hopped in and pushed off shore determined to catch fish for his elderly parents' evening meal. It was a hard life for them getting by day to day on the outskirts of the big city. A wind came up and blew him off course. Later,

when the wind calmed, a fog descended and so he found he was thoroughly lost. Then his skiff nosed into sand and gingerly he stepped out to explore.

An orchard of peach trees appeared through the fog and he hungrily ate of the fruit not noticing, until the fog began to lift, that he was by a rocky outcrop and at the mouth of a great cave. He ventured in, marveling at its beauty. Near the back wall was a narrow channel descending into the Earth, and he heard the tinkling of bells and the laughter of female voices faintly drifting through from the other side. His curiosity drew him in.

He squeezed through the long passage in the dark, the welcoming sounds leading him on. Then a soft light appeared and he stepped into a lovely green meadow flanked by mighty trees and hills beyond. A stream flowed by a circle of very tall women sitting on the bank. They were watching him in dismay. Noting his thin scraggly appearance, they guided him into their circle and fed him strange plants and cakes. Then they led him through the meadow and into the town of mushroom-shaped dwellings. The boy noticed circular vehicles flying overhead in the soft twilight and birds more like little dragons that also flew by.

They descended wide steps and arrived at a circular plaza where a man and a woman sat on a couch. One of the tall young women bowed to the couple and began to tell their story in a language that the boy had never heard. Then one of them spoke to him in his own language and said that they would let him return to his upper world if he promised never to reveal what he had seen. They emphasized that things would not go well for him if he did.

He agreed and stayed with them for the remainder of the season sitting at their feet and learning of many mystical things. Then he knew it was time to return to help his parents and with great sadness in his heart he followed the tall women as they escorted him back to the passage where he had been found.

They bid him farewell and put a wrapped package in his hands. The boy found his skiff and paddled back knowing he was being guided through some kind of portal in the fog.

Soon he was in his own world and found his parents waiting for him in their tiny shack. He shared the beautiful gifts with his parents that the tall inner earth people had given him. With the sale of those gifts they were able to raise themselves out of poverty and live in modest comfort for the rest of their days.

In time, people began to be drawn to the boy's magnetic nature and the wisdom of his ways and so he was able to share things he had learned from the mystical Inner Earth beings – without revealing its source.

8. Salome - Foster Mother of Jesus - Coptic /Egyptian

source/researcher: Karen Holmes

This is an account of Salome, referred to in Coptic, Eastern Orthodox and some Western medieval Christian art. It is a record of her existence and value as a carrier of Womb Wisdom arts.

We, unfortunately, have no story-form for her: Karen is working on it! – and what follows is the results of some of her research.



Image 23: Salome, Midwife and Foster Mother, bathing the Infant Jesus in milk(?). 12th-century Cappadocian fresco. Source: Wikipedia.

Salome, some say, is a sister of Mary in the Christian Story and the daughter of Anne, who is Mary's parthenogenetic mother. As sisters, both are trained as Parthenogenetic practitioners: both accomplish the art of Enlightenment/Ensoulment via the blood masteries, but only Mary accomplishes the art of self-conceiving.

It is said that Salome was a midwife to her sister during the birth of Jesus and that she was of a desert priestess sect, who lived and practiced in caves. (Virgin means complete within self and Mary means priestess.) Likely they were a group of enlightened priestesses!

Salome is shown in some Coptic paintings and third-century stone friezes wearing the distinctive Phrygian cap of learned Doctors and Pythagorean Philosophers. (It is important to remember that, in ancient times, philosophers and scientists were not mere observers and quantifiers of Nature, but practitioners of and participants in the creative power of the Word-Logos and Its expression, as *logoi*, in all Creation.) To this day in Orthodox and Coptic iconography, Salome, wearing some form of hat, is depicted as giving the Infant Jesus a bath – often depicted as a bath of milk. In ancient Coptic imagery (3rd-century), she is depicted as bathing him in a font (akin to a baptismal font) that is shaped like an egg. There is much mystery in this image: much to be plumbed and understood.

Often images such as this are labeled The Circumcision of Christ – but this seems to be a later ‘quick-fix’ for doing away with any non-patriarchal messaging, and does not explain the female figures and elements of the imagery.

As a Foster Mother figure, it is reported that Salome spent significant time with Jesus in the desert. The traditional work of Foster Mothers was to teach the children born of divine birth – to help them maintain the spirit-language of the time before birth and bring its gifts into the earthly plane. Christ’s temptations by Satan in the desert were his opportunity, before beginning his public ministry, to assert his high-divine mission (preserved from pre-birth with the aid of Salome) over and against the power-language of the dominator-system/worldly plane.

One can read a Christian orthodox version of Salome’s story in *The Coptic Synaxarium*. In Western Christianity, reference is also made to Salome in the *Protoevangelium of James* (Gospel of James). These sources have evidently been edited to stress the ‘simplicity’ and ‘faithfulness’ of Salome and to downplay her competence and wisdom. In these canonically-accepted sources, she is also frequently identified as a cousin of Mary (not her sister) thus de-emphasizing the divine-birth lineage of St. Anne.

Salome is also connected to the Irish saint, Bridget, patron of cattle, blacksmiths, poets, midwives and healers. (There are many spellings of her name, but I am choosing this one to avoid confusion.) She is known in Ireland as Muime Chríod, the Foster Mother of Christ (and also as Mary of the Gael). Bridget is reported to have founded her monastery in the late fifth-century in Kildare (The Church of the Oak) in south-eastern Ireland. The site she chose was sacred to the ancient triple-goddess Brigid, Goddess of

Childbirth, the Arts and Warfare. From a young age, Bridget is said to have been able to turn herself into flame.

The fifth-century St. Bridget claimed to have been a midwife and carer at Jesus' birth in first-century Bethlehem. She is said to have fed the Infant Jesus from the milk of her breast. (An important aside: Bridget was often accompanied by a white cow with red ears and uses milk-baths to heal blindness and other ailments.) Bridget participated in these events through a vision of the holy nativity which permitted her to travel through time. Practically wise and riding on waves of 'light', she appeared in the cave of Christ's birth carrying items necessary to safeguard the health of Mary and the newly-born Jesus. (St. Bridget appears to have been a mistress of both time and space – time, in the story above; space, in the story of her cloak which, although appearing to be standard in size, was able to cover miles and miles of territory in Ireland.)

St. Bridget also depicts herself as a savvy protector of Mary and the child: turning herself into a comical and foolish figure, she distracts Roman soldiers from seeing Mary as she attempts to flee the city of Bethlehem. She puts a ring of candles on her head to make a spectacle out of herself. In this way, St. Bridget foils the plans of King Herod and his soldiers to murder the Jesus Child. In other words, St. Bridget uses light to keep Mary in the safety of the dark. Several weeks after this successful ruse, Mary and Salome meet one another again in Egypt. In similar fashion, St. Bridget dons a crown of tapers and dances at the gates of the Jerusalem Temple and thus lets Mary, a mother out of wedlock, enter the Jerusalem Temple to make her post-birth offering to God without being harmed (i.e., stoned) by priests.

Was St. Bridget referring to a past-life experience as Salome? In St. Bridget's story, do we have a vestige of an earlier (less corrupted) version of the "Salome as Foster-Mother" story? Perhaps first-century Salome actually traveled to Ireland. Are the historical Brigid (drawing upon the ancient mythological Brigid) and the historical Salome one and the same figure? Or did the historical St. Bridget intentionally draw upon the Salome tradition in the construction of her monastery's sacred lineage and her own hagiography?

Fleeing persecution from the Orthodox and Roman churches, fifth-century Coptic (Egyptian) monks formed a community (cenobitic monastery) on the Irish isle of Skellig Michael. Although harsh and ascetic in their male-only community practices, there is evidence that they aligned St. Bridget with Salome.

It has become popular in recent years to depict the Magdalene as the Christ's earthly teacher. While aiming to be helpful, this teaching can undermine the role of Salome and the importance of the Foster-Mothering tradition. There is more evidence of Salome as a teacher and guide for Jesus in his early life than there is of Mary Magdalene.

It may be the Magdalene was Jesus' student (a disciple), and then ultimately a co-teacher with him as a carrier of the Magda-Tower Mysteries. One of the elements of the Magda-Tower Mysteries (i.e., ascent and descent) was the facing of and experiencing of death: the Magdalene may have been Christ's teacher and initiator into the realm of death; her teachings may have been highly influential in Christ's own descent to the dead and in one of Christ's last major miracles, the raising of Lazarus from the dead.

Chapter 9- Lilith and Adam in Eden - Middle East/ Hebrew

source: Tara Greene

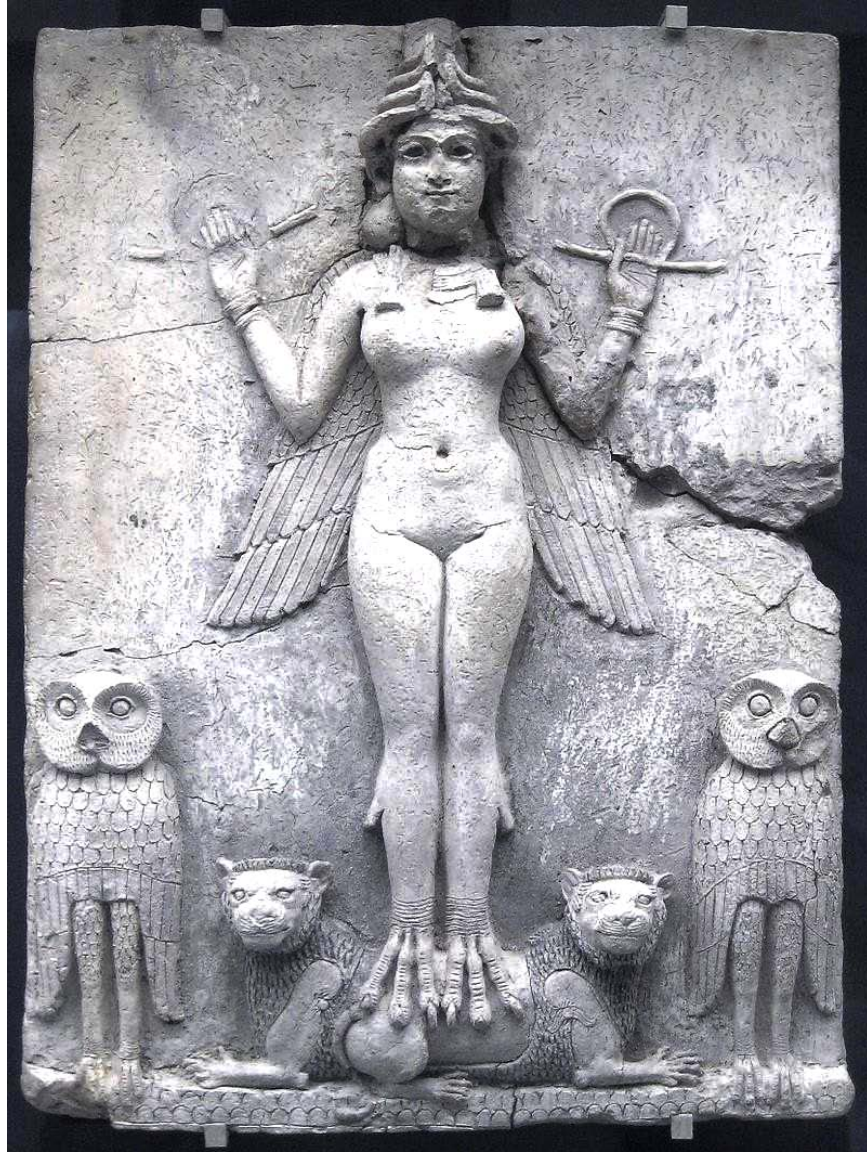


Image 24: Lilith depicted as the Queen of the Night, Babylonian relief carving, 19th-18th century BCE. Source: Wikipedia.

The Great Mystery has two Masculine and two Feminine complementary polarities upon which this universe operates in the Tree of Life.

The source of all is a Great Fulness, the Eyn Soph, symbolized as three horizontal waves above the 10 Sephirot or Spheres on the Tree of Life. These three horizontal waves in Hebrew are called Ain Soph Aur. Soph is the root word of Sophia, Wisdom.

Adam and Lilith are created equally from the red earth and placed in the Garden of Eden. The womb is the Garden of Eden that supports the harmony and balance of a matriarchal system.

Lilith is the death-bringing and life-giving goddess: a Virgin Goddess, whole and complete unto herself, depicted with bird feet, as she is part of Nature and souls were associated with birds. Lilith was always shown with an owl on her shoulder, a symbol of feminine wisdom, with the ability to see in all directions and gifted with the abilities of dreaming, intuition and night vision- to see in the darkness!

As the first woman, Lilith symbolizes the Sacred Womb Blood, as the Cosmic Soul essence on Earth. The blood of Eden, the blood of the womb.

In the Biblical story Adam and Lilith are in the Garden of Eden.

Eden symbolizes a primal template for the Cosmic Soul nature manifesting on earth! The Cosmos is the MOTHER of ALL and the Eden Earth is a mirror of that potential – “As above, so below.”

(In our conversations at Wyldwood Sojourn, we have spoken of the possibility that Eden was perhaps the Cosmic Soul nature manifesting purely on Earth for that short time.)

In Eden all is peaceful for a while as long as both honour each other's complementary gifts. Adam is observing and naming all the animals and then something weakens in his soul nature and he attempts to dominate Lilith sexually. Lilith says, “No, you can't dominate me; we are created equal.”

She refused to submit to Adam and uttering the unpronounceable name of the Sacred Source, she turns and leaves Adam, stepping into the unknown. Traveling to a beautiful sea she settles and begins a new life. The sea is later called the Red Sea in memory of Lilith because of the power of her womb and its divine blood.

Adam was abandoned and left all alone. He asked ‘God’ to help him. God sends three angels to talk Lilith into coming back to Eden. But Lilith said no. “I am the Goddess, I am here to self conceive fully enlightened souls and I cannot do that with a man. I feel that Lilith has been operating in a parallel universe this entire time.

In later times, as the matriarchal cultures were being crushed, Lilith was depicted as a demon with insatiable sexual desire. Patriarchal religions (Christianity and Judaism) envisioned her as a demoness eating men's nocturnal emissions, and later strange stories, filled with fear, imagined her birthing and eating a hundred children a day! This is, no doubt, an allusion to her powers of parthenogenesis – designed to scare anyone away from dealing with her sacred energy!

Lilith's abandonment of Adam is man's greatest fear – They say that a primal fear of men is that if women don't want to consort with them then the kind of life, that has their seed, doesn't continue. Monotheism is the result of men's feeling of insecurity and feeling less powerful compared to the Goddess.

At one point, men were in balance with their place in the natural world and created powerful and soulful structures in the outer world that were inspired by the woman's inner creation powers. The Feminine principle as "Goddess" was worshiped as prime creatrix from the beginning. Something happened to disturb what was once in balance.

This older and more truthful story of Lilith has only been allowed into public knowledge in the last fifty years.

After Adam is left alone, God permits him to fall into sleep and creates a 'help-meet' for him. Eve is created from Adam's rib because she's obviously a man-made creation.

Lilith then returns as the snake in the Tree of Knowledge telling Eve to think for herself, disobey the patriarchal sky god and eat the apple of knowledge, which will create in her free will. In doing so, Eve is punished by the "sky god" and made to have pain in childbirth and to be "born in sin". This alludes to the first oppression of parthenogenesis and the beginning of men implanting sperm in women. It is the male sperm that carries the karma and thus, in part, brings the pain.

Lilith is called the first feminist and she is truly a parthenogenesis Virgin goddess. Lilith guards the gates of Paradise with a flaming sword of discernment.

Lilith teaches and guides us to refuse to compromise, to listen to our own inner wisdom. Lilith wants egalitarian relationships, and nothing less or prefers to be alone.

Chapter 17 -

Dark Goddesses of Ancient City Temples

The following is the writing of Tara Greene who has also been a support to me in this mission of discovering some of the hidden truths in the Womb Mysteries. Though our research comes from very different sources, we arrive in a similar place: exposing the great power of the womb to magnetize in pure source cosmic energies for the benefit of humanity.

My sources come predominantly from indigenous cultures whose feminine truths have been hidden for just a few hundred years.

Tara's writings here are of the world of the Temple Priestesses of these patriarchal cities of a few thousand years ago. It is a fascinating study to assess the differences in how their paths evolved, in comparison with the path of the "female forest shamen" around the world.

Tara's work also points to how the term Dark has been flipped to its opposite in the European worlds and its divine source obliterated.

We both know and agree that the Divine Dark is Sophia in the Priestess world and Wirracoucha in the Shamanic world!

DARK GODDESSES - Tara Green

"The purpose of the organic womb activation is to deepen our ability to ensoul the world so that AI does not completely enslave us."- Maureen Walton

I have worked with Maureen co-presenting three Womb Wisdom workshops at Wyldwood Sojourn. We combined our different backgrounds to present the Andean Womb wisdom and the Dark Goddesses, from 2018-2020. My background is feminist, astrologer, psychic, women's spirituality teacher, home birth proponent. I am honored to support Maureen and to assist in midwifing these much-needed teachings.

My approach to appreciate, understand and to work with Women's Cosmic ensoulment is by working with the so-called Dark Goddesses of the Middle East, Europe, South Asian, and Tibetan cultures who carry keys to help our ensoulment.

De-Coding

Learning to identify key symbols and decode them unlocks the secrets. Only initiates understood how to use them. They are powerful. They're everywhere once you look for them.

Snakes are a prime example of the beautiful symbol of femininity that has been demonized. Many fear them but they are major feminine symbols of alchemy, healing, menstruation, and eternal life. Snakes are associated with Lilith, Medusa, Athena/Minerva, and many other Goddesses and with Kundalini energy and with the feminine principle in the Indigenous teachings in North and South America.

One of Medusa's symbols, her snaky hair, is associated with both long hair for spiritual strength and snakes as infinity symbols. (In Greek mythology Medusa/Algo was seen as a horrible ugly monster, beheaded by Perseus. There has been so much reversal and twisting of the truth.)

The Alchemical symbol of the Ouroboros snake wrapped around the Orphic egg can be seen as an ancient symbol of the recirculating of menstrual blood and empowering. Snakes represent eternity. Snakes are horizontal creatures whose bodies are totally connected to the earth and are needed to accomplish ensoulment. We need to be in our bodies and bring cosmic soul down to earth not escape into ascension.

This book mentions the Parthenon's purpose but not the Greek Goddess Athena, for whom the capital city of Athens was dedicated. She was honoured by Virgin Birth practitioners in her Temple called the PARTHENON. This is obviously related to Parthenogenesis. The porch of the Caryatids, close by, carries the Goddess pillars on one side to show the High Priestesses who dedicated their lives to embodying the role of the Virgin Priestesses.

It is recorded, by later patriarchal/dominator 'historians' (such as Herodotus), that all women who were eighteen had to serve in Athena's temple for a year. The High Priestesses who were dedicated fully to Athena as Virgin Priestesses were known as Sacred Hierodules, sacred healing priestesses. Their knowledge was later distorted by making them into sacred prostitutes and mixed up the teachings with tantric sexuality.

Athena, known as Minerva to Etruscans and Romans' symbols are the Owl, an olive tree, serpent, spear, the spindle, for weaving and in Sleeping Beauty's fairy tale and the plant Hellebore.

Minerva is a defender Goddess, not a martial aggressive Goddess. She symbolizes the protective Mother instinct. Minerva is one of the three Roman deities along with Jupiter the highest God and Juno, his Feminine side, who was the Feminine Form of Genius. Minerva, usually shown as tall with an athletic and muscular build, shows the Virgin Priestess because of the 'redirection practice' was of large stature and in good physical form. As the most Roman goddess, she was highly revered, honored, and respected.

Minerva, menstruation, intelligence, and Sophia

The name Minerva can be linked to the root word *men-* in Latin meaning "mind", One of the Goddess aspects pertained to intellect or SOPHIA Wisdom. This connects to Athena having burst from Jupiter/ Zeus's head in Greek mythology. She is not just his Brainchild, or a motherless Goddess, she is the root and source of his Intelligence.

The word *mens* is also linked with memory, Greek Mnemosyne, remembrance. In Sanskrit, *manush* means mind. The root word for menstruation is also intelligence and related to menses for measuring time. Women kept track of time by aligning with the moon's 28-day cycles. They did not bleed heavily as modern women do, and Virgin Priestesses controlled and redirected their sacred menstrual blood through doing a variation of the Luminous Structure.

Lilith's True story: a guide to cosmic ensoulment

The true story of Lilith has been recorded in this book as one example. More and more women today are taking back their power as Lilith did. Lilith was the original woman before Eve in the Old Testament. Lilith in Jewish mystical Kabbalistic tradition gives us key archetypal knowledge of parthenogenesis.

Lilith is associated with snake powers, the symbol of immortality, the ouroboros snake eating its tail. As mentioned earlier, snakes can reproduce parthenogenetically and were considered to be a feminine symbol of infinity.

Lilith teaches and guides us to refuse to compromise, to listen to our own inner wisdom. Lilith wants equality, matriarchal relationships, and nothing less or prefers to be alone continuously self-conceiving Herself.

Eclipses and Other Solar Alignments

Women would also use the important solar alignments. In the Northern Hemisphere on the first day of each season, at Spring Equinox, usually March 21; Summer Solstice June 21; Autumn Equinox on September 21; and Winter Solstice on December 21. These are opposite for South of the Equator.

Druids, pagans, and indigenous peoples worldwide have always marked eight stations in the natural year, four cardinal, four non-cardinal which look like the Luminous Structure of diagonals.

Eclipses are a major time to amp up your Soul Evolution as these alter the electro-magnetic frequencies of the SUN and earth shifting the vibrations and mutating us. Solar eclipses occur only on DARK MOONS and lunar eclipses occur at least four times a year. The standing stones in Callanish Scotland are solar/lunar calendars aligning with solstices and eclipses. Stonehenge, the great pyramids, and temples were

built to align with solstices and specific star frequencies worldwide, like Easter Island, Mayan pyramids, and the ley lines.

As these teachings are being channeled anew and brought into manifestation every woman who practices them is helping to rebuild a more balanced whole and ensouled world. The more women who practice together in Dark Moon Lodges alone or in groups especially at eclipses and season markers can begin to remember fully our ancient matriarchal balanced world where men and women are equal and live in harmony.

Using womb technology enhances our naturally psychic telepathic powers to combat surveillance by A.I.

Natural womb technology is an antidote to the dangers of transhumanism, AI and G5 severely threatening the world now.

Chapter 18 -

The Original Trinity: Mother, Daughter, Son

This chapter helps clarify the nature of Virgin Birth and those women who practice it. It has been especially written to counter those who think that the Virgin Birth story is about naïve, virginal girls being used as passive vessels by male gods to bring in more male gods ... that's what we have been led to believe. Our work is to turn all these twisted stories right side up and reveal the true story.

In the Peacemaker story, the Christian story and others, the first self-conceived child is a high-level female. The reason for this is not just because the feminine principle is the “Source of Life” but also because the female carries the inner strength and the male the outer strength. It, therefore, takes the inner strength from two enlightened women shaman to imbue the male child with enough inner strength to be able to carry out the Great Mission successfully. Simply put, being born from a woman who was herself born enlightened would put that being on a whole different level!

The mission is planned by the group, not a single male. There are many levels of and attempts at self-conceiving with ancient traditions of Virgin Birth. The Peacemaker story I share here reveals the trinity of the parthenogenetic mother, daughter, son – and seems to be the most complete and powerful example of this once-revered and well known practice.

In truth, it is the devotional practice of a circle of female shamans (or priestesses) that cultivate these virgin birth skills and choose, in union with the High Divine, what high soul they deemed appropriate to call in.

Remembering the miracle!

Women will remember their worth and reclaim their profound abilities. I am not sure if there is a circle of women avatars at this time trained and ready to self-conceive a high number of avatars as in the past, but surely there are a circle of women ready to use this system to step into a fully-enlightened state. This would be enough to restore balance and Peace! We *cannot* achieve this while living within the dominator systems.

It's disturbing how scientists do not consider that the women may play a role in initiating parthenogenesis consciously by her own masterful ability.

We who are called to remember can begin by simply learning more about the magical abilities of our bodies. We need to take time to study, on a scientific level also, how the womb and its redirection techniques work - to truly realize the potential we have to bring ourselves to a fully enlightened state in one lifetime by using these practical techniques together with our deep cosmic connections via the earth's torus. That's what this womb wisdom awareness is all about and that's why the Dark Lodge is essential to establish.

We are so complex, and have many sacred systems working within us. Both men and women. This book just touches the surface of what is lying in wait within us. Let's sit with this and imagine its vibrancy as reality!

To remind the reader: the heavy magnetic energies entering the body from the Torus naturally drop into the womb space; they do not mix with the energies of the rest of the body. The womb really is a separate system that maintains the purity of those horizontal energies. The womb's blood absorbs these supercharged energies and becomes the powerful creation elixir that it is. The womb does not hold karma or ancestral blood!

So you can see that a high soul, called in directly through these channels, is unaffected by and has no contact with worldly life while gestating in the safety of the dark warm womb. The womb really is a safe zone on earth, a mini cosmic environment to nourish and make possible the souls difficult transition to earth..

Remember the womb and its magic is separate from sexuality. Sexuality was low-key and in the background of sacred mythology in the global indigenous world, but in europe and the middle east it became a matter of fixation and obsession, coming out of an exponentially-materialistic Greek world. Although the idea of a complementary exchange between masculine and feminine energies is connected to the Womb Mysteries; sexual intercourse, as we know it, is not. Those activities were pleasure based and not connected at all with creating children or with the womb mysteries.

The womb is the only purified chamber for an avatar to enter safely into the Earth plane: the womb carries only Pure Source Cosmic Energies and is a direct replica of the Divine Cosmic Void space from which incarnating souls descend.

I know I am repeating myself here, but it took me years and many reminders before I was able to have a few bells ring within – and so begin to anchor in all this magical information. Finally, it became familiar to me and now self-conceiving is so real and natural and its purpose so essential that I can't imagine why everyone doesn't get it! So I can only surmise it may be the same for the reader. It may take you quite some time to absorb the full implications of this revelation as well.

Contamination

The last level of oppression to come to us, on a physical level, is the disease now entering the sanctity of the womb space itself in the form of fibroids and cancer that have increased since the artificial inoculations were imposed in 2020. What will this mean?

In my understanding, it means we soon will not have to worry about birth-control because I don't see how new life can form in a corrupted womb. Science sees only the material and has no idea what they are playing around with when they poke and probe and scrape within the womb. External artificial wombs can only bring soulless robotic substitutes to the planet.

I don't know what to say about this except that the sooner we awaken as women, begin sitting in circle in the sacred darkness, listen to the messages of the cosmos and redirect our womb- blood energies, the sooner we will strengthen and men will notice and eventually be drawn to surround us in a protective circle. Distrust and dismissiveness will dissolve to be replaced with recognition that we are true creative partners.

How Avatars Reach Earth

It has been shown that, if a male is involved in planting sperm, the child would have mixed personal karma to deal with and would therefore arrive unenlightened. There are stories however that evolved men worked beside devotional women, not through planting sperm, but by being a guardian and protector and provider to the woman who accomplishes this art solo in connection with other women.

This has been recorded in the Christian stories that speak of these kind of relations concerning Ann, Mary, Rachel, Salome and others.

So you can see how this art of parthenogenesis seems to be the only way for avatars of both genders to reach the Earth plane directly and already fully enlightened. This would answer the question of why we have so few avatars on the earth at this time. Our sacred arts have been hidden from us!

A high soul needs to locate an already enlightened woman, to be able to survive the transition.

According to Swami Nithyananda there are barely a hundred avatars currently living on earth; only five or six hundred years ago, in many countries, there were 1000s being born at once. This was happening when parthenogenesis was well known, respected and worked with in a sacred manner and with integrity.

The only alternative path was for unenlightened souls, born from the wombs of unenlightened women, to work diligently life-to-life. This was a karmic choice made by souls, but this method is very slow. (Our Hugging Saint, Ammachi, however, disproves this idea, as it is said she was born enlightened through an unenlightened mother. There are always exceptions.)

I am sharing my musings with you here. I do not have all the answers, but I feel compelled to share what I know in the trust and hope that someone will carry on to discover more. There is likely a High Divine reason for both types of souls as we need earth born as much as parthenogenetically born. We compliment each other. Many enlightened souls have little idea how to groom themselves, or feed themselves and many other earthly things and need the earth born to care for them.

Self Mastery

We are entering into a time of self-mastery now. This system offers a way to reclaim these arts, so we can restore our natural systems and create a harmonious soulful world. It is important for us to achieve consciousness in this way. The age of the guru is over.

As my friend Bonnie said, since she has learned how important and powerful the womb is, she has noticed over the last few years her womb discomfort has lessened and her flow has lightened. Just becoming conscious of the womb and developing a relationship with it and sensing it as the source of our soulfulness and inner strength is a big step to awakening its powers. The womb awakens by osmosis!

We speak of “having a heart,” or we say “you’re in your head” but we need to coin some expressions to connect to our wombs. This would be similar to the expression, “I can feel it in my gut,” which is probably best expressed as “I can feel it in my womb.”

Remember our own global titles – Fe-male and Womb-man – clearly express our parthenogenetic origins.

Complementing Roles

There are many virgin birth daughters, as well as virgin birth mothers, that are simply hidden in history. They are in most global creation stories, one of which I have retold here (the Mohawk creation story). There are many in the Hindu epics and in China we have Kuan Yin – and more.

Since the feminine begins the process and the masculine finishes, it is easy to forget that the woman had any role in the mission at all. In traditional sources, the females call in, gestate, birth and develop the mission together with the male child they have conceived, who takes that mission out into the world...as the finishing principle. This aligns with how the matriarchal cultures work today and in the past. This egalitarian way is still alive here on Turtle Island in a few First Nation communities – though often hidden.

Today, many don't recognize the complementing forces within themselves as individuals. Contrary to the new movement of 'gender blending', it is the opposite qualities of male and female that once activated: unite us. This is the message of the famous Sri Yantra as well of course as the Q'ero Luminous Structure.

It is the opposites working together that set up a vibration which creates a vibrant healthy and strong life: inner and out strength in balance.

Women were removed from spiritual leadership alongside men to weaken humanity. With this agenda in place, we are more easily controlled by dominator hierarchies.

To make it worse, even strong-willed, creative women cannot reach the peak in their field of expertise because of having to go solo in a capitalist system. Women's power is in the collective of many wombs together. Even though there were always a few individuals who have been able to succeed, this is not the norm.

I have written this manual for women who want to deepen their feminine soul practices and so begin the ripple-effect needed to connect us all womb-to-womb. Together we can reclaim our traditions that, not so long ago, flourished all over the world. On Turtle Island this was so only a few hundred years ago.

A New Wave of a Return to Nature

Looking around, one might say that A.I. technology is gaining the upper-hand. But many are taking this ‘takeover’ as a signal to step once more into our true organic nature. Many sense that our own inner natural technology is as, or more powerful than A.I.

Many of us are observing how inner feminine wisdom is being recovered everywhere! Women’s circles are formed to honour and care for the womb and the inner world, to find natural ways of healing, designing green burials, living communally, connecting personally face- to-face, birthing at home and in ceremony. Together, families are returning to a simpler way of life outside of cities. This is happening once again (as my generation did in the 70’s and 80’s). I personally know many young people who are avoiding the false news and negative traps of the mainstream world. They are eating healthily from source, boycotting products made from slavery and animal cruelty and so on. It is becoming so prevalent that it is impossible for “big brother” to keep track!

Yet these good movements in the past often quickly flipped into their opposites, weakened and were demonized by governments! This does not happen when the inner strength of the feminine principle is introduced and anchored into both genders via womb technology!

Thus we see that this is the first step to accomplish before environmental groups etc., step into creating future movements. The lack of inner, enduring, soulful strength, restored by the wombs power, is why they previously failed!

In our next and last chapter, we will aim to activate the womb technologies. We will share the Q’ero Luminous Structure Meditation in full.

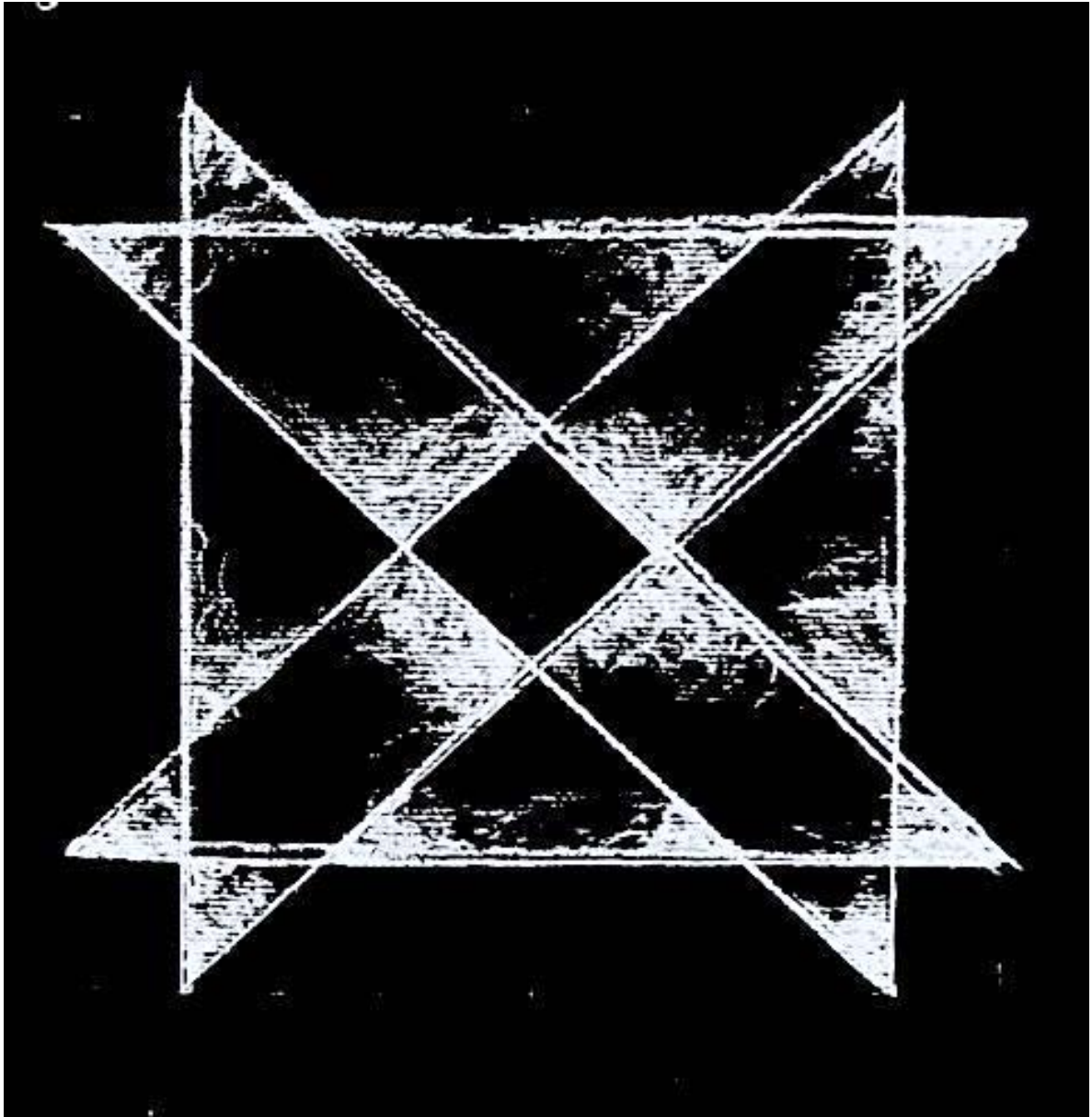


Image 25: The Central Diamond Nexus of the Luminous Structure
(see Diagram #1, Ch.2). Artist: Maureen Walton.

Chapter 19 -

The Complete Meditation Of The Q'ero Luminous Structure: The Heart-To-Womb Meditation

Introduction

Welcome to this guided meditation of the Luminous Structure: A womb-to-heart meditation inspired by the ancient pre-contact Andean culture of the Inca in South America, who managed to preserve and carry it through from pre-contact. The following version is by Maureen Walton Obrien, based on an initial interpretation by Dr. Cindy Lindsay and brought to completion, with the influence of the Andean plant medicines, and inner guidance, to its current presentation.

There is some evidence that this meditation may have been brought to the Q'ero from a civilization called An that thrives under the Andes.

We offer gratitude to the Q'ero, who were sent by the Inca to hide in the mountains in the 1400's to keep this, and other sacred traditions, safe from the invaders. It was not until 1949 that they returned to Cusco, Peru. There they were received in great ceremony. By the 1960s, they felt ready to share the prophecies and the practices with their own people. Later, in the 1990s, they began to share them with the western world.

Credit is given to Dr. Cindy Lindsay who was one of the early students of the first generation of Q'ero who descended from the mountains. She translated what she gleaned of the meditation into English and then consolidated and developed supporting knowledge of the Blood Masteries.

In 2008, Maureen received the meditation from her and by 2018 had received further levels via the Peruvian plant medicines and through her own drawing practices. Maureen continues to access more levels to 2022 and beyond..

This meditation is to be practiced in a purified, dark magnetic space, dedicated to receiving and listening in Nature. It is to be practiced during the three days of the new moon in a gathering of women dedicated to gestating feminine wisdom.

We trust this meditation has been brought to us by the Q'ero because we are ready to use it wisely and maintain its integrity– as a means to restore the power of the Cosmic Soul Nature on Earth.

It is essential that practitioners become familiar with the diagrams before proceeding.

The Blood Masteries

Releasing

It is essential to engage in releasing practices from full to new moon in order for this following meditation to have any effect at all! Clearing personal and historical trauma creates the space to receive. Remember any trauma you may have is carried in your body in different organs and muscles and within your personal energy field, but never within the sacred space of the womb itself! The womb holds only undefiled Cosmic Soul energies of a High Divine perfection, according to the Q'ero.

I will leave the release work for you to design by working with the four elements in nature.

Gathering

Over a few months of practice you may feel a deeper connection to your feelings and a more expansive awareness and experience a lighter flow of womb blood. We trust our abilities to remember these sacred practices we once knew so well. This system pulls in cosmic energies from outside your personal field of energy.

You may want to listen first, as an overview, to the whole process and then begin to work with small portions at a time.

One effective way to check progress is to test your resonance with colour. Colour is a factor in measuring one's soul connection.

Remember that this meditation is not connected to any other practice, such as the vertical system that carries the chakras. Other disciplines are from a separate world with different intentions and are whole and complete in themselves. For best results, do not mix or blend this meditation with other systems.

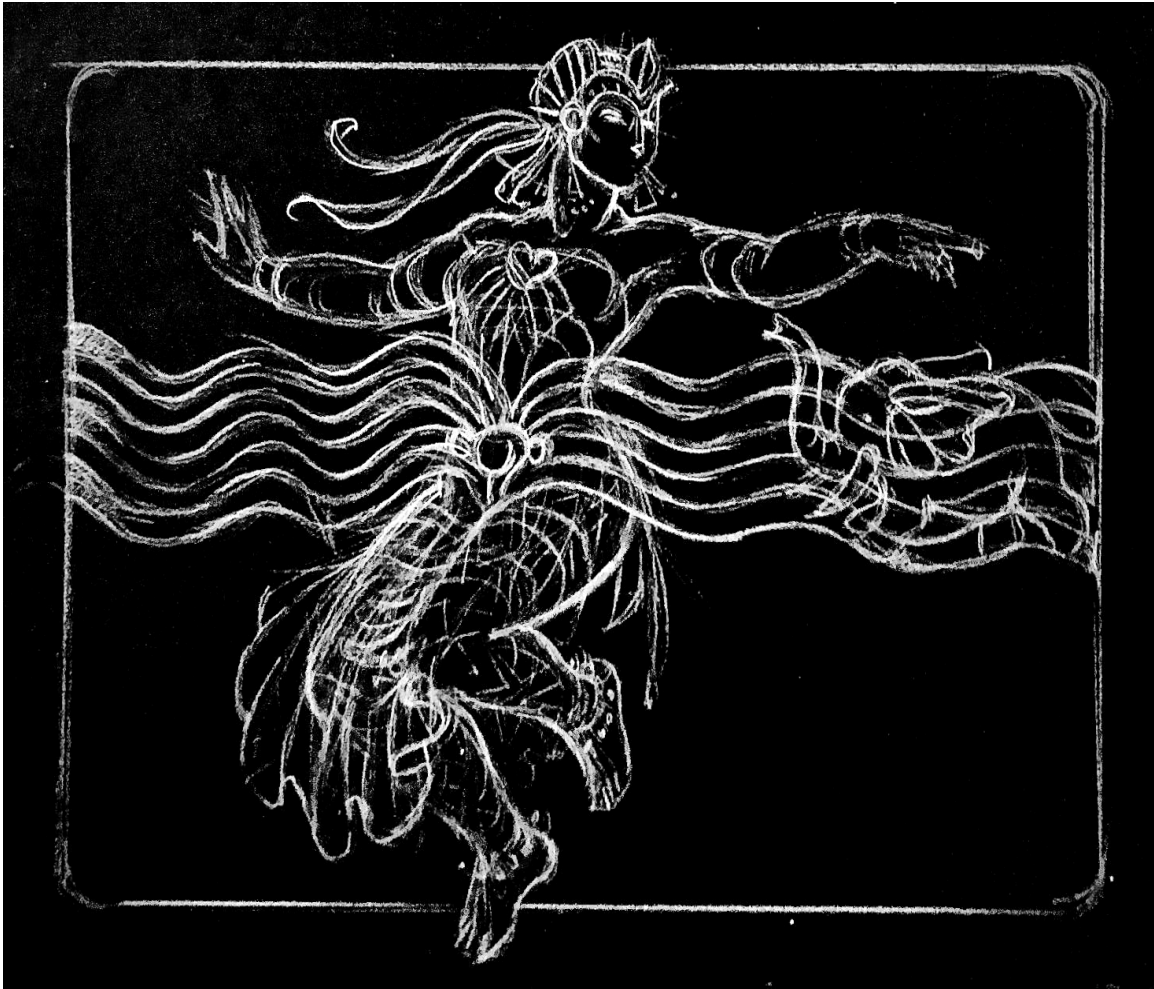


Image 26: Queen Maya Conceiving Buddha. Artist: Maureen Walton.

***Our own inner natural technologies are much more powerful
than A.I.***

The Andean

Luminous Structure Meditation

Part 1: The Personal Energy System

Feel into the magic of the following brilliant interplay of masculine and feminine energies as divine complements within you. Each set of opposite energies nourishes the other - earth and sky, female and male, womb and heart. They anchor you to the magnetically-charged soulful realm of Earth and the electrically-charged spiritual realm of Sky (within the Solar system). They form a Matrix of Complementing Polarities.

Please refer to the new level added to this meditation (that includes the masculine and feminine halves of the brain) as found in the Introduction of this new 2023 edition.

Let us begin.

Meditation in a Standing Upright Position

Be in a standing posture, feet firmly planted hip-width apart, but with your body free to sway.

I. The Vertical Torus system of the human form

Bring your attention to your right brain (feminine) and sense those energies flowing across to your left arm to your left hand.

This is where you express intuitively and creatively into the world.

Place your left hand onto your womb and sense how the cosmic wisdom of the wombs energies meet and combine with the earthly creative forces in your left hand.

Now bring your attention to your left brain and trace those masculine energies of order and structure and logic through to your right arm and into your right hand, where you express those qualities into the world.

Place your right hand on your heart. Now the heart's love meets and combines with the worldly sense of order.

Imagine now the complete united system of womb, heart and brain, like a true electromagnetic circuit woven together and anchored with the placement of your hands. (Diagram No. 11)

Visualize the first diagram (Diagram 1) of *the descending and ascending cones of energy surrounding your heart and womb*. See them as the central channel of your vertical torus that surrounds your own body.

We will practice bringing the ascending and descending energies into fruitful and wise union.

We will begin with:

1a) The Descending Cone of the Feminine Principle Energies:

Imagine the wide mouth of a vortex of energy above your head and spiraling downwards with your inhalation, so that its apex reaches down to a point at your womb. Feel its broad base above your head connect you to the spiritual sky-world within the solar system.

This is the feminine descending cone of energy. The Feminine's home-base is in the *spiritual realm*. It is the Feminine's desire to reach down and create life on the earth plane. See it importing light and airy spiritual energy from the sky world into your body and down towards your womb.

Sense how magnetic this energy becomes as it gathers spiritual energies and consolidates all sacred elements towards its apex as you deeply and slowly inhale. (You may sway and move as you will to aid in activation.) Experiment with lowering your arms to match the descent of the energies.

Notice how this descending vortex surrounds, protects and nourishes your masculine heart. It keeps the heart safe and pulls the High Heart's love-energy down to nourish the soulful womb. Sense the womb receiving the love energy.

These are the feminine, descending creation energies that carry a desire to create beauty and truth on all levels into the earth realm.

And now become aware of...

1b) The Ascending Cone of the Masculine Principle Energies:

With your feet still planted firmly on the earth, imagine a vortex of energy surrounding your feet, swirling upward and reaching its apex at the bottom of your heart. Feel the broad base grounding you and connecting you to the warm inner earth-energies.

With your exhalation, sense that the masculine ascending vortex is lifting the womb's calm cosmic and soulful nature up to nourish and stabilize the emotional aspects of the heart.

The ascending vortex also surrounds and protects the womb, keeping it safe. This is the masculine ascending cone of energy, the home-base of which is in the material realm of earth. It is the Masculine's desire to release from imperfect earthly attachments and ascend to freedom in the spiritual-realm of the sky.

1a) and 1b) as above are Divine Complements.

Feel into the magic of this brilliant interplay of masculine and feminine energies within you, as divine complements: each one nourishes, supports and allows for the effectiveness of the other to flourish. Remember this system is woven together by the placement of your hands, left on womb and right on heart, which closes the circuit and includes the brain. The resulting wholeness manifests great power.

In this process you are importing and circulating the powerful energies of earth and sky -- masculine and feminine-- into your heart and womb. You are now anchored in complementing polarities: a) to the magnetically-charged, soulful realm of earth and b) to the electrically- charged spiritual realm of sky.

Continue to follow this pattern so that the ascending and descending energies begin to align with your exhalation and your inhalation.

These harmonic energies begin to form...

1c) The Diamond Nexus:

Bring your attention to the space between your heart and womb where the two cones overlap. Two-dimensionally, this overlapping space is in the shape of a diamond. We will henceforth call this space **The Diamond Nexus**.

Here, in this diamond nexus, the two complementing forces of womb and heart merge and flip into each other thus forming a swirling interplay that can be imaged as a Triskele.



Image 27: The Triskele (pictured on the chalice), also known as the Three-Armed Spinning Cross: an image of the Cosmic Void in microcosm. Artist: Maureen Walton.

The triskele is but a symbol of concentrated moving energy that arises out of a generative polarity: it is a *mini-version of the cosmic void of outer space*; a concentrated energy brimming with all potential but not yet in form.

It rests between your heart and womb as a pulsing anchor. This is your **Central Creation Station**. The Central Creation Station can be shifted at will – up and down the spinal column – to where you desire those energies to go.

(Men have this diamond center too. The difference is that women have the physical womb space to store all that power, which it generates for future use.)

Breathing deeply and slowly, feel the presence of that central anchor within you. Inhale and exhale. Become comfortable with this vertical system before we move on.

Pause

II. The Horizontal Torus system of the human form

Now we will introduce a whole new method of importing sacred energies! – one that is even more powerful than that which the vertical channels provide.

This source of energy is from your own **personal Horizontal Torus!** (which, you will later see, combines together with the Earth's Torus and the Sun's Torus).

It has been bypassed and omitted from most post-patriarchal spiritual systems. The horizontal energies are a feminine complement to the masculine vertical energies – with the silencing of women, they too were lost and silenced.

To activate this system, we must imagine two cones, forming the inner channel of our 'personal horizontal torus', pulsating laterally between the womb and heart. Here you may sway and move to activate.

With your inhalation, pull into these horizontal cones the etheric fields of energy that are always flowing by you! These magnetic fields of energy are from the **Earth's Mighty Torus**. Breathe in these beautiful waves flowing continuously over the surface of the Earth, from the north pole to the south pole. Raise your arms in a horizontal fashion to aid in imagining the importation.

You can receive this flow of energy from the north direction no matter which way you face. Your inner-system naturally magnetically aligns with the Earth's north pole. It is an organic system, and we, as Phi-males, are very magnetic beings!

Notice that these flowing lateral energies, that are drawn through your horizontal cones, are concentrating, as did the vertical energies, in a **Diamond Nexus**. Feel the increase of expansive cosmic energies accumulating there with the addition of the horizontal system.

III. The Combined Energies: Horizontal and Vertical Tori

Imagine this horizontal central channel intersecting with that of the vertical system. The two diamond nexus of each system – horizontal and vertical – overlap! They form a **Central Diamond Nexus**.

(Go back to the images and diagrams in Chapter 2 to visualize this.)

Breathe into this Central Diamond Nexus with new awareness of the increased power we have recently invited in.

We are now working with a quadrant of energies: two horizontal and two vertical. *Let your breath move into this quadrant of energies: allow your breath to let you become familiar with the flows of energy.*

Pause

We are now going to focus on ...

IV. Shifting the Central Diamond Nexus

You have the power to shift the whole system with the power of your breath, so that the Central Diamond Nexus moves to be over your heart (for self-empowerment) or over your womb-space (to activate parthenogenesis) as desired.

Take this moment to reflect on this. ***What is the source of these waves of horizontal energy coming to us from the Earth's torus?*** *We are about to take you on a guided visual journey to understand this. Enjoy this story.*

Meditation in a Seated Position

You may now settle into a comfortable sitting position.

With your imagination and with your exhalation, pull your awareness up out the top of your head and into outer space while keeping your body firmly anchored on earth with your inhalation. As you drift out, imagine looking down at our mighty Sun from way out near Pluto.

See that the Sun also has a powerful electromagnetic torus of its own: with its mighty strength, the Sun pulls into itself the dark and intense expansive void of the Great Cosmos beyond the solar system.

Behind you, beyond the solar system, you may turn to observe this great dark void of outer space. It is magnetic and brimming with all potential, but this potential is not yet in form. It is intense and concentrated and vibrating with life. It carries the Cosmic Soul and is the Cosmic Womb itself! This void is the Mother of all solar systems and planets! The Earth is one of her many daughters. The ancient Andean cultures call it the Wiracocha, Source Of All Life. Another name for it is Sophia's power – Wisdom itself.

Turn your attention back to see the Sun's mighty torus pulling these divine energies of this Cosmic Void into its solar system and into its own central channel. Again we see the masculine and feminine working together. See the Sun's powerful electromagnetic torus importing these feminine Cosmic Soul energies through its own core, then releasing them back into the atmosphere as divinely-charged particles (masculine electrical charge) that flow to Earth in the solar winds.

Visualize the Earth continuously showered with this combined energy of magnetically-charged *Cosmic Soul energies* and electrically- charged *Solar Spirit energies*. The complementing forces of male and female.

Now it is the Earth's turn to use her own magnetic torus powers, to pull in those charged particles flowing to her and gather them directly in through her poles. They then flow through the Earth's core where they are imbued with all the healing qualities of the minerals and of the waters and metals within.

Soon all the super-charged energies are emerging from the Earth's south pole as a feminine magnetic force that hugs the earth and flows continually over the entire surface before returning to the opposite (north) pole. Imagine what a potent alchemical agent

this is. A truly heavenly brew! Imagine this torus energy streaming directly to us as we stand on the Earth's surface open to receive it!

This magical brew is pulled in via our own lateral/horizontal torus directly into our Central Diamond Nexus.

Take special note to perceive the minute particles of Charged Light from the Sun that filter into our Central Diamond Nexus along with the Cosmic Sophia Darkness. Together, they have a profound life-enhancing effect producing what some ancient sages used to call The Fountain Of Life.

Our wombs are ready to receive the Sacred Elixir from the Fountain. Our wombs are soft and permeable like the gold within the Earth; therefore we have our own reservoir ready to be imbued with masculine Sun-magic and feminine Cosmos-magic.

Gradually bring your awareness down into your body again as it sits upon the Earth's surface. Now you can sense how you are truly immersed in the Earth's toroidal flow and you can consciously inhale it into your Central Diamond via your own personal horizontal torus. Sense your horizontal cones receiving these fresh, flowing lateral energies.

They seem intended as an eternal renewing life-giving system just for you! With each inhalation, receive it gratefully into your womb space and into your womb blood.

Cosmic Womb to Earth's Womb to Woman's Womb! The power of three!

Thus ends the first half of the meditation. The second half will follow.

Part 2: The Incan Meditation

Part 2 is divided into two sections: the First Level of the Inca Meditation describes how to Redirect the Womb-Blood to the Heart, to work towards achieving superconsciousness.

and the Second Level includes the process of Parthenogenesis.

Both are to assist us in gaining Mastery over the System

Part 2.1: First Level of the Redirection Process of the Inca Meditation: Ensoulment

Meditation in a Standing Upright Position

You may bring yourself back to standing with arms extended horizontally and knees slightly bent to assist you in dropping your energies and connecting to the Earth.

We now wish to attain mastery of this energy-system. We begin on this path by learning how to....

I. *Shifting the Quadrant System and Central Diamond Nexus within as desired*

With your intention and with your breath, feel that you have the power to shift the position of this personal energy system that lives in the darkness within you. While focusing on your inhalation, imagine the quadrant system and begin to drop it just a little with your breath so that the Central Diamond Nexus comes to settle over your womb.

With your inhalation, draw freshly imported cosmic energy directly into the womb chamber and feel it imbuing your womb's blood and transforming it to a High Divine ambrosia! Feel this ambrosia circulating within your womb's void and in the uterine lining surrounding it. Feel the cosmic soulful energies being absorbed into the blood of the uterine lining with each breath. Bend and sway and feel your centre of gravity low in your body.

Working consciously to import these Divine energies each month, in sync with the three days of the new moon cycle, you will begin to import and hold greater quantities of Cosmic Soul power. These are generously imbued with Sun and Earth energies as well!

You are importing – direct source – Cosmic Wisdom. It does not get entangled with your personal energies or influenced by the moon's karmic energies. The pure cosmic power bypasses all these entanglements and is deposited directly into your womb-space with your intention.

With your inhalations, continue to import the powerful horizontal Torus energies that flow by with great intensity. See them magnetically attracted to you by your own torus, and enter directly into your womb's interior space. Your movement may be like a slowly moving belly dancer.

Feel how the magnetic Central Diamond Nexus, now centered within your womb space, makes possible the increased importation of all four energies – but especially those of the horizontal torus energy. Your womb is now full of these charged and vibrant essences. This very sacred brew within your soft womb pocket is protected by the strong bones of the pelvic bowl and by the masculine ascending cone of energy.

Now the power of the blood within the womb has been increased by your conscious attention. You have imported significant levels of Cosmic Soul essence – *Feel into your womb's blood and realize it is now divinely-charged: it is separate from and different from the blood that flows through your veins. This newly-charged womb blood contains no karma or any ancestral issues!*

The magnetized womb-blood, activated and aligned by the horizontal torus, is full of the Cosmic Void nature. It is full of Wiracocha. It is a very sacred and expansive brew. This refreshed and renewed importation will allow you to conceive of a superconscious concept (vision, plan, idea) in no time!

We are blessed to have this ambrosia within from which to create life-giving concepts and visions!

II. Aligning with Your Monthly Cycle

Meditation in a Seated Position

You may take a seated posture now and make yourself comfortable. Keep your awareness in your womb and consider the following:

Again notice there is no mixing of personal karmic or negative ancestral issues in the womb's space or within its blood. This is a separate system maintained by its own natural design. You are now beginning to gestate this brew for the next two weeks until the full moon.

Feel the supercharged energies gathering within your womb's blood. It is protected within this cherished chamber that is not affected by worldly life. It is a pocket of heaven within. Remember this process can only happen within the darkness which the womb affords.

The greater quantities of this Cosmic Soul nature within your womb carry the following attributes: *inner strength, will, weight, longevity, tenacity, pure feeling and, most of all, Wisdom.*

Now you have imported so much divine energy that you can feel your womb and its blood brimming with all potential. (Remember it is also imbued with the Sun's light essence and the Earth's mineral essences.)

It is now time to imbue your world and your family with this strong anchored soulful magic! This can be done by *aligning this womb-meditation with your monthly cycle.*

At the time of fullness of your cycle, after the two weeks of brewing, you may release a little, before you begin the process of directing its energies upward to feed and nurture the blood of your heart's system. This is normal and good.

Small amounts of this elixir may leave your body during this transitional time for just a few hours. In our past, this small amount of blood was offered to the community in ceremony and applied to the nape of the neck or the heels of the men and the children, or ingested from a special chalice in a ceremony. This imbibing (ingesting) of womb-elixir increased the men's inner strength and sensitivities.

Now that we have learned to shift the Central Diamond Nexus at will, we move to the next level:

III. Redirection of the Womb Blood energies from Womb to Heart - The Enlightenment/Superconsciousness Process

Sense that your heart and your womb are partners in your body -- partners to create inspired life/concepts: the Heart as masculine spirit; the Womb as feminine soul. (For too long we have sidelined the womb: the womb is as important as your heart and brain!)

Perhaps you have the desire now to draw that heavenly brewed potion, circulating in your womb, to your heart for your own awakening!

This is how we as women create ourselves on an enlightened level. Imagine this transfer within. This redirection process means we no longer lose our precious elixir in heavy monthly bleeding, but instead pull its energy (& physical fluid) up to our heart system so that it can serve its true purpose of bringing a woman to enlightenment.

Meditation in a Standing Position

Bring yourself to a standing position again and bring your left hand to your womb and your right hand to your heart.

In this portion of the meditation, we make use of our slow gentle exhalation to lift the wombs blood in a looping back and forth motion towards the heart. We remember how intense and concentrated this cosmic energy has become in the small space of the womb pocket. There is much power there waiting to be directed.

With the next exhalation, focus awareness on the masculine ascending cone of energy. Engage the slow extended exhales to let the ascending vortex shift the whole system gradually upward. Imagining the Central Diamond Nexus and its associated system begin to lift towards your heart. Feel the waters of the womb warmed by this action, begin to rise as steam.

Continue. See the Central Diamond Nexus shift little by little with each exhale and begin to move closer to your heart. The kidney fires may also be ignited in this process.

Then feel the heart fires light, sense the inner heat ignite the heart.

You may rest. Then begin again.

This process combines engaging the water and fire elements together within the masculine ascending cone of energy. Imagine the water aspect of the womb blood rising together with the fire like a fountain. The water is cooling and fluid and stops the drying effect of the fire as it ascends.

Support this process by drinking some water. It is helpful to be prepared by having a glass of water on your altar.

With your exhalation, sense the womb's Cosmic Soul energies rising up to the heart with the ascending forces within the Central Diamond Nexus.

Remember the Cosmic Soul is of an impersonal nature. It is not of this world or part of your personal soul nature. It is pure unattached e-motive power – not bound up with particular emotions – and is full of strong will. It carries deep Wisdom and has expansive Knowing.

After some practice, through the next two days, a little of the womb energies may begin to burst through to your heart. They seem to light the heart on fire. See in your third eye the old iconic paintings of Mother Mary with a flaming heart. Yes, she used the same process you are now using!

The heart's pulsing action pushes its newly-received energy directly into your veins! This will also affect the High Heart and its expression. (The High Heart is the unattached, impersonal and spiritual heart we all possess.)

See in your imagination the divine Cosmic Soul ingredients of your womb blood beginning to flow through your veins. Remember how these ingredients also carry the Sun's and Earth's charged forces within it. Feel free to move and sway with the energies. Allow them to move you rather than having your mind interfere or attempt to control them. When the mind's control surfaces, recognize that you are directly perceiving karmic patterns!

Sense those old destructive karmic patterns being flushed out of the heart's blood system with each breath of fire. Shake your hands and feet to allow the negative karma to be released from your body.

The Good Karma and Good Bloodline qualities remain to mingle with the Cosmic Soul energies that now fill your heart's blood. These together are truly a divine brew.

You may slow your breathing and make your inhalation deeper and more active.

Meditation in a Seated Position

You may want to move to a seated position now in a comfortable place and consider the following...

Little by little, the womb-blood energies are transferred with your breath to your heart. The heart is grateful to receive this calm, peaceful feminine Wisdom and incorporates these powerful energies into its own Love energies.

The heart begins to send this inspired energy newly flooding in, to all the arteries and veins throughout your body, thus transforming your personal consciousness to be able to hold a more universal consciousness.

Feel into the preciousness of this process. Your veins are indeed refreshed with a cosmic knowing from a Pure Source.

This source is the Cosmic Void -- brimming with the infinite soulful wisdom of Sophia, impregnated with the mighty energies of the Earth and Sun. *Remember that with increased Wisdom comes the Inner Strength, Will and Confidence that does not react out of fear!*

Feel aligned now with your sisters from times gone by who thrived in a world that had no need to hide the feminine creation powers. Allow their inner strength and memory to embrace you and guide you.

All tyrannical forces in the greater world fall away when the womb's power – of many women together– is activated.

Slow your breath and begin to center the Central Diamond Nexus between your heart and womb again with your slow deep inhalations. Feel the Central Diamond Nexus as a steadfast anchor within as it settles again between your womb and heart.

Pause

Now we are ready for the second level of the Inca Meditation which includes the technologies of parthenogenesis.

It is important to say that many women in our past who knew this system have chosen not to engage in parthenogenesis, but rather to stay in the realm of self-awareness and enlightenment, keeping the womb energies centered in their hearts. These women fulfilled the role as teachers of the prodigies parthenogenetically birthed by their sisters. This state we understand to also be a natural form of birth control

Part 2.2: Second Level of the Redirection Process of the Inca Meditation

I. The Steps to remember the process of Parthenogenesis....

Meditation in a Seated or Supine Position

Consider the following as you rest and process...

We believe that a woman needs to continue to redirect the womb-blood energies to the heart until a fully superconscious level is achieved. When you feel a more expansive knowing coming to you (which may appear in the form of an inner voice, an inner movement or a swelling of your heart which can take the form of a yearning to share life with others), then you may be ready to engage this second level of the redirection process.

When your two blood systems have become one, an enlightened soul may find its way to you, attracted by the intensified magnetic and enlightened energies building in your womb and heart. The soul may request to make your womb its 'landing pad'!

Remember you are in charge and the one who decides what action to take. *This action may be taken without first attaining a superconscious state, but it is not advised as it can lead to unhappy outcomes.*

This second process we are now describing leads to self-conceiving in the womb without male seed. This type of conception avoids the karmic and ancestral influences that are present in male seed from entering the womb space. It was for this reason this process

was used, so that already enlightened souls could enter the earth plane in one incarnation.

I do not claim to be a scientist. I am aware that the net effect of the folding and spiraling Tori are in some way one and the same as the primal looping-energy pattern known as the Phi (Fe). Use your imagination and call in guidance here to feel into deeper layers of this.

Remember: even if the woman has some difficult karma remaining in her body, it only surrounds the womb but does not enter the sanctity of the womb itself. As a result, the process of parthenogenesis can proceed in any woman – even in those women who have not been enlightened. There are many levels possible and we cannot judge what soul-signature brings a soul to Earth.

It is not advised to intentionally attract in any third energy (for example, an imagined lover figure). Rather, let's consider here the protecting presence of an enlightened male who acts as guardian and protector, but who does not interfere with the woman's self-conceiving process. (There is no activation of sexual energies in this process for the woman or the male protector.)

Any harmful energies that want to interfere can only attempt invasion at the time of the infant's delivery, but not before. As a result, a strong circle of medicine women were always present in traditional cultures to chant and drum protection-mantras during birth and delivery.

Important to mention here is that a woman would not attempt to engage this practice solo. From the very first inspiration (that may have come from the high soul wishing to be born) the women would have already been in training together. Thus they proceed as one in a circle. All, as enlightened women, become the mothers of the child born biologically to one of them.

Activating the descending process to engage Parthenogenesis

Meditation in Seated or Standing Position

Engage this level only after extended periods of practicing the ascending redirection process. You may imagine that the heart, from the previous practice, has squeezed your womb blood energies so thoroughly through your whole whole system that there is now only one blood -- the Cosmic Blood – flowing through your whole body. You would be free of any destructive karma and destructive ancestral bloodlines at this stage. But your good karma and good ancestral qualities would naturally be able to harmonize with the impersonal Cosmic Soul blood. Remember that the newly purified blood still contains the complimenting forces of the masculine fire and the feminine water elements.

While still in your meditative state, visualize your womb and the egg tubes. See the eggs sliding down the tube and into the womb pocket according to your cycles. Reference the illustrations.

Now it is time to Engage your exhalations as before to raise the Central Diamond Nexus from its home-position to be over your heart, using your fire and water combination energies, with the exhalation. Once it is settled over your heart, we are going to engage powerful inhalations to create an intense descent.

Feel your diaphragm push the fire of the heart downward. Sense the weight of the feminine descending cone of energy, direct the combined blood energies, of the cosmic wisdom and the spiritual love, downwards.

With your deep inhalations, continue to imagine your feminine descending cone of energy urging the purified and transformed heart blood energies back down into your womb space. Feel the action of your diaphragm push the fiery heart blood energies downwards into the womb's chamber.

Remember your heart's blood is now fully charged with the imported Cosmic Soul energies! This blood is pure divine and charges the descending process like never before, thus creating a new energetic pattern called the Phi(Fe).

Introducing the Phi (Fe): New-possibility

Engage strong short inhalations, pushing your breath downward. See it as a fiery descent. (This is opposite to the ascending process which used exhalations.) We can imagine what is taking place on a cellular level, within the womb. (Remember that the womb blood stem cells repair, heal and build far quicker than the original heart's blood stem cells.)

The fire bursts out from your fiery breath igniting the Phi (Fe) action which begins to loop and flip with each fiery inhale.

This is enhanced and supported by the already concentrated vibrant nature of the womb's Diamond Nexus, which, remember, is in itself a micro version of the cosmic void of outer space.

This Phi energy, now within your Central Diamond Nexus, loops and flips in opposite directions, to loop again and again as it begins to fill the womb's chamber. This movement creates intense imploding pressure. The watery element of the womb creates a complementary dynamic to the heart's fire presence and increases the activity.

Feel into your ability to attract in the energies of all four directions thus increasing the already concentrated magnetic nature of the diamond nexus. Continue with your breath of fire.

This may be the key to set the Phi(Fe) process in motion and to initiate the division of the egg.

Imagine this quick looping action now surrounding your egg and causing it to divide. Imagine that moment of division! (See Diagram #15 in Chapter 2.)

The process of splitting and dividing continues on its own after your conscious initial prompt. Conception has occurred and gestation is beginning to take place by its own accord! Slow your breath and rest.

The womb is the only pure and safe earthly environment that can support an enlightened soul. Your next action is to call in that high soul seeking your sacred womb space.

Call the soul to enter into the fetus now forming within your womb (though only in cellular form at present).

It is not by chance we are called Females. This is a key step in the process of parthenogenesis.

You may already be in close telepathic contact with an enlightened soul wishing to enter prior to this meditation. Otherwise begin to listen for a soul's presence that may be guided to your High Divine Womb, by your own intent and designs of Cosmic Wisdom as you develop this wonderful process together with soul sisters..

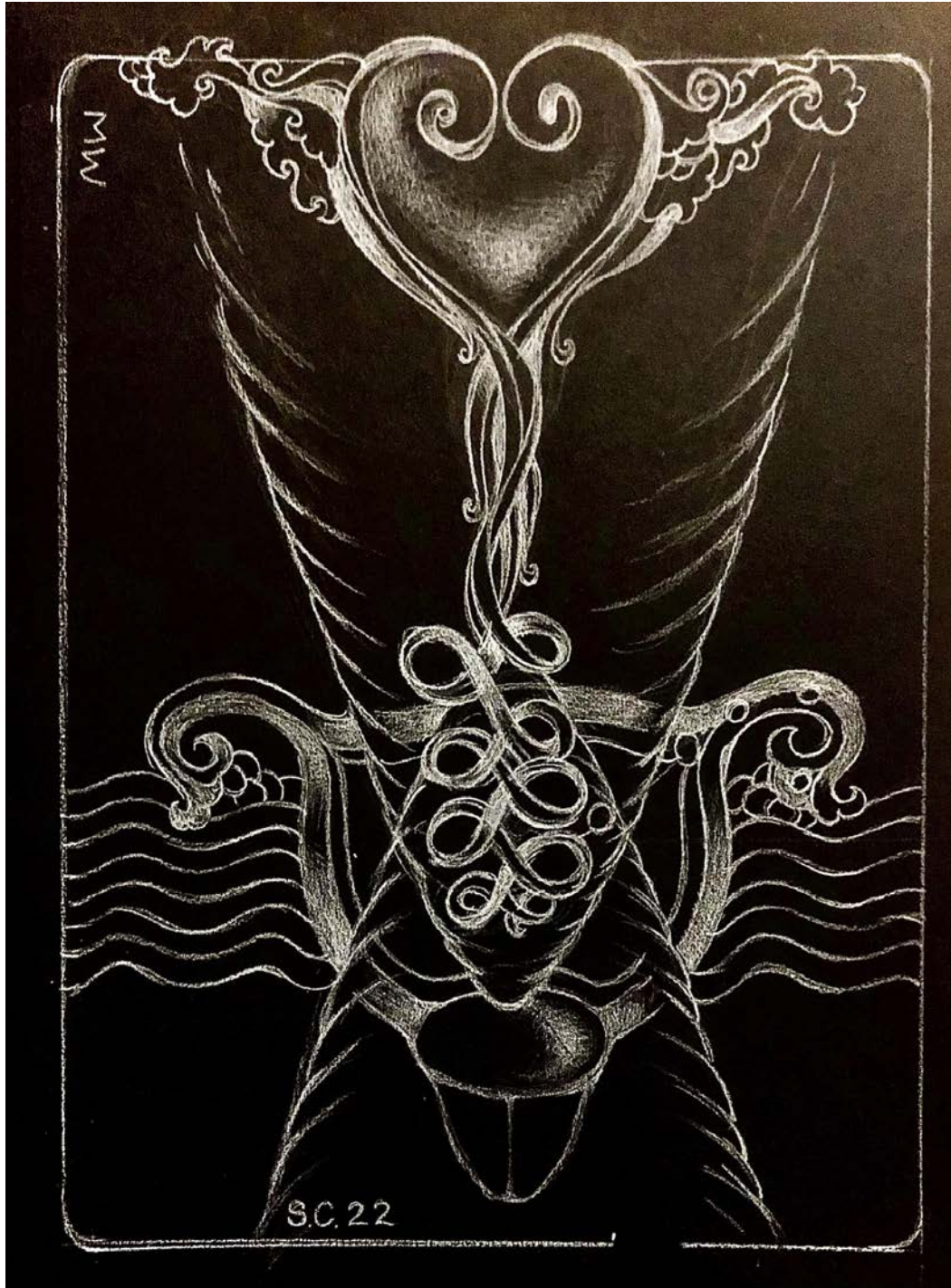


Image 28: (see also Diagram #15, Ch.2) An imagined interpretation of the Phi (Fe) cellular pattern imploding within the womb space and dividing the egg – an aspect of parthenogenesis. Artist: Maureen Walton

This is a beginning...

Imagine yourself and all women remembering the full system of these Sacred Body functions. You may choose to activate this divine process yourself. We are almost there.

Through these meditations, we are unraveling the Mystery of Parthenogenesis and the woman's process to reach superconsciousness via the womb's natural technologies and inner wisdom.

Feel your womb and the Luminous Structure as a living vibrant technology within you. Its power is always available to you.

Begin to settle your Central Diamond Nexus between your heart and womb again by engaging your exhalation and the ascending cone and lift it to settle between womb and heart. This will center and stabilize you until you are ready to engage in this practice again during the next new moon. Take a sip of water.

With your inhalation, send gratitude to your guides and the Q'ero grandmothers and to those who brought this tradition to them. Imagine developing this practice within you, until it becomes familiar and fully functioning. Imagine more levels of it coming to you from a Pure Source – the High Divine Wiracocha.

Forgive us if we have forgotten anything. So be it.

Completion of Meditation.

An Affirmation:

We are remembering our true divine natures

Eventually you will have redirected so much ensouled womb blood energy to your heart that you will have reached a new level of awareness and wisdom.

You will manifest creations of such soulful and fearless power that any surrounding tyrannical forces will simply fall away. They cannot survive when there is no fear energy available for them to 'feed off' of.

This path of reclaiming the womb's powers may be one of the methods to restore freedom on earth and remember the original plan. Because this system builds the inner strength within women it will, within a generation or two, affect the outer physical strength also, leading to the birth of larger infants and thus a larger race, whether earth born or parthenogenetically born. Remember the reason for this increased inner and outer growth is because women will not be losing their womb blood while practicing this technology. Remember too that the choice to engage in redirecting the womb blood to the heart, means the womb becomes infertile, thus putting world population growth completely in the hands of women once more.

The Nature of the Womb: In Brief

1- The womb is the only magnetic organ on earth that attracts and holds consolidated divine cosmic soul essence. The blood of the womb does not mix with the blood that runs through our veins.

2- The Womb is the resting place for cosmic soul energies in a woman and these energies imbue the blood of the womb, thus the womb blood is more pure than the blood that runs through our veins, which holds personal karma and the ancestral bloodline, both positive and negative.

3 - According to the Andean shamanic traditions from pre-contact, a woman's womb-blood therefore carries ten times more cosmic soul energies than a man. (not to be confused with the human soul that carries karma)

5- Creation energies of the cosmos are received alchemically from the toroidal fields that flow horizontally. The womb receives these into its vibrant Darkness.

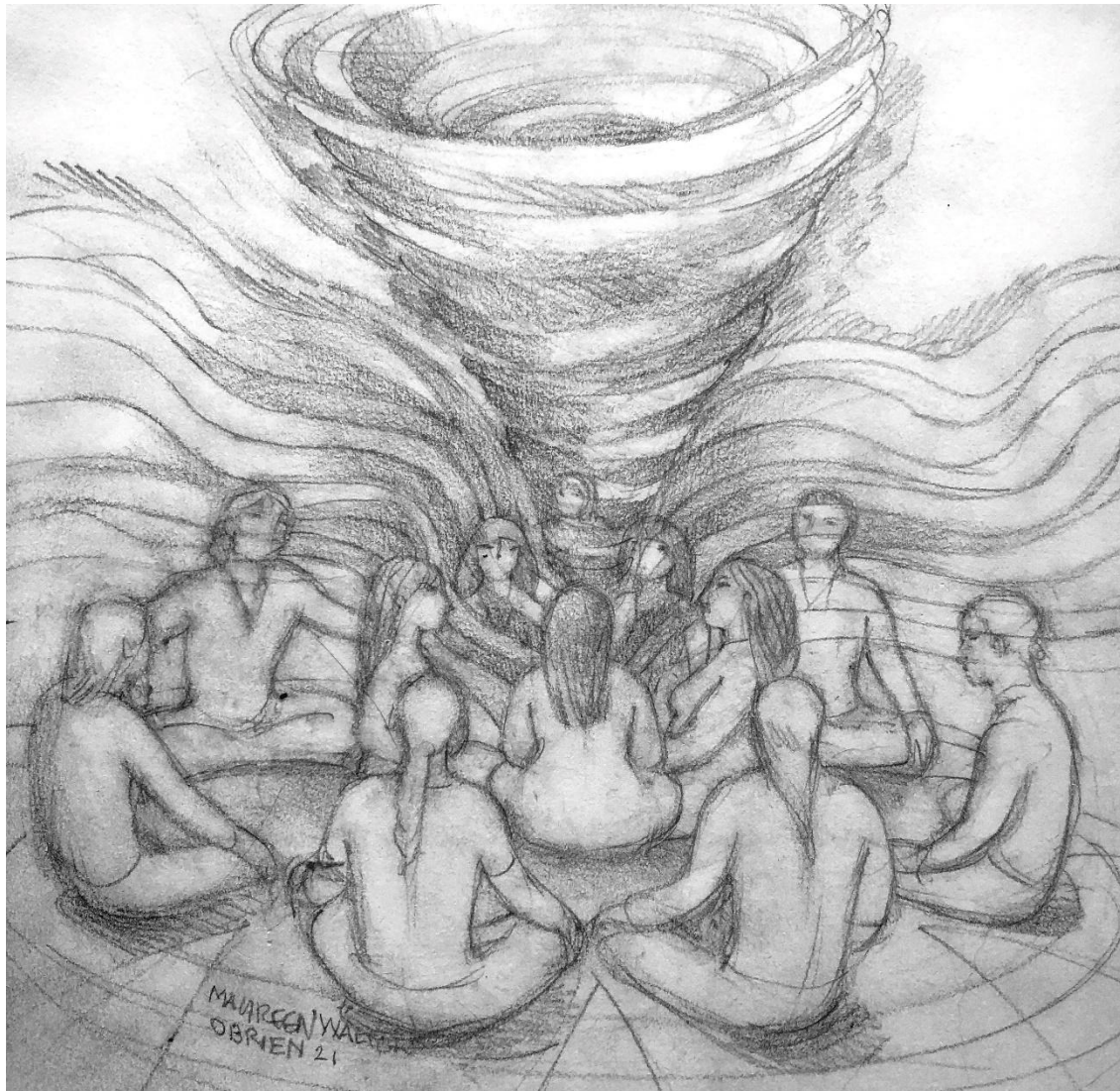
6- Women create much more than babies in the sanctuary of their Wombs. They create an ensouled lifestyle filled with inner strength, wisdom and deep feeling of a pure Cosmic nature. "It is the organ of evolution". (Don Juan)

7- The Central Nexus Point, where all the energies converge in our bodies, is available for both men and women. The difference is that the womb is able to store and gestate those energies gathered and then direct them at will.

8- Women and men's energies are predominately polar opposite to each other. Thus, male and female ceremonies have always been kept separate, lest their energies cancel out each other's intentions. The feminine is magnetic and the masculine is electric.

9- To create oneself as an enlightened woman, I propose that one uses the first two steps of the technology. The third step of parthenogenesis is not to be attempted without the participation of a like-minded community working towards that goal.

10- The inner womb chamber holds the pure magnetic soul strength (that is sourced from the Torus of the Earth and Sun who gathers it from the Cosmic Void). It is replicated in the inner magnetic chambers of the great stone dolmens and pyramids.



A suggestion of how men and women may have worked together. If the focus was on supporting the woman to join as one huge womb to magnetizing in cosmic ethers, then the men would form an outer protection to ward off entities trying to interfere.



The Black Madonna - Maureen's personal interpretation of the 11th century ebony carving at Chartres Cathedral in France. The Mother as the Cosmic Sophia carrying her son(sun) in her right hand and protecting her tiny daughter with her left. Underlining that Sophia (Wirracoucha) is our Great Mother, not the earth. Art by Maureen Walton Obrien, 2020

Endorsements

The Good Darkness is for women seeking a real practical method of reconnecting to the already perfect and sacred nature of their own wombs. This story of the organic womb technology is sourced from the pre contact Andean Blood Masteries. Symbols of this same system began in time to be recognized globally in ancient art forms. It is the energetic fount of Woman's inner strength and Cosmic Wisdom.

Tara Greene, Astrologer, Educator and Psychic

On an early morning in the fall of 2007, I stood on top of Machu Picchu as the cloud cover revealed the extraordinary site that lay before me. I burst into tears. I was home! Home to the place, as a very little girl I had asked my father, over and over to take me back to. A place, in this lifetime, I had never visited and knew nothing about but had a very clear remembrance of. From the moment I stepped off the plane onto the earth in Cusco, Peru I was forever changed. When I returned back to my place of residence 13 days later, I was blessed with a very clear vision. In the vision, I was visited by an ancient Peruvian being who recognized me while I was in Peru. She had something to give me but when she got closer to me, she noticed that it was not time for me to have her gift. I was not ready yet and the relationship that I was in was not in alignment with her gift, so I was unable to receive it. I always kept the vision of the gift close to my heart, in hopes of receiving it someday.

In a series of divine events, I was introduced to Maureen and her book *The Good Darkness* and immediately knew I was now ready to receive the gift from Peru – from so long ago! Upon reading the womb technologies and the blood masteries in *The Good Darkness*, again, I felt like I was home! Reading it was as if I was remembering something I hadn't done in a very long time but had never forgotten how to do! The meditation was very easy for me to do and the first time I performed it was during my moon time on the new moon.

**My moon time was shortened by two days! Maureen, her journey and her book have been the answer to my soul's longing to return home to the blood masteries and *The Good Darkness* again – in this lifetime!
MyLa Magdaleyna Wray Arevalo, Reiki Master.**

I've known Maureen since I was a child and am a family friend. Maureen is the perfect conduit for revealing truths and guiding women back to their sacred womb's soul power. We tune into our divine design by aligning ourselves with the natural world and the cosmos. Her deep dedication to uncovering this key tradition, that has been hidden from humanity, weaves with all her unique experiences as a lifelong storyteller and artist. This work is some of the most important work of our time and has the potential to change the world.

Vanessa Stone, Medical Herbalist

As a Haudenosaunee woman, I did not learn about great women in my own tradition until I recently read Maureen's book. What I did know is that women continue to play a very important role in our society and culture.

Marilyn M., Haudenosaunee Turtle Clan

We women have lost the knowledge and wisdom of our bodies over the last thousand years or more, thanks to suppression by the dominator systems that rule this world presently. Maureen Walton is bringing us back to self-empowerment through sharing her understanding of the hidden purpose of our wombs and is offering the natural womb technologies from pre-contact to reclaim these mysteries. In this way we can step back into power and establish a harmonious partnership once more with men who are awakened.

Eileen Nauman, activist and author of *Walking The Land*

The Good Darkness

By Mareen Walton Obrien

What people are saying....

Sourced from ancient wisdom, Maureen eloquently navigates the deeper feminine mysteries. She recalls timeless traditions that honoured the Good Darkness as the source of all life. This book encourages women to access the Good Darkness – sacred womb energy – via three tori systems. Like a timeless key, it opens a gateway to the heart and leads to super-consciousness.

Maureen supports women to reclaim their Womb Wisdom not only for our own personal awakening, but for the sake of anchoring the Cosmic Mother into our family and the wider community. Maureen has spent the past fifteen years studying indigenous sources and world mythologies to affirm her findings. If women stepped back into these once accepted practices – that were known globally until only four or five hundred years ago – our sacred power would be regained ! A recommended read.

Maria Wheatley, Founder of the Avebury School of Esoteric Studies, Author of Divining Ancient Sites (and other books), and Geomancer

The Good Darkness holds a guiding ‘light’.

Wisdom and knowledge come to us when we are ready. I sincerely hope every woman trying to find meaning in life reads *The Good Darkness*. Maureen Walton Obrien has woven her life and passion to return parthenogenesis to our senses.

She encourages us to return to the gentle, loving source of creation and be nourished by it, to tap into natural womb-ability and reclaim original genesis, to rekindle the inner fire and remember we are all one with the life-giving power of Cosmic Mother Creation herself.

O’ran Ruadh, Druid and Author of the Embersongs series

Within are 4 recent case studies of women who no longer lose their powerful womb blood each month. It is not natural to waste this cosmic elixir and its loss is a recent phenomenon (of only 200 to 300 years). This loss is the body's reaction to global, tyrannical domination & oppression. By engaging in this Womb to Heart practice we can reclaim our sovereign selves within a few years.

Maureen Walton Obrien