

# **The Good Darkness**

## **The Dark Of The Womb**

Condensed Version/By Maureen Walton Obrien

2024

## **The Other Purpose of the Womb Revealed**

**The Direct Feminine Path to Superconsciousness  
and the Recovery of Parthenogenesis**

**A Resource Manual to  
Activate the Global Womb Blood Mastery**

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Indigenous peoples have always said there will be a future time when  
the world will be “turned rightside up” once more. Harmony and  
collaboration will be restored, and domination and control will disappear.  
The Inca call this time Pachacuti; the time always has the potential to  
unfold, so why not now?



## Forward by Karen Holmes

Between 1500 and 1700 in Europe, the mysterious, alchemical, and traditional organic view of the cosmos was jettisoned in favour of a light-filled, mechanical universe. These deadening powers aim to rob us of wonder, joy, and spontaneity of the complex dance of life! The global controllers think they can control populations and predict our every move. We are not going to let them do that. We are taking our sovereignty back! This book you hold in your hands is part of that reclamation. Maureen Walton Obrien has long been a storyteller. In these pages you will find indigenous wisdom that considers the mechanistic universe but a broken theory, doomed to fail! Maureen's investigation into the sacred darkness, the cosmic wisdom, and the nature of the womb's elixir, is in the ancient tradition of the unity of art, science and spirituality.

*Karen Holmes MRE.MTS*

## Introduction

### Womb-to-Heart Technology

This book is a short, condensed version of the complete book, *The Good Darkness*, that was printed in 2022 and reprinted in 2024. It contains much of the same material but without all the research details, related mythology, and validation and proof of its claims.

This version explains the key technology and reveals why shedding our cosmic elixir each month is not natural. This material, gathered more than 18 years of research and practice, reveals a global womb wisdom path that has long been hidden. I was led to this by the Q'ero Nation of Peru and the Wendat Peacekeepers of Ontario. It was brought together with dreamtime guidance. May this short version inspire you to read the full version found on my website, *thegooddarkness.com* (e-book or hard copy). We can begin to turn the world right side up by reclaiming this pre-contact system, as the indigenous prophecies foretold!

## About the Author



I am a visual artist who has worked professionally in various commercial art fields over the years (pre-internet). Whether in book illustration, fashion illustration, or animation, I always stayed connected to my own personal artistic expression outside of business, on a level at which I could receive deeper knowledge from the invisible realms. I created many personal

paintings and sculptures over the years, using mixed media; I also trained as an oral storyteller of ancient myths.

The reader can imagine how excited I was to be hired later in life by the Tyendinaga Mohawks to interpret the Haudenosanee Peacemaker story, the Thanksgiving Address, and the Sky Woman legend. It all began when I was 50 years old. Little did I know these stories carried the secrets of the womb mysteries that later unfolded their wisdom to me! During that time I also hosted ayahuasca ceremonies in my home to support that journey.

I had traveled in my youth for six years, from 1971 to 1976, as a “backpacking hippie.” My goal was to go somewhere where nothing was familiar. I reached that goal in Papua New Guinea and in the Canadian Arctic. My most profound breakthroughs came during the times I spent with indigenous peoples who were still one with the cosmic and earth wisdom energies. It perhaps also aided me to connect back to my ancestry in the Druid world of Beara Peninsula, Ireland.

When I returned to Ontario, Canada, in 1976, I bought three acres of land in Tyendinaga township. With the support of my parents, I designed a passive solar wooden home and hired a local contractor to build it. I raised my two children there, who became, in time, inspiring friends. During those years, when I was raising my kids on my homestead, I had no idea that the womb art of parthenogenesis had been practiced right here in this powerful

landscape 900 to 1000 years before. At this time, two enlightened Wendat women were working to establish a new mission of peace for humanity. It became known as the Six Nations Confederacy of the Wendat/Huron Peacemakers. I believe it is on the same evolved level as all the other global spiritual traditions, in their shamanic beginnings.

During the years that I was painting these Indigenous myths in local schools and colleges; I began to experience frequent dreams and synchronicities that led to clues and understandings of the hidden meanings within the stories, concerning the other purpose of the womb. I began a search to find out which other cultures might still carry this inner technology that I noticed surfaced in many indigenous stories in symbolic ways. It led me to this work, which I now call the “Liberation of the Womb.”

The work continues to unfold and more and more comes to light from the beautiful Darkness.

Between 2013 and 2018, I hosted women's retreats on my property. My mother named my sanctuary Wyldwood Sojourn. A small group of us formed a study circle. When I wrote *The Good Darkness* in 2022, a new online group joined from further afield to learn this unknown material.

These once-revered womb technologies, when activated, bring a woman to full consciousness rapidly. Very briefly, the process is that the pure “blood of the womb,” imbued with the cosmic aethers and carrying no karma, is gestated within the womb and then redirected upward to the heart, thus transforming and purifying the heart’s blood to a highly divine cosmic level. It is then moved throughout the entire body and mind of the woman. Monthly blood loss ceases, and inner strength returns! I discovered that this unique womb-blood-redirection process bypasses the vertical central channel that carries the chakras and does not engage kundalini or the sexual system. Rather, it engages the gentle warmth of the two kidneys on either side to move the blood upwards.

We began to understand that this female technology was more revolutionary than we first realized!

I welcome serious seekers to join me.

My plan is for each woman studying with me to learn the Q'ero Blood Masteries and pass it on to young girls of the next generation! Each woman can create her own personal "Dark Lodge." Even wearing a black velvet mask while meditating to begin, is enough! Women can grow this movement quietly, awakening and transforming from within! I am eager to pass this disclosure material on to you, the next generation.



An artist's impression of the womb to heart redirection practice. Art by Maureen Walton O'Brien 2021.





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# **Chapter 1**

## **Disclosure News for Women**

### **The Global System of Domination is Weakening (An Overview)**

Many of us see clues in our world that reveal the work of a small group of global controllers that have been oppressing the creative freedoms of humanity for hundreds of years. The world's governments seem to have become the puppets of this powerful destructive group. We are discovering how our true history has been hidden.

One example of this oppression is womens' global shamanic history. Women held guiding roles as "Clan Mothers" or shamanic guides, for all of global humanity. In the past, these superconscious women brought forward the evolution of humanity by the direct link they had to cosmic wisdom, via the powerful organ called the womb.

They used the womb daily, just as we use the heart and the brain. This Cosmic link, was the womb's primary purpose! It never was a part of the sexual system. The womb indeed had and still has another essential role, aside from gestating and forming new life. Women have been cut off from accessing this role (later we will share details of how and why).

Because of the suppression of the womb's purpose, both women and men in the westernized world have become disconnected from the cosmic source of life. They have become too intellectual and thus internally weakened. This makes it difficult to step into their own unlimited potential and fulfill their missions.

When we really look, we can find the truths of our history hidden in their opposites, just as the old indigenous wisdom teachings of Pachacuti show us.

The womb is a direct link to cosmic compassion and its mysteries. It imports telepathic and clairvoyant wisdom from beyond the solar system.

The feminine womb carries this source knowing and seems to have become, over the last 1000 years or so, the prime target of a small group of globalist controllers often referred to as the deep state. More recently they have created an agenda to eliminate references to gender and to support young teens to change their gender identity, in the name of “inclusion and fairness.” This is followed by medical support to change their physical sexual organs to match their supposedly new identities. Many other oppressive agendas are being implemented. We can see, especially since 2020, that this ruthless system, which seeks to hide the feminine power, is thankfully beginning to weaken as more and more people wake up!

Much of humanity is now aware and conscious of these nefarious strategies to manipulate, confuse, and weaken the young. Many creative free thinkers are stepping up today to expose and reveal the truths of humanity's past evolved levels of wisdom. A look at the stories of early Hibernia, for example (which R. Stiener expresses as being a community that formed before the “outer senses” materialized) reveals a beautiful cosmic wisdom present within the auras of these newly formed humans. We have the ability to reference and learn from these otherworldly beings that thrived in earth's past. They can be our prime examples to emulate. We can turn the world right side up again! Pachacuti! The “Liberation of the Womb” is the story I offer here in this book. It is one example of the many truths that once flourished on earth.

## **The Hidden Feminine Wisdom Source**

*Let's clarify, before we begin, that in much of the teaching offered here, we are discussing the “magnetic feminine” and the “electric masculine” organic universal principles, that live within the toroidal fields, and apply to humanity, the solar system, and the universe.*

*Please do not confuse this masculine and feminine work with worldly political gender issues. According to most indigenous teachings worldwide, the feminine source principle is found in the cosmic realm and the masculine finishing principle is found in the solar realm(seed of each in the other).*

We can align the Feminine Principle with the inner invisible world of the cosmic source, which holds inner strength, compassion, clairvoyance, and the potential of all good life — not yet in form — the impersonal inspirational and feeling essence of all good life! It is a magnetic force.

The Masculine Principle aligns with the outer material world of finishing, building, order, structure and all manifestation. It contains the five senses and the personal love energy that is generated within our solar system. It is an electrical force.

This masculine finishing principle must be fed by the feminine source principle for the masculine to create things of wisdom.

## **Free Energy Mineral Model: Outer World**

*I would like to draw a comparison here between the principles engaged in the practice of electromagnetic “womb to heart technology” and the principles engaged in the creation of the many electromagnetic free energy devices built in the world, not to mention UFO technology itself.*

Free Energy engineers today who create wonderful, practical devices unfortunately do not acknowledge that the “womb to heart” technology holds the same fundamental principles as their own. Their devices are mostly practical and bypass the wisdom

essence that the woman holds. Their devices are constructed by creating a central 0-point of electromagnetic dynamics, using charged and active materials such as crystals, magnets, copper, red granite and more. They channel in the magical properties of the aethers that flow in earth's toroidal fields and arrive directly from the cosmic realms; however, they do not include the wombs powerful potential in their technology and so bypasses the woman and the effect of the womb's magnetic power to import and transmute those aethers! (We will describe in detail in the meditation how the cosmic essence reaches earth via the sun's torus, which pulls directly from the universal realm beyond the solar system; see page 55.)

### **Free Energy Organic Model: Inner World**

The Q'ero womb-to-heart technology is the original electromagnetic system with a powerful central magnetic 0-point. Their ancient technology is truly the original free energy model. The devices built today I feel, fall short of the true divine purpose! (For more detail, see the full version of The Good Darkness.)

The difference is that the woman's "inner organic womb technology" was activating the system with a single purpose to reach enlightenment. A reverent attitude is due the mysteries evoked!

We see how the original male and female complementary abilities have been severed and hidden. Neither gender can reach their full potential because of the current ignorance of each other's gifts. Although a few free energy devices today are designed and used in ethical ways as healing chambers, I propose that it is still essential for the engineers to recognize that the source energy (the cosmic aethers) is carried within women themselves; they imbue the men with the wisdom they require to create their free energy "temples" to full potential, as they did in ancient times.

## **Direct Cosmic Aetheric Connection**

*Womankinds' former ability to magnetize in "cosmic source" energy directly, via the three tori systems, now lies veiled from us. This cosmic aetheric energy is unknowingly held within the sacred female organ called the womb.*

*We in the west have been taught that the womb is a reproductive organ only and that it is natural to lose large quantities of this organ's cosmic elixir each month, year after year. This is far from the truth! The recent loss of our womb's elixir has weakened womankind and their offspring dramatically over the last three or four hundred years in the Americas and more in Europe and other continents. Our inner soulful strength, as well as our outer physical strength, has diminished greatly in both genders. It appears that as a species we are degenerating. Generally speaking, women in the western world under the spell of the oppressing and controlling forces are the only women who experience menses. Western women assume all women menstruate. They do not! In remote independent communities worldwide, women still retain their cosmic blood. These are normally matriarchal communities. Even in big countries like South America, most women did not bleed until 40 or 50 years ago. Women's former ability to naturally receive the cosmic aethers in the womb, gestate them, and redirect them to nourish the heart (and so their whole systems) has been veiled and hidden over centuries of oppression and dismissal by religion and state in the west and western influenced nations. (China and Russia may also be part of this oppression but it is out of my realm of study at this stage).*

*What does this mean? For women, losing their womb blood means losing their direct access to cosmic consciousness!*

*Women could therefore no longer fulfill their traditional role of "Clan Mother" for their communities. (This was a global practice in all matriarchal communities.)*

*Therefore, the once-deep connection and integration the men had with feminine cosmic consciousness, via telepathy and other subtle pathways, was severed and eliminated.*

*The obvious example of this separation is the current inability of men to build the magnificent generative structures, such as the pyramids and great temples, as their forefathers did (see Chapter 2).*

*I propose that the loss of our cosmic connection occurred because of the loss of our womb blood. This has weakened women — and therefore the whole of humanity — over the last 900 or so years (only 100 years in some places). During these former times, men and women inspired and strengthened each other by engaging and sharing their complementary forces of cosmic and solar energies. Both genders were therefore stronger, both inside and out.*

*I am not speaking of engaging worldly sexual forces of the solar realm, but cosmic forces of the universal realm, that exist beyond karmic influence. I believe women's former ability to download cosmic wisdom directly was a significant aspect of inspiring pyramids and the like to be created. It also set women up to be able to self-conceive an already enlightened soul, “together in circle” with other enlightened women.*

*I suggest the reader look at the writings of Hibernia (of which Rudolf Steiner and Ita Wegman wrote). Indeed, the cosmic realm existed on earth at the dawn of humanity, before the dominator system entered and created religion, wars, countries, and politics. There was a natural order among some different species (such as the long skulls and some giants) who all worked in harmony during the Hibernian age. Their cosmic consciousness was intact, and they had the ability to move between dimensions and physicality. They lived in the caverns of inner earth as well as on the surface and in the aethers. Remnants of this era remain in crevices and remote places of earth in the form of portals and beyond time zones, where the divisive dominator models missed eliminating them. It is*

*significant that the next step for women in those times to undertake — after reaching an enlightened level — was to self-conceive. Parthenogenesis was the only way to bring a superconscious soul to earth in one incarnation and many women did it, thus quickly raising the energies on earth.*

## **Matriarchies**

The matriarchal tribal communities that once thrived over much of the globe supported and held in balance the complementary forces of feminine source and masculine finishing energies. This is when harmony between genders prevailed.

Matriarchy means “nurturing mother.” The nurturing mother cares equally for all of her children, both boys and girls, and encourages them to collaborate, not compete and deceive.

“Source principle and finishing principle” — I feel this is the best way to express the feminine and masculine essence that was honored and kept balanced in matriarchies. One cannot work to its full potential without the other. (Both these qualities are also within each gender, as the yin yang quadrant expresses.)

There is no hierarchy or dominance in a matriarch. It is not women over men!

The role of the clan mother was to maintain balance. She chose and guided the male chief. Even in European culture during the tall ship age, the bowsprit of the ship always carried a carving of Bridgit or Vassilisa or some brave and wise heroine, as a symbol of the inner feminine principle of a benevolent guiding force. I feel that “patriarchy” is a false word that was invented to confuse us. It has nothing to do with a “nurturing father!” The current world is simply under the control of a dominator system, not a patriarch! Domination cannot exist in a matriarch.

*(Reference Dr. Heide Göttner-Abendroth — Matriarchal studies)*



## The Dark Lodge

It seems that I unknowingly opened a window into this feminine technology through my work in visually interpreting the Wendat/Huron Peacemaker stories and in my subsequent search to learn about the womb and its true purpose. It is also possible that this window opened because I live within a 30-km radius of the actual parthenogenetic site of the Wendat self-conceiving mothers of Tyendinaga, Ontario. It is not so difficult to pick up the energies that vibrate within the land.

From 2005 to 2015, I was hired by the Mohawks as a mural artist to visually interpret many legends and teachings. The Creation story and the Wendat Peacemakers are two important stories. I painted these in their school system, under their direction, in Belleville, Napanee, and Kingston.

In both of these stories, there are multiple parthenogenetic births, which was possible because of the already enlightened level of the women. This knowledge deeply inspired me, and it was not long after being so immersed in the task of interpreting these profound truths in the form of large scale murals, that I began to dream about them, the mystery of the womb blood, and self-conceiving. I soon found, through searching on the internet, remnants of a womb-to-heart technology from Peru. Perhaps, I thought, this may give me some clues! I learned that this technology was a global technology, well known and practiced in former matriarchal cultures. However, little of it was in written form. I depended on my abilities to interpret their diagrams and to research related material in science and biology. Between 2008 and the present I have been working to understand, reclaim, and remember the complete system. I credit Karen Holmes, who edited and structured the first printing for revealing many clues and being an inspiring mentor. Besides the work of Ca. Prof. Cindy Lindsay (whom I mention later) I did not find any written material related to this important topic until 2022, when I discovered the writings of the Mexican shaman Don Juan (see details on page 22). However, only the Q'ero maintained the actual diagrams of most of the technology. So this find did lead me to what I was seeking and much more!

*Now that it is near to whole again, I believe it will take just one generation to relearn this system, which imports and redirects the cosmic womb blood and its energies to the heart and awakens the practitioner to a fully conscious level! (There may still be a few more details to uncover that will be revealed as we begin activation by sitting together in circle.)*

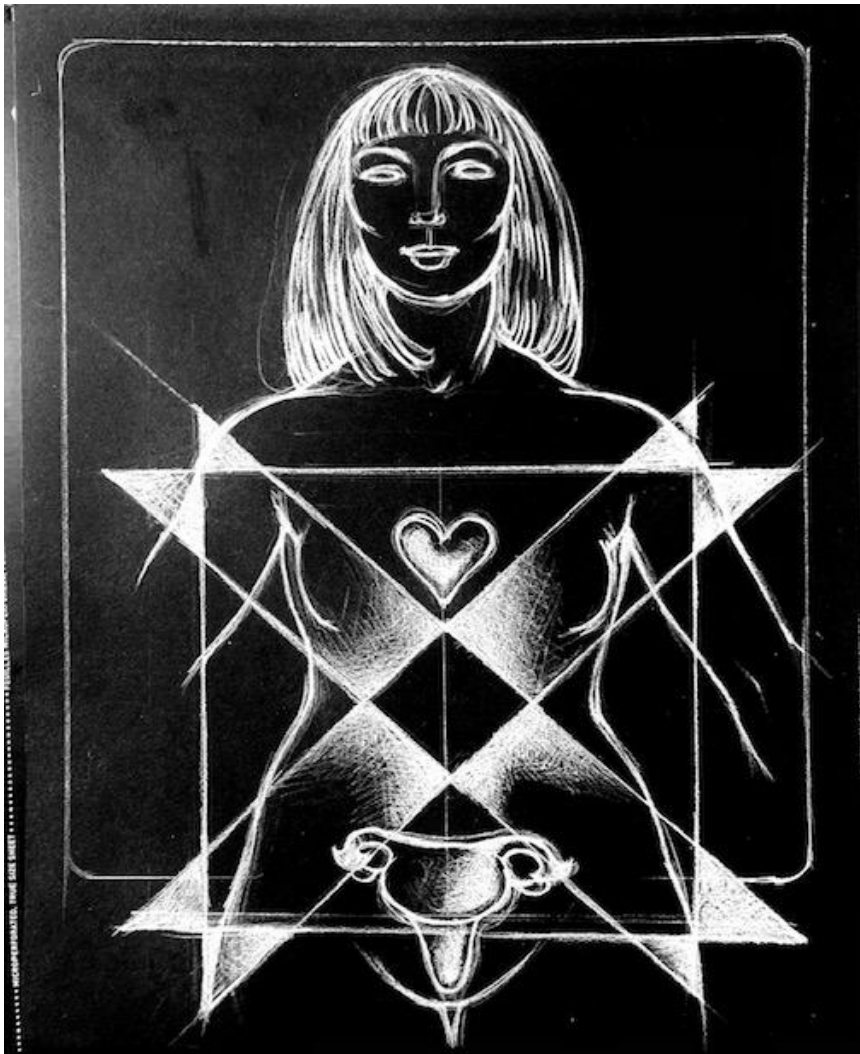
The cosmic power literally comes to us via the aethers flowing by at all times in our atmosphere within the magnetic torus of the earth. To gather them into our wombs we practice the Q'ero womb-to-heart meditation in a darkened space.

The Darkness increases women's ability to attract and hold pristine and unworldly cosmic consciousness from beyond the solar system! In the total darkness, we can meditate with eyes open so that the outer and inner world become one. My own Dark Lodge is a round woolen structure with no hardware. A Mongolian yurt! It acts as a natural protection from WiFi, 5G, and chemtrail pollutants, while allowing the natural electromagnetic aethers to flow through laterally.

I know the aethers are still pure and vibrant, because I can see them as I lay on my back outside and gaze into the sky. There, one sees flowing by, within a few seconds, millions of tiny white and black pinpoints, twirling and dancing in the atmosphere. This is my personal experience of seeing the aethers in the earth's torus; their energy is available to us at any time!

I would like to share briefly here my discovery that the Sky Woman myth which I learned from the Mohawks, holds — in beautiful symbolic form — the explanation of how the aethers reach the earth from beyond the solar system! (For the complete story, see the full version of my book.)

Sky Woman, in my imagination, represents the cosmic energy that flies to earth via the sun's mighty torus, to fill a woman's womb and bring her to an enlightened state! Gratitude to the magical symbolism of Myth!



"Womb to Heart" system. Drawn in 2D. Sourced from the Q'ero Inca. The womb carries cosmic source energy and the heart carries solar manifesting energy, as a perfect complementary partner — An electromagnetic technology. Art by Maureen Walton Obrien 2022.

## Chapter 2

### **The Womb is Here to Awaken Us!**

#### **The Dark of the Womb**

Today, all our attention is focused on the masculine world of “light and ascension” from within the solar realm. This makes us only “half a person or half of the whole.” How can we create powerful lasting creations without access to our cosmic source that is within the darkness?

It's a big shift to embrace the goodness of the dark in this upside-down world, just as it is difficult to accept the bad side of the light.

We know the light can overexpose, burn, and blind us, yet we have come to accept these terms as abstract concepts rather than real powers of the world.

This dark, invisible universal realm beyond the solar system holds pure divine potential. All the designs of the universe are there, teaming with unformed life. Outer space does not carry any human qualities; it is pure unknowable wisdom of the Sophia principle. It is the source of compassion which expects nothing in return. It is the cosmic womb. The nature of the universe is fluid and some scientists say it is like gelatin or plasma. It carries harmonies and endless vibrations. The Andeans call this realm Wiracocha.

Wiracocha is the name for Rainbow Woman. As an example:

*All color is born from the good darkness and is revealed, as a rainbow, in the light.*

The rainbow dies into the light as the sun evaporates the tiny prismatic water droplets. The light is bright and white and devoid of color and life. The darkness of the cosmic womb carries all the colors within.

*This universal realm holds cosmic consciousness with no karma or ancestral qualities. Those ancestral qualities live in the solar*

*system, which is the powerful masculine manifesting realm. Our solar system is like a bubble of light, floating in the fluid moisture of the dark cosmic womb. The solar system is fed and nourished by this Great Mother principle. Our fiery Sun is one of her many sons and the earth is one of her many daughters (see diagram on page 70).*

The great cosmic mother energies arrive in earth's atmosphere via the toroidal system of the mighty sun. The sun's torus attracts this silvery cosmic power and sends it to earth, who in turn pulls that cosmic energy into her own toroidal field.

Those beautiful vibrant energies that flow in the earth's magnetic toroidal field are called the aethers. The aethers contain the rich brew of cosmic, sun, and earth energies! As I mentioned, Sky Woman of the Mohawk Creation Story directly represents these pure aethers that fly towards us from the cosmos. I painted this epic tale many times, always wondering who she was! Women have always imported these cosmic qualities directly and fully into their womb spaces. This invisible energy flows directly to us with great momentum and speed through the tori systems. It is not worldly, having arrived at lightning speed from beyond our solar system.

This energy is not degraded and is of an alkaline nature. We need only learn to be aware of it and learn to attract it once more, through the Womb Practice I offer here. After all, women are magnetic beings and we have our own lateral toroidal fields.

Therefore we can store a good quantity each month in the womb's blood.

*In this process the womb's blood is transformed to cosmic blood of a highly divine nature. The womb's blood therefore carries no human karma or ancestral qualities — only pure cosmic qualities! **The womb and its blood does not need healing; it is here to heal and awaken us.** The Q'ero teachings show us that the womb is the only place on earth where cosmic purity can safely exist, because it is now embodied in the womb's blood. The womb chamber, the*

*hymen and the cervix protect it from the karmic events unfolding in a woman's body and psyche and in the outer world.*

## **Don Juan: Mexican Shaman**

According to Don Juan, the Mexican shaman, a woman has direct access to cosmic knowledge because of her womb's blood. The blood is continually being imbued with that cosmic energy, via the importing of the aethers. This gives the woman her enduring inner strength, which complements a man's outer strength. Each gender has its own complementary qualities that are essential to reclaim for balance to be restored. According to Don Juan, the primary function of the womb is to rapidly bring women to an enlightened and superconscious level.

Reproduction is a secondary purpose of the womb; women can choose to engage in it or not. Therefore, in the past, the population was low by intention.

*Don Juan said that until women remember and engage the womb's true magical abilities, men cannot step into their own full power. Men and women need each other to attain wholeness (complementary wholeness), which is a superconscious state.*

In the matriarchal communities that flourished globally in many places, many women chose to mother their sisters' children rather than to birth their own. These women had other gifts to offer that required their attention. This choice meant that childrearing was shared among them and all women were considered the children's mothers.

## **Hidden Truths Revealed Today**

*According to the Q'ero, a woman's trauma may surround her womb, but it can never enter it. The womb's enlightened space, with its cosmic elixir, can never be corrupted!*

The womb's great power has been veiled from us, as a result of religious stories that demonize its blood, together with current unhealthy social beliefs. These stories cause people to fear and

abhor the wombs' alkaline life-enriching blood and instead see it as unclean or as a “waste” product.

*The womb is not “worldly” or earthbound. It is therefore not part of the sexual system. Sexuality is not part of the woman’s original creation technology. As I understand it, creating new life with a man by introducing sperm was brought in much later in human history. (But that is another book to write.)*

Thanks to research by one of our team members, Wendy Orisun, we learned that in 2004 scientists and biologists discovered super stem cells within the blood of the umbilical cord. Later in 2014, two female doctors discovered the same superpowered stem cells were also found in the blood of the womb, when the woman was not pregnant!

They could not understand why the body would let such power be lost in a “waste product.” Of course we know it is not a waste product, but they have been taught otherwise by a misguided medical system.

Their discovery is evidence that our womb’s blood is not meant to be wasted during the time when the woman is not pregnant.

However, doctors do acknowledge the healing benefits of womb-blood stem cells in the umbilical cord when a woman is pregnant. It is collected and used to aid in healing for many health problems, because of its superpowers! For example, it is used to regenerate tissues and treat cancer and heart failure. It is also sold for profit.

*The doctors who found the presence of these powerful stem cells present in the womb’s blood, when the woman was not pregnant, were not able to receive funding to further their research and verify their evidence. This may have been intentional.*

## **Danger of Theft of the Womb's Pristine Power**

It appears that the Blood Mastery system was well known and practiced in earlier times (I am suggesting around 900 years ago in Tyendinaga). This global system became the target of oppression by the early globalists, who not only preferred women to create many children via the male sperm but also did not want them to step into a superconscious level and so reclaim their sovereignty. This claim would have initiated spiritual awakening in each community and affected all of humanity. The globalists, I learned, began the practice of "stealing" the womb's cosmic power by engaging free energy technologies such as orgone. (To verify, google Hitler and the Vril women.) I am not comfortable with some of the work of W. Reich regarding his use of orgone. I believe it engages the vertical sexual energies of kundalini to "grab" the womb's power, before it has merged with the heart's power. We can see the danger here. Even some indigenous shamans have been guilty of "stealing" womb power through magical practices, to increase their personal power.

This "theft" may also happen unconsciously within the patriarchal nuclear family structure, in cases in which a woman is trapped in a role of service to a needy partner who sucks out her life force without her realizing how she is being drained. *The victim often does not know why and how they become so weak and lose direction and purpose. The Q'ero Blood Mastery system does not attract its power from worldly solar energy. It is a method of directly accessing the pure cosmic source that carries no karma or ancestral bloodline issues.*



## **An Inspiring Partnership**

*The true primary purpose of the womb's blood is to be an instrument for women to channel divine cosmic consciousness directly through their bodies and marry that wisdom elixir with their hearts' love and so awaken themselves to a superconscious level. Only then is the process woven to perfection so that the now-awakened women can wisely inspire the community through her telepathic and clairvoyant abilities. On a physical level, the women is not losing her elixir outwardly but rather letting it enrich herself within.*

*We can see the huge responsibility we have while practicing womb-to-heart technology. Our small exploratory group at Wyldwood Sojourn are grateful to our fire and water keeper, Felipe Martinez, who takes on the role of protection for us, while we sit in the Dark Magnetic Lodge, focused on importing the cosmic aethers.*

Often, I imagine in the past that a woman who was already enlightened could choose the path of self-conceiving a fully enlightened child, or choose to devote herself in service to the community. When first engaging the system to awaken, she redirects that cosmic brew towards her heart, which in turn spreads that universal awareness throughout her whole body. Now inspired with the vast cosmic wisdom she finds herself full of overwhelming compassion for everyone and everything. It is quite an impersonal feeling that expects nothing in return. Therefore, much of her worldly desires diminish including her sexual attraction energies. This is why women who are fully awake are not called to physical intimacy. (See our later discussion of the lives of Anandamayi Ma and Amma Amritanandamayi, two contemporary enlightened and celibate women.)

This was the natural tendency of a woman on a spiritual path. It is difficult for us today to imagine an era when sexuality was not such a fixation. In the past, women knew, naturally, how to redirect their regenerative cosmic imbued womb blood to their hearts if

they chose to, for their own awakening and to fulfil the role of Clan Mother or Mothers of Nations.

Thus, we see the women inspiring the men with their universal wisdom, on a telepathic level, to aid and inspire them to manifest the great generative healing chambers such as the ancient pyramids and temples. The men did not expect the Clan Mothers to be sexually available. Their leadership role was known. In turn the men, inspired by these women, were able to create miraculous material constructions, using their scientific ability to calculate and construct devices and temples, in precision and in perfect symmetry with beautiful materials like marble, copper, granite, silver and gold!

*Remember, the male carries the finishing and manifesting power because of his solar connection. He does not carry the universal wisdom mysteries as fully as women can. Women carry 10 times more cosmic energies than men, according to the Q'ero Dons and Donas. The natural outcome of this collaboration would be a powerful race of humans that would be impossible to divide and conquer! (Please remember there are overlaps and individual differences in how each gender carries out these roles.)*

*Although these are big claims, look at the world today and consider.*

The ruling class that emerged later wanted a larger population of laborers and soldiers conceived via the sperm — and they succeeded! This plan worked perfectly for them until now!

Earth-born children, created in equal numbers with self-conceived children, could possibly be the direction we are now heading toward? We wonder if it was perhaps the norm in some places in the past. Both kinds of beings are needed in balance to maintain harmony and for humanity to reach its potential. Both have complementary strengths. Remember it is evident that beautiful intimate relations with men continued to flourish with practicing women who desired their own children, so that evolved earth babies were welcomed into a community together with self

conceived babies. I'm also considering that this system is fluid and women could choose their direction, it is not a 'one or the other' decision. Also remember that we all have our personal karmic callings.

## Inca Creation Principles of Masculine and Feminine

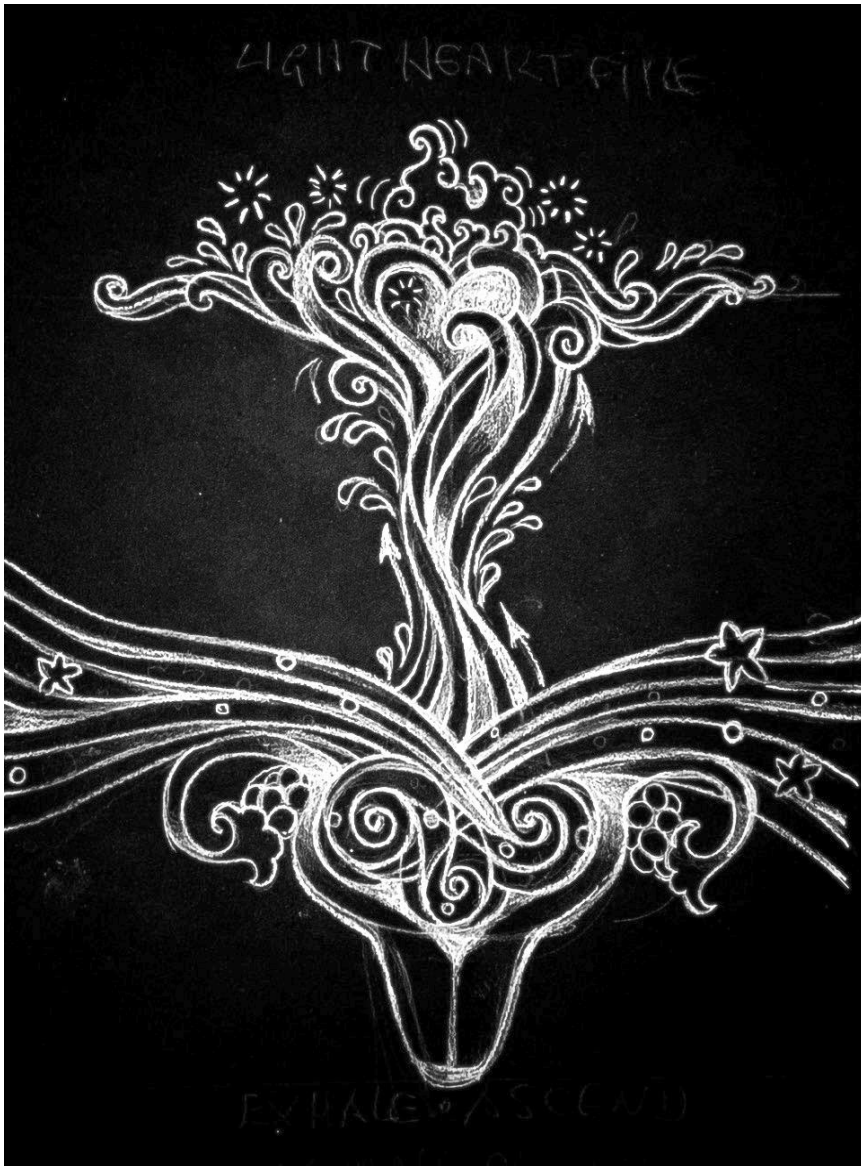
### — Ranti and Jappa

**Jappa Creation** (female process) is the process of the good dark and the good light bonding together again as one in the womb. (This can happen only after the redirection process of raising the womb's elixir to purify the heart.) These polar-opposite energies can now descend to the womb and join as they did in the Great Creation, before the “big bang;” this process of enlightenment enables a quantum creation, of bringing in something entirely new. It takes place in the darkness of the womb. It is a form of magic that creates something out of nothing, whether a concept or a human being.

**Ranti Creation.** The male transcendent path to enlightenment is called Ranti. It happens when two similar things find resonance, allowing a third thing to “pop” out, such as an attunement or when two resonant notes create a harmony. Religious practices of the last 2000 years or so use the Ranti approach, in which we attempt to raise ourselves to a level of unconditional love, attuning us to a divine vibration.

\*\*\*\*\*

*Using only the Ranti approach as we do today, works against everyone's ability to create enduring, long lasting, wisdom filled creations that are sourced from the cosmic realms!*



An artist's impression of the womb to heart redirection practice. Art by Maureen Walton O'Brien 2021.

## Chapter 3

### Two Sources of Womb Technology:

#### The Blood Masteries of the Q'ero Nation and the Wendat Nation

##### ***How I Found the Womb-to-Heart Technology of the Inca Nation***

The Q'ero nation, a tribe within the Inca empire, was chosen in 1450 by the Emperor to keep the ancient traditions (including the womb-to-heart technology) intact and safe by hiding high in the Andes during the Spanish invasion.

Not until 1949 (500 years later) did the Q'ero descend and reveal themselves in Cusco. Within 50 years after exposure to this city, now full of tourists and a mix of foreign spiritual traditions, the womb-to-heart system began to be lost and the women shamans were pushed to the background.

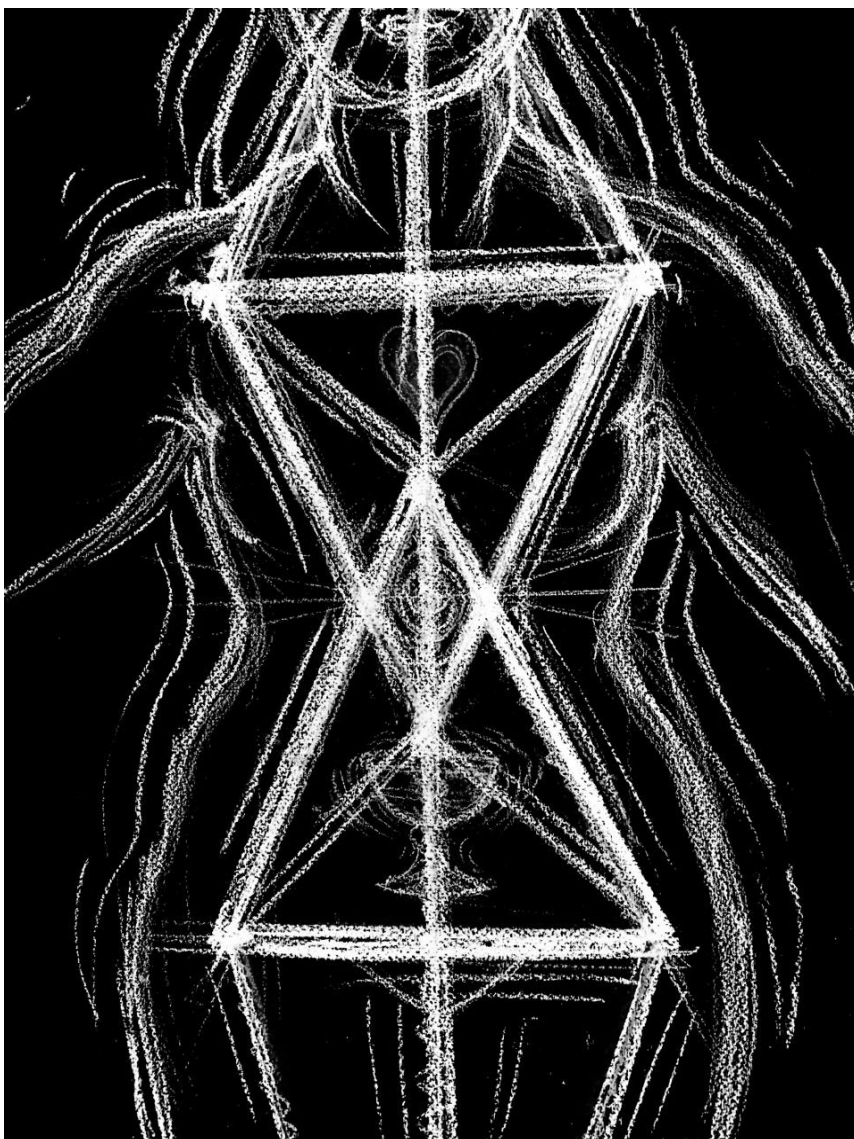
**I could not find any Q'ero still holding the female “cosmic womb teachings” by 2014.**

*Today, the Q'ero male shamans themselves have admitted to losing the female half of their traditions. They also realize this specific female teaching is a global system and suggest that perhaps some woman in a distant land is keeping it intact. They have asked in ceremony for these teachings to be returned by anyone who may hold them.*

*They know they cannot do their work effectively with only half of their traditions!*

I have never in my life heard of practitioners in any other spiritual religious tradition admit to the loss of the feminine half of their traditions. This is a great act of humility. There is no unhealthy ego in these wise men; they truly seek harmony. (Of course the recognized religions of the world know this is missing and do not want it recovered, lest they lose dominance and control.)

I received the Q'ero Blood Mastery system in skeleton form in 2007 from Cindy Lindsay, a psychology professor in California who studied with the Q'ero shamans for 10 years in the 1990s in Peru. At that time there were two Elder female Q'ero shamans still practicing that I knew of, Dona Bernadina and Dona Flora. They have since passed. Cindy did amazing work to translate what remained of the ancient system. I am eternally grateful that our paths crossed. Surprisingly, she left this tradition in 2010 to follow an Indian Swami.



Drawing of the incomplete version of the Q'ero system from 2008. Diagram copied from Cindy Lindsay's schematic. Art by Maureen Walton O'Brien 2010.

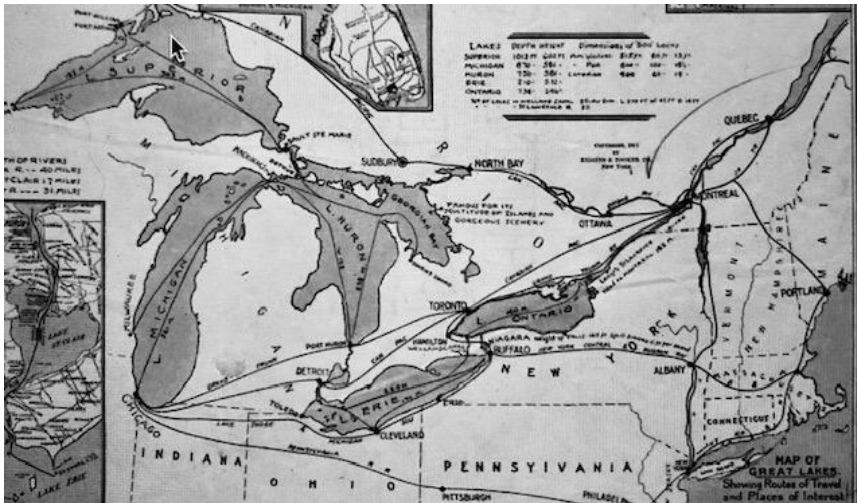


With her departure in 2010, I was left without a direct link to the Q'ero people. However, missing pieces began appearing to me as I studied the two overlapping triangles, one around the heart and one around the womb. (This was all that remained of the system.) I interpreted them as two three-dimensional vortices. I found my drafting skills key in channeling more levels, which led to my understanding that these triangles were actually representing the vortices of the central channel of the living, breathing vertical torus that surrounds the body.

Until 2022, Karen Holmes worked with me as we continued to reconstruct and pull in other missing layers through our own inner sourcing skills. This system was once honored and practiced globally, but was lost and hidden with the enforcement of hierarchies and systems of dominance that were spreading across the globe. Only the Q'ero kept this mystical technology intact into the “modern” world by hiding from the Spanish high in the Andes and passing it and other teachings down orally from generation to generation while in seclusion.

I began to find online variations of the same geometric pattern in temples and caves in other cultures. This was exciting validation and inspired me to keep going. To discover that it was a global system was life-changing.

I credit the Mohawks of Tyendinaga, my neighbors, for initiating my search for the Womb Tradition, by sharing their parthenogenetic stories with me. As I describe above, I finally found the remnants of the practice as an actual working organic technology, a few years later in Peru. The Mohawks hired me as a professional mural artist between 2005 and 2016, to visually interpret their traditional stories of Sky Woman, the Creation Story, and the epic tale of the Wendat Peacemaker Six Nations Confederacy (seeds of truth) in many schools and colleges in eastern Ontario. The Confederacy of Six Nations who adopted this mission of peace extended from Niagara falls to the Atlantic coast; the Confederacy's good governance was upheld for at least 600 years until the European invasions.



The five Great Lakes of the Eastern Woodlands. The Great Law of Peace was initiated on the north shore of Lake Ontario (in Canada) and the mission extended from the Atlantic Ocean to Niagara Falls at the western tip of Lake Ontario and westward to Lake Erie and Lake Huron.

The Peacemaker stories held clues to the ancient knowledge of the womb mysteries and inspired me to research further. I began to understand that the Peacemakers' history, of just 1000 years ago, began with a double self-conceived birth. It was then that I knew this story was very special.

A double Virgin Birth practice sets the scene for a very powerful male soul to enter, as the third level in the process. This story also includes the women of the Jigonsawseh lineage of Niagara Falls. This was a mother-daughter lineage of self-conceiving women dating back to the mists of time. In this case, the Jigonsaseh of 1000 years ago traveled to meet the two mothers and their son at the eastern end of Lake Ontario and they became his teacher (see page 38 for more detail) (research by Marcine Quenzer).

## How I Found the Wendat Self-Conceiving Mothers

Electromagnetic Balance. The Clan Mothers. The Clan Mother role or Mother of Nations title, I believe, was bestowed on women when they were not losing their elixir but directing it to their hearts — in other words, when they were fully enlightened beings who

directed their wombs' cosmic elixir to their entire bodies and minds, thus combining and activating the pure cosmic and solar influences within.

In the presence of Clan Mothers, a man's outer creations were influenced by feminine wisdom (and his own inner feminine was also awakened).

We can see here a magnetic, electric exchange between the feminine TV and masculine principles within each of us and between men and women, with the womb being magnetic and the heart being electric (predominantly).

The men were able to build healing chambers in the outer physical world of light, with astonishing lasting strength, beauty, and wisdom because of the inspirational cosmic source wisdom, received through the women, who gathered that "silver" into the womb and so embodied their true roles as Clan Mothers. It is said they accomplished this through auric and telepathic exchange with the men. This was not accessed through sexual relations or by "stealing womb power."

Partnership with women on this telepathic level gave the men the ability to manifest these magnificent generator stations and healing chambers worldwide, as seen in ancient ruins, because the powerful spiritual and elemental partnerships between women and men that were inspired from a cosmic level that was non-worldly (silver being the cosmic feminine element and gold being the solar masculine element).

In the story of the Wendat Peacemakers, Deganawida built, in partnership with his Mothers, what the storytellers refer to as a "stone boat." This boat would have been a structure such as an electromagnetic flying ship, or it may have been a dolmen, which is also boat-shaped and constructed to act as a cosmic generator station (an outer womb space).

I propose that when we again access this electromagnetic partnership between women and men, the modern world will not be trapped in superficial levels of relationships but rather become aligned to deeper partnership missions.

Together, we will be strong enough to easily repel the debilitating effects of global “one world order” control.

We are already eternal souls, and I truly believe many of us have gained enough wisdom to incarnate on more advanced planetary systems, rather than be continually and unjustly recycled here on earth. We are not here to energetically feed other species who attempt to trap us here for that purpose.

Women and men are complementary partners with polar-opposite gifts. We cannot evolve without knowing, honoring and receiving each other's gifts and stepping into full power that is “off the charts!”

Please remember the yin/yang wisdom: The seed of each in the other. It expresses the reality of the “quadrant.”

The recovery of female inner strength, I feel, lies in women remembering how to work with the earth's aethers and the magnetic tori systems! Aspects of this are already used today in natural healing modalities and energy work.

*The next step is for women to re-engage this Q'ero system by importing the cosmic aethers directly into the womb's blood and then redirecting that cosmic brew to our hearts and minds, so that we do not lose our sacred nectar any longer!*

*This is how the woman steps once more into the sacred role of Clan Mother or Mother of Nations, where she guides from within. Only then can wholeness be restored.*

*May I repeat: Losing our womb's cosmic elixir is not natural; its loss has weakened all of humanity.*

## **Looking at the History Leading Up to the Forming of the Peacemaker Mission of the Six Nations Confederacy**

### ***Clues and Evidence of a Lineage of Enlightened Women at Niagara Falls***

*Research by Marcine Quenzer (from Oneida and Seneca teachings)*

I'd like to share here that the Peacemaker group includes a Mother Of Nations or Clan Mother. She was the self-conceived teacher of the Peacemaker group. She was said to be one of a lineage of enlightened women that evolved through the practice of parthenogenesis, a mother-to-daughter lineage going far back in time. It was called the Jigonsawseh lineage and they lived by Niagara Falls. According to Marcine Quenzer (who is also an artist and a carrier of the Oneida and Seneca versions of the Peacekeeper story), this lineage continued to the 1400s. Around this time, it became just a title, as the womb mysteries began to be oppressed. (more detail in complete version of GD)

One of my new team members wrote to me to share that in Grand River, near Niagara Falls, a burial site was uncovered in 1910. According to a newspaper article, 200 7-to-9-ft-tall skeletons were found, dated to 900 years ago. The newly-established Smithsonian institute quickly covered up this finding and nothing was heard again. Of course we know many large skeletons have been found globally, but in the Niagara story we see a possible link to the Jigonsawseh self-conceiving lineage. The Mohawks always said that the Peacemakers of 900 years ago were very large people.

My suggestion is that the inner strength and wisdom gained by this practice leads eventually to greater outer strength and so greater size. It appears that when the Blood Masteries were known and practiced, humans were big, both spiritually and physically. The other insight recently revealed is that the waterfall is a significant tool to accomplish the art of self-conceiving. We

can see that the mighty Niagara would certainly provide this needed powerful descending element.

## **An Overview of the Origins of the Peacekeeper Mission**

Approximately 1000 years ago, a woman escaped from her warring, infighting community to seek a quiet peaceful place to find answers to her community's unrest. She traveled south and paddled by canoe to a beautiful island in Lake Ontario. At the southeast end, she found a high, thin waterfall falling from a small deep lake located at the very top of a cliff edge.

At the foot of this waterfall she made her home. We can only surmise the details of how she must have fallen into a trance under the influence of the powerful waterfall. We only know that after years living in seclusion there, she reached a superconscious level and became skilled enough to engage in the arts of self-conceiving...and so she did. This woman, whose name was Gaheliagaha (meaning "She who walks ahead") did indeed bring forth an enlightened girl child, who had asked to be born through her.

The art of developing communication with an enlightened soul, who wished to come to earth, requires that woman to first be enlightened herself.

The second more advanced level of the Blood Mastery practice allows her to divide her own egg, by bringing together her womb's cosmic blood with her heart's solar blood under the influence of the descending power of the waterfall! This superconscious soul seeking birth could not reach earth unless a superconscious woman like Gaheliogaha was available to receive and gestate her!

It was during this time that Gaheliogaha developed a lucid dream or remote viewing connection with the Jigonsaseh lineage, who lived close to another waterfall at the west end of Lake Ontario. The mighty Niagara Falls! Without a doubt, we see how the power of the descending waters play a key role in being a tool to self-conceive.

And so it was. We see in this process that the female gender incarnates first. As Gaheliogaha's daughter grew, they began to plan a mission of Peace together. She named her Gahedosug (meaning "end of field") She was only a young teen when she began to communicate with the spirit of a male soul who asked permission to be her child. So it was that she also self-conceived and brought forth a boy child, named Deganawida.

Self-conceiving a boy child is a more difficult process; I will let one of our team members describe the process on the next page.

Thus, the Mother, Daughter, and Son trio seems to be the original power trinity that creates the perfect dynamic to manifest a very powerful mission. Soon after the son was born, who can you imagine appeared, sailing across the waters in canoes? The Jigonsaseh women from Niagara Falls, the Clan Mothers or Mother of Nations! She and the birth mothers would become the teachers of Deganawida. It would be his responsibility to take the mission, initiated by his family, out into the world!



A sketch based on Da Vinci's "Holy Family" — replacing them with the self-conceiving Wendat Mothers, Deganawida, and Jigonsaseh — all one family (note size of fox). Art by Maureen Walton Obrien 2024.



## Self-Conceiving a Boy Child

by Wendy Orisun

*More irrefutable evidence continues to be demonstrated in today's world that the original human form is indeed female. As the U.S. National Academy Press explained in 2001 in their "Gender Begins in the Womb" article: All human individuals begin development from the female XX chromosome.*

*During early development the gonads of the fetus remain undifferentiated. Approximately 6 to 7 weeks after gestation, the expression of a gene of the Y chromosome may develop and induce change that results in the development of the testes. When this happens, the gene of the Y chromosome (SRY) causes the embryos of mammals to develop testes instead of ovaries. The testes then cause the rest of the embryo to become male. Men retain the nipples which are undeveloped breasts due to testosterone produced by the testes. Ovaries continue to develop in the absence of the Y chromosome and SYR gene. The U.S. National Academy Press explains: The fact that ovaries can transdifferentiate into testes shows again that the original form is female and also that men came from women and never vice versa. Notice how the genitalia later falls outwards for men when transdifference or SRY gene comes into effect. The ovaries descend, transdifferentiating into testes and the vagina falls out morphing into the penis.*

It helps to be aware that most parthenogenetically-born children were female and very rarely male. In fact, men or the Y chromosome literally never existed in the beginning, because the first sex/gender was female. Parthenogenesis technically and naturally results in a female child or a replica of the mother, because the Y chromosome is not needed or involved when self-conceiving in an alkaline non-harsh environment.

The male Y chromosome broke off or mutated from the female original X chromosome (that is three times larger) due to the acidic factors that emerged when the environment became

harsher and more degraded. A proven example of this is the shortening of telomeres or chromosomes, that surface when the body system begins to lack the antioxidant lycopene. Studies show that lack of alkalizing effects of lycopene in the body, causes the gradual shortening of chromosomes or telomeres. Lycopene protects chromosomes from shortening and slows down cellular aging, thus protecting the human body from degenerative disease such as cancer. Cancer cells thrive in a system that is acidic.

More evidence exists that demonstrates how Y chromosomes can wear away, degenerate, or mutate. As explained in the article *“Men lose Y chromosomes as they age and It may be harming their hearts,”* cells can survive and reproduce without a Y chromosome, but men lacking Y chromosomes in some of their cells are more likely to suffer from heart disease, cancer, Alzheimer’s disease, and other age-related ailments.

Moreover, the condition could be a reason why men die on average about 5 years earlier than women in the United States, says molecular biologist Kenneth Walsh of the University of Virginia. This makes it not far-fetched to understand that over time, the mutation of the X chromosome can give rise to the much shorter size of the Y chromosome, when a woman is in an acidic, stressful, harsh environment!

It is rational to say that with the womb-to-heart redirection practice, we can work toward reversing the degenerative acidic process and regenerate ourselves with our alkaline womb blood.

Over time, this practice will lessen the wear and tear of the female X chromosome. Women can practice the womb-to-heart technology to increase inner strength and awareness, with increased success. They can later introduce the reversed heart-to-womb descending process, to naturally self-conceive, genetically, physically, and spiritually stronger offspring.

It was found in 2020 that this genetic decay resulted in the human Y chromosomes losing 97% of their ancestral genes. Gene content remains highly conserved in the X chromosome. Furthermore, studies show that the Y chromosome has 71 genes

(less than one-tenth as many as the X chromosome) which is why they often do not get passed on when a cell divides. The stark difference between the X and Y chromosome demonstrates that the female X chromosome is not only much older than the Y chromosome, but also has a greater number of genes and is more durable than the male Y chromosome. Furthermore, researchers Rebecca Cann, Allan Wilson, and Mark Stoneking found in 1987 that “Y Chromosome Adam and Mitochondrial Eve were not hanging out in some genetic Garden Of Eden. In fact, they didn’t even live remotely close to each other. It is estimated that Y Chromosome Adam may have existed about 60,000 years ago as opposed to Mitochondrial Eve who existed 180,000 years ago.” This proves that women were the first sex/gender and the male Y chromosome broke off from the female X chromosome eons later, giving rise to the first boy child, who was self-conceived in the parthenogenetic process. This was only possible when the environment became less alkaline/highly vibrational and more acidically harsh. Wo-men brought forth women and men.

*Note — Elisa Bert Gamble — Challenged Darwin's theory that wrote women out of evolution. She has many books we can study.*

## **Support & Testimonials from Friends of Other Disciplines**

### ***Karen Holmes***

I credit Karen Holmes for leading me to deeper levels of subtle esoteric realms. She introduced me to Hibernia and the world of R. Steiner. From Karen, I first heard that all life is born from the Darkness. Over the years, I attended many of her workshops and this helped me to access the Q’ero material more deeply. Karen also edited my original complete book and gave it its structure and design.

### ***Students of this Work***

I was very excited to meet the like-minded women who had read the first printing of my book and later reached out to me. Bethany from Tennessee, Wendy and Valerie from NY, Marnie from Niagara, Gladys from Toronto, Myla from New Mexico, etc. Together we formed a collaborative Zoom class to meet and discuss. A few began researching independently, and have uncovered more levels since 2023. A few more are ordering the book in hopes to join us.

Five of us met in person for the first time to hold our Dark Lodge teacher training retreat from August 29 to September 2, 2024.

This was a significant occasion for us all to sit together in a ceremony, in real time, womb to womb! We also visited what we believe is the actual parthenogenetic site of the Peacemaker V.B. women.

Students are required to learn and present the full meditation to the group in order to open their own Dark Lodge in their own communities. It is easy to track the progress of women under 40 by the evidence of decrease in blood loss. The aim is to pass this wisdom on to the next generation, thus growing the movement strongly and quietly from within. Since this gathering, two women experienced a difference in their cycle. Wendy lost all feelings of soreness around the womb and breasts after our first night in the lodge. It was the day before her cycle was to begin. Her blood loss was less than normal that week. Gladys experienced that her cycle was postponed for a few days and then there were no symptoms or discomfort and she experienced less blood loss. Both these women already had meditation experience and knew how to engage strong intentions. Gladys is a Qigong practitioner.

### ***Felipe Cardasis Martinez***

I give credit to my friend Felipe from Uruguay who is in training as a Mayan Firekeeper. He became interested in the Q'ero womb-to-heart system when he saw I was including the horizontal torus as the "missing half of the story." This missing piece represents the feminine horizontal, complimenting aetheric connection.

Felipe has taken the position of fire/water keeper during our dark lodge ceremonies, as protector. Felipe also discovered the 2019 YouTube video of the Q'ero male shamans who were seeking the lost feminine half of their traditions and requesting anyone who knew to return it to them. We will send the Spanish and Quechuan version of this interpretation to them and hope it will be well received. The Spanish translation is being done by Melanie Biette from Spain, who is familiar with the system.

## **Into Another Dimension — Seizures**

Much more information was revealed to me about this system in dreamtime and from psychic openings experienced from extremely frightening brain seizures that I experienced in November 2022. These series of seizures stopped my heart a couple of times, so I was given a pacemaker and the label of epilepsy.

It was after those seizures I received further details of the Q'ero technology, in regular dreams and morning visions. One, for example, was to include the left and right hemispheres of the brain into the meditation which wove together the system more completely. (See the complete meditation in Chapter 6, which includes this addition.)

Another direction I received was to clarify that the magnetic vortices also have a lesser complementary releasing mode (as in the yin yang “seed of each in the other”). They use the terms “centrifugal” and “centripetal.” I had previously omitted this essential aspect.

I continued to experience vivid dreams and direction for four months before the effect of the drugs began to shut me down somewhat, but I still manage to follow the synchronicities that bring me further awareness of the system. A year later I was given dream guidance to clarify the huge role the kidneys play. This direction answered how the woman was to bypass engaging the central vertical channel.

During the seizures that stopped my heart for about 10 seconds, I passed through the veils. I am still processing what beings I met there and where I was. They gave me a life review and then wiped my memory of it. They then asked what my choice was — to stay with them, move on to the next life, or return to earth. Whatever I learned during the life review, changed me within and as a result I felt compelled to return to this life on earth and complete this work.

I felt a benevolent, compassionate support there. I did not experience traveling through “a black tunnel to a white light” as many say they experience. Rather I arrived immediately in a whitewashed space where I could hear and feel the supporting presence of what seemed like kin or family. I communicated telepathically with them with no effort, as if it was normal for me.

## **The Moon**

Many who have had near-death experiences feel that the moon and the beings, who apparently live there in another dimension, are not always benevolent.

I have sometimes felt suspicious of the moon's power to influence women's cycles and perhaps create blood loss, which is why I offer this meditation on the dark of the moon (to bypass its power). Many say the moon is artificial and is a station to recycle souls and send them back to earth even if they are ready to move on! In this way, we become stuck in the trauma of all the wars and suffering and provide a secure “food” or energy source for nefarious off-planet beings. (This links to the process of stealing womb power.) I suspect we would otherwise move on to evolve further on other planets and in other dimensions, if not for this interference. This is speculation and perhaps another fear tactic circulating. I'll let you, the reader, discern. On one hand, when I experienced a NDE, I was motivated to stay in that realm beyond the veils, as it was clear I could manifest any dream or project effortlessly and immediately without the huge efforts needed to manifest on earth. On the other hand, after they gave me my life review, I was resolved and eager to return and complete this work

with the Blood Mastery rather than move to my next life or remain with them in that utopia.

## **Free Energy Healing Chamber and the Stone Boat**

Another exploration of working with the aethers is being developed by neighbors Greg Dwyer and John Coxon. They are building a free energy healing chamber just north of Wyldwood Sojourn near Marmora. They are using the red granite of the Canadian shield, together with red oak and the technology of their teacher David Hamel. David built and successfully completed a free energy flying machine in the 1980s and 1990s, under the instruction of an alien race called the Kladons (details in his book listed below). These are the very same materials used by Dagonawida 900 years earlier to build his "stone canoe."

Greg decided to adapt David's technology to instead create a healing chamber. He constructed a prototype in a hexagon shape and is currently constructing a larger finished model. I began to study the basic workings of both the devices and how they engage the earth's aethers and incorporate the electromagnetic forces.

My concern is that they use orgone and kundalini energy as the means to raise the aethers by using the theories of W. Reich. Knowing now the potential danger of engaging the fiery, rapidly ascending energy, by engaging these techniques, is a red flag for me, especially when in the hands of men who have no knowledge of how women raise the same power—slowly and gently, maintaining the weight, moisture and pure cosmic wisdom! I know Greg and John have only good intentions to help humanity. Nevertheless this does not appear to hold complimenting feminine technology in the same way it did in the ancient past. To me, they may be repeating the same mistake Tesla and others may have made. I trust Deganawidah's knowledge and wisdom in the right use of this technology, as he manifested the "stone boat" and created it in partnership with his enlightened Parthenogenetic Mothers and Jigonsawseh! This is the key to the mystery! According to some, this superconscious group, the Peacemakers, had the ability to levitate stone as an example. Some storytellers say his stone boat flew at interdimensional speed across the water's surface.



We know he was under the guidance of three enlightened women who were masters of the electromagnetic Blood Mastery system, so with this level of collaboration it may have been possible!

Today the men have no connection with or knowledge of, the complimenting feminine womb-to-heart technology, as ancient indigenous men did. Nor do they know the history of the important role women played to inspire the creation of “stone boats” by offering their complementary “silvery” cosmic forces. This wisdom has been strongly erased from all of our memories. Greg and John have their own backgrounds that led them to this same landscape of the Wendat Peacemakers. I pray they are being guided by the Peacemakers and it will turn out well!

*For further reading of the free energy technology of their predecessor, read David Hamel's book, The Word Made Manifest through Sacred Geometry/Zero Point — UFO Technology as told by R. Thomas, 2004.*

# Chapter 4

## Study of the Tori Systems

**An introduction to the unique electromagnetic technology within the woman's body.**

### **A practical guide**

Let's first look at the magnetic torus. Become familiar with its form, movement, and central channel composed of two converging vortexes. Note that contemporary yoga teachings and other systems omit the horizontal torus that surrounds the body. It is larger than the vertical torus that carries the chakras. The horizontal torus is recognized in science, in imagery and in carvings around the world as the crossbar of the common equilateral cross.

The reason for this omission is the dominator's emphasis on using only the male body to record its findings. The masculine energies are predominantly vertical and their strength rests in the upper body that connects with the Sun. The masculine vertical torus is more concentrated and thus smaller. The womb's forces, being Cosmic, create a very expansive and powerful horizontal torus that allows the woman to magnetize in much more of earth's aethers than the male. This is visible in the woman's physical form with her strength and power centered around the hips.

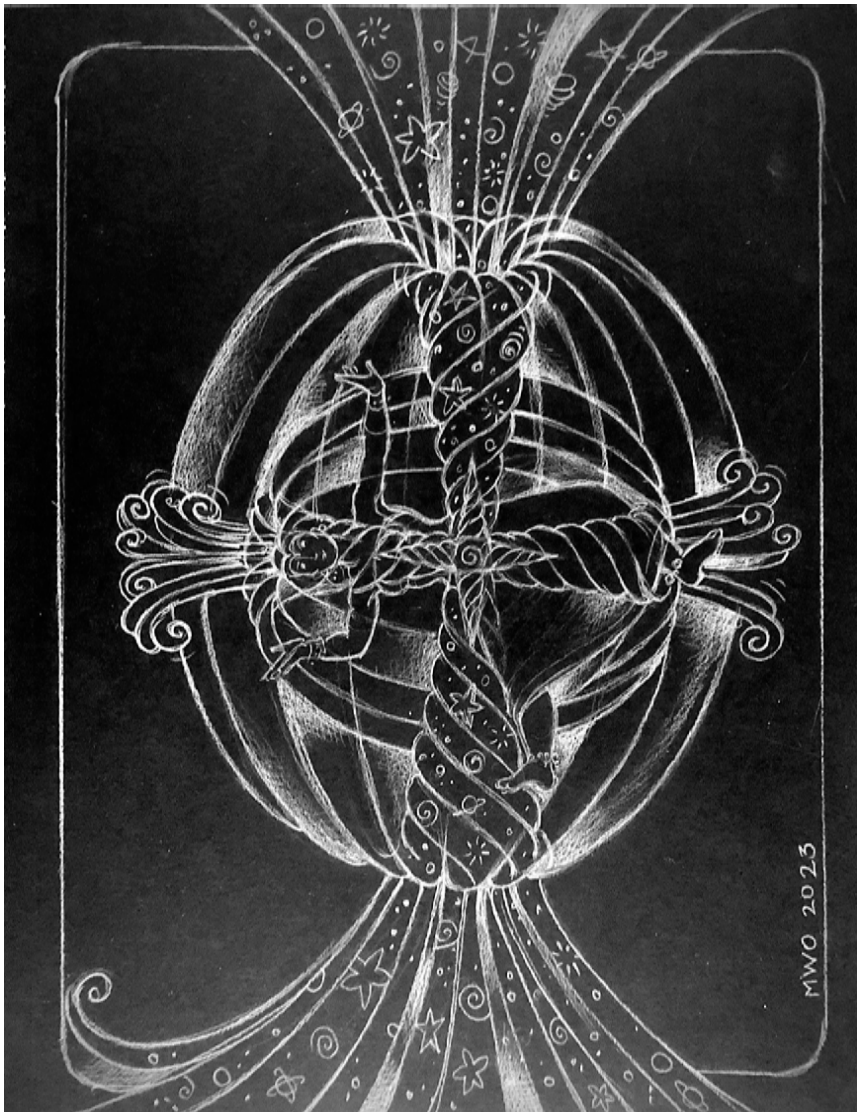


Diagram of the relation between the masculine vertical torus and the feminine lateral torus.  
Art by Maureen Walton Obrien 2023.

This image is to be viewed horizontally. Please rotate the book to view.

## **First Let's Look at the BIG Cosmic Picture**

### ***Let's Look at the Sun's Torus***

It is the Sun's mighty torus that has the strength to pull in the cosmic energies of the good darkness from outer space!

The Sun's torus (his magnetic field) extends to the outer reaches of his solar system. The solar system is in fact the magnetic field of the sun. The solar system is like a tiny bubble of light floating in the expansive dark cosmic womb of outer space. The Great Mother of all! The "Wiracocha."

The Feminine, universal energies lie beyond the influence of the Sun! This is key to remember. They are two different complementary worlds.

The solar system is full of mythical stories (which means truth) of sun gods and mighty kings building golden sky cities and battling other sun gods of other planets and even of other solar systems. This is the masculine world of fire, manifestation, structure, logic, knowledge, and order in all perfection—that is the finishing principle. Let's imagine the sun at the center of his solar system. See the magnetic field of his torus (his feminine aspect) pulling in the vast, cosmic source wisdom energies of outer space! Some call this very alkaline cosmic source the Sophia or Wiracocha principal. Remember, it carries no worldly energies (no karma or ancestral issues). See this realm as fluid, moist, heavy and like plasma! Hear all the vibrations and frequencies flowing through that gelatin like plasma. All the designs of the universe are here. It is a silvery eternal realm. She is sucked in towards the mighty sun, straight into his central vortices and there she gathers in the sun's qualities before she is spit out the opposite pole, where she rides the solar winds that flow to earth.

### ***Let's Look at the Earth's Torus***

*(page 55 diagram)*

As the cosmic energies are thrown towards the planet earth in the solar winds, the torus of the earth in turn draws them into her

central channel. There they are imbued with the rich qualities of all the many minerals and waterways of inner earth.

So now these cosmic energies emerge from the earth's opposite pole and begin to flow over the earth's surface. They are held close by the earth's magnetic field. These are what we call the magical aethers. *They flow with great momentum propelled by the power of the sun's torus and the earth's torus. They contain a mixture of cosmic, solar, and earth ingredients.*

### ***Let's Look at the Women's Torus***

*(page 52 diagram)*

As the woman dances on the earth's surface, she can engage her lateral magnetic vortices of her own horizontal torus, with her inhale. The alkaline aethers flowing by her continuously are absorbed into her very center — which is the convergence point between her womb and heart. This convergence we call the 0-point. (the woman anchors, in her imagination, the presence of her horizontal torus by gazing at the earth's horizon line — the horizon is stable and surrounds her) In this case both vortices are magnetic. She drops the 0-point into the womb space with her inhale and feels her womb blood become imbued and transformed with those sacred cosmic aethers! She continues to import those aethers directly into her womb's space for a week or so according to her cycle!

I understand that the two tori of the personal system are aligned with and anchored to the earth's powerful torus and meridians and so do not act independently, within reason. So to engage the system most effectively you may dance, sway walk or sit, but I imagine laying down will not allow one to engage the horizontal or the vertical central channels effectively.

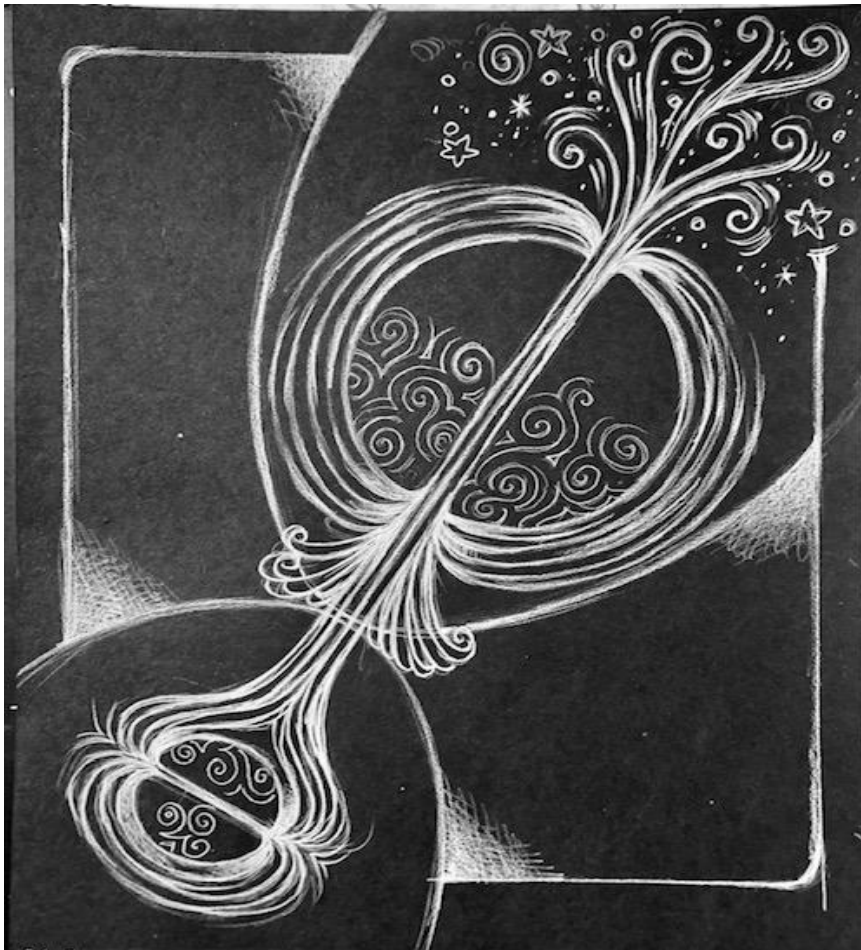


Diagram of the sun and the earth Tori. Showing how the sun imports the “cosmic source” and sends it to the earth. Art by Maureen Walton Obrien 2023.

## **The Redirection of the Elixir to the Heart. The Role of the Kidneys**

I'd like to compare this womb-blood-redirection process to how sap rises in a tree to feed the crown. The roots, like the womb, develop the sap from the aethers and send it upwards to nourish the leaves and flowers. The sap rises against gravity. It is perhaps related to the cyclic spring time "exhale" of ascending forces.

The womb's blood has been imbued with cosmic alkaline aethers during the past two weeks. With each exhale, a woman contracts her womb and diaphragm and with her intention sends it gently upwards toward her heart. This process clears the acidic and karma laden heart blood and renews it with fresh etheric cosmic energies that carry no karma. This process lifts the weighty, watery brew slowly upward, aided by the gentle warmth of the two kidneys, which are on either side of the central channel of the vertical torus and between the womb and heart. With the assistance of the kidneys the womb blood avoids any contact with the central masculine, fiery ascending energy, which would burn off the moist and heavy cosmic aetheric nature of the wombs blood, before it reached the heart!

*The kidneys are a powerful, willful organ perfectly placed to safely carry and lift the womb's blood intact and in safety, thus avoiding the rapidly ascending fiery forces of the masculine central vertical channel (the Kundalini forces). (See page 71.)*

## **The Cello as an Instrument of Awakening?**

The cello began as two gourds on a stem with strings. It and the bass are the only two string instruments that remain held in a vertical position when played. The lower cello body holds a woman's cosmic energies and the upper cello body holds her solar energies.

This aligns perfectly with the Q'ero womb-and-heart position in the woman's body.

Could it be that it was originally designed to support the women's awakening with its harmonic vibrations? The bow is drawn horizontally across, between the heart and womb. This is the central activation or 0-point! The musician directs the horizontal flow of energy vertically, ascending or descending. I am henceforth paying closer attention to the inner strength and wisdom of female cellists to learn whether they experience a lighter or non-existent flow of menses.

## **The Hindu Bindu**

The Hindu Bindu mark, I suggest, was originally a spot of womb blood placed on the forehead between the brows ceremonially, as an intention to accelerate the redirection of the cosmic womb blood upwards to awaken the third eye!

Even today, some confuses the red bindu mark, placed in the centre of the forehead, as coming from an ancient practice associated with sacrificial heart blood!

However even the very tiny amount of Womb blood released in former times was not wasted! As some know, it was used in various forms of ceremony to boost strength in former times.

## **Escaping the Wheel of Karma**

By reclaiming the Blood Masteries women can, in a very physically embodied way, step out of the reincarnation cycle. *The womb is the only pocket of pure "cosmic mother" energy on earth!* The woman need only redirect that pure aetheric brew she has gathered, through her whole body, to reach a superconscious level in one lifetime. This is why, in many places, until a few hundred years ago, women were the respected Clan Mothers of all indigenous peoples. They embodied the cosmic source of wisdom energies and were able to inspire and guide the men and select the chiefs. The female role of serving, truly meant serving cosmic food, not necessarily cooking and cleaning!

On a personal level it would probably mean that a woman, being already enlightened when she passed from the earth plane, would bypass the moon's influence and so have a choice to freely



seek rebirth on other planetary systems that offer further levels of evolution.

Also as previously mentioned, a superconscious or enlightened woman does not engage in sexuality but rather takes a guiding role for the community and nurtures her sisters' children, whether earth-born or virgin-born. These enlightened women may have chosen to self-conceive enlightened souls, who were seeking birth, by practicing the arts of parthenogenesis. As explained in the full version of this book, it takes a few years for a circle of women to accomplish this art, and only one becomes pregnant. All are the mothers of that one child. This practice points to fewer children being born and more of them being girls, as it is more difficult to self-conceive boys. It also points to only children who were planned for, being conceived.

Women were not always available to create earth children with men, nor were they expected to. Our relations with men were on different and varied levels of partnership.

In considering all this we begin to realize the superpower of the womb's blood!

## Chapter 5

### The Q'ero Womb-to-Heart Technology

#### The Meditation as it has Evolved since 2008

Choose a quiet dark comfortable space. Sit or stand. Begin with chanting the Om mantra four times. Emphasize the three tones: Ahh = dropping awareness to the womb; Ohh = contracting diaphragm and raising womb energy to the heart; Mmm = tongue to roof of mouth, raising energy to the pineal.

For the strongest effect, practice this with two or three other women, close together, in a darkened supporting environment.

Keep abreast of the evolution of this practice on *thegooddarkness.com*

Reminder: The following system consists of a vertical masculine torus and a horizontal feminine torus (see diagram on page 52). This forms the equilateral cross. It is consistent and unchanging. It remains anchored in the earth's toroidal meridians. Thus the meditation is not effective if a person is lying down because the cross configuration remains upright.

Sitting or standing while practicing is necessary.

#### Step One

##### Weaving the Womb, Heart, and Brain Together

Bring your awareness to your right brain, the front temporal lobe. This is your intuitive and clairvoyant feminine side—trace its energy to your left side and your left hand. You express the feminine aspects with your left hand into the world. Place your left hand on your womb. Now your feminine right brain creativity is directly connected to your womb's cosmic creativity, feeling, wisdom, and compassion.

Bring your awareness to your left brain, the front temporal lobe. This is your structured and logical masculine side—trace its energy

to your right side and through to your right hand. You express your masculine aspects into the world with your right hand. Place your right hand on your heart. Now your worldly left brain sense of order is connected with your heart's solar knowledge and love.

See the feminine cosmic system and the masculine solar system anchored and woven together within your own body. We are now ready to begin the meditation...the illustration on the following page describes this in visual terms.



Schematic of the weaving of the worldly left and right brain together with the cosmic womb and the solar heart. Also depicting the lateral cones importing the aethers. Art by Maureen Walton O'Brien 2023.

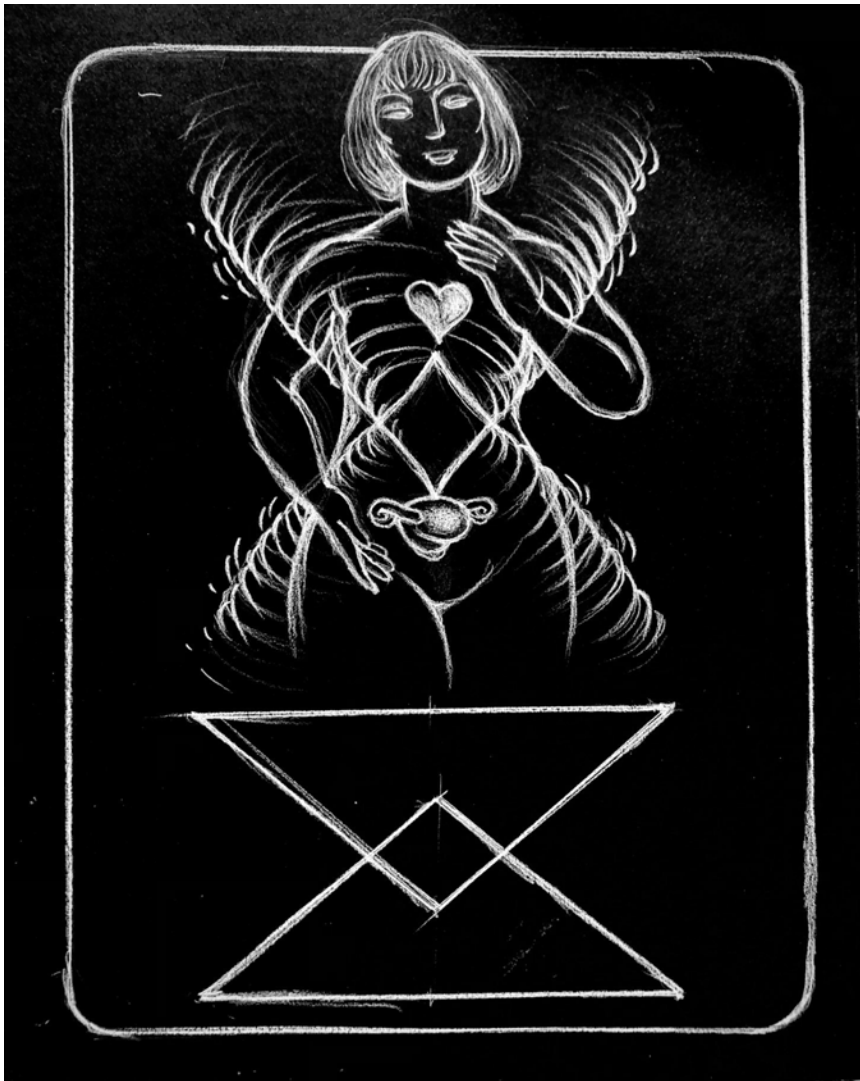
## **Step Two**

### **The Vertical Masculine Torus of the Female Body**

Visualize the vertical torus flowing around your body on either side. Its central channel is composed of two magnetic vortices converging in the center, between your womb and your heart. This central channel runs up and down before your spine (see illustration on page 63).

### **The Descending Feminine Vortex in the Vertical Channel**

We will now focus on the upper vortex that is spiraling downward from above your head. Its apex reaches down to the top of your womb. This descending feminine cone of energy surrounds and protects the masculine heart. It also pulls the heart's love down to nourish the womb. With your inhale and your intent, feel your diaphragm expand and allow the descent to increase in power.



The vertical central channel of the torus, in 2D and 3D. Art by Maureen Walton O'Brien.

## **The Ascending Masculine Vortex of Energy**

We will now focus on the ascending vortex in your lower body.

It is ascending from the earth and its apex reaches up to touch the bottom of your heart. Notice how it surrounds and protects the feminine womb. We will explain how to activate this in Step 5.

### **Your Central 0-point**

Place both hands between your heart and womb (or naval for men).

**A** — Practice activating your ascending and descending energies. Note that the descending and ascending cones overlap.

This overlap area is a concentration of the two opposite powers of female cosmic and masculine solar energies! They converge here and create a swirling motion. They do not blend. They set up a dynamic powerpoint of attraction and repulsion.

**B** — Focus your attention on this 0-point, also referred to as the central diamond (study the diagram on page 52). You may move this diamond nexus at will with your breath and intention, up or down.

## **Step Three**

### **The Feminine Horizontal Torus of the Female Body**

Visualize the whole feminine horizontal torus surrounding your body. It is much larger than the vertical torus. It extends outside of your vertical masculine torus. Its lateral central channel is composed of two converging magnetic vortexes (see illustration on page 54).

The two lateral cones of energy also are magnetic. They converge and overlap exactly over top of the 0-point of the vertical system.

With your breath and intent, inhale the aethers from either side of your body, into your central 0-point (see diagram on page 66). In your imagination, see the earth's horizon line as a stable,

enduring, steady force to align your lateral cones to. They are powerful magnetic forces.

**A** — Inhale and feel yourself laterally attracting into your 0-point, the cosmic aethers that flow across the landscape. (These vibrant pinpoints of light and dark energies twirling about can be seen if you lay on your back on the grass looking up into the sky. First they will appear in your periphery, then clear and strong filling your whole field of vision.)

**B** — Place your hands between womb and heart (in the hand mudra position of the cosmos). Feel how this now quadruples the energies gathering into your central 0-point. Your intention and correct breathing is everything.





Diagram of the central channel of the horizontal torus that attracts the Cosmic aethers. Art by Maureen Walton Obrien 2020.

**A** — Inhale and feel yourself attracting into your 0-point, the earth aether that flows across the landscape. This now quadruples the energies gathering into your central 0-point between your heart and womb. Visualize the whole and balanced system by contemplating this diagram on the next page.

*Also consider where the aetheric energies that flow by in the earth's torus come from!*

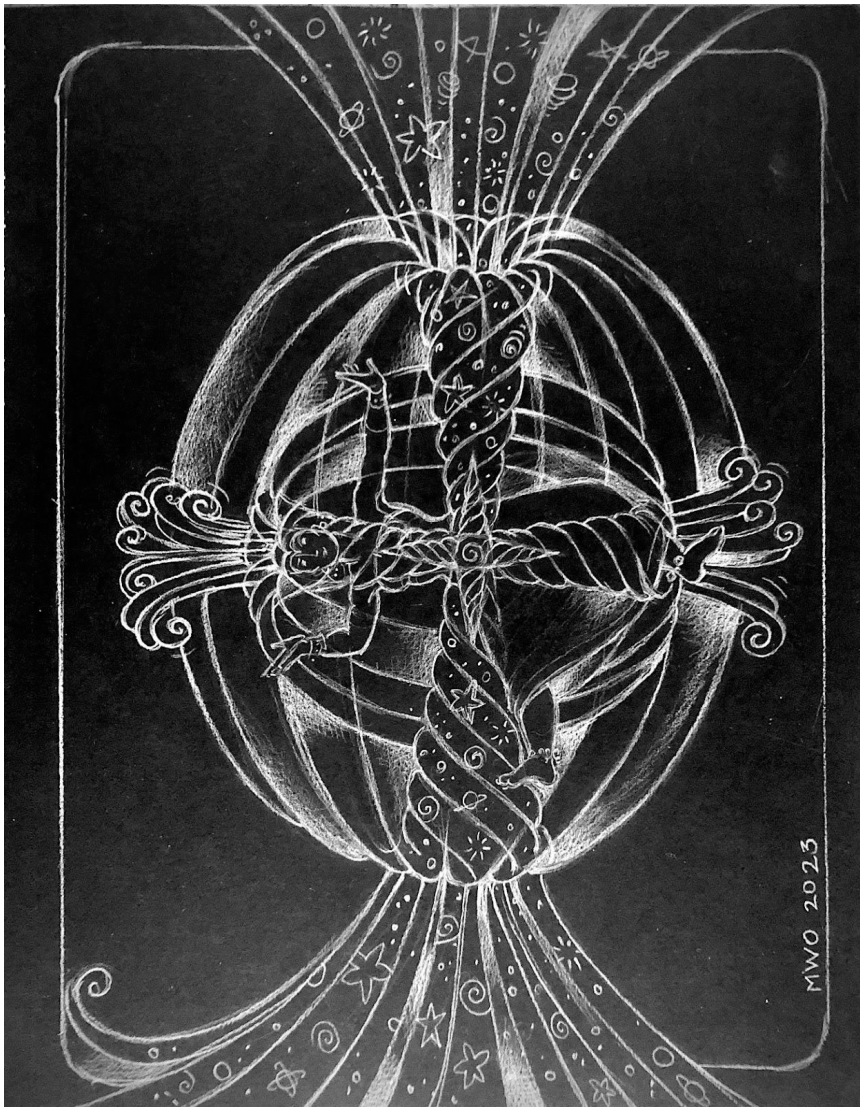


Illustration describing the two complete tori systems and how they appear around the woman's body. Art by Maureen Walton O'Brien 2023.

This image is to be viewed horizontally. Please rotate the book to view.

## Step 4

### Guided Visualization: A Journey to the Cosmos

The Galactic Mother “Wisdom Principal”

How does the cosmic source reach us?

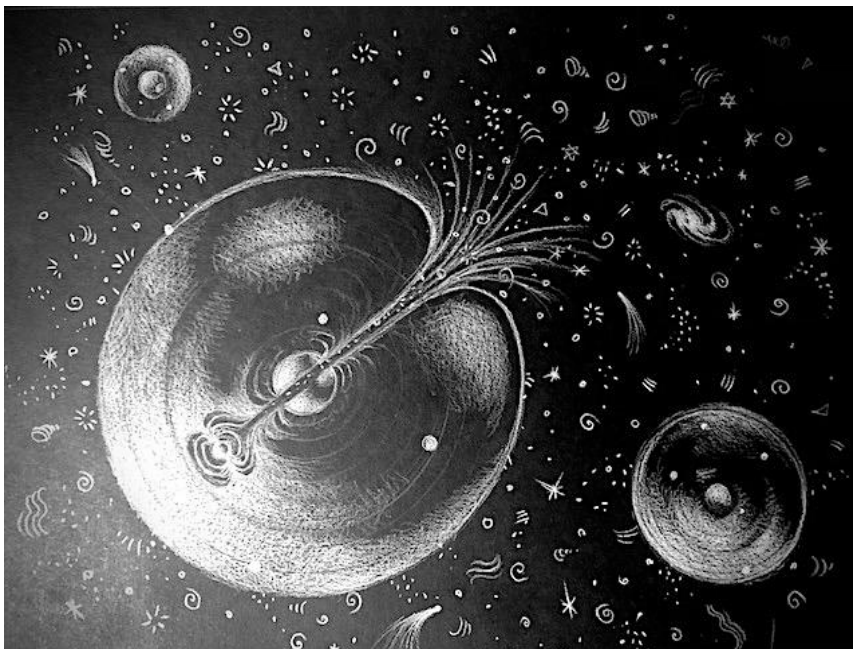
**A** — *Feel yourself grounded with your inhale, and with your exhale lift your awareness with your imagination out the top of your head.*

*Feel yourself travel through the atmosphere and beyond the earth's torus. Time is lost as you move swiftly by all the planets, as they roll by you in the light of the sun.*

**B** — *Arriving at the edge of the solar world, you look back at the mighty Sun blazing at the center of his system.*

*This is the home of the masculine manifesting and finishing realm. Here is where all the great epic myths of Sun gods riding blazing chariots, drawn by dragons, appear! You see that it is the Sun's own toroidal field that holds all the planets in place and keeps them rotating around him.*

*You also realize that you are in a bright bubble of light floating in a vast cosmic sea. (See illustration page 70.)*



Our solar system is a great magnetic torus with the sun at its center. The sun and its toroidal solar system are floating in the dark womb of the Cosmic Mother realm. The Sun's torus pulls the cosmic consciousness into its central channel and sends it out the opposite pole, where it flows with great momentum in the solar winds towards the earth. The earth's torus in turn sucks in this cosmic power. Art by Maureen Walton O'Brien 2024.

## **C — The Cosmic Realm**

Then you turn to look behind you into the velvety darkness of the cosmic fullness. This is the realm of unknowable wisdom and compassion and is the source of all — the Mother Principle. She seems to extend forever. You can feel her vibrancy, brimming with all potential but not yet in form. The designs of the universe are here. Heavy and fluid, this universe is moist and gelatin-like. A kind of plasma. She draws you toward her with her attracting forces in a profound embrace. Her wisdom holds no opinions, her deep feeling holds no emotion, her compassion expects nothing in return. All good life is born from this deep darkness. *She is the wise inspirational source for the masculine manifesting powers to draw from! She nourishes us all with her mysteries.*

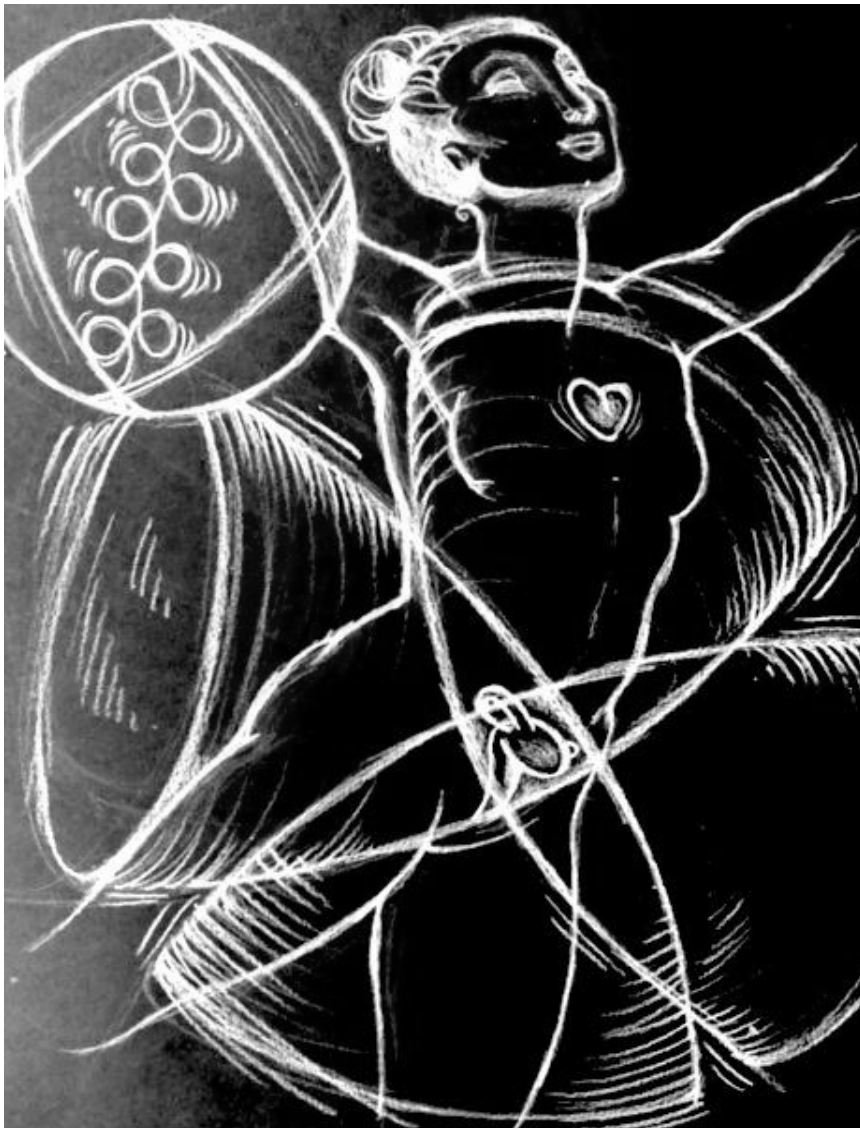
## **D — The Sun's Torus**

You turn again towards the Sun. You notice the powerful central channel of the Sun's torus is sucking in this cosmic fullness with unbelievable power. You see the cosmic energies travel through, be thrown out the opposite end of the Sun and then flow towards earth in the solar winds.

## **E — The Earth's Torus**

The tiny earth is passing by in her orbit. She too has her own toroidal field and in turn sucks the cosmic energies flowing towards her, into her core via her central channel. Now the cosmic mysteries are flowing through earth's center! She also brings with her the sun's essences! Together all these rich ingredients enliven the inner earth's minerals, of silver, gold, including all the inner waterways.

Now the cosmic energies emerge from the opposite pole and begin to flow over the earth's surface. With a powerful momentum, they swiftly pass over the mountains, valleys and over the oceans, empowering all directly. They come as countless tiny swirls of light and dark pinpoints of energy twinkling like many sparks.



Visual interpretation of the system and its central 0-point over the womb importing the aethers directly! Art by Maureen Walton O'Brien.

## **F — The Woman's Horizontal Torus**

Bring your awareness back into your body and specifically to your horizontal torus. See its lateral central channel as two magnetic vortexes ready to receive the cosmic energies (according to the Q'ero all four are magnetic).

This horizontal torus channel swivels to align with the earth's north to south meridians. See them widen and activate as your attention is focused on receiving. Your personal torus is expansive and extends out from the central diamond point, approximately 6-to-10-ft depending on the woman's inner strength. Inhale and with intention feel the cosmic aethers begin to flow into your womb pocket from this lateral channel. Here is where the magic happens!

Because of this action the womb's blood is always in a divine state! With every breath it is fed, unconsciously and continuously with pure cosmic wisdom. It arrives with great momentum and power by the force of both the Sun and the Earth's tori systems together!

Therefore there is no opportunity for any pollution, or toxins present in the air, to be absorbed! This dynamic importation has always been happening in a minimal way since you were a child...but now we will increase this process tenfold as we learn to attract and hold this cosmic energy within our wombs.

The cosmic brew enters and fills the womb space. It is not possible for anything but pure universal energy to exist here. Therefore the womb's blood has never carried karma or ancestral issues. Remember, a woman has two different blood systems; one is cosmic and in the womb and one is solar and in the heart — complementary opposites.

Note your cervix. It protects the womb from the outer world. There are no worldly sexual attraction feelings within the womb. That exists in the birth canal and in the sexual organs.

Continue to expand your womb with your inhale and intention and import the aethers for a few moments throughout the day. You



may move, extend your arms or incorporate Qigong movements. Feel the breezes and gaze at the horizon to stabilize your horizontal cones of magnetic energies.

Focus on importing until you feel your womb is full. Perhaps a week or two depending on your cycle. You may adapt this to suit your own rhythm. You may feel ready to import and then redirect daily. By the second week you will be fertile and full and ready *to engage your ascending cone in the vertical system and begin to lift that potent brew towards your heart for your own enlightening process — to nourish yourself! This is what we have been steered away from!*

## **Introduction to the Kidneys as Powerful Tools**

Before we attempt to raise the womb blood we need to realize how essential it is to avoid engaging the central ascending channel, of the vertical torus, which carries the chakras and kundalini energy. This fiery power of the masculine ascending vortex would instantly burn off the moist heavy blood together with the cosmic wisdom it contains!

Therefore, begin to focus your attention on your exhale, contract your womb and feel the blessings of the Q'ero Donas who retained this knowledge of the powerful effects of the two kidneys and their meridians that sit on either side of the central channel, between the womb and the heart yet still within the 0-point magnetic center! Imagine the cosmic blood rising like tree sap. The kidneys are placed in such a way to attract, move and filter your womb's blood with their gentle warmth and will. Sense the precious unworldly cosmic brew being safely protected by the kidneys and lifted upwards with each exhale. Let the kidney slowly and gently move that womb blood into your heart. Now your heart blood is being purified. It's often troubled nature carries all the cares of the world. Breathe this cosmic awareness in and feel your heart sigh in relief as this pure divine aether washes through it. This is a female technology that is not carried in the male spiritual traditions. We will now guide you through this process in more detail.



Illustration of the two kidneys aiding the ascent of the cosmic womb blood and allowing it to bypass and avoid the overpowering fiery central vertical channel. Art by Maureen Walton Obrien 2024.

## Step 5

### **The Redirection Method: Raising the Womb's Divine Elixir to the Heart**

Visualize the lower ascending masculine vortex of energy in the vertical channel, as you exhale and contract your womb space. Make the intention to lift your blood very slowly and gently. You may chant Ma Ma Ma.

**A** — See the kidneys on each side of the central vertical channel and between the womb and the heart. They aid us to gently process and lift the cosmic blood, in two streams on either side of the fiery central channel, so that the alkaline blood can safely maintain its moist vaporous quality, before entering the heart (and not be burned off).

Remember we are moving the physical blood not just the energy of it. One kidney is feminine on the left and one is masculine on the right. With your exhale and strong intention, sense the 0-point slowly lift together with the blood.

The womb's blood, full to brimming with calm, watery wisdom of the Cosmic realm, also carries super power stem cells!

After a few days of practice you can feel this power beginning to enter the heart and swirl around that fiery emotional solar brew. Use your imagination.

Sense the polar opposite blood systems beginning to meet in your heart! The cool moist alkaline blood of cosmic will, calms the fire of the heart's acidic blood! Magnetic and electric forces are now within your heart. Impersonal and personal.

This does not have to be too analytical. Remember the sap rising up the trunk of a tree from the deep foundational roots bringing life to the tree. You have the same power within!

Feel into your newly rejuvenated heart. The heart can be burdened with all the trauma and abuses of life and it gratefully receives the peaceful expansive unworldly wisdom from the womb! Continue to exhale and contract and lift. Your

consciousness will begin to expand as the heart's blood is cleansed of karma and slowly restored to its original purity as you continue your practice in a dedicated way. Little by little.

Feel the heart's pain released, with your exhales, through your toes and fingertips! Your womb's blood is cleansing your heart's blood so that in time the two can meet on equal terms! (Engage the AOM chant.) Now the two blood systems of your female body, cosmic and solar, are compatible for the first time, together in the heart! This moves you to an expanded clairvoyant level of consciousness and awareness! Womb blood carries compassion and heart blood carries love. Feminine magic and masculine mystery! Magnetic and electric. Alkaline and acidic.

As your cosmic imbued blood begins to flow through your whole body, you can compare the lessening of your womb blood loss with an increase of clairvoyant abilities, expansive understanding and telepathic ability. (Soon you will be ready to sit in circle in the Dark Lodge, with other practicing women to increase the effect tenfold! Womb to Womb.)

**B** — Rest and relax and consider. This redirection process does not engage the rapid explosive ascending energy of kundalini, which carries sexual energy. The process of engaging the “redirection” of the cosmic blood from the womb to the heart and thus to the whole body, naturally downplays your worldly individual sexual drive, while increasing your more impersonal feeling of compassion for all. While you practice to lift this energy towards your heart via the kidneys, your heart's blood, now purified by your womb blood, flows through your whole body and mind filling you with the compassion and wisdom of the universe. This lessens personal desire and so celibacy becomes a natural outcome, without needing to try. This would also effect other worldly desires. A sense of cosmic knowing, self sufficiency and freedom is yours! Blessings.

\*\*\*\*\*

***This completes the first two stages of the meditation.***

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Visual interpretation of filling the heart with womb elixir by engaging the redirection technique. Art by Maureen Walton O'Brien 2024.

## Commentary on the Process

After you have practiced the ascending process for close to two weeks you should be nearing the end of your cycle.

Please tune into your own rhythms and that of your colleagues. Let your body and womb know your plan. Set your intentions. Sit or dance as a small group as often as possible.

Engage as often as you wish. No pressure to have a rigid schedule. It could take a few months to a year to begin to feel your blood flow lighten, and unhappy emotions or discomfort disappear. Clairvoyance begins to surface and senses become more keen. Also watch for a more expanded “big picture view of life” begin to emerge.

Sitting together with a supporting female community is key, as well as a solo practice. (Men may join, but in an outer circle facing outwards and/or in the role of fire/water keeper. Their ascending energies are much more powerful and would counter our magnetic gathering process.)

Engaging this practice sitting, with a slow dance or incorporating a version of Qigong which is also very powerful. (Our team member Gladys Sanchez is currently designing Qigong movements to exactly replicate the womb-to-heart system. They will be posted on *The Good Darkness* website in 2025.) There is no harm in a day's worth of light blood loss or spotting. This can be used in ceremony.

You may be importing for two weeks and redirecting for two weeks, or you may be importing for one week and redirecting for three weeks, depending on your body's needs.

Your whole body is now full of cosmic imbued blood which lessens the worldly sexual drive at the same time as increasing your deeper level of wisdom and superconscious awareness. This was natural for women in the past. We did not create ourselves to be “on call” for intimacy 24/7! (I'm not implying that you will not have any romantic feelings at all but very infrequently.)

*May you cease to lose your precious elixir and bring yourself to full consciousness and full strength in short order!*

\*\*\*\*\*

***This completes the womb-to-heart technology meditation.***

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The following information offers the beginnings of understanding the process of parthenogenesis.

## **Step 6**

### **Dropping the Purified Heart Energy Back to the Womb (Parthenogenesis)**

This is the last stage and is the process of parthenogenesis. It is for initiates only! It cannot be effectively engaged until the woman has no more than a light spotting of womb blood loss for a day each month and no longer feels emotional attraction energies towards men. Rather she feels a calm, expansive feeling of compassion for humanity and nature that is not personal, as emotion is. She becomes aware she has stepped into a blissful and telepathic expansive state, due to a successful redirection of her cosmic womb blood and its energies to her heart, body, and mind.

The woman needs to be surrounded by a like-minded community and also have been in contact with an already superconscious soul who is asking permission to enter the earth realm. This requires a lot of preparation with a like-minded community.

It is not something to be played with for ego's sake. Should a woman engage before she is ready, the child she has self-conceived will not live long (as a few of us know from experience). It is also possible for the woman to attract a not-so-evolved soul, if she has not reached a fully mature and wise level to assess the soul with which she is in communication.

Technically, when enough of the cosmic womb blood has been redirected upward to the heart and fills the entire body and mind, the woman will sense the transformation. Slowly the unhappy karmic and ancestral presence in the heart's blood will lessen and perhaps disappear. Eventually the heart's blood becomes as pure as the womb's blood — though different. They are complementary forces.

One is of a solar electric nature and one is of a cosmic magnetic nature.



This purified dynamic will of course increase the power in the 0-point center yet again! This most likely is the moment the woman enters an enlightened state of being (Jappa).

*Most women at this level do not experience attraction energies toward the opposite sex, because their womb and their whole system is full of impersonal cosmic compassion for all! So there is no longer any worldly or personal human desire.*

The goal of women at this evolved level is to imbue the men and the community as a whole with cosmic wisdom so they can in turn manifest that wisdom and beauty into material form in the outer world (Clan Mother role).

However, a few of these enlightened women will feel called to go to the next level and self-conceive an already enlightened soul, to make it possible for her or him to reach earth. Remember, it is rare and nearly impossible for a superconscious soul to be self-conceived via the womb of an unenlightened woman. So we can see why there are so few on earth today, with this technology underground. This is, I propose, what the Jigonsawseh lineage was, that evolved and endured for thousands of years at Niagara Falls until approximately the 1300s. The Jigonsawseh lineage is a mother-to-daughter lineage of enlightened women, or Clan Mothers. The knowledge of this lineage is alive today in some Six Nations circles.

### **The Last Step in this Beautiful Remembering: Parthenogenesis**

In many pieces of ancient spiritual art that seem to depict the practice of parthenogenesis, an outer circle of men are depicted surrounding an inner circle of women who are in deep meditation. They appear to be present to support and offer protection. They are portrayed facing out or even asleep. This may express how they keep their strong ascending energy at a distance so as not to work against the woman's lateral and descending energies. As the women sit in the inner circle, they bring about the marriage of their

two blood systems of cosmic and solar power within. It becomes an electromagnetic force to be reckoned with!

*The Women lower these two forces back down to the womb by engaging the feminine descending vortex of energy (in the vertical torus). One can imagine the intensity of these two complementary and holy blood systems now pure, both within the 0-point, repelling and attracting each other as they descend to the womb. This is where the powerful presence of a descending waterfall is essential as a tool to aid the woman to drop, with the inhale, the two purified blood systems downward to the womb. Therefore, the woman is engaging her own inner masculine power to divide her egg (symbolized by the north wind or a fireball, or tree sap, in mythology).*

*As an egg drops into the womb, it is divided by this super-concentrated, electromagnetic 0-point energy, now in the womb. The woman self-conceives in that moment by the activation of her own inner technology.*

*She has been consciously directing this parthenogenetic plan from beginning to end and has been trained by Clan Mothers, generation to generation. She has been aligned with and communicating with the high soul wishing to enter the earth plane from the start of the process. She is protected and honored by her community!*

We can understand with this information shared, how false the stories are that say the woman is a naive, innocent child who is surprised and flattered that an external male god has impregnated her. Neither does she suffer the accusations of family that claim she has broken social taboos by becoming pregnant outside of “marriage” (because marriage did not exist in matriarchal communities).

## **The True Meaning of Virgin**

*To be “complete in oneself” is to be pure and enlightened and thus be a virgin. Only an enlightened woman can self-conceive a fully enlightened soul.*

## **The Woman's Womb Blood Elixir as a Gateway**

Superconscious Virgin women who did not wish to self-conceive dedicated themselves to raising earth's energies and serving humanity. Many worked with the men as an inspirational source to co-create the beautiful healing structures and temples we see remnants of around the world.

I have learned that much later in history invasive dominator systems began to infiltrate and convert some of these structures to fulfill their own nefarious uses and agendas.

It would seem that past advanced civilizations have been destroyed in this way and then slowly rebuilt over millennia. Perhaps some of us are today reclaiming the lost wisdom we once knew so well in ancient times.

I propose that the men of that time were of matriarchal ways and manifested the construction of these free energy generating stations. They were healing temples complete with sacred geometry, domes, spiraling pillars, echo chambers, harmonics, bells, pipe organs, fountains, pools, and all life-enhancing properties. They were built with sacred materials such as granite, gold, copper and marble,

At the turn of the century a version of this technology blossomed in the form of free energy devices that served as handy conveniences for modern life.

I propose that because the men no longer knew to call upon the Cosmic wisdom that the female held, (and also because it was veiled from the women's memory) the devices the men created therefore lacked the wholeness and vision of the ancient, mind expanding, healing temples that once graced the planet.

## **The Dark Lodge and the Blood Mastery Practice**

In closing, we can consider the fact that many women in remote places even today do not know what menses is. They carry a strong inner guiding force in their communities as a result of circulating the cosmic power within.!

No woman could live on the land full-time, if she was losing womb blood day and night for three or four days, every month for years. If this was the case She would be tracked and taken down by animal predators within the first night. This is obvious.

Women in tribal communities never experienced more than a few hours of womb blood loss each month.

In current times we know of athletes and cellists (two examples I have looked at) who do not experience more than a day of bleeding because their disciplines naturally engage this Blood Mastery process to a degree, unconsciously. In my personal observation, these women hold a stronger level of will, determination, stability and psychic ability.

Please remember also that rape was unheard of in many places on earth (even as recent as 1600 among most First Nations of North America) This validates the level of respect women held during these times.

## **Two Superconscious Women of our Era**

Lastly and most importantly, let us look to Amritanandamayi and Anandamayi Ma as real examples in our time of embodied cosmic wisdom. They are the “Feminine Source Principle” embodied here on the earth. They are here to awaken us. Both women were born enlightened and are miracle workers. They are on the same evolved level as Jesus yet how many recognize them as such? They continued to tirelessly work to reach as many people as possible!

Ammachi, as she is known, is now in her seventies and travels the world to pass cosmic awareness on to as many as possible with a brief intention-filled hug. She initiated many ashrams and centers

for aid and for spiritual training. She has millions of followers. I feel blessed to have received three “hugs” from Amma since 2001.

Anandamayi taught extensively throughout her 86 years and received many world leaders and religious philosophers. (see details in Chapter 3) . She passed away in 1982.

They both are perfect examples to illustrate what the word “virgin” really means. That is, to be “complete in oneself.”

Ma (as she is called) belonged to no tradition or religion. She was illiterate and had no “spiritual training.” In this way, she was free and without restriction or programming in the male traditions. She was self-sufficient. She knew who she was as the “all knowing expansive cosmos,” temporarily embodied. When challenged by male scholars of different religious traditions, she answered all complex theoretical questions effortlessly. Some of them became her devotees.

She came in alone, to an unknown simple family, she remained solo during her life, and she left the world solo. She did not need anyone. She attracted millions of devotees who noticed her clairvoyance, telepathic skills, and miraculous acts from a young age. Though she loved them deeply, she was never emotionally attached to them or overwhelmed by them. She gave compassionate direction while remaining in her “unbroken state of cosmic connection.”

I believe the reason superconscious people are usually born in India is because some of the people still hold a thread of connection to past ways and are not so much “in their heads” as those in the west. In the west such a person would be put on pharmaceuticals and locked up in an institution for “care.”

Amachi knew the arts of parthenogenesis and her devotees say she divided the eggs of other women so that they “self-conceived” unknowingly. Amma does this for women today who desire a child, thus allowing more evolved souls to come to earth. There are different forms of parthenogenesis such as this that I have not yet uncovered the details of!

Anandamayi Ma initiated herself, without a teacher, into devotional life: first as a devotee, then as practitioner, then as the Guru. This kind of self-sufficiency is what virgin means. She was betrothed by her parents at age 13 to an older man. She would transform into the form of “Durga” (a fierce female warrior apparition) if her “husband” ever approached her on a sexual level. He would retreat in fear. Soon after this experience, he began to realize who she truly was and became her first devotee and protector, for the rest of his life.

Ma was always full of joy and bliss and held great compassion for all. As Amma says, compassion expects nothing in return and is unconditional.

This is what it means to be a virgin and we can see how she maintained cosmic connection by not stepping completely into worldly life.

Anandamayima discouraged ashrams, temples, or institutions being built in her name, because she did not want religions or any dogma to be built around her.

The sole purpose of these two was to inspire humanity to step into cosmic wisdom independently! When Yogananda met Anandamayi Ma he asked who she was (what lineage she was from and who was her teacher). She replied “before I came into this body I was the same, as a girl I was the same, I grew into womanhood and I was the same and after I leave this body I will be the same, into eternity.” She needed no teacher. So we can see that continued research will disclose more examples of this “natural wisdom path.”

## **Indira Gandhi**

Indira Gandhi, the Indian Prime Minister in the 1960s, claimed she did not experience menses until her thirties when she took office and was suddenly under extreme pressure.

It is no accident that Indira was a devotee of Anandamayi Ma, the enlightened woman who lived at the same time (who I speak of previously). Indira was part of Ma’s inner circle, and it is possible

they may have shared the same meditation practice I am sharing here.

Indira sat in a circle daily with Anandamayi Ma and other women, from a young age. This example is to underline that menses is not natural. (Reference Dr. Delbert Blair Chicago)

## **Earth children**

I'd like to suggest that this womb to heart technology could also increase the woman's ability to call in more evolved souls, even through sexual union with a man!

The womb continues to refill with cosmic aethers even when she is redirecting her blood, thus keeping her womb fertile and her whole being in an expanded psychic state. If a practicing woman chooses to mate with an evolved male, their children would naturally be more awake. Plus the event would be planned and the child nurtured by a conscious community.

So do not feel that this work insists the woman needs to give up family and intimacy altogether. Each of us have our personal callings and missions and we can discern for ourselves .

I imagine that even in one woman's life, if she engages in this practice early and remains celibate, until she finds her own way and her own calling in life, she may be in her mid thirties before she decides to create life with a man, or decides to self conceive.

Remember that a man imprints a woman with his DNA in intimacy and can therefore change the woman's life course if the woman has not first evolved her own way. (because of our magnetic nature) Also birthing early can block a woman's ability to step into her mission because of the self sacrifice it requires. So many things need to be considered. These are life lessons women were once schooled in by the Clan Mothers.

## **More Pieces to Complete the Puzzle: Giants**

Marnie Hardcastle, a member of my team who lives at Grand River just west of Niagara Falls, shared with me the story of a discovery at Grand River in 1910. Two hundred skeletons of both genders that were 7-to-12-ft tall were found. Pioneers clearing the land for farming uncovered them. They were dated to 900-years-ago. The location of these remains are in the same geographical area in which the Jigonsaseh Lineage of enlightened women, we spoke of earlier, existed! They are also from the same time period.

This is a further clue for us, that points to the possibility of the super-powerful effects of this Blood Mastery tradition, which apparently not only increased our inner abilities and strength but eventually may have expressed itself in creating humans of greater outer strength and physical size!

It has also been passed down orally in the stories that the Peacemakers were very large people. All this evidence points to the probability that the once natural and regularly engaged Blood Mastery practice may have been the reason for our much larger size and wiser nature in the not-so-long-ago past.

So this wonderful credible insight of why there were giants, leads us on to a whole new area of research, that may verify and prove the reality of the womb's second purpose, long hidden.

*(Reference Dr. Delbert Blair, Chicago)*

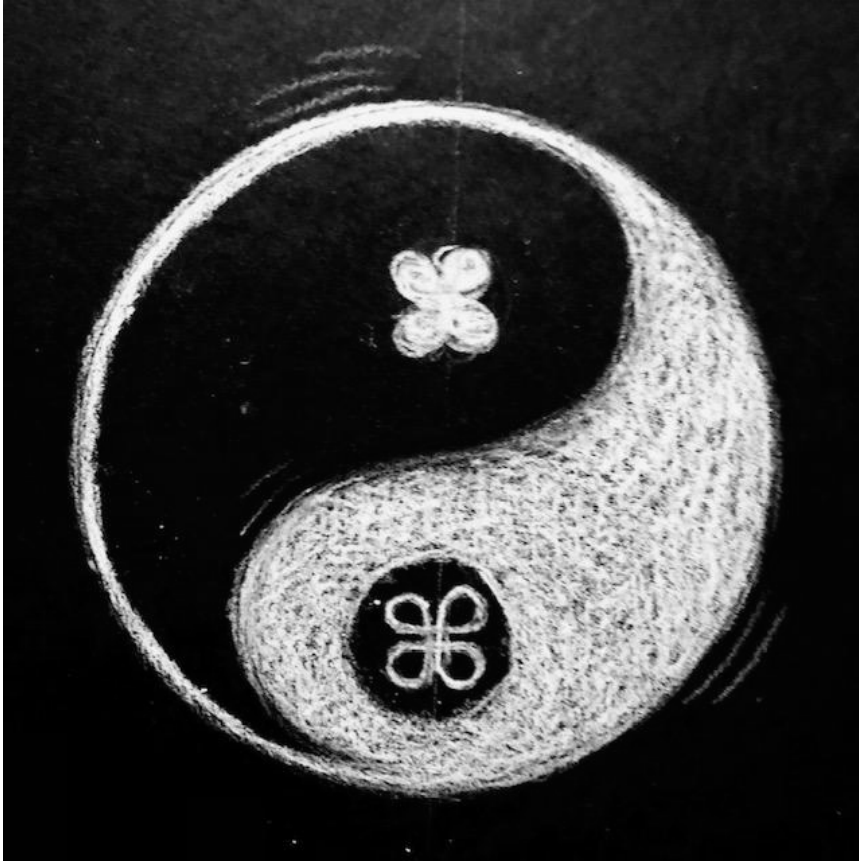
## **Machu Picchu in Peru and the Temple of Moray**

I would like to add that Machu Picchu, the temple ruin high in the Andean mountains near Cusco and the Q'ero people, may have originally been a center for the Women's Blood Mastery practices. It would appear that these teachings were carried by the descendants of this tradition through the ages and miraculously have reached me here on Peacemaker land, which may have been a sister center.

Not far from Cusco is the Temple of Moray which is a ceremonial "womb activation site" composed of many levels of circular terraces



created with low stone walls, that descend down to a central ceremonial power spot. This forms a descending vortex. The diameter of the site is approximately 800-ft across and is 500-ft deep. It has an irrigation system. I was told in 2007 by Cindy Lindsay that it was called the "Womb of the World" by Dona Bernadina and Dona Flora and others of the original Q'ero community. We can only imagine the powerful womb activation ceremonies created there, now veiled from us, and for good reason. The world is only beginning to awaken to this missing half of life and until then it is being protected.



The Quadrant; "Good and bad dark and good and bad light" not a duality. Art by Maureen Walton O'Brien 2022.

## In Conclusion

I hope you have been inspired by this condensed collection of discoveries, stories, teachings, and meditations of the womb's power, unearthed for you to learn from and awaken to!

May you be inspired to consider the far-reaching effects of engaging this Blood Mastery Wisdom tradition — to cherish it and engage with it wisely and quietly.

Gratitude to the Q'ero of Peru and the Peacemakers of the Wendat Nation. Gratitude to Amritanandamayi and Anandamayi Ma.

Let me close by sharing my dream that even a small number of women who engage in this practice will soon be retaining their cosmic elixir and stepping into greater telepathic and clairvoyant levels of wisdom for the good of all! Then they will be ready to open their own dark lodges and teach the younger women, and so we blossom quietly from within and restore the ancient Clan Mother system of guidance.

In this way, the power currently held by a small group of controllers dissolves.

The womb is here to heal us all. It is already of cosmic proportions!

Maureen Walton O'Brien

*'Druid name:* Brenda Maureen Branwen. 2024. Artist.

Wyldwood Sojourn

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Maureen with the waterfall at the foot of her garden in Tyendinaga Township. 2024.

## **THE GOOD DARKNESS**

**by MAUREEN WALTON O'BRIEN**

Menses were not experienced by most women globally until 150 years ago (even less in many places)! The womb's blood is NOT a waste product (even when the woman is not pregnant). Until quite recently, women circulated their precious elixir daily, redirecting it to their hearts and so their whole body. As a result humanity was much stronger, both inside and out.

## What people are saying...

*Sourced from an ancient tradition Maureen eloquently navigates the deeply hidden female mysteries. This book encourages women to once again access the womb's cosmic life source power via three tori systems. Like a timeless key it opens the heart and leads the woman into an enlightened state.*

*Maureen supports women to reclaim this female technology for themselves and for the world as a whole. Maureen has spent the last 20 years studying this through her immersion with indigenous peoples, art making, and mythological research. If women stepped back into these sacred practices today, the whole of humanity would be filled with the guiding cosmic force of wisdom once more. A recommended read!*

Maria Wheatley, Geomancer — England — founder of the Avebury School of Esoteric Studies. Author of **Diving Ancient Sites** and other books.

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*The Good Darkness births a guiding light...Wisdom and knowledge come to us when we are ready. Maureen has woven her life and passion to return parthenogenesis to our senses! She encourages women to tap into their natural cosmic connection, ability and reclaim the original genesis — to remember we are all one with the live giving Mother of all Creation.*

O'Ran Ruadh, Scottish, Druid and author of the **Ember Song Series**.

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*Women have lost their body wisdom thanks to the suppression of the dominator systems that rule this world. Maureen is bringing us back into self empowerment through sharing her understanding of the hidden and silenced "other purpose" of the womb. She offers actual inner organic body technology from indigenous pre contact sources. In this way we re-establish ourselves as a guiding force for humanity.*

Eileen Nauman, activist and author of **Walking the Land**.

## **2024 Endorsements from two women who have engaged in this practice...**

*The Blood Mastery system has been a game changer in my life! Maureen has tapped into what the elixir of life really is! The “womb blood redirection practice” has catapulted me into a wonderful new version of myself. This system is truly magical! I can't wait to teach other women and help them recover their power and together we can change the world.*

Marnie Maxwell, Canada Niagara Falls, certified Cardology reader and psychic.

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*The womb-to-heart meditation practice is the peace and prize for women who want to get back to their original electromagnetic state. I'm so glad I got to experience this work for myself and in effect for the world!*

Wendy Orisun, N.Y. — U.S.A., electrolyzed hydrogen water distributor, breatharian healer and public health educator.

## **Endorsements from 2 men who support this revival**

*With this book, Maureen brings back a forgotten global technology that restores the womb's ability to import the cosmic aethers to nourish herself and the community. She shows us precisely the methods to use, by which we direct the toridial forces within. Practicing this system will balance and elevate humanity and allow future generations to live in harmony with the cosmic and earth mother forces.*

Felipe Martinez, Uruguay S.A. simple explorer (fire and water keeper for the Dark Lodge at Wyldwood Sojourn).

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*This condensed version of the Good Darkness/ Dark of the Womb, is a quick read that for many will be transformational! It is an investment of time that may be life-changing in one's understanding of history and our present challenge of creating a new world, as we move into the Age of Aquarius!*

*This is also a must read for men! In our new awareness of the sacredness of the womb and its role in our collective evolution, we are called upon with these new insights, to partner with women and participate in this evolution.*

Howard Bertram, Ottawa Canada, Tribunal Judge for the Natural and Common Law Tribunal for Health and Justice.